IT'S THE BIG EASTER ISSUE!

MORE CHANNELS THAN ANY OTHER TV MAG!

TV Satellite Week

4-10 APRIL 2026

NEW

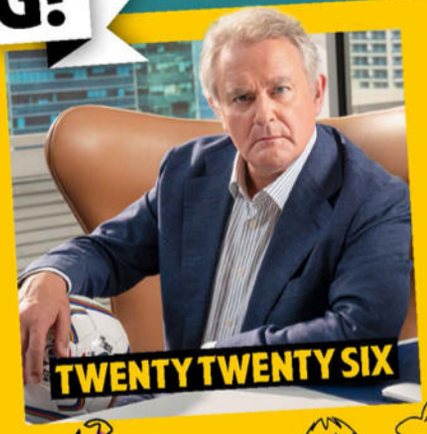
Malcolm IN THE Middle

Look who's all grown up as the classic comedy returns

GREAT EASTER VIEWING!

THE MINIATURE WIFE

SECRET GARDEN


TWENTY TWENTY SIX

GOLF: US MASTERS

HotList This week's 28

Saturday 4

Saipan
***DRAMA** Prime Video*
Steve Coogan stars as Republic of Ireland football manager Mick McCarthy, who clashed with his captain, Roy Keane (Éanna Hardwicke), ahead of the 2002 World Cup in Asia. *See review, page 25*

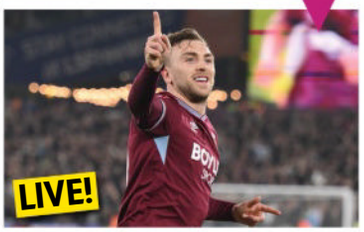
Doctor Who
***SCI-FI** BBC iPlayer*
Here's a chance to view two 1965 episodes of the classic adventure series that had been missing from the archive for decades. William Hartnell's Doctor faces the Daleks! *See feature, page 12*

Flavia
***DRAMA** Sky Premiere, 7.10am, 12.45pm & 3.35am*
When all the evidence from a murder points to her father, a young girl (Molly Belle Wright) decides to investigate. Also stars Martin Freeman. *See review, p23*

FA Cup Quarter-finals
***FOOTBALL** TNT Sports, BBC 1 & HBO Max*
Today's games feature the top-tier tie between Liverpool and Manchester City (k-o 12.45pm), League One's Port Vale making the trip to Chelsea (5.15pm), and Southampton hosting Arsenal (8pm).

■ Full listings start on **p35**

Easter Sunday



FA Cup Quarter-final
***FOOTBALL** TNT Sports 1 & HBO Max, kick-off 4.30pm*
While West Ham are in a battle to avoid Premier League relegation, their cup run continues today against Leeds, who beat them 2-1 in their last league meeting.

Secret Garden
***WILDLIFE** BBC 1, 6pm (box set, iPlayer)*
Part of a special season to celebrate the 100th birthday of Sir David Attenborough (above) in May, this five-part series looks at the hidden worlds and wildlife in Britain's gardens. *See feature, page 8*

Grace
***CRIME DRAMA** ITV 1, 8pm*
As the anti-corruption inquiry continues, DI Branson and Det Supt Grace are pulled into the case of a student's murder - and it's apparent that the killer has a secret they are determined to keep quiet.

Pilgrimage: The Road to Holy Island
***FACTUAL** BBC2, 9pm (box set, iPlayer)*
Seven celebrities, including Hermione Norris and Patsy Kensit, set off on a spiritual journey to Lindisfarne. Continues to Tuesday. *See Documentaries, page 20*

■ Full listings start on **p45**

Easter Monday

Star Wars: Maul – Shadow Lord
***ANIMATION** Disney+*
Set after *The Clone Wars*, this animated spin-off follows former Sith lord Maul as he searches for a new apprentice. *See Your Watchlist, page 16*

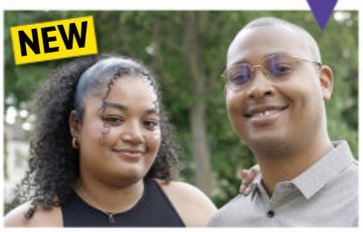
I'm a Celebrity... South Africa
***ENTERTAINMENT** ITV 1, 9pm*
Twelve former contestants – including Ashley Roberts and Harry Redknapp – test themselves in South Africa. Ant and Dec (both above) host. Continues all week.

China with Ben Fogle
***TRAVELOGUE** 5, 9pm*
The presenter (above) sets off on a once-in-a-lifetime trip to China, exploring its history, the Communist revolution and its economic transformation. Continues to Wednesday. *See Documentaries, page 21*

Babies
***DRAMA** BBC 1, 9pm*
There are problems as the drama continues when Amanda (Charlotte Riley, above) reveals she's moving to Singapore for work and partner Dave (Jack Bannon) assumes he's going, too... Continues tomorrow.

■ Full listings start on **p55**

Tuesday 7



Do You Have OCD?
***DOCUMENTARY** 5, 7pm*
In a one-off documentary, we meet four very different people living with obsessive-compulsive disorder, learn how it affects their lives and relationships, uncover what OCD really is – and how to fight back.

Our Welsh Chapel Dream
***DOCUMENTARY** C4, 8pm*
Marj Hogarth and *The Great Pottery Throw Down*'s Keith Brymer Jones (both above) welcome cameras back for a third season as they continue the restoration of their Grade II-listed chapel in North Wales.

Champions League: Quarter-finals 1st Legs
***FOOTBALL** TNT Sports & Prime Video, kick-offs 8pm*
Tonight's first legs see 15-time winners Real Madrid host Bayern Munich, and Arsenal travel to Sporting Lisbon.

Britain's Murder Map
***DOCUMENTARY** Sky History, 9pm (box set, Sky Box Sets, NOW & Virgin TV Box Sets)*
Historian Jonny Owen and his wife, *Trigger Point* actor Vicky McClure (both above), look at infamous UK crimes, starting with the 'body snatchers' Burke and Hare.

■ Full listings start on **p65**

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best shows

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4-10 APRIL 2026

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Wednesday 8

The Testaments
***DRAMA** Disney+*
Following on from the end of *The Handmaid's Tale*, June's daughter Hannah, now known as Agnes, is preparing to become a wife, and a rebellious teenager arrives in Gilead. *See feature, page 7*

The Boys
***SUPERHERO DRAMA** Prime Video*
As the fifth and final season begins, Homelander (Antony Starr) and the Supes are in charge. The Boys are scattered to the four winds, but can they reunite to restore order? *See Your Watchlist, p16*

Champions League: Quarter-finals 1st Legs
***FOOTBALL** TNT Sports, kick-offs 8pm*
Defending champions PSG welcome Liverpool to the Parc des Princes, while the final quarter-final is an all-La Liga tie between Barcelona and Atlético Madrid.

Twenty Twenty Six
***COMEDY** BBC2, 10pm (times vary) (box set, BBC iPlayer)*
Sequel to *Twenty Twelve* and *W1A*. Hugh Bonneville (above) reprises his role as Ian Fletcher, now heading a team responsible for the World Cup. *See feature, page 11*

■ Full listings start on **p75**

Thursday 9

Big Mistakes
***COMEDY** Netflix*
Schitt's Creek's Dan Levy (above) stars as Christian pastor Nicky, who ends up embroiled with the criminal underworld after a botched plan to fund a present for his mother. *See Your Watchlist, page 17*

The Masters
***GOLF** Sky Sports Main Event & Sky Sports Golf, from 2pm*
The first Major of the year tees off at Augusta National, with Rory McIlroy (above) preparing to defend his title. Continues tomorrow. *See Sport Week, page 28*

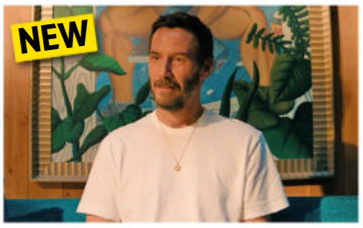
Taskmaster
***COMEDY** C4, 9pm*
Comedian Amy Gledhill, satirist Armando Iannucci, actor Joanna Page, presenter Joel Dommett and Hollywood's Kumail Nanjiani take on bizarre challenges for Greg Davies and Alex Horne. *See feature, page 12*

The Miniature Wife
***COMEDY DRAMA** Sky Atlantic, 9pm (box set, Sky Box Sets & NOW)*
Lindy Littlejohn (Elizabeth Banks) is accidentally shrunk to 6in by her husband, Les (*Succession*'s Matthew Macfadyen). *See feature, page 6*

■ Full listings start on **p85**

Friday 10

Malcolm in the Middle: Life's Still Unfair
***COMEDY** Disney+*
Several years on from the original series, Malcolm (Frankie Muniz), now dad to a teenager himself, braces for a family celebration. *See feature, page 4*



Outcome
***COMEDY** Apple TV*
When a star (Keanu Reeves, above) is targeted by a blackmailer, his besties (Matt Bomer and Cameron Diaz) and his lawyer (Jonah Hill, who co-writes and directs) come to his aid. *See Your Watchlist, p14*

Thrash
***HORROR** Netflix*
A Category 5 storm isolates a coastal town, bringing with it a swarm of toothy predators, in this very watchable disaster thriller, starring Phoebe Dynevor, Djimon Hounsou and Whitney Peak.

Weapons
***HORROR** Sky Premiere, 9pm*
Julia Garner (above, with co-star Josh Brolin) plays a teacher in a small town where the residents are full of suspicion when all of her pupils, bar one, suddenly vanish into thin air. *See review, page 24*

■ Full listings start on **p95**

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Acting his age

Frankie Muniz returns as a mature Malcolm in a revival of the hit comedy

Malcolm
Frankie Muniz
Lois and Hal's third son has an IQ of 165 and has forged a successful career.

Dewey
Caleb Ellsworth-Clark
Hal and Lois' often-ignored fourth son was played by Erik Per Sullivan in the original series.

Reese
Justin Berfield
The family's second son has been secretly filming his father's DIY fails for his YouTube channel.

Lois
Jane Kaczmarek
Malcolm's mother had high hopes for him and is frustrated that he's always too busy to visit her.

Hal
Bryan Cranston
Malcolm's father is determined to make a big romantic gesture for his and Lois' upcoming 40th-anniversary party.

WORDS: SEAN MARLAND. PHOTOS: ADOBE STOCK, ALAMY.
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NEW COMEDY

Malcolm in the Middle: Life's Still Unfair

From Friday 10 April, Disney+

American sitcom *Malcolm in the Middle* was hugely popular with children and adults alike in the early noughties because of its relatable portrayal of a chaotic family, whose middle son, Malcolm, just happened to be a child prodigy.

The multi-Emmy-winning comedy launched in 2000 and ran for seven seasons before ending in 2006. But now, Disney+ is picking up the story two decades on in a new four-part series.

The original show followed a dysfunctional middle-class family with four tearaway sons who tormented their parents, particularly their overbearing mother, Lois (Jane Kaczmarek), as she tried to keep them and her well-meaning but inept husband, Hal (Bryan Cranston), in order. It ended with Malcolm (Frankie Muniz) going off to Harvard, but it seems he never returned to the family home after college.

'We've been talking about doing this show for 10 years,' explains Muniz, 40, who reprises his lead role as the gifted Malcolm. 'I was excited to find out what Malcolm and his family had been up to, because the possibilities were endless. So, it was a surreal experience reading the scripts because then I knew what the answer was. I think people will be surprised by the story, but it's only four episodes, so we're just opening up the world again for a bit of closure.'

CHAOTIC REUNION

From the start, we'll learn that since we last saw him, Malcolm has forged a successful career as a top executive and has been shielding himself and his teenage daughter Leah (Keeley Karsten) from his parents and siblings for over a decade.

Malcolm's patience is tested again

However, when his parents demand his presence at their 40th-anniversary party, he has to think fast if he wants to avoid a full-blown family reunion.

His siblings, Francis (Christopher Masterson), Reese (Justin Berfield), Dewey (Caleb Ellsworth-Clark, who replaces Erik Per Sullivan) and new addition Kelly (Vaughan Murrae), don't have much faith he'll show up, while Malcolm is convinced seeing them again will reawaken the frustrations of his childhood.

'I'd never actually watched the original show,' admits Muniz. 'A couple of years ago, I sat down and watched it all, and Reese was my favourite character, but they were all funny in their own unique way, apart from Malcolm, who was just angry and frustrated. I love him, but he was also the worst character on the original show.'

Inevitably, Malcolm is drawn back into his family's orbit, and Muniz says playing the former child genius as an adult was a far more rewarding experience than he dared hope it would be.

'It came to me so naturally, and it felt like home,' he comments. 'When I was a kid, I used to just say the lines, but now I am willing to try things. Bryan Cranston texted me afterwards and said, "There's so much emotion in there, you couldn't have done it better." I always felt like a bit of an outcast as an actor, so to hear that from one of the best actors alive was amazing.'

In fact, Muniz has only appeared on screen a few times over the last decade and is now a driver in the NASCAR Craftsman Truck Series, with TV producers agreeing to work around his schedule on the racetrack.

'I race on Fridays, so we'd work Sundays to Thursdays,' he explains. 'Usually, you have all these rules about what you can do as an actor for insurance purposes, but during the six-week shoot, I had five races, and I know they weren't thrilled with the price tag of the insurance for those six weeks!'

WHO'S WHO

Kelly
Vaughan Murrae
Hal and Lois' self-sufficient and studious youngest child didn't feature in the original series.

Leah
Keeley Karsten
Malcolm's daughter believes the unpopularity she experiences at high school is to some extent her father's fault.

Tristan
Kiana Madeira
Malcolm's girlfriend is keen to be a part of his family, but he's not ready for her to meet them.

Piama
Emy Coligado
Eldest son Francis' wife, who is of Inuit and Filipino descent, is pregnant after years of trying to start a family.

CHILD'S PLAY

Malcolm in the Middle **made its debut on US TV in January 2000 and was shown in the UK on Sky One in September of that year. It gained a larger following when it also began airing on BBC2 in 2001. The show ran for seven seasons, racking up 151 episodes before its US finale in May 2006.**

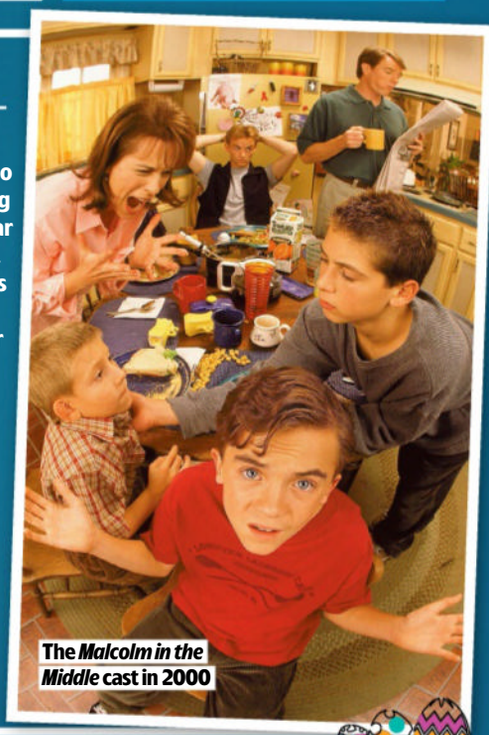
Creator Linwood Boomer, who, like Malcolm, grew up as the third of four sons, based the comedy on his childhood and was responsible for its distinctive style, which included Malcolm (Frankie Muniz) regularly breaking the fourth wall to address the audience.

It was also one of the first family comedies to dispense with a live studio audience and a laughter track, helping set a trend that would become popular across the genre in the years to come.

The series won seven Emmy Awards during its six-year run, although Jane Kaczmarek and Bryan Cranston never won one, despite being nominated several time, while its theme song ***Boss of Me*** **by They Might Be Giants won a Grammy.**

Cranston went on to star in gritty crime drama ***Breaking Bad***, **winning acclaim – and several Emmys – as chemistry teacher turned meth dealer Walter White. An alternate ending to that show featured his** ***Malcolm in the Middle*** **character, Hal, waking up, implying that White's story had simply been a bad dream.**

Francis
Christopher Masterson
Lois and Hal's eldest and most rebellious child now has a steady job working for a large tech company.



The *Malcolm in the Middle* cast in 2000

Little WOMAN

An inventor accidentally shrinks his spouse in a comedy drama starring **Matthew Macfadyen**

NEW COMEDY DRAMA

The Miniature Wife

Thursday, 9pm, Sky Atlantic (box set, Sky Box Sets & NOW)

The idea of people shrinking to a fraction of their normal size has inspired many a good yarn, such as *Alice in Wonderland* and *Ant-Man*. And, now, in Sky Atlantic's comedy drama *The Miniature Wife*, the premise gets a new twist as a troubled marriage is put under the microscope when the wife finds herself reduced to a mere 6in in height.

The 10-part series stars *Succession*'s Matthew Macfadyen and *The Better Sister*'s Elizabeth Banks as American couple Les and Lindy Littlejohn, who are trying to get their marriage back on track.

Their careers have long been a bone of contention, with scientist and inventor Les taking a back seat while author Lindy's debut novel became a bestseller. But now, he feels it's his time to shine if he can get backing for his latest creation, a shrinking ray that could revolutionise food production.

ZAPPED

When Lindy hits the bottle at a party Les is hosting to seal an investment deal, the fallout leads to a blazing row, during which Lindy is accidentally shrunk by his invention. And, unfortunately for her, since Les has yet to perfect the process for returning things to their original dimensions, she has to wait it out in a doll's house.

Inventor Les (centre) wants to solve world hunger

For Banks, 52, the fact that Lindy is more than just the victim of bizarre circumstances made the role very appealing.

'Lindy has a lot going on!' she says. 'She is villainous in many ways, and has to stand up for herself in a way I've never had to, for myself or a character, before. She's not a damsel in distress, and I thought that would be really fun to play.'

Macfadyen, 51, says the outlandish tale took him back to the era of classic comedies such as 1990's *Honey, I Shrunk the Kids*, in which an absent-minded inventor played by Rick Moranis faced a similar size-based domestic disaster.

'The script put me in the mindset of a lot of wonderful dark, screwball comedies from the late 1980s and early 1990s,' he explains. 'So I also thought about those actors I admire, like Kevin Kline and Steve Martin, when I was thinking about Les.'

POWER COUPLE

While the Littlejohns' home life is at the heart of the story, we also get a glimpse into the very different worlds they inhabit.

'Les and Lindy are the heartbeat of the show, but we also got to play with so many other incredible characters,' says Banks. 'The writers did an awesome job of building out the world around the two of us, with Les at his company and me in the doll's house.

Matthew Macfadyen and Elizabeth Banks as Les and Lindy

'I was amazed by what they were able to create'
ELIZABETH BANKS

Lindy faces a big set of challenges

Prize-winning author Lindy

'I also have Lindy's whole literary world, including her best friend Terry, played by [*Fleabag* star] Sian Clifford, who's incredible.'

Convincingly rendering Lindy's miniature world posed challenges both for the actors and for the production team.

'Often we weren't acting with each other, and it was strange to be looking at a little cross on the floor, or a little doll, while Elizabeth would be looking at a giant cross in a studio full of green,' says Macfadyen.

As well as the show's green-screen trickery, the props department came up with some outsized everyday items for Banks to work with.

'Although a lot of the time I had to use my imagination, they did give me tons of incredible props, like lipstick that was two-thirds my size, or a remote control or a mobile phone that was bigger than me,' she explains. 'It was great to have things to interact with, touch and hold, and I was amazed by what they were able to create.'

Chase Infiniti and Lucy Halliday

Gilead girls

A new generation **fights for freedom** in a sequel series

NEW FROM Disney+

NEW DRAMA
The Testaments
From Wed 8 April, Disney+ (first three eps from 8 Apr, then weekly)

Chilling dystopian drama
The Handmaid's Tale may have concluded its six-season run, but Gilead's iron-clad grip is far from over as a new 10-part sequel plunges us back inside the brutal regime.

Based on Margaret Atwood's 2019 novel, *The Testaments* centres on the eldest daughter of resistance leader June Osborne (Elisabeth Moss). Agnes (Chase Infiniti), originally named Hannah, is now 14 years old and attending a preparatory school for future wives run by the formidable Aunt Lydia (Ann Dowd).

'Agnes has grown up in the perfect Gilead household and her whole life is laid out for her,' says *One Battle After Another* star Infiniti, 25. 'But she's being catapulted into a world of maturity and there are so many frightening, heartbreaking things that shift her ideas of growing up and being a woman in Gilead.'

While her best friend, Becka (Mattea Conforti), prepares to be matched with a Commander, Agnes panics when she is assigned to chaperone a new arrival from Canada, Daisy (Lucy Halliday).

Daisy is a Pearl Girl – someone who comes to Gilead of their own free will – but the pair quickly form a precarious alliance that could change everything.

'Agnes is stand-offish at first, but their relationship blossoms into a tight bond,' reveals Infiniti.

HARD LESSONS

The drama also follows Agnes' Guardian, Garth (Brad Alexander), plus Commanders Judd (Charlie Carrick) and Mackenzie (Nate Corddry). Meanwhile, Aunts Vidala (Mabel Li) and Estee (Eva Foote) run a tight ship at Aunt Lydia's academy.

'Aunt Lydia is a changed person at the end of *The Handmaid's Tale*, and her take on Gilead is different now,' says Dowd, 70. 'The truly terrible Commanders are gone, but the men still are in charge, and she's learnt who's real and who isn't.

'She's established a school where young women are taught how to be perfect Gilead wives and her Pearl Girls are very special to her. But she doesn't miss a thing. Lydia's eyes are now wide open.'

Students at the academy

WORDS: REBECCA MAHONEY, IAN MACEWAN. PHOTOS: ADOBE STOCK, SKY, ©2026 DISNEY & ITS RELATED ENTITIES, PEACOCK

Creature comforts

Sir David Attenborough shines a light on the wildlife living in our backyards

David Attenborough

NEW WILDLIFE
Secret Garden
Easter Sunday, 6pm, BBC1 (box set, BBC iPlayer)

Britain's gardens are home to some extraordinary wildlife species whose struggles for survival are just as tense as any in the African savannah.

Now, BBC1's five-part series *Secret Garden*, narrated by Sir David Attenborough, showcases the remarkable animals and birds who feed and mate beside our patios and lawns.

'Many of us are unaware of the wild world under our noses,' says Attenborough, 99. 'Some British gardens are almost as diverse as a tropical rainforest, and when our backs are turned, they come alive.'

Here, series producer Bill Markham talks us through the different garden habitats…

A fox cub heads out of its den

EPISODE ONE OXFORDSHIRE

'This extraordinary garden is beside a tributary of the Thames. But it's on a floodplain, so the animals learn to live with the river,' shares Markham. 'The water is a threat to a bank vole and to nesting kingfishers. And a mallard duck, Doris, nests in a tree but has to defend her ducklings against otters, which are making a comeback in Britain.'

Colourful kingfishers

EPISODE TWO BRISTOL

'In this urban garden, we have a fox and a hedgehog – the garden's owner, Lou, and her neighbours made holes in their walls and fences to create a hedgehog highway,' reveals Markham. 'We also follow mating frogs, while the nesting blue tits' chicks sadly started dying because there aren't enough caterpillars to eat if there aren't sufficient native plants.'

Garden explorer

Taking the hedgehog highway

WORDS: CAREN CLARK, GRACE MORRIS. PHOTOS: ADOBE STOCK, BBC, GETTY, ITV

EPISODE FIVE WESTERN HIGHLANDS

'The Scottish Highlands are majestic, but the animals there need shelter, water and food to survive the winter, so they come to this oasis in the wilderness,' reflects Markham. 'There are barn owls, a common toad journeying across a road to its pond and elusive pine martens who had been hunted almost to extinction, but numbers are recovering, which is fantastic.'

Pine martens are shy and nocturnal

EPISODE FOUR WYE VALLEY

'The sun doesn't reach this woodland garden at the bottom of a Welsh valley for several months, so the animals live by a timetable,' says Markham. 'We have tawny owls, cute dormice and it's amazing spotting badgers. There's also a dipper, Britain's only aquatic songbird, which crawls along the bottom of the stream to nab insects.'

The iconic tawny owl

EPISODE THREE LAKE DISTRICT

'In this country garden, swallows fly back from Africa to breed, and they have an outhouse to nest in and a meadow with bugs. As bug numbers decline, so do swallows, and gardens like this are crucial,' explains Markham. 'We have butterflies and newts, too, and a field mouse who puts snail shells and feathers on the lawn to find her way home after a moonlit romance!'

A foraging field mouse

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Who has hit Cain?!

EMMERDALE

Cain dead in horror car collision?

» **Cain has been** trying hard to keep everything together since his wife Moira was sent to prison.

Not only has the Dingle been battling prostate cancer, but he's also been focused on rebuilding the family's livelihood after losing the farm. However, Cain's struggles are set to take another tragic turn when he's hit by a car this week.

Things were looking up...

After Moira reveals her murder charges are likely to be dropped, but she still faces complicity in modern slavery and needs an MRI, Cain decides not to tell her about his upcoming surgery to protect her from more heartache. Yet when they have a passionate reunion at the hospital, he shares his fear regarding the operation and Moira reassures him that they will face it together.

Just as Cain is finally feeling happier about life, he's later run over by a car while on the phone to Moira.

Kyle finds his dad bloodied and unconscious on the road as Moira, who is still on the call, tries to figure out what's going on. Will Cain survive?

» **PLUS** Dr Todd is furious with Jacob as he makes a big mistake at work, Robert tells Dawn the truth about Joe, and Rhona has a difficult decision to make in her love life, but will she choose Marlon or Graham?

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Ben (above) struggles to deal with the truth about his dad, Carl takes advantage of Debbie's kindness as she's released from prison, Sam is consumed by anxiety, and Theo is furious at Sarah's attempt to help Todd.

EASTENDERS

» The Truemans and Slaters clash at Jasmine's trial (right), George confesses his love to Nicola when she holds baby Ivy, Penny asks Oscar to help her with Vinny and Harry, and Ross and Vicki discuss Joel's future.

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TV&Satellite week

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Wish-list Moment

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NEW COMEDY

Twenty Twenty Six

Wednesday, 10pm (times vary), BBC2 (box set, BBC iPlayer)

Skinner and Bonneville

Dream team

Hugh Skinner and Hugh Bonneville reunite in Miami for a World Cup spoof

Beleaguered executive Ian Fletcher has already overseen the London Olympics and championed the BBC's values in award-winning sitcoms *Twenty Twelve* and *W1A*. Now, he is turning his attention to the beautiful game in follow-up *Twenty Twenty Six*, which spoofs football's upcoming World Cup finals.

The six-part BBC2 mockumentary, narrated once more by David Tennant, finds Ian (Hugh Bonneville) in Miami to take on a new role as Director of Integrity at the Oversight Team for a highly anticipated – but unnamed – global soccer tournament happening this summer in Canada, Mexico and the United States.

And as Ian and his bickering international colleagues tackle the myriad issues involved in the run-up to the major sporting event, his inept *W1A* aide Will Humphries (Hugh Skinner) is on hand to assist him again.

Here, leading men Bonneville, 62, and Skinner, 41, tell us what to expect…

How are Ian and Will finding their new jobs in America?

Bonneville Ian's parachuted in after someone else parachutes out. He's out of his comfort zone, surrounded by people with agendas, and feeling a responsibility for Will, who needs to be looked after.

Skinner Working for Ian at the BBC was formative for Will, who has been lost ever since. But now he's with his guru again…

What difficulties do they face this time round?

Skinner For Will, it proves tricky just to get an office pass. And another assistant there, Emily [played by Nicole Sadie Sawyerr], is incredibly unhelpful to him.

Bonneville The challenges that our writer, John Morton, creates are always office-based and explore power struggles. But it's also about the minutiae of organising something on this scale. There are arguments over things like which cities should host the semi-finals, and there are vested interests and cultural expectations around the meeting table.

Emily Nash (Nicole Sadie Sawyerr)

Those tense corporate meetings were also a key fixture of *Twenty Twelve* and *W1A*. Have they got any easier to film?

Bonneville There's a lot of management speak, and I find those scenes impossible to learn and execute. I'm always the one mucking it up. We shot the show in north London, which stands in for Miami, but it was really hot during filming last summer, which made things a challenge.

Can Ian (centre) avoid scoring any own goals?

And will you be watching the real World Cup?

Skinner I don't particularly follow football but if friends go to watch it in the pub, I won't say no.

Bonneville I'm an armchair football fan but this World Cup will be interesting as it's hosted by three very different nations, so let's see if that dynamic of cooperation and bringing the world together through sport happens.

WORDS: CAREN CLARK. PHOTOS: ADOBE STOCK, BBC

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Sir Stephen Fry

NEW

The Assembly

Wed, 10.05pm, & Fri, 10pm, ITV1

1989

Born in London in 1957, Sir Stephen Fry has been one of our biggest TV stars since rising to fame in the 1980s with the Blackadder series (pictured) and sketch show *A Bit of Fry & Laurie*. Other TV credits include hosting *QI*, plus acting roles in *24: Live Another Day*, *It's a Sin*, *The Dropout* and *The Morning Show*. He was recently seen as a wrongly accused Faithful in *The Celebrity Traitors*.

HIS NEW APPEARANCE

This week, Fry takes the hot seat in the second series of *The Assembly*, which sees autistic, neurodivergent or learning disabled interviewers pose no-holds-barred questions to celebrity guests. Fry's appearance on Wednesday is followed by former Scotland First Minister Nicola Sturgeon on Friday, with Sir Lenny Henry, Anna Maxwell Martin and rapper Aitch getting grilled over the coming weeks. '*The Assembly* isn't really the sort of experience for which you can prepare,' says Fry, 68. 'It kept me on my toes as much as I expected. But it was also friendlier and more fun than I'd feared.'

Fry in the hot seat

Up to the task?

The Thick of It's **Armando Iannucci** on taking part in the fiendish game show

NEW COMEDY

Taskmaster

Thursday, 9pm, C4

Five more comedy stars face the whimsical challenges of Greg Davies and 'Little' Alex Horne as *Taskmaster* returns for its 21st series this week.

Hoping to showcase their madcap ingenuity are Amy Gledhill, Armando Iannucci, Joanna Page, Joel Dommett and Kumail Nanjiani. The opening episode sees them tasked with catching worms, launching T-shirts and correctly offering food to a statue – but whose efforts will Davies deem worthy of a fulsome five points?

In an exclusive interview with *TV&Satellite Week*, Iannucci, 62, creator of political satires *The Thick of It* and *Veep*, tells us how it went…

Iannucci with Alex Horne

What persuaded you to take part in *Taskmaster*? It's my favourite show – I've watched right from the start when it was on Dave, and it's just perfect entertainment. I never assumed I would be asked, but it was quite fortuitous because it was filming over a six-month period when I was just writing, so I didn't have to disappear off into another production.

Stars Nicholas Courtney, William Hartnell, Adrienne Hill and Peter Purves

LOST in space

Missing *Doctor Who* episodes will be shown for the first time in decades

SCI-FI

Doctor Who: The Daleks' Master Plan

From Sat 4 April*, BBC iPlayer

***Doctor Who* fans** are in for an Easter treat as the Doctor battles the Daleks in two *Doctor Who* episodes from the 1960s that had thought to have been lost for ever.

The pair of black-and-white instalments are from the serial *The Daleks' Master Plan*, which was originally broadcast in 1965/66. Not seen since, the programmes were found in the collection of an anonymous fan and have been fully restored for BBC iPlayer.

Entitled *The Nightmare Begins* and *Devil's Planet*, they were written by Terry Nation, the creator of the

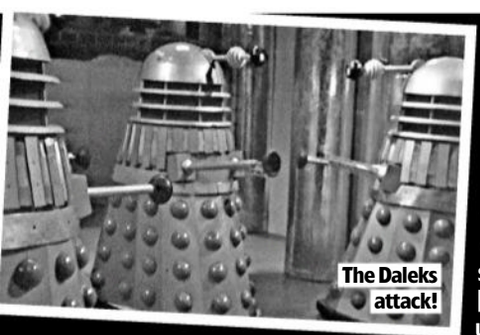
WORDS: HANNAH DAVIES, RICHARD MCCLURE, STEVEN PERKINS, VICTORIA WILSON. PHOTOS: 5, ADOBE STOCK, BBC, C4, ITV, SKY. *LAUNCH DATE SUBJECT TO CHANGE

From left: Dommett, Gledhill, Nanjiani, Davies, Horne, Page and Iannucci

Are you a competitive person? My thinking was, 'I just want whatever I do to be entertaining. If I get anywhere with it, that's fine, but I'm not here to win.' I wasn't thinking, 'Oh, I might have got two points less than Joanna.'

Did you know any of your castmates beforehand? I knew Kumail; we cast him in an early episode of *Veep* when he was an unknown. He played a White House statistician, and he was so funny – he told me that as a result of that, he got cast in *Silicon Valley*, so it was nice to catch up with him. We all got on well; when this series comes out, we're going to celebrate with a dinner.

Finally, what was the inspiration behind your task outfit? I'm a great fan of [silent-comedy film star] Buster Keaton: his whole thing is that he never shows his emotions. He looks serious and mature, and then stupid things happen to him, so there was a slight nod to that in my black jacket, white shirt and black tie. But on the very first day, I realised it looked a little bit like what Alex was wearing!



The Daleks attack!

Daleks, and star William Hartnell as the first incarnation of the Doctor, with future *Blue Peter* presenter Peter Purves as his companion Steven Taylor. Nicholas Courtney, who went on to play the long-running *Doctor Who* role of Brigadier Lethbridge-Stewart, also appears as space security agent Bret Vyon.

'I've never forgiven the BBC for losing these two wonderful episodes and I'm astonished they've finally turned up,' says Purves, 87, who played Steven in 45 episodes between June 1965 and June 1966.

'I'm not even sure I even saw those programmes go out originally. I remember the stories, but having seen them [recently], the pictures are unfamiliar to me.'

ARCHIVE ADVENTURE

The two rediscovered episodes feature a Dalek plan to take over the entire solar system, including Earth.

'It was only the fourth proper appearance of the Daleks and it will be exciting to fans for a lot of reasons,' says Purves. 'The fans of *Doctor Who* are legion, and they seriously love the classic times!'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

The Copenhagen Test

Wed, 9pm & 10.15pm, & Thu, 10pm & 11.05pm, C4 (box set, Channel 4 Streaming)

Set in the near future, this eight-part sci-fi spy thriller stars Simu Liu as espionage analyst Alexander Hale, who works for intelligence organisation The Orphanage. But when Alexander discovers his brain has been hacked, allowing the hackers access to everything he sees and hears, he must join forces with handler Samantha (Sinclair Daniel) to smoke out their enemies. Also stars Melissa Barrera as field agent Michelle (pictured, with Liu).

I'm a Celebrity... South Africa

Easter Monday-Friday, 9pm, ITV1

Ant and Dec (both pictured) host another run of the reality show in which some memorable former contestants return for new trials in the South African wilderness. Among those taking part are Sir Mo Farah and ex-football manager Harry Redknapp. Unlike the 2023 series, this time viewers have the power to crown the Ultimate Legend in a live final.

Ligas

Tuesday, 9pm & 10pm, Sky Atlantic (box set, Sky Box Sets & NOW)

Starting with a double bill, this six-part Italian legal drama stars *Eat Pray Love*'s Luca Argentero (right) as brilliant but controversial criminal lawyer Lorenzo Ligas. But while fighting some of Milan's most difficult cases alongside his idealistic intern Marta, he also finds himself battling his own flaws.

Jane McDonald in Nashville

Thursday & Friday, 9pm, 5

This two-part series follows the presenter (right) as she visits the Tennessee city known as the country-music capital of the world. The famous Bluebird Cafe and Grand Ole Opry top her list of musical highlights, while she also takes in the southern city's historic houses, goes on a tour of the Jack Daniel's distillery and samples the trademark Nashville meal of 'meat and three'.

Cameron Diaz, Keanu Reeves and Matt Bomer

Falling STAR

Keanu Reeves plays a Hollywood favourite whose true nature is set to be exposed

tv Outcome

NEW *Available:* Friday 10 April
Genre: Comedy

Having basked in the spotlight for decades, movie star Reef Hawk has a reputation for being Tinseltown's nicest celebrity. But his fans are unaware that their icon has serious addiction issues and is being blackmailed by someone who claims to have an incriminating video. If the footage were to be made public, it would ruin Reef's image, so, in an effort to find out who the blackmailer is, Reef decides to revisit his past and right his wrongs.

That is the premise of Apple TV's black comedy *Outcome*, starring Keanu Reeves as Reef, with Matt Bomer as one of his best friends, Xander Alexander, and Cameron Diaz as his other close pal Kyle Applebaum.

PUBLIC IMAGE

'The film is about the cost of fame and how everybody has a sense of it, thanks to social media and needing validation from strangers to feel like a success,' Bomer, 48, tells *TV&Satellite Week* in an exclusive interview.

Best known for his roles in *White Collar*, *The Normal Heart* and *Fellow Travelers*, Bomer understands what it's like to be in the spotlight.

PERFORMANCE PRESSURE

'I'm so grateful that I've been able to work as an actor, but I'll still go to the grocery store on a busy day,' he says. 'There may be times where I take five or six selfies when I'm shopping, but there's not much of a mob. There have only been a couple of times when it's gotten scary, but I can still live my life.'

Outcome was written by Jonah Hill and his best friend Ezra Woods, on whom Bomer's character is based. Hill also

Jonah Hill (centre) as Ira Slitz

Reef with Kyle and Xander

directs and plays Reef's crisis lawyer Ira Slitz.

Bomer is happy to report that Reeves, unlike the fictional star he portrays, does live up to the hype of being Hollywood's nicest guy.

'He's so kind and considerate. He's aware of how he's perceived in the world and knows how to make you comfortable around that,' says Bomer. 'He can look outside of himself within that, which is sort of the antithesis of who Reef is.'

What we're watching...

The shows being enjoyed by the *TVSW* team

prime Scarpetta

Genre: ***Drama*** *Season:* ***1*** *Episodes:* ***8***

Nicole Kidman takes the title role of forensic pathologist Dr Kay Scarpetta in Prime Video's adaptation of Patricia Cornwell's crime novels *Postmortem* and *Autopsy*. Recently returned to her former position as chief medical examiner in Virginia, Kay is called to the scene of a brutal murder that echoes that of her first major case in 1998. As the story unfolds over two timelines, it delves into Kay's complicated relationships with her FBI-agent husband Benton Wesley (Simon Baker) and her older sister Dorothy (Jamie Lee Curtis).

NETFLIX Louis Theroux: Inside the Manosphere

Genre: ***Documentary*** *Episodes:* ***One-off***

With his usual mild-mannered demeanour, Louis Theroux allows some online misogynist influencers to reveal their true selves.

NETFLIX Dynasty: The Murdochs

Genre: ***Documentary*** *Season:* ***1*** *Episodes:* ***4***

There's plenty of real-life drama in this docuseries about the family that inspired *Succession*, including the drive of Rupert Murdoch (right) to succeed and his adult children jostling for position.

Now in production...

Three upcoming shows to look out for soon

NETFLIX The Cackling of the Dodos

Netflix's film, featuring Sam Rockwell (above) and Woody Harrelson and directed by Jason Bateman, will follow the fortunes of a farmer, George, who finds a dead body and has to help his boss, Denny, to carry out a dangerous cover-up.

HBO max Youth

Dame Harriet Walter (above), Anne Reid and Freddie Fox are joining the cast of HBO Max's comedy, written by and starring Sharon Horgan, about a divorcée in her 50s who is on a quest for love but is also dealing with the challenges of looking after her ageing parents and her son.

NETFLIX The God of the Woods

In Netflix's adaptation of Liz Moore's novel, Maya Hawke (above) will play the first female detective in the Bureau of Criminal Investigation, who looks into the disappearance of a young girl. But secrets about her family come to light.

WORDS: CAREN CLARK. JUDY EWENS, ELAINE PENN. PHOTOS: ADOBE STOCK, APPLE TV, GETTY, PRIME VIDEO, NETFLIX

Will The Boys prevail?

POWER play

Can Billy Butcher and The Boys defeat Homelander as the **series bows out**?

prime The Boys

NEW *Available: Wed 8 April Genre: Superhero drama Season: 5 Episodes: 8 (first two episodes from 8 April, then weekly)*

Buckle up for the biggest bloodbath yet as vigilante crew The Boys are back for a last-ditch effort at overthrowing sadistic Supe Homelander in the superhero satire's fifth and final season.

The eight-part series picks up with the world essentially under the control of corrupt superheroes, AKA Supes, following the takeover of the US government by their deranged leader Homelander (Antony Starr).

SURVIVAL OF THE FITTEST

The Boys are scattered and fighting tooth and nail to survive. Hughie Campbell (Jack Quaid), Mother's Milk (Laz Alonso) and Frenchie (Tomer Capone) are trapped in one of Homelander's Freedom Camps, while Billy Butcher (Karl Urban) is planning to unleash a virus that could wipe out all the Supes.

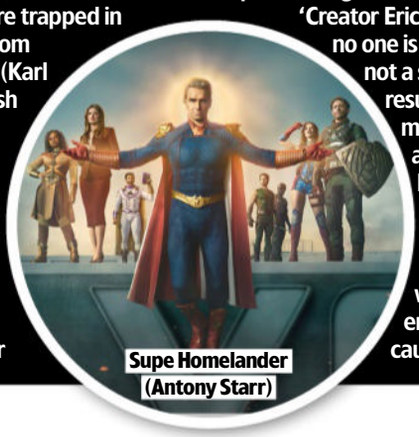
But with Homelander poised for the Oval Office and gunning for complete control alongside his son, Ryan (Cameron Crovetti), and his father, Soldier Boy (Jensen Ackles), do Butcher and The Boys stand a chance at stopping his rapid ascent?

'Homelander's goal is to become God. He's going to rule the world and the only people that can stop him are Butcher and The Boys,' explains Urban, 53. 'However, The Boys are in prison, so first of all, we need to get the gang back together. Then, we spend the whole season trying to stop Homelander. Butcher is a guided missile. He's the most powerful, gnarly version of the character yet.'

HARNESSING THEIR POWER

Elsewhere, former Vought International CEO Ashley Barrett (Colby Minifie) is grappling with new-found abilities after taking Compound V. On the flip side, Annie January, AKA Starlight (Erin Moriarty), is mounting a resistance after regaining her powers and narrowly escaping capture along with Hughie and the others.

'Creator Eric Kripke has warned that no one is safe this season, that's not a secret, and I think, as a result, it's going to be far more emotional than anyone anticipates,' says Moriarty, 31. 'There's going to be a lot of shock and a lot of laughter. There's everything you would imagine, but the emotional gravity of it caught me by surprise.'


Supe Homelander (Antony Starr)

Maul (voiced by Sam Witwer)

The Sith sense

Maul believes a new apprentice can help him **wreak revenge**

Disney+ Star Wars: Maul – Shadow Lord

NEW *Available: Easter Monday Genre: Animation Season: 1 Episodes: 10 (two episodes released weekly)*

Set after the events of *Star Wars: The Clone Wars*, Disney+'s new animated series follows former Sith lord Maul as he looks to rebuild his legacy.

In 10-part *Star Wars: Maul – Shadow Lord*, Maul is plotting to rebuild his criminal syndicate on a planet – Janix – untouched by the Empire.

'He's confused and a little apprehensive,' says Sam Witwer, who voices Maul. 'We pick up as the Empire has taken over and Maul's reassessing everything.

'There were plans in place that were supposed to insulate him from the changes when the Empire came to power and a lot of the people that were supposed to be there for him were not.'

Consequently, Maul is out for revenge and, in a twist of fate, he crosses paths with a disillusioned young Jedi Padawan called Devon Izara (voiced by Gideon Adlon), who could become the apprentice he needs.

'In the opening episodes, you see Maul pulling strings, trying to build new power bases,' teases Witwer, 48. 'His plan is ambitious but he struggles with whether he's the puppet master or the guy who goes and takes care of things himself. He doesn't delegate well.

'He's learning to use words, manipulation, persuasion. He's realising there's responsibility behind every action. That's new territory for Maul.'

WORDS: REBECCA MAHONEY, SEAN MARLAND, CAREN CLARK, NATASHA HOLT. PHOTOS: 5, ADOBE STOCK, BBC, ©2026 DISNEY & ITS RELATED ENTITIES, NETFLIX, PRIME VIDEO, SKY, ©2026 LUCASFILM LTD – ALL RIGHTS RESERVED

A holy mess!

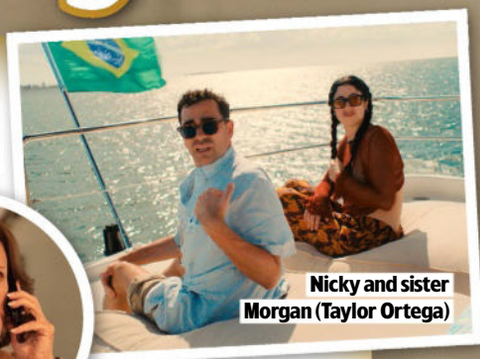
Dan Levy is a pastor dragged into a life of crime in a comedy caper

Dan Levy as Nicky

NETFLIX Big Mistakes

NEW *Available: Thursday 9 April*
Genre: Comedy Season: 1 Eps: 8

***Schitt's Creek*'s co-creator** and star Dan Levy is back in a new comedy with another chaotic, dysfunctional family at its centre. Netflix's eight-part series *Big Mistakes* revolves around a pair of hapless siblings who are blackmailed into the world of organised crime.



Nicky and sister Morgan (Taylor Ortega)

Linda (Laurie Metcalf)

The pair's troubles begin when Morgan (Taylor Ortega), the sister of gay Christian pastor Nicky (Levy), decides to steal a necklace to appease their mother Linda (*The Conners*' Laurie Metcalf). But when the misguided theft goes horribly wrong, Nicky and Morgan find themselves having to work for a dangerous criminal gang.

ROLLERCOASTER RIDE

'I feel like the first season of this show is a better first season than the first season of *Schitt's Creek*,' says Levy, 42, who co-wrote *Big Mistakes* with Rachel Sennott. '*Schitt's Creek* was a warm hug, and this is a strap-yourself-in-and-go-for-a-ride type of show!'

Indeed, the siblings' descent into the criminal underworld is beset with daring escapes and fight scenes, which Levy was desperate to be involved in.

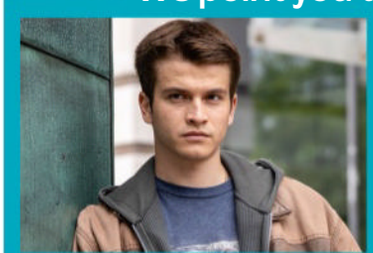
'As a gay actor, I don't get a ton of action-movie roles sent my way,' he reveals. 'So if I'm going to write something for myself, let's do things that I would never normally get the opportunity to do, like stunt work and high-octane, high-anxiety, high-pressure situations.'

The crime caper is the first show Toronto-born Levy has created as part of a deal he signed with Netflix in 2021, following the success of *Schitt's Creek*, and was inspired by a social-media post about a man who died in a hole he'd dug for himself.

'I have an unfounded phobia of being trapped,' explains Levy. 'Being blackmailed by a criminal organisation and then being tethered to them is terrifying to me.'

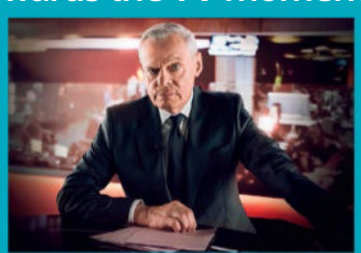
EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



BBC iPLAYER Crookhaven

BBC1's drama follows teenage pickpocket Gabriel Avery (Lucas Leach, above), who gets the chance to attend a special academy where he can put his skills to good use, and as he participates in an archery contest, he pulls off a clever trick.

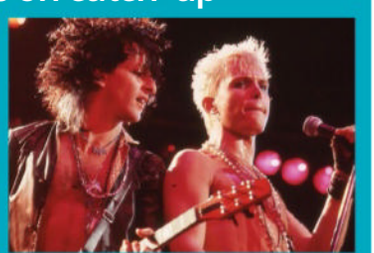


5 Power: The Downfall of Huw Edwards

In 5's drama, starring Martin Clunes (above) as the disgraced newsreader, Edwards is shown announcing the death of Queen Elizabeth II, but he is later accused of grooming.

BBC iPLAYER Beyond Paradise

The return of BBC1's crime drama finds DI Humphrey Goodman (Kris Marshall) investigating the death of a writer, while he gets a shock after the houseboat he shares with wife Martha (Sally Bretton, pictured with Marshall) drifts off from its mooring.



sky box sets / Virgin / NOW Billy Idol Should be Dead

A profile on Sky Arts sees the punk-rock icon (above, right) recount his rise to fame, his addiction to alcohol and drugs, and explore the impact of a motorbike accident that nearly resulted in him losing a leg.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Saipan

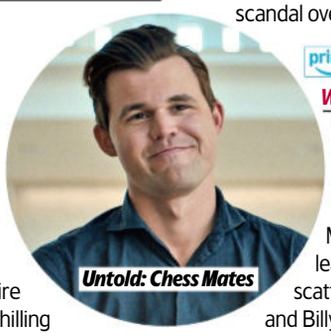
Saturday 4 April

Fact-based drama. On the eve of the 2002 FIFA World Cup, Irish captain Roy Keane (*The Sixth Commandment*'s Éanna Hardwicke) forfeits his place in the squad at the team's preparation base in Saipan in the Northern Mariana Islands in the Pacific following a falling-out with his manager, Mick McCarthy (Steve Coogan). See review, page 25.

The Devil's Hour

Easter Sunday

Series 1 and 2 of the psychological thriller. When social worker Lucy Chambers (Jessica Raine), who is plagued by nightly visions, is connected to a string of murders, the answers she has been seeking her entire life finally come into chilling focus. Peter Capaldi co-stars. Previously shown on Prime Video in 2022 and 2024.



Untold: Chess Mates

Star Wars: Maul – Shadow Lord

Easter Monday

Animated series that takes place after the events of *Star Wars: The Clone Wars*. During the reign of the Galactic Empire, former Sith lord Maul (voiced by Sam Witwer) plots to rebuild his criminal syndicate and seeks a new apprentice on the planet Janix to help him. See feature, page 16.

Dangerous Truth

Easter Monday

German political thriller inspired by true events in the lead-up to the invasion of Iraq in 2003. It centres on photographer Alex Jaromin (Noah Saavedra) as he tries to discover the truth about the murder of his father, who was a sniper in the German armed forces, but Alex's investigations put him in grave danger.

Untold: Chess Mates

Tuesday 7 April

Documentary about the controversy surrounding the match between chess grandmasters Magnus Carlsen, then world champion, and Hans Niemann, an American rising star, in 2022, which blew up into an epic scandal over cheating allegations.

The Boys

Wednesday 8 April

In the fifth and final season, it's Homelander's world, and as Annie (Erin Moriarty) struggles to lead the resistance, the scattered team reunites and Billy Butcher (Karl Urban) reappears with a plan that will change everything for ever. See feature, p16.

Trust Me: The False Prophet

Wednesday 8 April

True-crime docuseries about polygamous religious leader Samuel Bateman and the cult expert and film-maker who infiltrated his sect, an offshoot of the Fundamentalist Church of Jesus Christ of Latter-Day Saints in Colorado City, Arizona, and Hildale, Utah, to uncover evidence of Bateman's crimes and bring him to justice.

The Testaments

Wednesday 8 April

Sequel to *The Handmaid's Tale*, based on Margaret Atwood's novel of the same name. Dutiful and pious Agnes (Chase Infiniti) becomes friends with Canadian teen Daisy (Lucy Halliday) at Aunt Lydia's elite preparatory school for future wives in Gilead. The pair's bond becomes the catalyst that will upend everything. Ann Dowd reprises her role of Aunt Lydia. See feature, page 7.

French Roulette

Friday 10 April

French drama from Walter Presents. When wealthy Agnès Le Roux vanishes in Nice, France, in the 1970s, her mother, casino owner Renée Le Roux (Michèle Laroque), is sure her daughter's lover is behind her disappearance. For decades, Renée wages an unrelenting battle to get to the truth.

Big Mistakes

Thursday 9 April

Crime comedy from *Schitt's Creek*'s co-creator and star Dan Levy. Blackmailed into working for gangsters, two deeply incapable siblings, Nicky (Levy) and Morgan (Taylor Ortega), sink deeper into chaos they're ill-equipped to handle. See feature, page 17.

Malcolm in the Middle: Life's Still Unfair

Friday 10 April

Revival of the American sitcom from 2000-06. Frankie Muniz reprises his role as former child prodigy Malcolm, now in his 30s, who has successfully kept away from his dysfunctional family, including his brothers, until now. Bryan Cranston and Jane Kaczmarek return as Malcolm's parents. See feature, page 4.

Temptation Island

Friday 10 April

Mark L Walberg is back as host for the second season of the reboot of the American reality series. Couples put their relationships to the test when they arrive on a tropical island, are separated and then mingle with singletons.

Thrash

Friday 10 April

Survival-horror movie starring *Bridgerton*'s Phoebe Dynevor as a pregnant woman trapped in a car as a Category 5 hurricane decimates an American coastal town. The raging waters bring with them something even more terrifying – deadly sharks.

Outcome

Friday 10 April

Dark comedy directed by Jonah Hill and starring Keanu Reeves as Reef Hawk, a hugely popular but damaged Hollywood star who must look into his past to confront his demons and make amends after an anonymous blackmailer threatens him with a video that could shatter his image and end his career. See feature, page 14.

Turn of the Tide

Friday 10 April

The third and final season of the Portuguese drama. After three years in prison, Eduardo (José Condessa) returns to the island village of Rabo de Peixe, where he and his friends decide to create a clandestine vigilante movement rooted in the community.

Nippon Sangoku: The Three Nations of the Crimson Sun

Easter Sunday

Animé series set in the near future, when Japan has split into three nations, each vying for supremacy. Aoteru Misumi, a local government official, sets his sights on the reunification of the country and, with his thirst for knowledge and exceptional eloquence, rises through the ranks.

WORDS: JUDY EWENS. PHOTOS: C4, NETFLIX, PRIME VIDEO

Documentaries

NEW FACTUAL

Pilgrimage: The Road to Holy Island

Easter Sunday-Tuesday, 9pm, BBC2 (box set, BBC iPlayer)

Leap of faith

Hermione Norris and Patsy Kensit on their spiritual odyssey

A new group of celebrities of different faiths and beliefs trek across the wild landscapes and winding coastal paths of the North-East of England in the eighth series of BBC2's *Pilgrimage*.

The seven, including actors Patsy Kensit and Hermione Norris, follow in the footsteps of Celtic Christian saints from the 7th century on a route that has been walked by pilgrims for over 1,000 years.

Their journey begins in North Yorkshire on the coastal path to Whitby and finishes in Northumberland's Lindisfarne, also known as Holy Island, a distance of 390km.

'I jumped at the opportunity to take part because I am a very spiritual person and have always been a fan of the show,' says former *Emmerdale* and *Holby City* star Kensit, 58.

Patsy Kensit

'When it comes to faith, I would describe myself as an à la carte Catholic. I love the pomp and circumstance of a Mass. I like lighting candles and going to confession, but I also believe in the higher power of [Hindu deity] Krishna and Buddha. I chuck it all in, and I pray and meditate daily – it's been a great comfort to me.'

Although her fellow trekker, *Cold Feet* and *Spooks* star Norris, 59, doesn't consider herself religious, she does believe that the divine can be found in all living things.

'Taking part in this was the opportunity to pause, experience the landscape, talk and reflect,' she says. 'I lost my mum 18 months ago, and when somebody dies, you think, "Where are they?" I understand why faith can be a vessel to help us find peace.'

COMPANIONS

Walking alongside Norris and Kensit are dancer and TV personality Ashley Banjo, a practising Christian; *Strictly* star Tasha Ghouri, an atheist; comedian Ashley Blaker, who was once ultra-Orthodox but is now a non-practising Jew; radio presenter Jayne Middlemiss, who

Michael Jackson: An American Tragedy

Wednesday, 9pm, BBC2 (box set, BBC iPlayer)

A three-part profile of late pop star Michael Jackson (above), from child stardom with the Jackson 5 and solo success with groundbreaking videos, acclaimed live shows and a string of hit albums and singles to long-standing allegations of abuse, which he denied.

Paul Merton: Driving Amazing Trains

Thursday, 8pm, C4

Comedian, presenter and train driver's son Paul Merton (right) sets out to experience an array of iconic locomotives on an epic journey around Germany, Switzerland, France, Wales and England. In the opening episode, he heads to the Isle of Wight, where he drives a repurposed London Underground train and takes the controls aboard the island's miniature steam train.

Ronan Keating's Wild Atlantic

Easter Monday-Friday, 6.30pm, BBC2 (box set, BBC iPlayer)

Irish pop star and broadcaster Ronan Keating (above), who left his homeland at the age of 16, presents a five-part portrait of Ireland's west coast. His journey starts in Cork, where he visits a Buddhist temple, forages for edible plants and joins his nephew Ruairí to play road bowls.

WORDS: TESS LAMACRAFT, IAN MACEWAN. PHOTOS: 5, ADOBE STOCK, BBC, C4, GETTY

From left: Ashley Blaker, Hasan Al-Habib, Jayne Middlemiss, Tasha Ghouri, Hermione Norris, Patsy Kensit and Ashley Banjo

describes herself as spiritual; and stand-up comedian Hasan Al-Habib, a Muslim.

'I was the straggler,' laughs Kensit. 'The walk was hard, and it made me question my fitness, but everyone was so encouraging and was pushing me on.'

And for Norris, the setting had an added significance.

Norris and Blaker

'The route was particularly special to me because I'm from the North-East,' she says. 'It's where my ancestors were from. Going to Holy Island was a highlight. It has an incredible power to it. I think that's why religion found it, because the magic of the land is evident when you're there.'

Inside Barlinnie

Thu, 9pm, BBC2 (box set, BBC iPlayer)

Cameras return to Scotland's largest prison, charting the lives of the inmates and staff (including prison officer John Stokes, above) inside the Victorian-built Glasgow jail. This week, drug user JP is hospitalised following an overdose, Norrie threatens suicide, and one of the most violent inmates turns to religion to try to turn his life around.

Extraordinary Portraits

Friday, 7.30pm (not Scot/Wales), BBC1

Lindsay McKenna has dedicated her life to rescuing wild animals that have been traded and kept as pets, running the WildSide Exotic Rescue centre in the Wye Valley. To celebrate her work, Bill Bailey asks artist and Kaiser Chiefs frontman Ricky Wilson (pictured with Bailey) to immortalise Lindsay in a portrait.

Ben Fogle at the Great Wall of China

Eastern promise

Ben Fogle takes an eye-opening trip across China

At Hong Kong's Cheung Chau Bun Festival

NEW TRAVELOGUE

China with Ben Fogle

Easter Monday-Wednesday, 9pm, 5

Presenter and adventurer Ben Fogle has visited more countries than most over the years. Still, one destination he hadn't ticked off his bucket list was China – until now, because his latest project sees him present a three-part travelogue showcasing its culture, people and booming economy as never before.

Here, the 52-year-old offers a preview of what's coming up...

What did you set out to achieve in this series? I wanted to reach as many corners of China as possible. It seemed like the perfect time to do it, with people looking from the West to the East again.

You start by visiting the Great Wall of China. Did it live up to your expectations? Often, you can be disappointed when you've heard so much about somewhere, but the opposite was true with the Great Wall. It blew my mind! I laid bricks with a restoration crew, so my footprint is on it for ever.

Visiting a panda reserve

How restricted were you in terms of what you could film? Our newspaper headlines represent China as an oppressed nation, and while we did have an official observer, the China I experienced couldn't have been more different.

But you broke the rules by filming in Beijing's Tiananmen Square, where student protests were brutally suppressed in 1989. Why? We risked being booted out of China, and I probably won't be invited back. But it was important to the authenticity of the series that we told that story.

You get close to another Chinese icon, the giant panda. What was that like? The pandas were on the brink of being released into the wild, and visitors have to wear panda costumes so they don't get habituated to humans. But these were pretty rudimentary outfits and we were all sweating profusely!

What surprised you the most? The unexpected warmth from all the Chinese people I met. I saw kindness and community, as well as ambition. What I have read about China is not what I experienced, and there is still a lot more to explore!

MOVIE OF THE WEEK

AVATAR: Fire and Ash

James Cameron's incredible saga continues with fresh threats on the alien world of Pandora

EPIC SCI-FI

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

The third entry in James Cameron's epic sci-fi fantasy adventure series set on the spectacularly bizarre alien world of Pandora can't recapture the startling impact made by 2009's original *Avatar*, but the world-building here remains every bit as breathtaking, the visual effects still eye-bogglingly immersive, the action just as jaw dropping.

Picking up the story a year after the events of *Avatar: The Way of Water*, *Fire and Ash* finds Sam Worthington's hero Jake Sully, the paraplegic marine turned human-Na'vi hybrid, and his Na'vi wife, Neytiri (Zoë Saldaña), striving to protect their family from a fresh threat in the form of the warlike Ash People, whose leader Varang – played with ferocious swagger by Oona Chaplin – is forming a deadly alliance with Jake's nemesis Quaritch (Stephen Lang), the gung-ho human colonel resurrected as a Na'vi clone.

There will be those, of course, who will never get past the oddness of the Na'vi, Cameron's heroic alien tribespeople, 10ft tall blue humanoids, and others who stumble over the films' often clunky dialogue, but devotees of the franchise will find *Fire and Ash* an improvement on the previous film – despite a bum-numbing running time, the narrative moves faster and grips tighter. 2025, 12, 197MIN

WORDS: JASON BEST, NIGEL PIZEY, NEIL SMITH

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

More premieres and Day by Day planner >>>

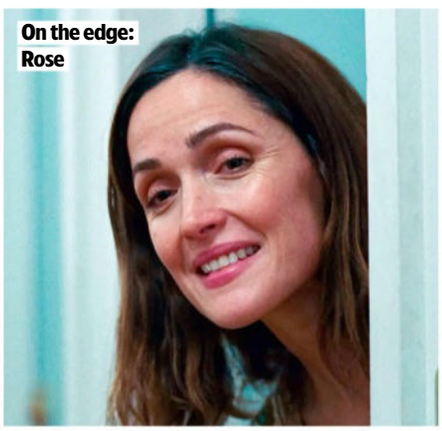
Week's Best Movies

DRAMA

If I Had Legs I'd Kick You

From Thursday, BFI Player ★★★★

Rose Byrne may have missed out to Jessie Buckley at the Oscars, but her very different portrayal of maternal anguish in writer-director Mary Bronstein's indie drama is no less searing or impressive. Byrne's Linda is a woman on the verge of a nervous breakdown, her life rapidly spiralling out of control. Her daughter is sick, her husband (Christian Slater, mostly just a voice on the phone) is away for work and a giant hole in her bedroom ceiling has forced her to move into a shabby motel. She's a psychotherapist but feels unable to help her patients and she finds little comfort from her own therapist, played by comedian Conan O'Brien. Darkly funny in places, disturbingly surreal in others, this is a sweat soaked fever dream of a movie. 2025, 15, 113MIN



On the edge: Rose

I spy: Molly, Martin, Toby and co

FAMILY MYSTERY

Flavia

Saturday, 7.10am & 2.45pm, Sky Premiere ★★★

When a dead body turns up on her family's estate, 11-year-old chemistry-loving amateur sleuth Flavia de Luce (Molly Belle Wright) decides to investigate – especially when the evidence points towards her stamp-collecting father (Martin Freeman) to be the murderer. A fun post-World War Two family adventure based on the children's book series by Alan Bradley, this mixes bucolic English summers, grand aristocratic houses with dastardly (and rather contrived) plots, as our young protagonist is full of gumption and derring-do – very much in the vein of Enola Holmes. Wright is a likeable lead, holding her ground with the adults who also include heavyweights such as Toby Jones and Jonathan Pryce, while the epilogue points to further welcome escapades. 2026, PG, 92MIN

The mighty pen: Ian

PERIOD DRAMA

The Critic

From Wednesday, Netflix ★★★

This uneven but enjoyably ripe melodrama set in 1930s London stars Ian McKellen as a waspish theatre critic who cajoles an ambitious actress, Nina (Gemma Arterton), into a blackmail scheme in a bid to save his career. Mark Strong as a titled newspaper owner, Lesley Manville as Nina's pushy mum and Ben Barnes as her married painter lover feature in the sharply sketched cast, and the era's seedy glamour is vividly evoked. But the film adds up to less than the sum of its parts – perhaps because the script jettisons much of its source novel, Anthony Quinn's *Curtain Call*. 2024, 15, 101MIN

SCI-FI COMEDY

Jules

Wednesday, 9pm, Film4 ★★★

Everyone dismisses small-town loner Milton (Ben Kingsley) when he calmly claims a spaceship has crashed in his back garden, reflexively attributing his outlandish story to incipient dementia. That he is telling the truth and now has a pint-sized alien (Jade Quon) for a houseguest enables Marc Turtletaub's cosy comedy to gently channel Cocoon, as Milton's fellow oldsters (Harriet Sansom Harris, Jane Curtin) help him return 'Jules' to orbit. Bizarro details (the ET's saucer needs dead moggies to fly) augment this low-key curio's unassuming charm. 2023, 12, 87MIN

Out there: Ben and co

School's out: Julia

MYSTERY HORROR

Weapons

Friday, 9pm, Sky Premiere ★★★★★

This fantastic horror movie grabs you by the throat in the first minutes and doesn't let go until its startling climax. The opening is eerie and puzzling. At precisely 2:17am, 17 children from the same elementary school class in a Pennsylvania town called Maybrook leave their homes, run through the dark streets, their arms outspread like aeroplane wings, and vanish.

The remainder of the film slowly untangles this mystery through six chapters, each of which adopts the perspective of a character connected with the children's disappearance: their teacher, Justine (Julia Garner); angry parent Archer (Josh Brolin); local cop Paul (Alden Ehrenreich); headteacher Marcus (Benedict Wong); homeless junkie James (Austin Abrams); and, finally, the sole remaining pupil from Justine's class, withdrawn Alex (Cary Christopher).

Writer-director Zach Cregger (maker of the excellent *Barbarian*) brilliantly builds suspense, layering strands of modern paranoia over dark, fairy-tale-like elements. The acting is superb, too, with Garner a standout as the flawed but deeply caring Justine, matched by a near-unrecognisable Amy Madigan (picking up the Best Supporting Actress Oscar for her role), who turns up half way through and provides moments of both grotesque comedy and skin-prickling terror. 2025, 18, 128MIN

Hidden gems Great movies you might have missed...

COMEDY DRAMA

50/50

Netflix ★★★★

Joseph Gordon-Levitt plays a radio producer who discovers he has a rare form of spinal cancer that gives him only a halfway chance of survival. While his girlfriend, a self-absorbed painter (Bryce Dallas-Howard), struggles to deal with his condition, his slobbish, boozy best friend Seth Rogan proves much more supportive, as does novice psychotherapist Anna Kendrick. Inspired by writer Will Reiser's own experience, this funny yet serious movie rings true. 2011 15, 100MIN

PERIOD DRAMA

The House of Mirth

BFI Player ★★★★

A melancholy but absorbing period drama, beautifully directed by Terence Davies from the novel by Edith Wharton. Set in New York in the early 1900s, it's the tragic tale of Lily Bart, a young socialite searching for a husband but destroyed by the stifling etiquette of the day. Gillian Anderson gives a luminous performance as Lily, convincing as the independent single woman increasingly compromised by scandal and tumbling from grace. 1999 PG, 140MIN

BIOPIC

Kill Your Darlings

Prime Video ★★★★

Daniel Radcliffe delivers a highly accomplished performance in a revealing biopic of gay Beat Generation poet Allen Ginsberg. Set in 1944 New York, the film revolves around Ginsberg's relationship with unstable fellow student Lucien Carr (Dane DeHaan), whose involvement in a mysterious death has profound repercussions for Ginsberg and his circle of friends – who include fellow writers William Burroughs (Ben Foster) and Jack Kerouac (Jack Huston). 2013 15, 104MIN

Saturday 4 April

SPORTS BIOPIC

Saipan

Starts today, Prime Video ★★★

Sex ●●● Violence ●●● Language ●●●

The rancorous feud between driven, single-minded Irish football captain Roy Keane (Éanna Hardwicke) and out-of-his-depth team manager Mick McCarthy (Steve Coogan) that scuppered the team's chances at the 2002 World Cup plays out like a tragi-comic soap opera. The team's no sooner arrived at its training base on the island of Saipan than Keane's at loggerheads with McCarthy, justifiably unhappy with everything from poor catering and dodgy sporting facilities to the lack of commitment from his team. The film's too clearly on Keane's side to make enough dramatic impact, but Hardwicke's portrayal of slow-boiling fury is a sight to see. 2025, 15, 90MIN

Feeling the heat: Steve and Éanna

ANIMATION

Puss in Boots: The Last Wish

2.10pm, BBC1 (2.35pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

This fun, frenetic and fleet-footed sequel to 2011's *Puss in Boots* sees our hero with just one of his nine lives left. Consigned to the litter-box-and-kibble torment of a cat sanctuary, Antonio Banderas' Puss sinks into a hilarious existential crisis. But director Joel Crawford's dynamic plot soon has him chasing a map leading to the fabled Wishing Star, desperate to restore his nine lives and legendary status. There's much to chortle at and admire here, the galloping action laced with sly, knowing gags. 2022, PG, 102MIN

DRAMA

The Outfit

10.50pm, BBC1 (11.50pm Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

This taut but stagy Mob drama unfolds in a 1950s Chicago tailor's. Mark Rylance's meek English Savile Row veteran finds himself swept into the nervily violent clash between Dylan O'Brien and Johnny Flynn. The film's love of bluffing drives the plot, a twisting night of shootings, chicanery and stitch-ups. Zoey Deutch plays a risk-taking receptionist and Simon Russell Beale an unlikely Mob boss, but it's Rylance's virtuoso turn that shapes the film as confidently as he conjures up a bespoke suit. 2022, 15, 106MIN

ADVENTURE

Prey

11pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

It is 1719, the setting is the Northern Great Plains and Amber Midthunder is a young Comanche who, while tussling with a cougar, sees the air shimmer and knows a new danger beckons. Director Dan Trachtenberg's *Predator*-series entry strips down the concept and rebuilds it in fierce, full-bodied survivalist shapes and, crucially, has tons of fun finding ways to notch up a skull count. Scared but determined, capable yet stretched, Midthunder is a superb adversary to the predator (Dane DiLiegro) and anchors the film magnificently. 2022, 15, 99MIN

THRILLER

Nightmare Alley

12.55am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Leaving behind a body and a burning house, Bradley Cooper holes up at Willem Dafoe's carnival. There, he falls for Rooney Mara and develops a flair for lucrative fraudulent mentalism, which ferries him to fame in the city and fatefully into the orbit of a sharp-eyed analyst (Cate Blanchett). Ever the grifter, Cooper sniffs out a scam – but is he up to it? Guillermo del Toro's lavish, wonderful-looking movie boasts a fabulous cast and a gripping story with a sting in its tail. 2021, 15, 150MIN

■ Full listings start on p35

Easter Sunday 5 April

ANIMATION

Luca

3.20pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This colourful caper, set on the Italian Riviera, centres on two young boys – Luca (voiced by Jacob Tremblay) and Alberto (Jack Dylan Grazer) – who share a fantastic secret: they're both sea monsters who take human form when on land. But it's a place that Luca's parents (Maya Rudolph and Jim Gaffigan) have forbidden him to set foot on… Pixar again delivers some wonderful animation combined with an emotional core in this tale that centres on friendship and plotting your own path. It may not reach the heights of the studio's greatest works, but it is still an amusing, beguiling and wonderfully engaging adventure. 2021, PG, 95MIN

Big adventure: Alberto and Luca

CLASSIC MUSICAL

Easter Parade

12.35pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

This Oscar-winning movie deserves its reputation as one of the most famous of all the celebrated MGM musicals. A good half of the movie is taken up with the song-and-dance sequences, cherry-picking 17 classic tunes by Irving Berlin for the soundtrack. The plot is essentially *Pygmalion* on Broadway, with dancing star Fred Astaire making a bet that he can transform any old girl from the chorus line, in this case Judy Garland, into the toast of New York. Astaire's role was written for Gene Kelly, who had to pull out after breaking his ankle. 1948, U, 99MIN

ANIMATION

Toy Story 3

5.10pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With all the fun, thrills and laughs we have grown to expect, and yet at the same time surprisingly thoughtful and very poignant, this third entry in the flawless *Toy Story* saga really is magnificent. It's 11 years since the first sequel and now owner Andy is off to college, but has to sort out his toys first. He decides to take Woody (voiced by Tom Hanks), while Buzz (Tim Allen) and co are destined for the attic. However, they end up being mistakenly donated to the Sunnyside nursery – which turns out to have a very creepy side... 2010, U, 108MIN

THRILLER

No Time to Die

8pm, ITV2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With fabulous action and touching drama, Daniel Craig's 007 swansong is a classic. It kicks off with two prologues, one with Rami Malek's bad guy Lyutsifer Safin, the other featuring Bond in Italy with Léa Seydoux's Madeleine. The action then picks up five years later with Bond enjoying a retirement of sorts in Jamaica, until old pal Felix Leiter (Jeffrey Wright) ropes him into the hunt for a rogue scientist. Craig is exceptional, while M (Ralph Fiennes) and Q (Ben Whishaw) reveal deeper layers and Ana de Armas makes maximum impact in a standout shootout in Cuba. 2021, 12, 163MIN

FANTASY ADVENTURE

The Hunger Games: The Ballad of Songbirds & Snakes

10.30pm, BBC1 (11.30pm Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

This prequel plots how the series' villain Coriolanus Snow (Tom Blyth) became the monster we know. It starts 64 years before Katniss et al, with Snow appointed to mentor a tribute and re-ignite the flagging games. But can travelling singer Lucy Gray Baird (Rachel Zegler) redeem him? Themes of trust and mistrust snake through the tangled plot, while the games are grimly gripping. 2023, 12, 156MIN

■ Full listings start on p45

Weekday movies over page

Easter Monday

ANIMATION

Wallace & Gromit: Vengeance Most Fowl

6.30pm, BBC1 (7pm Wales, not N Ireland/Scotland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

This joyful display of visual jokes, slapstick, daft puns and homespun charm sees dotty Wallace (voiced by Ben Whitehead) and dog Gromit up to their necks in mayhem, thanks to Wallace's latest gadget, 'smart' gnome Norbot (Reece Shearsmith), and a vengeful face from the past – Feathers McGraw, the larcenous penguin from 1993 short *The Wrong Trousers*. Cracking stuff. 2024, U, 79MIN

Out of control: Norbot and Gromit

FAMILY

Stuart Little 2

10.15am, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

The human characters are pushed to the sidelines in this second big-screen adventure for author EB White's plucky little mouse. Instead Stuart (again skilfully voiced by Michael J Fox) finds himself falling for a canary Margalo (Melanie Griffith), before discovering that his new bird is a confidence chickster. As before, the movie is stolen by Nathan Lane as the silken voice of the Littles' long-suffering cat, Snowbell. 2002, U, 78MIN

COMEDY

Peter Rabbit

3.50pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

Don't expect anything the least bit twee about this update of Beatrix Potter's classic children's tale, a mix of live-action and CGI animation. With a wisecracking James Corden voicing the mischievous young rabbit, it is a boisterously funny affair. Rose Byrne plays Peter's kind-hearted human friend, artist Bea, while Domhnall Gleeson is his exasperated human nemesis, the great-nephew of his old foe Mr McGregor. 2018, PG, 95MIN

CLASSIC DRAMA

Doctor Zhivago

1pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

David Lean's sumptuous adaptation of Boris Pasternak's novel might be pretty worthless as a history lesson of the Russian Revolution, but the cinema has seldom produced such an aching romantic tragedy as the doomed love of Yuri Zhivago (Omar Sharif) for Lara (Julie Christie). The gorgeous photography by Freddie Young and haunting Maurice Jarre musical score are just two more excellent reasons to watch. 1965, PG, 192MIN

PERIOD DRAMA

Gosford Park

10pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Scripted by *Downton Abbey*'s Julian Fellowes, this satire of the British upper classes in the 1930s takes the form of a sly Agatha Christie whodunnit, centred around the murder of Michael Gambon's toff during a hunting party weekend. Helen Mirren, Clive Owen, Maggie Smith, Kristin Scott Thomas and Derek Jacobi are among the murder suspects. 2001, 15, 137MIN

■ Full listings start on p55

Tuesday 7 April

ADVENTURE

Jurassic World: Rebirth

3.40pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Serving up plenty of heart-stopping suspense and a little pathos, too, director Gareth Edwards successfully brings the *Jurassic World* franchise back from the edge of extinction with the help of new stars Scarlett Johansson, a tough-as-boots ex-special forces operative, Jonathan Bailey's bespectacled palaeontologist and Mahershala Ali's boat captain. They're on a mission to an island to extract DNA from three prehistoric creatures at the behest of Rupert Friend's slimy pharmaceutical exec. 2025, 12, 133MIN

Fighting tooth and claw: Scarlett and co

ANIMATION

The Wild Robot

4pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

A shipwrecked household robot washes ashore on an island populated by a lively array of animals and reluctantly plays adoptive mum to an orphaned gosling. This heartwarming animation is a tad mawkish but overall a triumph, with stunning visuals and a script that combines smart and funny gags with thoughtful ideas about AI and ecology. Lupita Nyong'o, Pedro Pascal and Bill Nighy head the appealing voice cast. 2024, U, 102MIN

DRAMA

Misbehaviour

10.10pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

A sassy, sharp and riotously entertaining look at the 1970 Miss World contest. Gugu Mbatha-Raw's Miss Grenada bids to make history while women's libbers Keira Knightley and Jessie Buckley plot to disrupt the ceremony in London. With juicy roles, too, for Rhys Ifans and Keeley Hawes as organisers Eric and Julia Morley and Greg Kinnear as host Bob Hope, the movie captures the era with vivid gusto. 2020, 12, 106MIN

SURVIVAL DRAMA

Alive

9pm, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

Featuring a terrifying plane crash sequence, this is the true story of what happened after a Fokker Friendship airliner carrying a Catholic school's rugby team came down in the Andes Mountains in 1972. Ethan Hawke is among the survivors who use up their supplies then face a terrible dilemma – eat the dead or die themselves. This compulsive film confronts its big ethical issues head on and has real emotional depth. 1992, 15, 127MIN

DRAMA

Widow Clicquot

2.10am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

An elegant account of the early struggles of Barbe Clicquot, a young widow in 1805 who took her husband's vineyards and made them legendary. Played with steely determination by Haley Bennett, Barbe faces countless obstacles after the death of husband François (Tom Sturridge), but her will and ingenuity is the driving force of this often gorgeously filmed tale. 2023, 15, 90MIN

■ Full listings start on p65

Wednesday

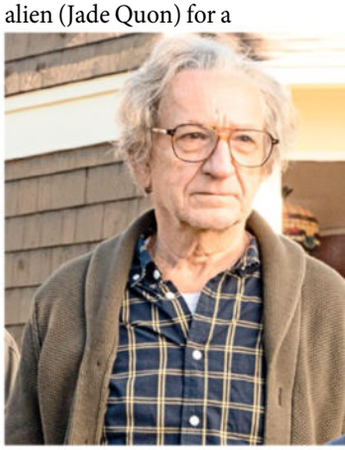
SCI-FI

Jules

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Everyone dismisses loner Milton (Ben Kingsley) when he claims that a UFO has crashed in his garden, attributing his outlandish story to incipient dementia. That he is telling the truth and now has a pint-sized alien (Jade Quon) for a



ANIMATION

Cloudy with a Chance of Meatballs

2.40pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

Charming and engagingly offbeat, this quirky comedy about a young inventor, Flint Lockwood (voiced by Bill Hader), who is hailed as a hero after he invents a rocket that sends junk food down from the sky, is a delicious treat. Inspired by the beloved children's picture-book by Judi and Ron Barrett, the film will appeal to children and adults alike with its good-hearted be-yourself message. 2009, U, 90MIN

DRAMA

Courage Under Fire

9pm, GREAT! action ★★★

Sex ●●● Violence ●●● Language ●●●

American Army helicopter pilot Meg Ryan is killed in action during the first Gulf War, and lieutenant colonel Denzel Washington wants to know if she deserves a medal. Ryan is well cast against type, but it's Lou Diamond Phillips that puts the bite into this intriguing war movie-cum-thriller. As a Gulf War veteran with his own problems, Washington is also forcefully cast and reporter Scott Glenn puts a further deft spin on the plot. 1996, 15, 116MIN

8 April

houseguest enables this cosy comedy to gently channel *Cocoon*, as Kingsley's fellow oldsters Sandy (Harriet Sansom Harris) and Joyce (Jane Curtin) help him return 'Jules' to orbit. Bizarro details (the ET's saucer needs dead moggies to fly) augment Marc Turtletaub's low-key curio's unassuming charm. 2023, 12, 87MIN

Stranded: Ben and Jade

THRILLER

Pulp Fiction

10pm, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Action, comedy and the art of conversation are combined to brilliant effect in writer-director Quentin Tarantino's dazzling jigsaw puzzle of a thriller. Taking its structure from Stanley Kubrick's classic *The Killing*, it skilfully interweaves four separate tales that contain John Travolta, Uma Thurman, Samuel L Jackson, Bruce Willis, Tim Roth, Amanda Plummer, violence, bad language, drug use – and lots of very funny moments. 1994, 18, 154MIN

THRILLER

3 Days to Kill

11pm, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

As a semi-retired CIA agent, Kevin Costner dashes around Paris while juggling eliminating an arms dealer for Amber Heard and winning back his estranged wife (Connie Nielsen) and sulky teen daughter (Hailee Steinfeld). The plot's hardly original, but there is much to enjoy in this thriller – the action is exciting, Costner is game and Steinfeld is great. 2014, 12, 117MIN

■ Full listings start on p75

Thursday 9 April

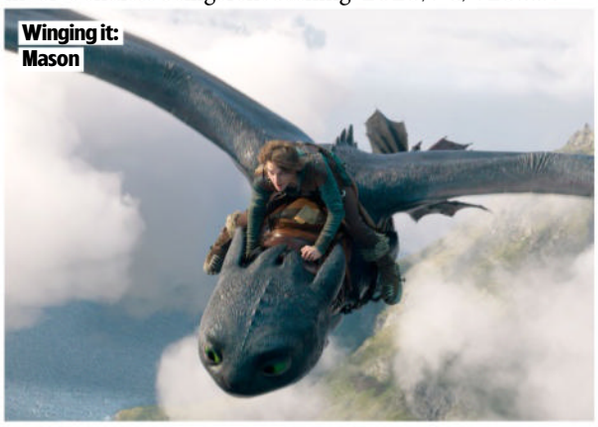
FANTASY ADVENTURE

How to Train Your Dragon

3.45pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

This live-action remake of the enchanting animated fantasy about an island where Vikings and dragons are at war is great fun, with humour, heart and eye-popping action. Misfit youngster Hiccup (Mason Thames) becomes the unlikely hero of the island of Berk – much to the surprise of his father, Stoick, the clan's chief (Gerard Butler, repeating his animated role) – after he secretly befriends a dragon and learns ways of disarming the beasts that don't involve endless belligerent bashing. 2025, PG, 125MIN



Winging it: Mason

PERIOD DRAMA

Brideshead Revisited

8pm, BBC4 ★★★

Sex ●●● Violence ●●● Language ●●●

Matthew Goode and Ben Whishaw are first-rate as Evelyn Waugh's doomed Oxford University duo in this race through his novel. Cold as ice, Emma Thompson is fabulous as the Roman Catholic matriarch of Brideshead Castle, who takes big exception to the Protestant commoner Goode when her hard-drinking gay son Whishaw invites him home for the holidays. Michael Gambon and Greta Scacchi also appear. 2008, 12, 133MIN

MUSICAL

In the Heights

9.35pm, BBC3 ★★★

Sex ●●● Violence ●●● Language ●●●

This energetic screen version of Lin-Manuel Miranda's award-winning 2007 musical is a fizzy pick-me-up. The film lacks the show's focus and warmth, but when it gets it right – in glossy *Carnaval del Barrio*, visually imaginative *It Won't Be Long Now* and exuberant *96,000*, for instance, it's a spectacle. The love story between shop owner Usnavi (Anthony Ramos) and hairdresser Vanessa (Melissa Barrera) is also deliciously engaging. 2021, PG, 137MIN

BIOPIC

Respect

11pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

Hand-picked to portray Aretha Franklin by the Queen of Soul herself, Jennifer Hudson brings a passionate intensity to this handsome, lushly traditional biopic. Solid and well-crafted, the film feels at times a tad too safe, but studio scenes make it jump alive, with Hudson's soaring vocals (recorded live) raising goosebumps. Her riveting performance carries this reverent drama with (appropriately) amazing grace. 2021, 12, 145MIN

ACTION COMEDY

Novocaine

12.25am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Mild-mannered deputy bank manager Nate (Jack Quaid) lives a careful life because he's unable to feel pain. But things change when colleague Sherry (Amber Midthunder) brings him out of his shell. Then she's kidnapped by Ray Nicholson, so he goes to rescue her, taking some eye-wateringly hard and hilarious knocks along the way. Quaid's a real charmer in a fun comedy. 2024, 15, 109MIN

■ Full listings start on p85

Friday 10 April

MYSTERY

Tenet

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This stunning puzzle from writer-director Christopher Nolan stars John David Washington as a US agent recruited to stop Kenneth Branagh's Russian oligarch unleashing World War Three. Elizabeth Debicki plays his estranged wife and a raffish Robert Pattinson is Washington's enigmatic partner in espionage. There's much to dazzle the eye and brain ('Don't try to understand it, feel it,' Clémence Poésy's scientist says helpfully) and when Nolan finally plays the ace up his sleeve, it's magic. 2020, 12, 150MIN

In a spin: John

COMEDY

The Intern

12.00noon, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Robert De Niro's bored widower applies for a post as a senior intern at an online fashion start-up and gets assigned as an assistant to stressed boss Anne Hathaway. His worldly wisdom and retro cool quickly wins over his younger male colleagues, but prickly Hathaway proves a tougher nut to crack... This is a warm, old-fashioned film and a feel-good treat for those in the mood. 2015, 12, 121MIN

COMEDY

Four Lions

11.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Provocative satirist Chris Morris turns director for a typically outrageous comedy about a group of British Islamic terrorists. His film focuses on bumbling would-be suicide bombers Kayvan Novak, Riz Ahmed, Nigel Lindsay and Adeel Akhtar and their moronic efforts to engage in a terrorist attack in London. It's clever and hilarious but it's a tricky subject matter for laughs and some viewers may find it too distasteful. 2009, 15, 101MIN

THRILLER

Fatal Attraction

12.20am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Hold tight for this rollercoaster thriller in which a spurned Glenn Close sets out to ruin the home life of her married lover Michael Douglas. Director Adrian Lyne's stylish, superbly acted thriller boasts some brilliantly staged shocks, especially the famous scene that introduced the term 'bunny boiler'. However, the ending, changed after it was given the thumbs-down by preview audiences, is a cop-out. 1987, 15, 120MIN

BLACK COMEDY

Not Okay

1.10am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Zoey Deutch is a self-centred attention-seeker looking to gain more followers, so fakes being a survivor of a bombing attack. Then she meets teen Mia Isaac, who escaped a school shooter and has a huge following... Writer-director Quinn Shephard delivers a razor-sharp indictment of influencer power and social media obsession and nails the killer finale. 2022, 15, 100MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

The Masters

THE MAIN EVENT

Rory McIlroy defends his green jacket at Augusta National

LIVE GOLF

From Thursday, Sky Sports Golf, Sky Sports Main Event & Sky Sports+

Twelve months ago, Rory McIlroy sank to his knees with joy after holing a play-off putt to clinch the 2025 Masters.

For the Northern Irishman , it meant finally achieving his lifelong ambition of winning a career Grand Slam of the four majors – the Masters, the Open, the PGA Championship and the US Open – as he became the first European golfer to complete the feat.

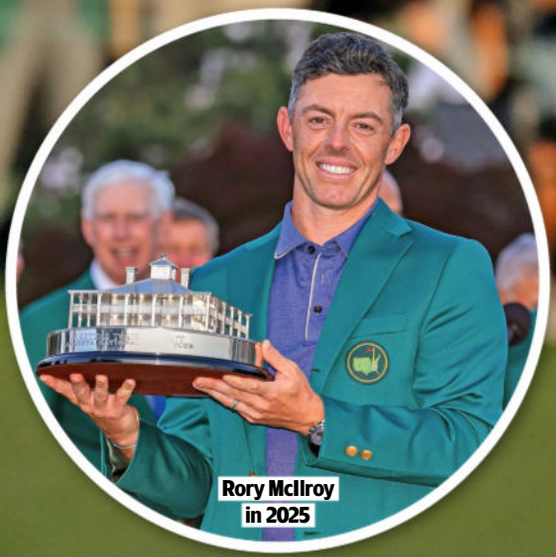
It was a hugely popular victory, and after McIlroy went on to help Europe clinch the Ryder Cup, he was voted BBC Sports Personality of the Year in December.

Now, the 36-year-old is returning to the historic Augusta National golf course to defend his Masters title, and he's delighted to be back among the dogwoods and azaleas to tackle the fiendish Amen Corner once again.

'Defending the Masters is a pretty rare feat and it is something that it will be great to do,' says McIlroy, who expects to be fully fit for the tournament after a recent back problem.

'The Masters was the one I wanted for so long, and I only have positive vibes going into this tournament, which wasn't always the case in previous years. That's quite a freeing feeling and I am looking forward to being under less stress this year.

'It is all about enjoying the week – and enjoying the perks that come with being the Masters champion. This is going to be the first time that I drive down Magnolia Lane in a green jacket and host the [pre-tournament] dinner on Tuesday.'



Rory McIlroy in 2025

Among his rivals will be world No 1 and two-time Masters winner Scottie Scheffler of the USA, along with English veteran Justin Rose, who McIlroy defeated in the play-off last year.

At 45, Rose is playing as well as ever, and has a superb record at the Masters, finishing in the Top 10 several times. Can he win his first major since clinching the 2013 US Open?

'If you look at the world rankings, there are not many guys in their 40s, but I'm just really enjoying my game right now and that gives me the energy and commitment to work hard,' says Rose. 'I love Augusta National and winning the Masters is definitely still in the cross hairs.'

Justin Rose

The 16th green at Augusta

WORDS: RICHARD MCCLURE. PHOTOS: ADOBE STOCK, GETTY

England's Harry Hall

AUGUSTA ROOKIES

There's a strong British contingent at this year's Masters, including familiar names Matt Fitzpatrick, Tommy Fleetwood and former champion Danny Willett – plus three golfers making their debuts at Augusta National.

Belfast's Tom McKibbin, 23, has qualified by winning the Hong Kong Open, while Spanish Open champion Marco Penge, 27, from Crawley, battled it out with Rory McIlroy in last year's Race to Dubai.

Meanwhile, Cornwall-born Harry Hall, 28, will be wearing his trademark flat cap as he tees off in Georgia following a breakthrough 2025.

'If I can keep improving from here on out, then I think I can be the world No 1. And I want to have a green jacket,' says Hall.

Tom McKibbin of Northern Ireland

LIVE FOOTBALL

Champions League quarter-finals

Tuesday & Wednesday, kick-offs 8pm, Prime Video & TNT Sports

After four of the six English clubs were knocked out in a goal-filled last round, only Arsenal and Liverpool are left to fly the flag as the quarter-final first legs take place this week. On Tuesday, the Gunners travel to a Sporting Lisbon side that's reached this stage for the first time after a dramatic comeback against Bodø/Glimt, while in a heavyweight clash at the Bernabéu, Real Madrid's Trent Alexander-Arnold comes up against Bayern Munich's Harry Kane, who now has 50 goals in the competition. Wednesday's ties see Liverpool visit holders Paris Saint-Germain, who demolished Chelsea last time out, and the all-Spanish clash between Barcelona and Atlético Madrid, who knocked out Newcastle United and Spurs.

Bayern Munich's Harry Kane

Declan Rice of Arsenal

The famous men's trophy

LIVE FOOTBALL

FA Cup quarter-finals

Saturday-Easter Monday, C4, BBC1, TNT Sports & HBO Max

As both the men's and women's competitions reach the last-eight stage, the men's action kicks off at the Etihad on Saturday as Manchester City host Liverpool (k-o 12.45pm, TNT Sports & HBO Max). Pep Guardiola's side have reached the last three finals, and are seeking a third victory over their rivals this season, with Erling Haaland scoring in both league matches. Turn to page 33 for our pick of the other quarter-final ties.

Cambridge's men won in 2025

LIVE ROWING

The Boat Races

Saturday, 1.30pm, C4

C4 is broadcasting the famous event for the first time, with Clare Balding leading the coverage from the River Thames alongside Ade Adepitan as around 200,000 spectators line the 4.25-mile Championship Course from Putney to Mortlake. Cambridge is seeking an eighth straight win as the women's race begins at 2.21pm, with German siblings Lilli Freischem (Oxford) and Mia Freischem (Cambridge) the first sisters on opposing sides since 2004. Meanwhile, in the men's race (3.21pm), Gabriel Obholzer has been selected for defending champions Cambridge, after his parents both competed in the 1991 event.

Clare Balding

Chisora (left) and Wilder

LIVE BOXING

Derek Chisora v Deontay Wilder

Saturday, DAZN Pay-Per-View

Both these boxing veterans are now in their 40s, but it should still be a decent contest at London's O2 – with this showdown marking a 50th professional bout for both men. American Wilder is a former world heavyweight champion, holding the WBC belt from 2015 to 2020, but has won just twice since 2019, while British boxer Chisora has hinted that he might hang up his gloves after the fight.

Sport A-Z and football planner

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE Richmond Tigers v Port Adelaide Power
Sat 6am TNT Sports 1

LIVE West Coast Eagles v Sydney Swans
Sat 9.30am TNT Sports 2

LIVE Melbourne Demons v Gold Coast Suns
Easter Sunday 6am TNT Sports 2

LIVE Western Bulldogs v Essendon Bombers
Easter Sunday 10am TNT Sports 2

LIVE Hawthorn Hawks v Geelong Cats
Easter Monday 6am TNT Sports 1

LIVE Adelaide Crows v Carlton Blues
Thu 10.15am TNT Sports 1

LIVE Collingwood Magpies v Fremantle Dockers
Fri 10.30am TNT Sports 1

LIVE North Melbourne Kangaroos v Brisbane Lions
Fri 3.30am TNT Sports 1

LIVE Essendon Bombers v Melbourne Demons
Fri 4am TNT Sports 3.

BASEBALL

LIVE Kansas City Royals v Milwaukee Brewers
Sat 9pm TNT Sports 3

LIVE Cleveland Guardians v Chicago Cubs
Sat 12m't TNT Sports 1

LIVE Boston Red Sox v San Diego Padres
Easter Sun 6.30pm TNT Sports 2

LIVE Detroit Tigers v St Louis Cardinals
Easter Sun 12m't TNT Sports 1

LIVE Tampa Bay Rays v Chicago Cubs
Easter Mon 9pm TNT Sports 2

LIVE Toronto Blue Jays v Los Angeles Dodgers
Easter Mon & Tue 12m't TNT Sports 1

LIVE Boston Red Sox v Milwaukee Brewers
Wed 6.30pm TNT Sports 3

LIVE New York Mets v Arizona Diamondbacks
Thu 12m't TNT Sports 1

LIVE Chicago Cubs v Pittsburgh Pirates
Fri 7pm TNT Sports 1

LIVE Seattle Mariners v Houston Astros
Fri 2.30am TNT Sports 2

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Rugby union
Saracens star Owen Farrell and his teammates travel to Bath in the European Champions Cup

BASKETBALL

LIVE Dallas Mavericks v Los Angeles Lakers
Easter Sun 11.30pm Sky Sports+

LIVE Golden State Warriors v Houston Rockets
Easter Sun 3am Sky Sports+

LIVE Atlanta Hawks v New York Knicks
Easter Mon 11pm Sky Sports Main Event & Sky Sports Action

LIVE Boston Celtics v Charlotte Hornets
Tue 12m't Sky Sports Main Event & Sky Sports Action

LIVE Phoenix Suns v Houston Rockets
Tue 4am Sky Sports Main Event & Sky Sports Action

LIVE Detroit Pistons v Milwaukee Bucks
Wed 12m't Sky Sports Main Event & Sky Sports Action

BOXING

LIVE Lauren Price v Stephanie Piñeiro
Sat 8pm BBC2

LIVE Derek Chisora v Deontay Wilder
Sat DAZN Pay-Per-View
The heavyweight bout from O2 Arena. See p29.

LIVE Caroline Dubois v Terri Harper
Easter Sun 7pm Sky Sports Main Event, Sky Sports Action & Sky One
Lightweight bout.

LIVE Andres Cortes v Eridson Garcia
Easter Sun 2am Sky Sports Main Event & Sky Sports Action

COMBAT SPORTS

LIVE Renato Moicano v Chris Duncan
Sat 12m't TNT Sports 2

LIVE One Championship
Fri 2am Sky Sports Action

CRICKET

LIVE Delhi Capitals v Mumbai Indians
Sat 10.50am Sky Sports Cricket, 11.30am Sky Sports Main Event

LIVE Gujarat Titans v Rajasthan Royals
Sat 2.50pm Sky Sports Main Event & Sky Sports Cricket

LIVE Sunrisers Hyderabad v Lucknow Super Giants
Easter Sun 10.50am Sky Sports Cricket

LIVE Royal Challengers Bengaluru v Chennai Super Kings
Easter Sun 2.50pm Sky Sports Cricket

LIVE Kolkata Knight Riders v Punjab Kings
Easter Mon 2.50pm Sky Sports Cricket

LIVE Rajasthan Royals v Mumbai Indians
Tue 2.50pm Sky Sports Cricket

LIVE Delhi Capitals v Gujarat Titans
Wed 2.50pm Sky Sports Cricket

LIVE Kolkata Knight Riders v Lucknow Super Giants
Thu 2.50pm Sky Sports Cricket

LIVE Rajasthan Royals v Royal Challengers Bengaluru
Fri 2.50pm Sky Sports Cricket

CURLING

LIVE World Championship
Sat 9pm TNT Sports 4

CYCLING

LIVE Grand Prix Miguel Indurain
Sat 2.30pm TNT Sports 2, 3.15pm TNT Sports 1

LIVE Men's Tour of Flanders
Easter Sun 8.30am TNT Sports 3

LIVE Women's Tour of Flanders
Easter Sun 2pm TNT Sports 4

LIVE Tour of Mouscron
Easter Mon 12.30pm TNT Sports 2

LIVE Tour of the Basque Country
Easter Mon 2.30pm TNT Sports 2, Tue-Fri 2.30pm TNT Sports 1

LIVE Men's Scheldeprijs
Wed 2.45pm TNT Sports 2

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action & Sky Sports +
Night 10 staged at Brighton Centre.

GOLF

LIVE Texas Open
Sat 3.15pm & 8pm, Easter Sun 6pm Sky Sports Golf; Sat 3.15pm Sky Sports+; Sat 10pm Sky Sports Main Event

LIVE Augusta National Women's Amateur
Sat 5pm Sky Sports Golf

LIVE Aramco Championship
Sat & Easter Sun 10pm Sky Sports Mix; Sat & Easter Sun 11pm Sky Sports Main Event & Sky Sports Golf

LIVE The Augusta Drive Chip & Putt National Finals
Easter Sun 1pm Sky Sports Golf

LIVE Masters Par Three
Wed 5pm Sky Sports Main Event & Sky Sports Golf

LIVE The Masters
Thu & Fri 2pm Sky Sports Golf; Thu 2pm, Fri 2pm & 10pm Sky Sports Main Event; Thu & Fri 3.45pm Sky Sports+
Round one and two of the Major at Augusta National Golf Club. See p28.

HORSE RACING

LIVE Musselburgh and Haydock Park
Sat ITV1 1.15pm

LIVE Irish Grand National
Easter Mon 2.15pm ITV1

LIVE Grand National Festival
Thu & Fri 1.30pm ITV1

ICE HOCKEY

LIVE New York Rangers v Detroit Red Wings
Sat 5.30pm ITV4

LIVE New Jersey Devils v Montreal Canadiens
Sat 12m't Premier Sports 1

LIVE Los Angeles Kings v Toronto Maple Leafs
Sat 12m't Premier Sports 2

LIVE Montreal Canadiens v New Jersey Devils
Easter Sun 12m't Premier Sports 2

LIVE Colorado Avalanche v St Louis Blues
Easter Sun 2.30am Premier Sports 1

LIVE Buffalo Sabres v Tampa Bay Lightning
Easter Mon 12m't Premier Sports 2

LIVE San Jose Sharks v Chicago Blackhawks
Easter Mon 3am Premier Sports 1

LIVE New Jersey Devils v Philadelphia Flyers
Tue 12m't Premier Sports 2

LIVE Dallas Stars v Calgary Flames
Tue 1am Premier Sports 1

LIVE Vancouver Canucks v Vegas Golden Knights
Tue 3am Premier Sports 2

LIVE Toronto Maple Leafs v Washington Capitals
Wed 12.30am Premier Sports 2

LIVE San Jose Sharks v Edmonton Oilers
Wed 3am Premier Sports 1

LIVE Montreal Canadiens v Tampa Bay Lightning
Thu 12m't Premier Sports 2

LIVE Dallas Stars v Minnesota Wild
Thu 2am Premier Sports 1

LIVE Los Angeles Kings v Vancouver Canucks
Thu 3.30am Premier Sports 2

MOTORSPORT

LIVE World Rally Championship
Fri 8am TNT Sports 1, 8am, 10am, 1.45pm & 4.15pm TNT Sports 2

LIVE V8 Supercars Championship
Fri 1.45am & 5am TNT Sports 4

NETBALL

LIVE Nottingham Forest v Dragons
Sat 2.50pm Sky Sports Action & Sky Sports Mix

LIVE London Pulse v Birmingham Panthers
Sat 4.45pm BBC Red Button 1

LIVE Loughborough Lightning v Manchester Thunder
Sat 5.05pm Sky Sports Action & Sky Sports Mix

LIVE London Pulse v London Mavericks
Fri 6.55pm Sky Sports Mix

POOL

LIVE Ultimate Pool
Easter Mon 6pm TNT Sports 3

ROWING

LIVE The Boat Races
Sat 1.30pm C4
The annual event. See p29

RUGBY LEAGUE

LIVE Gold Coast Titans v Brisbane Broncos
Sat 9.30am Sky Sports Main Event & Sky Sports Action

LIVE Parramatta Eels v Wests Tigers
Easter Mon 7.05am Sky Sports Main Event & Sky Sports Action

LIVE Brisbane Broncos v North Queensland Cowboys
Fri 11am Sky Sports Action

RUGBY UNION

LIVE Chiefs v Waratahs
Sat 7am Sky Sports Action & Sky Sports+

LIVE Reds v Western Force
Sat 9.30am Sky Sports+

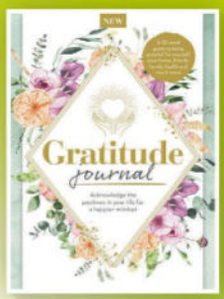
LIVE Exeter Chiefs v Munster
Sat 12noon Premier Sports 1 (kick-off 12.30pm) Challenge Cup.

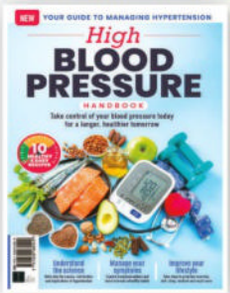
LIVE Bath v Saracens
Sat 2pm Premier Sports 2 (kick-off 3pm) Champions Cup.

LIVE Toulon v Stormers
Sat 2.45pm Premier Sports 1 (kick-off 3pm) Champions Cup.

LIVE Toulouse v Bristol Bears
Sat 5.05pm Premier Sports 1 (kick-off 5.30pm) Champions Cup.

Sport A-Z and football planner >>>





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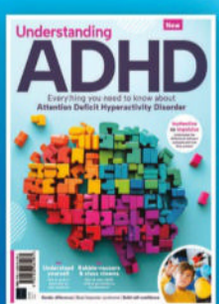

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Football planner

LIVE Benetton v Cardiff
Sat 5.15pm S4C (kick-off 5.30pm) The Challenge Cup last-16 match.

LIVE Glasgow Warriors v Bulls
Sat 5.15pm Premier Sports 2 (kick-off 5.30pm) Champions Cup round-of-16 tie at Scotstoun Stadium.

LIVE Ulster v Ospreys
Sat 7.40pm S4C & 7.50pm Premier Sports 1 (kick-off 8pm) Challenge Cup round-of-16 fixture.

LIVE Harlequins v Sale Sharks
Sat 7.45pm Premier Sports 2 (kick-off 8pm) Champions Cup round-of-16 tie at Twickenham Stoop.

LIVE Bordeaux Begles v Leicester Tigers
Easter Sunday 2.30pm Premier Sports 1 (kick-off 3pm) Champions Cup round-of-16 game.

LIVE Leinster v Edinburgh
Easter Sunday 5.15pm Premier Sports 1 (kick-off 5.30pm) Champions Cup round-of-16 game.

LIVE Highlanders v Brumbies
Fri 8am Sky Sports+

LIVE Champions Cup
Fri 7pm Premier Sports 1

LIVE Moana Pasifika v Chiefs
Fri 3am Sky Sports+

LIVE Drua v Western Force
Fri 5.30am Sky Sports+

SKIING

LIVE Ski Mountaineering
Sat 11am TNT Sports 4 & Easter Sunday 10am TNT Sports 1

SNOOKER

LIVE Tour Championship
Sat 12.30pm & 6.45pm, Easter Sun 12.30pm & 6.30pm 5

TENNIS

LIVE ATP Bucharest Open
Sat 11am & Easter Sun 12noon Sky Sports Tennis

LIVE ATP Bucharest and ATP Marrakech Open
Sat 1pm Sky Sports+ & Sky Sports Tennis

LIVE WTA and ATP Tours
Sat 5pm Sky Sports Tennis, 7pm Sky Sports Main Event

LIVE U.S. Men's Clay Court Championships
Sat & Easter Sun 10pm Sky Sports Tennis; Easter Sun 8.30pm Sky Sports+

LIVE ATP Monte-Carlo Masters
Easter Sun 12noon, Easter Mon, Thu & Fri 10am Sky Sports+; Easter Sun 2pm & 5pm, Easter Mon, Thu & Fri 10am Sky Sports Tennis; Easter Mon, Thu & Fri 10am Sports Main Event

LIVE ATP Marrakech Open
Easter Sun 3pm Sky Sports Tennis

LIVE WTA Bogota Open
Easter Sun 6pm Sky Sports Tennis

LIVE WTA Charleston Open
Sun 8pm Sky Sports Tennis

LIVE ATP Monte-Carlo Masters and WTA Linz Open
Easter Mon 2pm, Tue & Wed 10am, Thu 1pm & Fri12noon Sky Sports Tennis; Tue & Wed 10am, Thu 1pm & Fri 12noon Sky Sports Main Event & Sky Sports+

LIVE WTA Linz Open
Easter Monday-Fri 6pm Sky Sports Tennis

Saturday 4

LIVE Central Coast Mariners v Perth Glory
7am TNT Sports 3 (kick-off 7am) The A-League match.

LIVE Melbourne City v Western Sydney Wanderers
9.30am TNT Sports 3 (kick-off 9.35am) The A-League match.

LIVE Manchester City v Liverpool
11.30am TNT Sports 1 (kick-off 12.45pm) The FA Cup quarter-final staged at Etihad Stadium. See p29.

LIVE Chelsea v Port Vale
4.30pm TNT Sports 1 & 5pm BBC1 (kick-off 5.15pm) The FA Cup quarter-final staged at Stamford Bridge. See p29.

LIVE VfB Stuttgart v Borussia Dortmund
5.20pm Sky Sports Football (kick-off 5.30pm) Bundesliga at MHP Arena.

LIVE Southampton v Arsenal
7.30pm BBC1 & TNT Sports 1 (kick-off 8pm) The FA Cup quarter-final. See p29.

Easter Sunday

LIVE Melbourne Victory v Wellington Phoenix
6am TNT Sports 1 (kick-off 6am) A-League from AAMI Park.

LIVE Newcastle Jets v Melbourne City
7am TNT Sports 4 (kick-off 7am) The A-League Women game.

LIVE Arsenal v Brighton & Hove Albion
12.30pm TNT Sports 1 (kick-off 1pm) The Women's FA Cup quarter-final staged at Meadow Park. See p29.

LIVE Getafe v Athletic Bilbao
12.55pm Premier Sports 2 (kick-off 1pm) LaLiga at Estadio Coliseum.

LIVE Livingston v Hearts
1pm Sky Sports Main Event & Sky Sports Football (kick-off 2pm) The Scottish Premiership match held at Almondvale Stadium.

LIVE Charlton Athletic v Liverpool
2pm TNT Sports 2 (kick-off 2.30pm) The Women's FA Cup quarter-final staged at The Valley. See p29.

LIVE Valencia v Celta Vigo
3.10pm Premier Sports 2 (kick-off 3.15pm) The LaLiga game at Mestalla.

LIVE West Ham United v Leeds United
3.30pm TNT Sports 1 (kick-off 4.30pm) The FA Cup quarter-final staged at The London Stadium. See p29.

LIVE Dundee v Celtic
4.15pm Sky Sports Main Event & Sky Sports Football (kick-off 4.30pm) The Scottish Premiership match staged at Dens Park.

LIVE Welsh Premier League
4.30pm S4C

LIVE FA CUP

Chelsea v Port Vale

Saturday, kick-off 5.15pm, TNT Sports 1 & BBC1

Striker Ben Waine will want to claim another Premier League scalp at Stamford Bridge on Saturday, followed by Arsenal's trip to Southampton (8pm, BBC1 & TNT Sports 1). On Easter Sunday, West Ham face Leeds at the London Stadium (4.30pm, TNT Sports 1).

LIVE WOMEN'S FA CUP

Chelsea v Tottenham Hotspur

Easter Monday, kick-off 1.30pm, C4 & TNT Sports 1

Holders Chelsea defeated Spurs 2-0 in February with goals from Keira Walsh and Alyssa Thompson. Easter Monday's other last-eight tie is at St Andrew's as Birmingham City host Manchester City (5pm, TNT Sports 1).

LIVE EUROPA LEAGUE

FC Porto v Nottingham Forest

Thu, kick-off 8pm, TNT Sports 1

Forest's quarter-final first leg sees boss Vítor Pereira return to the club he took to two Portuguese league titles. Also today, Aston Villa travel to Bologna in the Europa League, and Crystal Palace host Fiorentina in the Conference League (both 8pm, TNT Sports).

LIVE Real Oviedo v Sevilla
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga match staged at Estadio Municipal Carlos Tartiere.

LIVE Glasgow City v Hearts
7.15pm BBC Scotland (kick-off 7.30pm) SWPL match at Petershill Park.

LIVE Inter Milan v AS Roma
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A game at San Siro.

LIVE Alavés v Osasuna
7.55pm Premier Sports 2 (kick-off 8pm) LaLiga match at Mendizorrotza.

LIVE Bay FC v Washington Spirit
10pm TNT Sports 2 (kick-off 10pm) The NWSL match at PayPal Park.

Easter Monday

LIVE Portsmouth v Oxford United
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) Championship at Fratton Park.

LIVE Millwall v Norwich City
12.50pm Sky Sports+ (kick-off 1pm) The Championship game at The Den.

LIVE Chelsea v Tottenham Hotspur
1pm C4 & TNT Sports 1 (kick-off 1.30pm) The Women's FA Cup quarter-final match at Kingsmeadow. See p29.

LIVE Watford v Charlton Athletic
2.45pm Sky Sports Main Event & Sky Sports Football (kick-off 3pm) Championship at Vicarage Road.

LIVE Ipswich Town v Birmingham City
2.50pm Sky Sports+ (kick-off 3pm) Championship at Portman Road.

LIVE Birmingham City v Manchester City
4.30pm TNT Sports 1 (kick-off 5pm) The Women's FA Cup quarter-final staged at St. Andrew's. See p29.

LIVE Celtic v Rangers
5pm BBC Alba (kick-off 5.10pm) Scottish Women's Premier League at Hamilton Community Stadium.

LIVE Swansea City v Middlesbrough
5pm Sky Sports Main Event & Sky Sports Football (kick-off 5.30pm) The Championship match staged at Swansea.com Stadium.

LIVE Napoli v AC Milan
7.30pm TNT Sports 1 (kick-off 7.45pm)

LIVE Hull City v Coventry City
7.45pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship at MKM Stadium.

LIVE Girona v Villarreal
7.55pm Premier Sports 1 (kick-off 8pm) LaLiga.

Tuesday 7

LIVE Melbourne City v Central Coast Mariners
10am TNT Sports 1 (kick-off 10am)

LIVE Sporting Lisbon v Arsenal
6.30pm Prime Video (kick-off 8pm) The UEFA Champions League quarter-final first leg staged at Estádio José Alvalade. See p29.

LIVE Real Madrid v Bayern Munich
7pm TNT Sports 1 (kick-off 8pm) UEFA Champions League quarter-final first leg at Bernabeu. See p29.

LIVE Bromley v Shrewsbury Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The League Two match at Copperjax Community Stadium.

LIVE Wrexham v Southampton
7.50pm Sky Sports+ (kick-off 8pm) The Championship match staged at the Racecourse Ground.

Wednesday 8

LIVE SC Braga v Real Betis
5.45pm TNT Sports 4 (kick-off 5.45pm) The UEFA Europa League quarter-final first leg.

LIVE Paris Saint-Germain v Liverpool
7pm TNT Sports 1 (kick-off 8pm) The UEFA Champions League quarter-final first leg staged at Parc des Princes. See p29.

LIVE Barcelona v Atlético Madrid
7.30pm TNT Sports 2 (kick-off 8pm) UEFA Champions League quarter-final first leg at Camp Nou. See p29.

Thursday 9

LIVE Rayo Vallecano v AEK Athens
5.45pm TNT Sports 4 (kick-off 5.45pm) The UEFA Conference League quarter-final first-leg fixture.

LIVE FC Porto v Nottingham Forest
7pm TNT Sports 1 (kick-off 8pm) The UEFA Europa League quarter-final first leg at Estádio do Dragão.

LIVE Bologna v Aston Villa
7pm TNT Sports 2 (kick-off 8pm) UEFA Europa League quarter-final first leg at Stadio Renato Dall'Ara.

LIVE Crystal Palace v Fiorentina
7pm TNT Sports 3 (kick-off 8pm) UEFA Conference League quarter-final first leg at Selhurst Park.

LIVE SC Freiburg v Celta Vigo
8pm TNT Sports 4 (kick-off 8pm) UEFA Europa League quarter-final first leg at Europa-Park Stadion.

Friday 10

LIVE Central Coast Mariners v Brisbane Roar
10.30am TNT Sports 3 (kick-off 10.35am) A-League at Polytec Stadium.

LIVE Queen's Park v Ross County
7.30pm BBC Scotland (kick-off 7.45pm) The Scottish Championship fixture.

LIVE West Ham United v Wolverhampton Wanderers
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) Premier League at London Stadium.

LIVE West Bromwich Albion v Millwall
7.30pm Sky Sports Football (kick-off 8pm) Championship at The Hawthorns.

LIVE Real Madrid v Girona
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga game at the Bernabeu.

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Saturday

4 April

Evening Planner

Drama

Flavia
Sky Premiere, 7.10am & 12.45pm
A young girl is determined to clear her father's name in this family mystery based on the novels by Alan Bradley.

Football

FA Cup Quarter-finals
TNT Sports, BBC1 & HBO Max
A weekend of cup action starts today with Man City v Liverpool, Chelsea v Port Vale and Southampton v Arsenal.

OnDemand

prime

Saipan
Available today
Fact-based drama about the famous disagreement between Republic of Ireland manager Mick McCarthy and Roy Keane.

OnDemand

BBC iPLAYER

Doctor Who
Two lost episodes of the classic sci-fi series from 1965 will finally become available this weekend, starring William Hartnell as the Doctor.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 5.00 Match of the Day: The FA Cup – Live: Chelsea v Port Vale (Kick-off 5.15); Southampton v Arsenal (Kick-off 8.00)						10.05 News	10.25 Not Going Out
	102 BBC2	7.05 Inside Britain's National Parks		8.00 Boxing – Live: Lauren Price v Stephanie Piñeiro				10.00 TOTP 1989: Big Hits	
	103 ITV1	‹ 6.45 Britain's Got Talent		8.00 Celebrity Sabotage		9.00 The 1% Club		10.00 The Jonathan Ross Show	
	104 CHANNEL 4	7.00 Britain's Most Luxurious Train Journeys		8.00 Yorkshire by the Sea		9.00 Bill Bailey's Vietnam		10.00 Bill Bailey: Thoughtifier	
	105 5	‹ 6.45 Snooker: Tour Championship – Live: The concluding session of the second semi-final						10.00 The Cancellation of Benny Hill	
	106 SKY ONE	‹ 5.45 Film: The 'Burbs	7.45 Film: Indiana Jones and the Temple of Doom					10.00 Saturday Night Live UK	
ENTERTAINMENT	115 BBC3	7.00 Film: Trolls World Tour			8.25 Doctor Who	9.10 Ghosts		10.05 Mrs Brown's Boys	
	116 BBC4	7.00 Seven Worlds, One Planet		8.00 The Good Old Days	8.45 Hetty Wainthropp Investigates		9.35 Hidden Assets		
	118 ITV2	‹ 6.40 Film: School of Rock				9.00 Film: Little Fockers			
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.05 The Simpsons				9.00 Celebrity Gogglebox		10.05 Gogglebox 2025	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Police 24/7		9.00 Burn Notice			10.20 Elsbeth
	108 SKY ATLANTIC	‹ 6.55 All Her Fault		8.00 Heated Rivalry					
	110 U&GOLD	7.00 The Good Life				9.00 Bottom			10.20 The Good Life
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf			
	119 ITV3	‹ 6.00 Midsomer Murders						10.00 Vera	
	120 ITV4	‹ 5.30 National Hockey League – Live		8.00 River Monsters	8.30 World of Sport	9.00 Film: For Your Eyes Only			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Film: Stargate: Continuum				9.00 Revival			
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel		10.00 The Inspector Lynley Mysteries	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Beyond Paradise			9.20 Death in Paradise		
	122 SKY ARTS	‹ 6.20 Queen: Champions of the World				9.00 Queen – Live at Wembley Stadium			
	132 U&W	7.00 Nurses on the Ward				9.00 Gavin & Stacey			
DOCUMENTARY	125 DISCOVERY	7.00 Filthy Fortunes		8.00 Maine Cabin Masters		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Tiger Shark King		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Titanic: The Digital Resurrection			9.30 Drain the Titanic: A Ship Reborn		10.30 Hindenburg...
	123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 Royal B**tards: Rise of the Tudors			
	155 U&YESTERDAY	7.00 David Jason's Great British Inventions		8.00 Bangers & Cash				10.00 Train Truckers	
	114 SKY DOCS	‹ 5.30 Film: Amy		8.00 Ghislaine Maxwell: Epstein's Shadow					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.30 The Bad Guys 2			8.30 Superman				
	302 ADVENTURE	‹ 6.15 Flavia		8.00 Superman					10.20 The Amazing...
	303 BOX SET	7.00 Raiders of the Lost Ark				9.00 Indiana Jones and the Temple of Doom			
	307 GREATS	‹ 6.15 Beverly Hills Cop 3		8.00 Lethal Weapon				9.55 Lethal Weapon 2	
	312 ANIMATION	‹ 5.45 The Lego Movie 2...	7.45 Monster Family				9.35 Monster Family 2		
	304 FAMILY	‹ 6.00 Paddington In Peru		8.00 Monster Trucks				10.00 Scooby-Doo	
	306 ACTION	‹ 5.40 Fast & Furious Presents Hobbs &...		8.00 The Fast and the Furious				10.00 2 Fast 2 Furious	
	308 COMEDY	‹ 6.20 Mean Girls		8.00 School of Rock				10.00 Mamma Mia!	
	309 THRILLER	‹ 6.05 The Girl on the Train		8.00 Inception					10.30 Falling Down
	310 DRAMA	‹ 6.00 Chicago		8.00 Joker: Folie à Deux					10.20 The Brutalist
	311 SCI-FI	‹ 5.05 Interstellar		8.00 Gravity			9.45 Bring Her Back		
	313 FILM4	‹ 6.50 Men in Black: International				9.00 The Mechanic			
SPORT	401 MAIN EVENT	7.00 Tennis – Live: Coverage from the WTA and/or ATP Tours						10.00 PGA Tour Golf – Live	
	402 PREMIER LEAGUE	‹ 6.00 Premier League 360 – Big Sam's...		8.00 A Farewell to Txiki		9.00 Big Interview	9.30 PL Stories	10.00 Football, Cancer and Me	
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL Goals		8.30 EFL Highlights				10.30 EFL Goals
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 4.30 Emirates FA Cup – Live: Chelsea v Port Vale (Kick-off 5.15); Southampton v Arsenal (Kick-off 8.00)							
	411 TNT SPORTS 2	‹ 6.30 AFL		8.00 Women's One-Day International Cricket		9.00 MotoGP Highlights		10.00 UFC – Live: The preliminary bouts	

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Joel Dommett. (S)
11.30 **Flaming Feasts** New edition (S)
12.00 NOON **Homes Under the Hammer** From Crewe. (S)(R)(AD)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** In Kent. (S)(R)(AD)
1.40 **Money for Nothing** (S)(R)
2.10 FILM **Puss in Boots: The Last Wish** Animated comedy with the voice of Antonio Banderas. (S)(AD) (2022, PG, 90min) ★★★★
3.40 **Attenborough and the Giant Egg** A return to Madagascar. (S)(R)(AD)
4.40 **BBC News** (S)
4.50 **Local News** (S)
5.00 LIVE **Match of the Day: The FA Cup** Chelsea v Port Vale: Coverage of the quarter-final from Stamford Bridge. Kick-off is at 5.15. (S)

2.10 Puss in Boots: The Last Wish

6 PM LIVE **Match of the Day: The FA Cup** (started at 5.00pm)

7 PM **7.30** LIVE **Match of the Day: The FA Cup** Southampton v Arsenal: All the action from the quarter-final at St Mary's Stadium. The Saints defeated fellow Championship club Leicester City 2-1 here after extra time in the previous round and will now look to cause a major upset against the Gunners. While Arsenal were beaten by Manchester City in the League Cup final, they are still chasing glory in this competition, the Premier League and the Champions League, but were made to work harder than may have been expected in a 2-1 win at Mansfield Town in the fifth round. Kick-off is at 8.00. (S)

8 PM

9 PM

10 PM
10.05 **BBC News** (S)
10.25 **Not Going Out** 1/6. Lee and Lucy make plans to vacate their 'empty nest' property. (S14) (S)(R)(AD)
10.50 FILM **The Outfit** Crime drama starring Mark Rylance. An English tailor living in Chicago is thrust into a game of deception and murder when two killers knock on his door in need of a favour. With Zoey Deutch, Johnny Flynn and Dylan O'Brien. (S)(AD) (2022, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.25 AM **Children's Programmes**
8.55 **Gardeners' World** (S)(R)
9.55 FILM **The Greatest Story Ever Told** Epic Hollywood version of the life of Christ, starring Max von Sydow as Jesus and Charlton Heston as John the Baptist. (S) (1965, U, 185min) ★★★
1.00 PM **Great British Menu** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.50 **Nile: Earth's Great Rivers** 2/3. The wildlife, landscapes and people of the world's longest river. (S)(R)(AD)
4.50 FILM **Death on the Nile** Agatha Christie whodunit starring Peter Ustinov and Bette Davis. When an American heiress is murdered while on honeymoon in Egypt, Belgian detective Hercule Poirot is on hand to unmask the killer. (S) (1978, PG, 135min) ★★★

7.05 Inside Britain's National Parks

FILM **Death on the Nile** (film started at 4.50pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.05 **Inside Britain's National Parks** New edition 2/4. The wildlife of the Pembrokeshire Coast National Park, which is home to numerous seabird colonies. (S)
■ Entire series on BBC iPlayer

8.00 LIVE **Boxing** Lauren Price v Stephanie Piñeiro: Coverage of the bout for the WBA, IBO, IBF and WBC Welterweight titles at Utilita Arena Cardiff. Price holds all four belts following her victory over Natasha Jonas in her last contest 13 months ago and she is undefeated in her nine professional fights. Piñeiro also boasts an unblemished record in the pro ranks, but this is her first fight outside her native Puerto Rico. (S)

10.00 **TOTP 1989: Big Hits** A musical compilation from the year, featuring Tina Turner, Phil Collins, Soul II Soul, Paula Abdul, Lisa Stansfield, The Beautiful South, Stone Roses and Happy Mondays. (S)(R)
11.00 **TOTP: Biggest Hits 1990** Performers include Vanilla Ice, Primal Scream, Betty Boo and Sinead O'Connor. (S)(R)
12.00 M'T FILM **The Beasts** French-Spanish thriller starring Marina Foïs and Denis Ménochet. Subtitled. (2022, 15, 130min) ★★★★
2.10 AM **Sign Zone: The Capture** (S)(R)
3.10 **Sign Zone: Clash of the Superpowers: America vs China**
4.10 **to 6.05** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Celebrity Lingo** (S)(R)
6.30 **Love Your Garden** (S)(R)(AD)
7.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Patsy Kensit. (S)
12.00 NOON **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
12.30 PM **James Martin's Great British Adventure** With Grace Dent. (S)(R)
1.00 **ITV News** (S)
1.15 LIVE **Racing** Coverage from Musselburgh and Haydock Park. (S)
4.15 **The Chase Celebrity Special** With Paula Radcliffe. (S)(R)
5.15 **ITV News** (S)
5.30 **Local News** (S)
5.45 **Celebrity Catchphrase** New edition With Aisling Bea, Chris Packham and Kate Lawler. (S)(AD)

10.00 The Jonathan Ross Show

6.45 **Britain's Got Talent** New edition Ant and Dec host as the auditions continue, with more acts taking to the stage with performances to impress the crowd and judges Simon Cowell, Amanda Holden, Alesha Dixon and KSI. With the presenters yet to push their Golden Buzzer, might one of today's performers be just what the pair are looking for? (S)(AD)

8.00 **Celebrity Sabotage** New edition 3/6. Joel Dommett, Judi Love, Sam Thompson and GK Barry take part in *The Great Kitchen Cook Off* hosted by chef Monica Galetti, while Jill Scott is guest saboteur. (S)(AD)

9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are based around logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(R)(AD)

10.00 **The Jonathan Ross Show** New edition Jonathan is joined by *Slow Horses* star Kristin Scott Thomas and comedian Katherine Ryan. Plus, music from singer-songwriter Sienna Spiro. (S)
11.00 **ITV News** (S)
11.20 FILM **Godzilla vs Kong** Sci-fi adventure starring Alexander Skarsgård and Millie Bobby Brown. (S)(AD) (2021, 12, 125min) ★★★
1.25 AM **Teleshopping**
3.00 FILM **RED 2** Action comedy sequel starring Bruce Willis, John Malkovich and Helen Mirren. (S)(SL)(AD) (2013, 12, 110min) ★★★
4.50 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **The King of Queens** (S)(R)(AD)
7.25 **Everybody Loves Raymond** (S)(R)
8.15 **The Simpsons** (S)(R)(AD)
9.15 FILM **PAW Patrol: The Movie** Animated family adventure. (S) (2021, U, 100min) ★★★
10.55 **Four in a Bed** (S)(R)
1.30 PM LIVE **Rowing: The Boat Race** Clare Balding, Jamie Laing and Ade Adepitan present coverage of the annual women's and men's rowing races between Oxford and Cambridge Universities on the River Thames. (S)(AD)
4.30 **Location, Location, Location** Catching up with two sets of house-hunters who had very different requirements. (S)(R)
5.30 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer head to Whitley Bay. (S)(R)(AD)

9.00 Bill Bailey's Vietnam

6.30 **News** (S)

7.00 **Britain's Most Luxurious Train Journeys** 2/4. The historic Settle to Carlisle line, travelling through some of Lancashire, Yorkshire and Cumbria's most stunning countryside. (S)(R)(AD)

8.00 **Yorkshire by the Sea** 1/4. The lives of locals living along Yorkshire's coastline. The first episode features a family from Bridlington who have been fishing the North Sea for generations. (S)(R)(AD)

9.00 **Bill Bailey's Vietnam** Series finale 6/6. Bill uncovers the importance of ancient stories in Vietnamese culture, and explores Ha Long Bay on a traditional junk boat, where legends of dragons live on. (S)

10.00 NEW **Bill Bailey: Thoughtifier** The comedian goes on a magical, musical mystery tour of the human mind in his 2025 stand-up show recorded live at the Edinburgh Playhouse. (S)
11.00 FILM **Prey** Sci-fi thriller starring Amber Midthunder. (S)(AD) (2022, 15, 115min) ★★★★
12.55 AM FILM **Nightmare Alley** Guillermo del Toro's thriller starring Bradley Cooper. (S) (2021, 15, 150min) ★★★★
3.25 **Ramsay's Hotel Hell** (S)(R)(AD)
4.15 **George Clarke's Old House, New Home** In Manchester. (S)(R)(AD)
5.10 **to 5.55** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.05 **Bargain-Loving Brits in the Sun**
9.30 **Susan Calman's Grand Day Out** The north of England. (S)(R)
10.30 **Ben Fogle: New Lives in the Wild** From Lincolnshire. (S)(R)
11.30 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
12.30 PM **LIVE Snooker: Tour Championship** The opening session of the second semi-final on day six from Manchester Central. *Continues at 6.45pm*. (S)
5.00 **Britain's Greatest Bridges** The Clifton Suspension Bridge. (S)(R)
5.15 **Cash in the Attic** (S)(R)
5.45 **Reuben: Life in the Dales** Reuben Owen attempts to grow his new business (S)(R)

11.30 Catching Up with the Royals

6.40 **News** (S)

6.45 **LIVE Snooker: Tour Championship** Katie Shanahan presents coverage of the concluding session of the second semi-final on day six from Manchester Central, where the first player to reach 10 frames will progress to the final. Mark Selby won all four frames of last year's corresponding session to complete a comfortable 10-2 victory over Ding Junhui and set up a meeting with John Higgins in the showpiece match. With analysis and commentary from Stephen Hendry, John Higgins, Alan McManus and Matthew Stevens. (S)

10.00 **The Cancellation of Benny Hill** A profile of the comedian, who fell out of favour when his once-popular TV sketch show was criticised for containing sexist, risqué and vulgar content. (S)(R)

11.30 **When Buildings Collapse: World's Worst Disasters** (S)(R)
12.50 AM **Car Pound Cops** (S)(R)
1.15 **Entertainment News** (S)
1.30 **Teleshopping** (S)
2.30 **A&E After Dark** (S)(R)
4.10 **Friends** (S4) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Miffy and Friends** (S)(R)
6.30 **FILM Paws of Fury: The Legend of Hank** Animation with the voice of Michael Cera. (S)(AD) (2022, PG, 120min) ★★★
8.30 **The Office (US)** (S6) (S)(R)
11.00 **The Simpsons** (S)(R)
1.45 PM **Agatha Raisin** *The Haunted House:* 1/4. The detective opens her own agency. (S)(R)(AD)
3.45 **Agatha Raisin** *The Deadly Dance:* 2/4. A scathing newspaper article hurts Agatha's business. (S3) (S)(R)(AD)
5.45 **FILM The 'Burbs** Offbeat comedy starring Tom Hanks, Bruce Dern and Carrie Fisher. Three suspicious suburban neighbours try to discover the truth about a strange family. (1989, PG, 120min) ★★★

10.00 Saturday Night Live UK

FILM The 'Burbs (film started at 5.45pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.45 **FILM Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Harrison Ford and Kate Capshaw. In this prequel to *Raiders of the Lost Ark*, bullwhip-cracking archaeologist Indiana Jones escapes from the clutches of a Shanghai gang boss to the Himalayas in the company of an American showgirl and a Chinese orphan. (S) (1984, PG, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Saturday Night Live UK** New edition 3/8. Actor Riz Ahmed hosts the comedy sketch and variety show, with live music from Leicester rock band Kasabian.

11.15 **Rob Beckett: Giraffe** A stand-up show by the comedian from the London Palladium at the end of his global tour, which started in November 2024. (S)(R)
1.00 AM **Road Wars** Double bill of the documentary series. (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Brit Cops: War on Crime** (S)(R)
4.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.50pm Sportscene: Premiership Highlights (S) **11.50** **FILM** The Outfit (S)(AD) (2022, 15, 100min) ★★★★ **1.30am** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
1.00pm Gareth Malone's Easter Passion (S)(R) **2.00** Weatherman Walking: The Welsh Coast (S)(R) **2.30** Nigel Slater's Simple Cooking (S)(R) **2.40** **FILM** Puss in Boots: The Last Wish (S)(AD) (2022, PG, 90min) ★★★★ **4.10-4.40pm** 21st Century TV with Lucy Owen (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.15** Priodas Pum Mil **11.15** Cartrefi Cymru **11.45** Cefn Gwlad **12.20pm** Ceffylau, Sheikhs a Chowbois **12.50** Gwladfa: Gwilym Bowen Rhys **1.20** Cyfrinachau'r Llyfrgell **2.20** Taith Bywyd (AD) **3.20** Llond Bol O Japan **4.25** Y Cyfweliad **5.00** Newyddion a'r Tywydd **5.15** **LIVE** Clwb Rygbi **7.40** **LIVE** Clwb Rygbi **10.05** Elis James: Cic Lan Yr Archif **10.35-11.40pm** Sean Fletcher: Cyfrinachau'r Llong

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **FILM Trolls World Tour** Animated adventure featuring the voices of Anna Kendrick and Justin Timberlake. Trolls Poppy and Branch embark on a mission to save diverse melodies from becoming extinct. (2020, U, 91min) ★★★
8.25 **Doctor Who** *The Crimson Horror:* 12/16. Madame Vastra, Jenny and Strax investigate strange deaths in a Yorkshire mill town. (S7)
9.10 **Ghosts** 1/6. Mike and Alison receive life-changing news. **9.40** 2/6. Alison and Mike's plan to raise funds by selling some of their land. (S5)
10.05 **Mrs Brown's Boys** 3/4. Rumour spreads that Agnes has won the Lotto jackpot. **10.35** 4/4. Dermot and Maria decide to renew their wedding vows. (S4)
11.05 **Two Pints of Lager and a Packet of Crisps** (S5)
2.00 AM **The Trials of Pa Salieu**
2.45 **Top Gear** With Jay Leno.
3.45 **to 3.55** AM **Press X on the BBC**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Seven Worlds, One Planet** David Attenborough looks at the wildlife of Europe.
8.00 **The Good Old Days** Featuring Val Doonican.
8.45 **Hetty Wainthropp Investigates** *Daughter of the Regiment:* A concerned mother hires Hetty to find out who is stalking her daughter.
9.35 **Hidden Assets** New episodes 3/6. Romero tells Claire and Jon that Adama had been interviewing migrants for his thesis. **10.25** 4/6. Bruno is caught by police officers at Sanihaz. Partly subtitled. (S3)
■ Entire series on BBC iPlayer
11.15 **Parkinson: Hollywood Women** Featuring Bette Midler, Lauren Bacall, Ingrid Bergman and Bette Davis.
12.00 M'T **Keeping Up Appearances**
12.30 AM **Sorry!**
1.00 **Hetty Wainthropp Investigates** As 8.45pm.
1.50 **The Good Old Days**
2.35 **to 3.35** AM **Seven Worlds, One Planet**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
1.15 PM **Four in a Bed**
3.50 **Come Dine with Me** Five editions of the culinary contest from Norwich, featuring magician Anthony, cleaner Hannah, service manager Jess, hairdresser Sarah and surgeon Luke.
6.25 **Four in a Bed** The contest kicks off at N'ista Boutique Room in Birkdale, Merseyside. **6.55** The second visit of the week is to Oakleigh Guest House in Blackpool.
7.25 **Four in a Bed** The third visit of the week is to Bay House in Scarborough. **7.55** The fourth and final visit is to The Farrier in Cayton, North Yorkshire. **8.25** The B&Bers reunite to settle some scores.
9.00 **24 Hours in A&E** A 75-year-old is treated after a suspected heart attack, an 85-year-old arrives on the ward after falling at home, and a man is diagnosed with cellulitis, which could prove serious
10.00 **24 Hours in A&E** A 12-year-old boy is brought into A&E having been hit by a car on his way home from school.
11.05 **Emergency Helicopter Medics** Double bill.
1.15 AM **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.10 **The Amazing Race Australia** A race to Kerala.
8.40 **Made in Chelsea**
9.40 **Ramsay's Kitchen Nightmares USA**
11.35 **Married at First Sight Australia** Double bill.
3.05 PM **The Great Celebrity Bake Off for Stand Up to Cancer** With Richard Herring.
4.20 **FILM Toy Story 2** Animated adventure sequel. (1999, U, 92min) ★★★★★
6.10 **The Simpsons** Double bill.
7.05 **The Simpsons** *Miracle on Evergreen Terrace:* Bart accidentally destroys the family's Christmas presents. **7.40** *All Singing, All Dancing:* Compilation of musical highlights from past episodes. **8.05** *Bart Carny:* A carnival worker and his son move in with the Simpsons. **8.35** *The Strong Arms of the Ma:* Marge is mugged.
9.00 **Celebrity Gogglebox** Famous faces appraise *George Clarke's Amazing Spaces, The Mole* and *The Woman in Black*.
10.05 **Gogglebox 2025** A bumper edition of the show taking a look back at the best TV shows of 2025.
12.05 AM **First Dates**
2.10 **Gogglebox 2025**
4.00 **Modern Family**
4.50 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Rapid Response**
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed**
2.00 PM **Customs UK**
3.00 **Caught on Dashcam**
5.00 **Nothing to Declare** Four editions, including at: **6.00** Officers suspect that a man is lying to them and the truth may lay inside his bag. **6.30** Drugs are discovered in a young man's luggage.

10.20 Elsbeth

7 PM
7.00 **Nothing to Declare** A nervous passenger attracts attention. **7.30** Two scheming brothers are caught out.

8 PM
8.00 **Police 24/7** Suspects lead police on a car chase, and officers apply first aid to a gunshot victim and arrest his roommate.

9 PM
9.00 **Burn Notice** *Pilot:* 1&2/14. First episode of the spy drama starring Jeffrey Donovan. A discredited spy is forced to work as a private investigator. (S1)

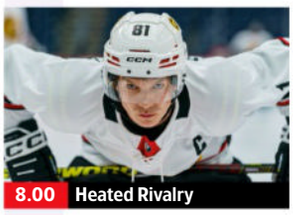
10 PM
10.20 **Elsbeth** *Sweet Justice:* 9/10. A bar owner seeks revenge on behalf of a bullied customer. (S1)
11.15 **Law & Order: Special Victims Unit** 13/22. (S26)
12.10 AM **The Equalizer** 3/18. (S2)
1.05 **Chicago Fire** 4/13. (S12)
2.00 **Watson** New episode (S2)
3.00 **The Good Doctor** 1/22. (S6)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Penguin** 1-3/8.
11.45 **All Her Fault** 1&2/8. (S1)
1.45 PM **All Her Fault** 3/8. Peter decides to take matters into his own hands. **2.45** 4/8. A struggling Alcaras is tempted by an offer that goes against his morals. **3.45** 5/8. Suspicion is thrown on all of the Irvines. **4.50** 6/8. The Irvines struggle to adjust to their new normal. **5.50** 7/8. Carrie's obsession with Milo takes a turn. (S1)


8.00 Heated Rivalry

6.55 **All Her Fault** 8/8. Marissa learns the truth about the home invasion and must decide how to protect the family. (S1)

8.00 **Heated Rivalry** 1/6. Romantic drama. Two rival ice hockey players face an unexpected emotional connection.

9.00 **Heated Rivalry** 2/6. Shane and Ilya keep their secret fling alive while their growing connection is tested by the pressures.

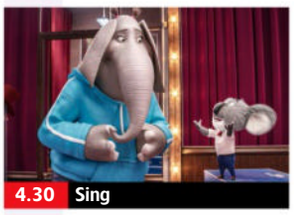
10.00 **Heated Rivalry** 3/6. The captain of the New York Admirals has a life-changing encounter that challenges his image. (S1)
11.00 **Heated Rivalry** 4/6. Ilya lets his guard down, sending Shane into a panic. **12.00** M'T 5&6/6. (S1)
2.00 AM **The Last of Us** 1/7. (S2)
3.10 **Richard E Grant's Hotel Secrets** From Venice.
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.30 **The Only Way Is Essex**
11.30 **Deal or No Deal**
1.35 PM **FILM Stuart Little 2** Fantasy adventure sequel featuring the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
3.15 **Britain's Got Talent**
4.30 **FILM Sing** Animated musical comedy featuring the voices of Matthew McConaughey and Reese Witherspoon. (2016, U, 108min) ★★★


4.30 Sing

6.40 **FILM School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Little Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A hapless male nurse must prove to his tough father-in-law that he is worthy of one day taking his place as the family patriarch. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Family Guy** 5/22. Meg dates a chicken that she meets on a reality dating show. (S23)
11.35 **Family Guy** 17&12/20. (S20)
12.35 AM **American Dad!** (S17)
1.30 **Plebs** 2/8. (S3)
2.05 **Piglets** 3/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 3&4/9. (S4)
8.15 **Lewis** *Fearful Symmetry.*
10.05 **Agatha Christie's Marple**
12.05 PM **Doc Martin** 4/8. (S4)
1.05 **Rosemary & Thyme**
2.05 **Midsomer Murders** *Down Among the Dead Men:* A murdered council clerk is found to be a blackmailer. **4.05** *Death in Chorus:* A choir member is killed on the eve of a prestigious competition. **6.00** *Country Matters:* Proposals to build a supermarket lead to murder.

8.00 Midsomer Murders

Midsomer Murders (started at 6.00pm)

8.00 **Midsomer Murders** *Last Year's Model:* Barnaby questions the guilt of a Midsomer Malham resident on trial for the murder of her best friend, and enlists the help of a pensioner to solve the case. With Thelma Barlow.

10.00 **Vera** *The Escape Turn:* DCI Stanhope investigates the case of a wealthy betting shop tycoon who was murdered during a home invasion in front of his wife and daughter.
11.50 **A Touch of Frost** *Dead End:* DI Frost investigates the abduction of a bus driver and the murder of an entertainer.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **The Protectors**
7.00 **The Big Match Revisited**
7.55 **English Football League Highlights** Recent action.
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **World of Sport**
11.40 **Made in Britain**
12.40 PM **Hornblower** (S1)
5.05 **World of Sport**
5.30 **FILM Ice Hockey: National Hockey League** New York Rangers v Detroit Red Wings: Face-off is at 5.30.

9.00 For Your Eyes Only

LIVE Ice Hockey: National Hockey League (started at 5.30pm)

8.00 **River Monsters**
8.30 **World of Sport**
8.40 **Nine Dart Finishes**
8.45 **Football League Legends**

9.00 **FILM For Your Eyes Only** James Bond adventure starring Roger Moore. Agent 007 strives to trace a top secret military device sunk off the Greek coast. With Carole Bouquet. (1981, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.40 AM **River Monsters**
2.10 **Two and a Half Men** (S1)
3.00 **Teleshopping**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Today's top-flight action, including Rangers v Dundee United at Ibrox.
8.15 **The Repair Shop on the Road** Fixing the twin projectors of a derelict art deco cinema.
9.00 **The Moments That Made Jack Docherty** 3/3. The life and career of the comedy actor.
9.30 **The Chief** 1/4. Dougray Scott records the audiobook of Miekelson's autobiography. (S2)
10.00 **Govan Fair Queen**
10.15 **Ray Bradshaw's Bald Ginger** Stand-up show.
10.55 **Songs of Modern Scotland: Celtic Connections** Featuring Simon Neil, Justin Currie and Eddi Reader.
11.55 PM **to 12.00** M'T **Tune**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 1/8. (S1)
8.25 **Hitmen** 1-6/6. (S1)
11.30 **Hitmen: Reloaded** (S2)
1.00 PM **Hitmen: Reloaded**
2.30 **Will & Grace** (S5&6)
5.00 **Community** (S3)
6.30 **The Office (US)** 24/28. Andy tries to become Jim's new confidant. **7.00** 25/28. The Michael Scott Paper Company's low prices hit profits. **7.30** 26/28. The staff take liberties with their casual Friday attire. **8.00** 27/28. Phyllis is taken aback by Bob's new secretary. **8.30** 28/28. Michael and Holly are reunited at a company picnic. (S5)
9.00 **Micky Flanagan: An' Another Fing Live**
10.35 **Ellie Taylor: Palavering!**
11.30 **Saturday Night Live UK** 3/8. Riz Ahmed hosts.
12.45 AM **Brett Goldstein: The Second Best Night of Your Life**
1.55 **to 5.00** AM **Barry**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Sir Bryn Terfel and Friends: Songs of the Sea** Maritime songs.
7.20 **Tales of the Unexpected**
10.00 **Alfred Hitchcock Hour**
11.00 **Cirque du Soleil: Volta**
1.00 PM **Joseph and the Amazing Technicolor Dreamcoat** Adaptation.
2.40 **André Rieu: Live in Bahrain** A performance.
4.00 **Spymasters: The Great Spy Writers**
5.00 **Roy Orbison Forever**
6.20 **NEW Queen: Champions of the World** The band's story.
9.00 **Queen: Live at Wembley Stadium**
11.25 **Freddie Mercury: The Untold Story**
12.45 AM **David Bowie: Serious Moonlight**
2.45 **Discovering: David Bowie**
3.40 **Greatest Albums Live**
5.10 **Discovering: U2**
5.35 **to 6.00** AM **Discovering: Eagles**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Caught Red Handed**
11.00 **Border Security: America's Front Line**
12.00 NOON **Nothing to Declare** Ten editions.
5.00 PM **Gangs of Baboon Falls** Documentary.
6.00 **Africa's Wild Horizons**
7.00 **Pride Rules** A look at lion prides and their drive to survive.
8.00 **Caught on Dashcam** Road disasters captured on dashboard cameras.
9.00 **FILM Red Right Hand** Action thriller starring Orlando Bloom. A man is attempting to live an honest and quiet life, but circumstances force him to protect his family. (2023, 15, 111min) ★★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **The Floor** Game show hosted by Rob Brydon.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Mickelle tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Quiz show hosted by Jeremy Clarkson.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show hosted by Warwick Davis.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
1.00 PM **Come Dine with Me**
2.00 **George Clarke's Amazing Spaces**
3.00 **Location, Location, Location** House-hunting in Birmingham.
4.00 **A Place in the Sun**
8.00 **Help! I Bought It at Auction with Sarah Beeny** A woman from Nottinghamshire takes on a 100-year-old abandoned bungalow.
9.00 **A Woman of Substance** 7/8. Emma takes a gamble to keep her business afloat. **10.00** 8/8. An unlikely alliance could be a young Emma's only business lifeline. (S1)
11.05 **24 Hours in A&E**
12.05 AM **FILM xXx** Espionage thriller with Vin Diesel. (2002, 12, 124min) ★★
2.35 **Naked Attraction**
3.40 **First Dates**
4.30 **to 4.50** AM **Kirstie's House of Craft**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 4-7/26. (S7)
3.00 PM **Star Trek: Voyager** 7/26. Kes is seriously wounded. **4.00** 8/26. Part one of two. The crew go back in time. **5.00** 9/26. Part two of two. The crew battle a 20th-century industrialist who is threatening to destroy the future. **6.00** 10/26. An alien extremist takes over the body of a *Voyager* crew member. (S3)

7.00 Stargate: Continuum

7.00 FILM **Stargate: Continuum** Sci-fi adventure spin-off starring Ben Browder and Michael Shanks. The SG-1 team return to Earth to find history has been altered by a malevolent alien. (2008, PG, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Revival** *Don't Tell Dad:* 1/10. Everyone who died within a two-week period in a Wisconsin town is suddenly resurrected.

10.00 **Revival** *Keeping Up Appearances:* 2/10. A Reviver's attack shakes Wausau as Dana begins an investigation. (S1)

11.00 **Revival** 3/10. As Wausau fractures, Dana's search brings her into conflict with a dangerous local family. **12.00** M'T 4/10. A mandate against Revivers emerges. **12.50** AM 5/10. Dana's future hangs in the balance. (S1)
1.40 **Grimm** 15-18/22. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
10.00 **Death in Paradise** (S11)
2.00 PM **Death in Paradise** 8/9. A prestigious chess match ends in murder. (S11) **3.20** 3/8. A famous writer is stabbed through the heart. **4.40** 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)
6.00 **Shakespeare & Hathaway: Private Investigators** 5/10. A simple missing person's case takes a dramatic turn. Guest stars Simon Williams. (S3)

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 6/10. Frank and Lu investigate a fire at a salon. (S3)

8.00 **Beyond Paradise** *Christmas Special:* Humphrey investigates a series of break-ins where Santa is the number one suspect.

9.20 **Death in Paradise** *The Communal Death:* 2/8. The team investigate a survivalist commune when one of its members is poisoned inside a locked bunker. (S12)

10.40 **Death in Paradise** *Murdering Lyrical:* 7/9. A reggae rap artist is shot during a soundcheck. (S11)

12.00 M'T **Death in Paradise** 3/8. DI Mooney and the team are stumped when a famous author is stabbed through the heart. (S7)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **The Good Life**
1.05 PM **The Good Life**
4.15 **The Good Life: Inside Out** Penelope Keith presents a special retrospective to celebrate 50 years of *The Good Life*, featuring a recreation of Margo and Jerry Leadbetter's drawing room.
5.50 **The Good Life** The first episode of the classic comedy. Tom Good decides he has had enough of commuting. **6.25** Tom and Barbara decide to invest in livestock.

9.00 Bottom

7.00 **The Good Life** The Goods decide to diversify into pig farming. **7.40** Tom draws on every resource in his efforts to practise self-sufficiency, building a generator that runs on animal dung. **8.20** Tom is tempted to earn some extra money.

9.00 **Bottom** The boys visit a dating agency to fix up Richie – who anticipates a night of unbridled passion. **9.40** Richie and Eddie's TV set is repossessed.

10.20 **The Good Life** Barbara is left to harvest the couple's crops on her own when Tom hurts his back.

11.00 **Mrs Brown's Boys** Cathy's family counselling session descends into chaos. **11.40** Agnes's children suspect one of them is adopted.
12.20 AM **Bottom** Double bill.
1.40 **Mrs Brown's Boys**
2.50 **to 4.00** AM **Bottom**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Gadget Man**
7.50 **Hairy Bikers' Best of British**
8.45 **Top Gear: Botswana Special**
9.50 **Top Gear: Burma Special**
12.30 PM **Top Gear** An epic road trip up America's east coast.
2.00 **Top Gear: Driving Home for Christmas** Chris, Paddy and Freddie embark on a yuletide trek across Britain.
3.00 **Would I Lie to You?** Six editions, including at: **6.20** With guests Kimberley Walsh, Sam Campbell, Will Mellor and Charlene White.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With Mel Giedroyc, Matt Dawson, Dermot O'Leary and Josh Widdicombe. **7.40** With Carol Kirkwood, David O'Doherty, Richard Osman and Susan Calman. **8.20** With Jon Richardson, David Harewood, Sarah Millican and Bob Mortimer.

9.00 **Red Dwarf** A leak from the suspended animation chamber gives the crew a doorway to the past. **9.40** Holly is involved in a duel to the death against the Queeg 500. **10.20** Holly's new invention hurls the crew into a parallel universe.

11.00 **Not Going Out** Lee and Lucy play hot-tub fantasy date. **11.40** Lee faces a parenting dilemma with Charlie.
12.20 AM **Not Going Out**
1.00 **Have I Got a Bit More News for You** Hosted by Clive Myrie.
2.00 **to 4.00** AM **Live at the Apollo**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **Birds of a Feather**
8.40 **Lovejoy**
12.15 PM **Father Brown**
1.15 **New Tricks** *Lost in Translation.*
4.00 **Jonathan Creek** *Ghost's Forge:* The duo investigate an elderly hermit's death.
5.00 **The Marlow Murder Club** *An Appetite for Murder – Part One:* 5/6. A tempestuous celebrity chef is murdered during his cookbook launch. **6.00** *An Appetite for Murder – Part Two:* 6/6. Officers look into the chef's death. (S3)

9.00 Whitechapel

7.00 **The Brokenwood Mysteries** *Brokenwood-o-saurus:* 1/6. After dinosaur fossils are found in the foothills of Brokenwood, the town buzzes about the boost for tourism. But when a palaeontologist turns up dead, the future doesn't look so rosy. (S10)

9.00 **Whitechapel** 2/6. A link to a 16th-century murder seems to confirm someone is killing witches in Whitechapel. (S4)

10.00 **The Inspector Lynley Mysteries** *The Word of God:* A frozen body is found on a Smithfield Market meat truck.

12.00 M'T **New Tricks** *Lost in Translation:* DNA tests on a body found in 1996 reveal the victim to be a police interpreter.
1.20 AM **A Small Light**
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

Saturday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops**
9.25 **Blue Bloods** (S8)
1.00 PM **Blue Bloods** (S8)
2.00 **NCIS: Los Angeles** Seven episodes of the drama, including at: **6.00** *Blye, K – Part Two:* 17/24. Kensi searches for her father's killer. **7.00** *The Dragon and the Fairy:* 18/24. A man is gunned down at the Vietnamese Consulate. **8.00** *Vengeance:* 19/24. A US Navy intelligence officer is murdered. (S3)
9.00 **Instinct** Series finale *Grey Matter:* 11/11. A gruesome discovery is made in a city pond. (S2)
10.00 **Law & Order: Special Victims Unit** (S25&24)
1.50 AM **Law & Order: Criminal Intent** *Smile:* 3/22. Goren and Eames investigate the murder of a dentist. (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S1)
10.00 **Dogs Behaving (Very) Badly: What Happened Next?**
11.00 **Dogs Behaving (Very) Badly** Double bill.
1.00 PM **Nightmare Tenants, Slum Landlords**
4.00 **Car Pound Cops**
7.00 FILM **Volcano** Thriller with Tommy Lee Jones. (1997, 12, 103min) ★★
9.00 FILM **Con Air** Thriller starring Nicolas Cage, John Cusack and John Malkovich. A group of America's deadliest criminals hijack a convict transport plane. (1997, 18, 115min) ★★★★
11.15 FILM **Rise of the Footsoldier: Extreme & Extended** Thriller. (2007, 18, 119min) ★
2.00 AM **999: Criminals: Caught on Camera**
2.50 **Fights, Camera, Action!**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
10.55 **Motorway Cops: Catching America's Speeders** Triple bill.
1.55 PM FILM **Red River** Epic western starring John Wayne. (1948, b/w, U, 133min) ★★★★★
4.40 FILM **Hondo** Western starring John Wayne and Geraldine Page. (1953, PG, 84min) ★★★★
6.25 FILM **True Grit** Western drama starring John Wayne. A woman hires heavy drinking 'Rooster' Cogburn to track down the men who murdered her father. (1969, PG, 128min) ★★★★★
9.00 FILM **The Patriot** Epic period drama starring Mel Gibson. A pacifist plantation owner is drawn into the American War of Independence after a British officer shoots one of his children. (2000, 15, 167min) ★★★
12.10 **to 4.00** AM **The X-Files**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad**
7.00 **Nurses on the Ward** Caroline treats a man with severe pancreatitis. **8.00** Renee, Caitlin and James struggle to find a work-life balance.
9.00 **Gavin & Stacey** First episode of the comedy. **9.40** The couple have their first lovers' tiff. **10.20** The families unite for a party in Billericay.
11.00 **The Catherine Tate Show** First edition of the comedy sketch show. **11.40** Bernie the nurse is feeling a romantic. **12.20** AM With Essex couple Paul and Sam.
1.00 **The Gentle Art of Swedish Death Cleaning**
1.45 **Louis Theroux Interviews... Yungblud**
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Restoration Workshop**
12.00 NOON **'Allo 'Allo!**
12.40 PM **Porridge**
2.00 **Canal Boat Diaries**
4.00 **Dom Chinea's Cornish Workshop**
5.00 **Simon Reeve's South America** Double bill.
7.00 **David Jason's Great British Inventions**
8.00 **Bangers & Cash** Paul extracts a vintage tractor from a barn in Yorkshire. **9.00** A beautiful looking sports car has been fooling the punters and intriguing Derek.
10.00 **Train Truckers** Following the exploits of crew of heavy-haulage specialists. **11.00** A fully restored Class 47 diesel engine is transported from Cheshire to Derbyshire.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **The Yorkshire Auction House** Six editions.
2.00 PM **The Repair Shop**
6.00 **Money for Nothing** Triple bill, including at: **8.00** An old radiogram and a chest of drawers are transformed.
9.00 **My Lottery Dream Home** Double bill.
10.00 **100 Day Dream Home** A Black Hawk helicopter pilot and his wife call on Brian and Mika to create their forever home.
11.00 **Celebrity IOU** Actor Terry Crews surprises his close friend and driver with a stunning upgrade to his home's backyard.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 14-19/22. (S2)
2.00 PM **The Waltons** 3/26. Jason meets a woman living like a hermit. **3.00** 4/26. Two Native Americans claim the mountain is their land. **4.00** 5/26. The family meet an English girl with a troubled past. **5.00** 6/26. Erin's boyfriend joins the army. **6.00** 9/26. Curtis is called up to serve in the medical corps. (S6)
7.00 **The Ruth Rendell Mysteries** *Road Rage – Part One:* The inspector's wife goes missing. **9.15** *Road Rage – Part Two:* Dora and the other hostages fight to survive their horrifying ordeal.
11.30 **Rumpole of the Bailey**
1.30 AM **Home to Roost**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.40 FILM **McLintock!** Comedy Western. (1963, U, 127min) ★★★
12.20 PM FILM **Night Passage** Western. (1957, U) ★★
2.20 FILM **Airport 77** Disaster movie. (1977, PG, 113min) ★★
4.45 FILM **Renegades** Action adventure. (2017, 15, 106min) ★★
7.00 FILM **The Forger** Thriller starring John Travolta. (2014, 15, 92min) ★★
9.00 FILM **47 Ronin** Fantasy adventure starring Keanu Reeves. (2011, 12, 119min) ★★
11.30 FILM **Master Gardener** Crime thriller starring Joel Edgerton. (2022, 15, 111 min) ★★★★
1.55 AM **The Baron**
3.40 FILM **NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
5.10 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Diagnosis Murder**
9.30 FILM **Lost Without You** Drama. (2016, PG) ★★
11.25 FILM **Higher Ground** Drama. (2017, PG) ★★
1.20 PM FILM **Home Again** Drama. (2017, PG) ★★
3.15 FILM **The Road Less Travelled** (2018, U) ★★
5.10 FILM **To the Altar** Drama. (2018, PG, 90min) ★★
7.05 FILM **The Vows We've Made** Crime thriller. (2021, PG, 86min) ★★
9.00 FILM **A Peach Cobbler Mystery** Crime thriller. (2016, PG, 85min) ★★
10.55 FILM **The Gourmet Detective** Mystery. (2015, PG, 90min) ★★
12.50 AM FILM **Mommy's Little Boy** Crime thriller. (2017, PG, 88min) ★★
2.25 FILM **My Terrorised Teen** (2021, PG) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Law of Attraction** Comedy. (2020, PG, 84min) ★★
10.10 FILM **Sand Dollar Cove** Drama. (2021, PG) ★★
12.00 NOON FILM **One Summer** (2021, PG) ★★
1.55 PM FILM **Summer of Dreams** (2016, PG) ★★
3.50 FILM **Sweet Pecan Summer** Romance. (2021, PG, 84min) ★★
5.45 FILM **Love and Sunshine** Drama. (2019, PG) ★★
7.40 FILM **Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
9.30 FILM **Mistletoe Over Manhattan** Fantasy. (2011, U, 90min) ★★
11.30 FILM **Hope at Christmas** Festive drama. (2018, PG, 95min) ★★
1.35 AM FILM **Be My Valentine** Comedy. (2013, PG, 90min) ★★
3.10 **to 5.00** AM FILM **Summer in the Vineyard**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **This Farming Life**
4.45 **Battle of Britain: Empty Skies**
6.00 FILM **Puppet on a Chain** Thriller starring Sven-Bertil Taube. (1970, 15, 98min) ★★★
8.00 **Garden Rescue** Lee Burkhill and Chris Hull come up with ideas for an overgrown garden in Telford. **9.00** Flo Headlam and Lee Burkhill compete to design a Jamaican-inspired garden.
10.00 FILM **Fanny Hill** Period drama starring Oliver Reed and Lisa Foster. (1983, 18, 98min) ★★
12.00 M'T FILM **The World is Full of Married Men** Drama starring Anthony Franciosa. (1979, 18, 135min) ★★
2.15 AM **This Farming Life**
4.45 **to 5.00** AM **Becoming Jazzy Whipps**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Fenn Street Gang**
9.00 **The Dustbinmen**
10.30 **Star Maidens** (S1)
12.00 NOON **The Champions**
1.00 PM **Boon** 3/13. (S4)
2.05 **Space 1999** (S2)
5.20 **Second Thoughts** (S1)
6.50 **The Brian Conley Show**
8.20 **Boon** 3/13. (S4)
9.25 **Rik Mayall Presents** *Dirty Old Town:* A down-and-out finds a film script and is mistaken for an eccentric writer.
10.30 FILM **Virgin Witch** Fantasy horror starring Vicki and Ann Michelle. (1972, 18, 85min) ★★
12.15 AM FILM **Hot Girls for Men Only** Comedy starring David Kernan. (1967, 18, 38min) ★★
1.05 **Stereo Underground**
2.05 **The Rewind Jukebox**
3.05 **Rik Mayall Presents**
4.10 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Extreme Cheapskates** A New York woman known to trawl through the contents of bins. **7.30** A man places his family on a strict budget. **8.00** A woman refuses to shower at home. **8.30** A man haggles over the price of his anniversary cake.
9.00 **Paranormal: Caught on Camera** A witch taunts investigators.
10.00 **Kindred Spirits** Amy, Adam and Chip visit a museum in Florida. **11.00** The team investigate a Florida jail.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Mary Berry's Easter Feast** 1&2/2.
8.00 **Mary Berry Cooks**
9.00 **Classic Mary Berry**
9.30 **Michel Roux's French...**
10.30 **Roux Back Down the...**
11.30 **Tom Kerridge Barbecues**
12.30 PM **Tom Kerridge Secrets of the Pub...**
1.00 **Tom Kerridge's Sunday...**
2.00 **One-Pan Wonders**
3.00 **Jamie Oliver: Together**
4.00 **Money Saving Meals**
5.00 **Jamie's 15 Minute Meals**
7.00 **Quick & Easy Food**
8.30 **One-Pan Wonders**
9.00 **Tom Kerridge Barbecues**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
10.30 **Tom Kerridge's Sunday Lunch**
11.00 **Michel Roux's French Country Cooking**
12.00 M'T **Roux Back Down the River** Fly fishing.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
9.00 **The Invaders** (S2)
1.00 PM **Six Million Dollar Man** *The Moon and the Desert – Part One.*
2.00 FILM **Total Recall** Thriller remake starring Colin Farrell and Jessica Biel. (2012, 12, 113min) ★★★
4.00 **King Solomon's Mines**
8.00 **The Twilight Zone** (S5)
9.00 FILM **Money Train** Action comedy starring Wesley Snipes and Woody Harrelson. (1995, 18, 110min) ★★
11.20 FILM **Below** Horror thriller starring Olivia Williams and Matt Davis. (2002, 15, 101min) ★★★
1.30 AM FILM **Last Passenger** Thriller starring Dougray Scott. (2011, 15, 95min) ★★★
3.25 **to 5.15** AM FILM **Lust for a Vampire** Horror. (1970, 18, 95min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 FILM **End of the World** Disaster movie. (2018, PG, 88min) ★★
12.00 NOON FILM **7 Guardians of the Tomb** Sci-fi action adventure. (2018, 12, 90min) ★★
2.00 PM FILM **The Lost Continent** Fantasy. (1968, PG, 98min) ★★★
4.00 **The Lost World** (S3)
9.00 FILM **The Arrival** Sci-fi thriller starring Charlie Sheen and Ron Silver. (1996, 12, 115min) ★★★
11.25 FILM **Crank 2: High Voltage** Thriller sequel starring Jason Statham. (2009, 18, 91min) ★★
1.25 AM FILM **Mojave** Thriller starring Oscar Isaac. (2015, 15, 91min) ★★★
3.15 FILM **Polar Storm** Sci-fi action thriller. (2009, PG, 92min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
10.10 **Ancient Aliens**
11.10 **The Proof Is Out There**
4.05 PM **Holy Marvels with Dennis Quaid**
6.00 **Forbidden History** Experts investigate the Codex Gigas. **7.00** The fate of Mary Magdalene. **8.00** Experts use forensic archaeology to unlock the secrets of an advanced, lost civilisation.
9.00 **Holy Marvels with Dennis Quaid** Exploring the reasons for building strongholds.
10.00 **Celts: The Untold Story** The Celts' transition from traders into proven warriors.
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **to 6.00** AM **Alien Files: Unsealed**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.05 PM **Murder, She Wrote** Four episodes of the drama, including at: **3.05** *My Johnny Lies Over the Ocean:* Jessica's cruise with her niece is disrupted by a series of terrifying threats. **4.10** *Paint Me a Murder:* Jessica investigates the death of an artist.
5.10 FILM **From Time to Time** Fantasy adventure with Maggie Smith and Timothy Spall. (2009, PG, 96min) ★★★★
7.05 **An Invitation to Murder** Mystery drama starring Mischa Barton.
9.00 **Fawlty Towers: A Very British Comedy** A look at controversies surrounding the comedy.
10.30 **Penelope Keith: From Margo to the Manor Born** Documentary.
12.00 **to 4.00** AM **Wentworth Prison**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase** A charity edition of the game show.
1.00 PM **Tenable** Five family members take part.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Mark King, Ruth Davidson, Ferne McCann and Dan Walker. **6.00** Jacqui Oatley, Dev Griffin, Johnny Vegas and Fallon Sherrock compete for charity.
7.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** With Todd Carty, Jo Pavey, Saira Khan and Dominic Holland.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 1/24. Penny struggles with Leonard's confession that he kissed another woman. **7.30** 2/24. Leonard meets up with the woman he kissed. **8.00** 3/24. The guys' science skills are tested. **8.30** 4/24. Howard and Raj form a band. (S9)
9.00 **Mock the Week**
10.00 FILM **No Strings Attached** Romantic comedy starring Natalie Portman and Ashton Kutcher. (2011, 15, 108min) ★★
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
11.20 **Impractical Jokers**
11.50 **Friends** (S9&10)
8.00 PM **Friends** 7/18. Ross discovers that Rachel is afraid of swings. **8.30** 8/18. Monica reluctantly agrees to cook Thanksgiving dinner. (S10)
9.00 FILM **Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers, with Elizabeth Hurley. (1997, 15, 95min) ★★★★
11.00 **Lee Evans Live: The Different Planet Tour**
12.30 AM **8 Out of 10 Cats**
2.10 **Whose Line Is It Anyway? USA**
2.40 **Utopia** 1/8. (S1)
3.10 **Jeff Dunham: Comedy Central Live**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Michael McIntyre's Big Show** Variety show.
7.00 **Teleshopping**
9.00 **Friends** 4-6/18. (S10)
10.35 **Everybody Loves Raymond** (S8&9)
3.00 PM **Michael McIntyre's Big Show** Double bill.
5.00 **Mr Bean** 1-8/14. (S1)
9.00 **Friends** 7/18. Ross finds out Rachel's worst fear. **9.30** 8/18. Monica cooks Thanksgiving dinner. **10.00** 9/18. Joey dates one of Phoebe's friends. **10.30** 10/18. Rachel and Phoebe spot Chandler with a beautiful blonde. **11.00** 11/18. Guest stars Danny DeVito. (S10)
11.35 **Friends** 12-15/18. (S10)
1.45 AM **New Girl** (S3)
2.45 **South Park** (S17)
4.20 **Fat Chat with Desiree Burch** With Jack Rooke.
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s**
8.15 FILM **George and Mildred** Comedy starring Yootha Joyce. (1980, PG, 93min) ★★
10.05 **Oh, Doctor Beeching!**
12.30 PM **Some Mothers Do 'Ave 'Em** Triple bill.
3.25 **Rising Damp** (S3)
6.30 **Rising Damp Xmas 1975**
6.55 **Birds of a Feather**
7.55 **Minder** 13/13. (S9)
9.00 **Benidorm** 9/9. (S9)
9.55 **Shameless** 3/16. Karen becomes obsessed with improving herself. (S7)
10.55 **Man About the House**
11.30 **Rising Damp** 1/8. (S2)
12.00 M'T **Benidorm** 9/9. (S9)
12.55 AM **Minder** 10/13. (S3)
1.55 **In Sickness and in Health** 4/6. Sitcom. (S3)
2.25 **Man About the House**
2.50 **Duty Free** 1/7. (S2)
3.15 **That's 60s**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Journeys: Manx Electric Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom: From the Beginning** Reality series.
8.00 **Teen Mom 2**
9.00 **Teen Mom Young & Pregnant Catch Up**
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Worst Offenders** Nev and Kamie stage the first-ever intervention for an infamous repeat catfish.
7.00 **Catfish: The TV Show**
9.00 FILM **Hancock** Action comedy fantasy starring Will Smith, Charlize Theron, Jason Bateman and Jae Head. (2008, 12, 92min) ★★★
11.00 **Dating Naked UK**
12.00 M'T **Ink Master: Angels**
2.00 AM **All Star Shore**
2.45 **Jersey Shore**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Jeremy Wade's Dark Waters**
12.00 NOON **Gold Rush: Mine Rescue with Freddy & Juan**
4.30 PM **How It's Made** How underwater robots are made.
5.00 **Gold Rush: Mine Rescue with Freddy & Juan** During Arizona's monsoon season, Freddy and Juan must fix an operation, racing to recover enough gold to stop the investor from pulling out.
6.00 **Gold Rush** Parker tries to turn the season around, and Kevin struggles with a recent hire.

9.00 Dark Waters

7.00 **Filthy Fortunes** A police officer's house is packed with Beatles records, fishing gear and guns.
8.00 **Maine Cabin Masters** Chase and his team travel to Dedham, to restore a dilapidated camp that was a schoolhouse.
9.00 **Naked and Afraid** Survival legend Matt Wright crashes into two survivalists in Florida's Everglades, where aggressive crocs threaten to take everyone out.
11.00 **Expedition X** Phil Torres and Heather Amaro hunt a black cat with an ape-like face.
12.00 M'T **Curse of the Bermuda Triangle** One of the Triangle's most infamous mysteries.
1.00 AM **Moonshiners**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson Galaxy tries to end the feud between a couple's two cats. **4.00** Jackson visits New York City to help a father and son.
5.00 **Treehouse Masters** With singer Grace VanderWaal.
6.00 **Preposterous Pets** Focusing on people who keep all manner of animals as pets.

8.00 Tiger Shark King

7.00 **How Do Animals Do That?** How swarms of blind bats avoid collision. **7.30** How humpback whales can leap so far.
8.00 **Tiger Shark King** Examining the secret lives of tiger sharks, one of the most deadly predators in the oceans.
9.00 **Alaska: Surviving the Last Frontier** Greg Pierson sets out on a goat hunt despite never having fired a gun before.
10.00 **Tanked** Brett Raymer and Wayde King receive a strange request for a syringe-shaped aquarium for a medical centre.
11.00 **Tanked** Brothers-in-law Brett and Wayde are commissioned to transform a vintage popcorn-maker into a tank.
12.00 M'T **Project Grizzly**
2.00 AM **Expedition Bigfoot**
3.00 **Tiger Shark King**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
9.00 **Destruction Decoded**
10.00 **Car S.O.S** Double bill.
12.00 NOON **Inside Sydney Airport**
2.00 PM **Construction Fails**
3.00 **Nazi Megastructures** A look at Hitler's plan to land troops in southern England in 1940.
4.00 **Hitler's Death Army: Das Reich** 1&2/2. Documentary about elite German soldiers.
6.00 **Air Crash Investigation** The case of a plane that crashed into the Himalayan foothills in heavy fog.

8.00 Titanic

7.00 **Air Crash Investigation** Yeti Airlines Flight 691 stalls and crashes into a gorge near the Seti Gandaki River in Nepal.
8.00 **Titanic: The Digital Resurrection** A team of experts produce the first high-resolution, 3D digital reproduction of the world's most famous shipwreck.
9.30 **Drain the Titanic: A Ship Reborn** Documentary exploring the wreck of the famous ship, using 3D images of what it looks like now.
10.30 **Hindenburg: The New Evidence** Recently recovered footage of the Zeppelin crash provides a fresh insight into the reasons for the disaster.
11.30 **Planes That Changed History** The story of Concorde.
12.30 AM **Car S.O.S** Double bill.
2.30 **Air Crash Investigation**
4.30 **to 5.00** AM **Food Factory**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **Holy Marvels with Dennis Quaid** Triple bill of the documentary, including at: **4.00** Secret codes embedded in sacred texts and paintings.
5.00 **Britain's X Files** Mysteries including vanished pilots.
6.00 **The Last Hunt For Nazi Gold** Guy Walters and Justine Ostrowska explore some of Germany's Nazi gold legends.

5.00 Britain's X Files

7.00 **Secrets of Great British Castles** The history of Dover Castle, revealing how Henry II ordered its construction out of guilt.
8.00 **Secrets of Great British Castles** The history of the Tower of London, which has been a palace, a royal mint, a prison and a zoo.
9.00 **Royal B**tards: Rise of the Tudors** 1/3. Docu-drama about the Wars of the Roses and the Tudor dynasty.
10.00 **Royal B**tards: Rise of the Tudors** 2/3. As the civil wars rage on, Margaret manages to keep hold of her lands and her life. (S1)
11.00 **Royal B**tards: Rise of the Tudors** 3/3. Edward IV dies unexpectedly. (S1)
12.00 M'T **Secret Sex Lives of Tyrants** Josef Goebbels.
1.00 AM **The UnXplained: Mysteries of the Universe**
4.00 **Holy Marvels with Dennis Quaid** Documentary.
5.00 **to 6.00** AM **The Last Hunt for Nazi Gold**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Angela Bassett**
7.00 **Discovering: Jeff Goldblum**
8.00 **The Directors**
10.00 **UFO** 1-4/4. Documentary.
2.00 PM **Villeneuve Pironi: Racing's Untold Tragedy** The story of F1 drivers Gilles Villeneuve and Didier Pironi.
4.00 **I Am Steve McQueen** The life and career of the actor.
5.30 **FILM Amy** Asif Kapadia's documentary portrait of singer-songwriter Amy Winehouse. (2015, 15, 128min) ★★★★

5.30 Amy

7 PM **FILM Amy** (film started at 5.30pm) SEX ●●● VIOLENCE ●●● LANG ●●●
8 PM **Ghislaine Maxwell: Epstein's Shadow** 1/3. Documentary investigating the life of the former socialite.
9 PM **Ghislaine Maxwell: Epstein's Shadow** 2/3. How Ghislaine went to New York and fell in love with Jeffrey Epstein.
10 PM **Ghislaine Maxwell: Epstein's Shadow** 3/3. How Ghislaine left Jeffrey Epstein to distance herself from his crimes.
11.00 **The Ringleader: The Case of the Bling Ring** The story of a crime spree by suburban teens in 2008 and 2009.
1.00 AM **FILM Undefeated** Oscar-winning documentary. (2011, 12, 113min) ★★★★★
3.10 **Stasi FC** A look at the East German secret service's control of BFC Dynamo.
5.00 **to 6.00** AM **The Directors**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried: Classic Cars**
7.00 **Richard Hammond's Workshop** The Cogs take centre stage at Britain's biggest car show.
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townsend visit Burnham-on-Crouch to revive a military vehicle.
9.00 **The Repair Shop** Restoring a toy lion and a vintage cash register.
10.00 **The Derbyshire Auction House** Irita Marriott discovers a stash of Great Train Robbery papers.
11.00 **Aussie Gold Hunters**
12.00 M'T **Aussie Gold Hunters: Mine SOS**
1.00 AM **Ancient Unexplained Files**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Faking It: Tears of a Crime** The murder of 16-year-old Becky Watts.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Who Killed Jane Doe?** Triple bill.
6.00 **Devil in Suburbia** Triple bill, including at: **8.00** A family are found murdered in their home.
9.00 **Inside the Arrest** A nine-year-old girl is caught in the crossfire of a gangland feud.
10.00 **Killer Confessions: Case Files of a Texas Ranger** New edition A mother is desperate to solve the cold case murder of her son.
11.00 **Faking It: Tears of a Crime** Documentary.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **48 Hours** The story of how CC Opanowski survived a vicious attack by her ex-boyfriend. **7.00** The case of Blaze Bernstein, who was allegedly murdered because he was Jewish. **8.00** Officers try to get a killer to reveal where he left the body of Sara Anne Wood.
9.00 **When Death Comes Knocking** Focusing on the case of Maria Munoz. **10.00** Investigating the murder of Robert Penn. **11.00** The case of tech CEO Fahim Saleh.
12.00 M'T **48 Hours**
3.00 AM **Descent of a Serial Killer** Cary Stayner.
4.00 **Judge Judy**
4.30 **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Fraud Squad**
4.00 **Millionaire Murders**
6.00 **Judge Judy** Back-to-back real-life cases, including at: **9.45** A mother and daughter admit that they have had fights in the past, but go after their landlord for an allegedly illegal lockout. **10.10** A father says he paid extra support to prevent his daughter from being homeless. **10.35** A man accidentally steps on a woman's 12-year-old dog. **11.00** A car sale goes wrong when the vehicle is allegedly stolen.
11.25 **Judge Judy**
2.00 AM **Millionaire Murders**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **A1: Britain's Longest Road** Double bill.
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **Caught on Dashcam**
3.00 PM **Murder Next Door**
4.00 **Forensics: Catching the Killer** Double bill.
5.50 **How I Caught the Killer** Double bill.
7.40 **The Murderer & Me** The first wife of Peter Tobin reveals her first-hand account of his violence.
9.00 **The Bambers: Murder at the Farm** 1-4/4. The true story of the White House Farm murders.
1.00 AM **World's Most Evil Killers** The story of Austrian serial killer Jack Unterweger.
2.00 **How I Caught the Killer**
3.00 **Murder Uncut**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Berlin: Stories of the City** Double bill.
10.20 **Sicily: The Conquered Isle** Double bill.
1.00 PM **Weathered: Earth's Extremes**
1.35 **Full Steam Ahead** Six editions, including at: **5.30** A trip on the *Flying Scotsman*, arguably the most famous locomotive in the world. **6.45** The dangers involved in working on the Victorian railways. **8.05** How rail transport brought freedom to working-class Victorians.
9.25 **Sicily: The Conquered Isle** 1/2. Exploring Sicily's ancient past. **10.45** 2/2. The island's role on the frontlines of a clash of civilisations.
12.00 M'T **Ambassadors in Berlin: The Whistleblowers of WWII**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **My Best Friend's an Animal**
8.00 **Beasts of the Big Blue**
9.00 **Islands** Double bill.
11.00 **Wolves and Lions: Old Enemies**
12.00 NOON **Monkey Life**
3.00 PM **Secret World of Sound with David Attenborough**
6.00 **David Attenborough's Conquest of the Skies** The veteran naturalist examines creatures capable of flight. **7.00** Creatures that glide, including the harlequin tree frog.
8.00 **Pride Rules** Flood waters recede and vast herds of prey return to the Chobe's banks.
9.00 **Predators** A female puma teaches its cubs how to survive.
10.00 **World's Most Toxic Animals** A look at some of the most deadly animals on the planet. **11.00** Featuring a look at the world's most venomous spider.
12.00 M'T **Pride Rules** As 8.00pm.
1.00 AM **Predators** As 9.00pm.
2.00 NEW SERIES **The Kimberley: Australia's Wild West** Animals that live in Australia's Wild West.
3.00 **to 6.00** AM **Rewilding**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
12.00 NOON **Weird Britain**
2.00 PM **Ancient Aliens**
4.00 **The Lost Women Spies**
5.00 **The Secret Nazi Expeditions**
6.00 **WWII's Most Daring Raids**
7.00 **Clash of the Gods** The real-life influences that were the inspiration for JRR Tolkien's popular literary phenomenon *The Lord of the Rings*. **8.00** The legend of Thor.
9.00 **Apocalypse D-Day** 2/2. A key turning point of World War Two, when in June 1944, a fleet arrived on Normandy's beaches, set on liberating Europe from Hitler's Nazis.
10.05 **WWII Battles in Colour** The final days of the Third Reich.
11.05 **Ancient Aliens** Double bill.
1.00 AM **The Nostradamus Effect**
3.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
4.00 **Strangest Things**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Truth Behind the Moon Landing** Double bill of editions.
4.00 **Alien Highway**
6.00 **How It's Made** Lemon tarts and miniature war figures. **6.30** How traditional ropes and candy wafers are made. **7.00** How graphene is made. **7.30** Robotic medication dispensers and LED tubes.
8.00 **Paranormal Declassified** The truth about sea monsters. **9.00** Investigating shapeshifters known as skinwalkers.
10.00 **Curse of the Bermuda Triangle** Mysteries surrounding the Bermuda Triangle. **11.00** Experts follow clues to strange anomalies that may have ties to Atlantis.
12.00 M'T **In Search of Monsters**
2.00 AM **The Alaska Triangle**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Witness to Murder: Digital Evidence** Using digital forensics to solve murder cases.
6.00 **Accident, Suicide or Murder?** An off-duty officer calls 911 to report his wife unconscious. **7.00** A mother is killed in a hunting accident.
8.00 **Spring Break Murders** A girl is killed on her way to a party. **9.00** Advances in DNA science solve the 40-year cold case of a student's murder.
10.00 **Ross Kemp: Lost Boys, Deadly Men** Ross investigates the 2023 murder of 15-year-old Elianne Andam in Croydon.
11.00 **Predator Files** Double bill.
12.00 M'T **I Am a Stalker**
1.00 AM **Ozark Law** Documentary.
2.00 **Hometown Tragedy**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Australia's Land of the Ancients** Documentary.
3.00 **Ice Road Rescue** Double bill.
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets help a skittish llama get over an illness and remove a tumour from a dog's leg.
8.00 **Secrets of the Zoo** Keepers try to figure out why a Bactrian camel has been gaining weight. **9.00** The vets solve a medical mystery to save a mandrill, and discover why an anaconda has not eaten in months.
10.00 **Asia's Wild Secrets** A look a the importance of water across Asia's varied wildlife.
11.00 **Snakes in the City** Simon and Nadine deal with a Burmese python at a pool party.
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of the series, including at: **5.00** Repairing a rare automaton from Scotland.
6.00 **Lost Mines: Restored** Alex and Kevin help a couple build a cabin around their newly bought claim. **7.00** Alex and Kevin offer to renovate the couple's rundown 30-year-old cabin. **8.00** Alex and Kevin renovate a mine's machine shop.
9.00 **How the Universe Works** The science of dark matter. **10.00** Experts explore whether a planet similar to our own will ever be found. **11.00** A look at the surprisingly active surfaces of dwarf planets, from the oceans of Pluto to the volcanos of Ceres.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** A look into the facility that held apartheid's greatest critic. **2.00** Exploring a ghost town in Colorado and the remnants of an industrial enterprise in Puerto Rico. **3.00** Exploring a jungle refuge concealing a story of royal deceit, and nuclear bunkers infiltrated by outsiders. **4.00** A beachside resort with ties to the Russian mafia.
5.00 **The Two Ronnies** New World and Tina Charles perform. **6.00** Featuring Madeline Smith in spoof drama *Hampton Wick*. **6.50** Featuring a song from Tina Charles and another episode of the gripping period drama *Hampton Wick*. **7.40** Vintage sketches, including Fancy Dress Party and Smart Cooking with Lionel Smart.
8.40 **The Two Ronnies**
4.30 AM **Abandoned Engineering**
5.20 **to 6.00** AM **The Two Ronnies**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed**
10.00 **To Catch a Killer**
12.00 NOON **Evil Stepmothers**
2.00 PM **Evil Lives Here: Shadows of Death** Double bill.
4.00 **Disappeared** Double bill.
6.00 **American Monster** Rashod's unpredictable behaviour forces Alessia to make a decision. **7.00** India Mackey learns what her boyfriend is truly capable of.
8.00 **Betrayed** The case of 17-year-old waitress Mary Jayne Jones, who was murdered in 1974, and her killer managed to evade justice for 40 years.
9.00 **Married to Evil** A series of terrible incidents ends in a killing that no one could have ever believed possible.
10.00 **Til Death Do Us Part** A marriage destroyed by debt, deceit and drug addiction.
11.00 **Twisted Love**
12.00 M'T **Toxic** Double bill.
2.00 AM **Still a Mystery**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Massive Engineering Mistakes** Triple bill.
10.00 **Three Men Four Wheels**
11.00 **Bad Chad Customs**
12.00 NOON **Outback Truckers**
1.00 PM **Supertruckers**
5.00 **Kindig Customs**
8.00 **Shed and Buried** Sam and Henry look through an eclectic collection in Hertfordshire. **8.30** Henry and Sam view a collection of vintage tractors. **9.00** Henry and Sam try to buy automobilia for a man cave. **9.30** The guys are given access to an incredible collection.
10.00 **Richard Hammond's Big** The presenter explores some of the world's biggest structures, machines and vessels, starting with Volkswagen's car plant in Wolfsburg, Germany. **11.00** Richard takes flight aboard the C-5M Super Galaxy. **12.00** M'T Richard explores the Kölnbrein Dam in Austria.
1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **PREMIERE Flavia** (2025)
8.50 **The Bad Guys 2** As 6.30pm.
10.35 **Superman** As 8.30pm.
12.45 PM **PREMIERE Flavia** Family adventure starring Molly Belle Wright. (2025, PG, 105min) ★★★ *See review, page 23.*
2.30 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
4.30 **Final Destination: Bloodlines**
6.30 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★

12.45 Flavia

8.30 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. With Rachel Brosnahan and Nicholas Hoult. (2025, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

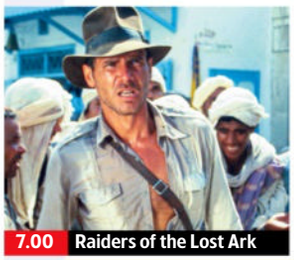
10.45 **Final Destination: Bloodlines** Supernatural horror thriller starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **One Battle After Another** Oscar-winning action thriller starring Leonardo DiCaprio. (2025, 15, 161min) ★★★★★
3.35 **PREMIERE Flavia** As 12.45pm.
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Box Set

303 303 403 503 517

8.05 AM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
9.50 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
11.50 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
1.50 PM **The Smurfs** (2011, U) ★★
3.35 **The Smurfs 2** (2013, U) ★★
5.25 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
7.00 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★



7.00 Raiders of the Lost Ark

Raiders of the Lost Ark (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Harrison Ford and Kate Capshaw. Indiana Jones escapes a gang boss in Shanghai and encounters an evil cult in India. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★
1.10 AM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
3.25 **The Mummy** Action adventure starring Brendan Fraser. (1999, 15, 124min) ★★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.15 AM **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
8.00 **The Friend** As 3.25am.
10.05 **Jackie** As shown at 1.40am.
11.50 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
2.00 PM **About a Boy** Comedy drama. (2002, 12, 101min) ★★★★
3.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
6.00 **Chicago** Musical starring Renée Zellweger and Richard Gere. (2002, 12, 112min) ★★★★
8.00 **Joker: Folie à Deux** Musical sequel starring Joaquin Phoenix and Lady Gaga. Comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
10.20 **The Brutalist** Epic drama starring Adrien Brody, Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
1.40 AM **Jackie** Biopic with Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
3.25 **The Friend** Drama starring Naomi Watts and Bill Murray. (2024, 15, 120min) ★★★★
5.25 **to 7.05** AM **Babylon** Drama. (1980, 15, 94min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **The Damned** Mystery. (2024, 15, 89min) ★★★★
8.20 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
9.55 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
11.35 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
1.10 PM **M3GAN 2.0** Sci-fi thriller sequel with Allison Williams. (2025, 15, 120min) ★★★
3.25 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
5.05 **Interstellar** Sci-fi adventure starring Matthew McConaughey. (2014, 12, 166min) ★★★★
8.00 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
9.45 **Bring Her Back** Thriller starring Sally Hawkins. A brother and sister uncover a ritual at the home of their new foster mother. (2025, 18, 104min) ★★★★
11.35 **Blade: Trinity** Action adventure sequel. (2004, 15, 113min) ★★★
1.30 AM **The Running Man** Fantasy. (1987, 18, 101min) ★★★
3.15 **28 Days Later** Horror thriller. (2002, 18, 113min) ★★★★
5.15 **to 6.55** AM **Aeon Flux** Action thriller. (2005, 15, 93min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.05 AM **The Hobbit: The Battle of the Five Armies** (2014) ★★★
8.35 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★
10.35 **DC League of Super-Pets** Animation. (2022, PG) ★★★
12.30 PM **The Bad Guys 2** Animated sequel. (2025, PG) ★★★★
2.20 **Paddington** (2014) ★★★★★
4.00 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
6.00 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★

10.00 Scooby-Doo

8.00 **Monster Trucks** Family fantasy adventure starring Lucas Till and Jane Levy. A teenager befriends a monster which feeds on oil, which bonds with the monster truck he is building from scrap. With Thomas Lennon. (2016, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

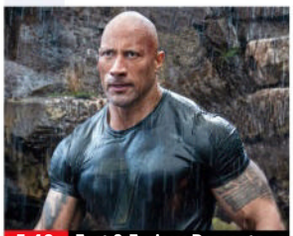
10.00 **Scooby-Doo** Live-action comedy adventure based on the Hanna-Barbera cartoon series, starring Freddie Prinze Jr and Sarah Michelle Gellar. (2002, PG, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Scooby-Doo 2: Monsters Unleashed** Ccomedy sequel. (2004, PG, 93min) ★★★
1.05 AM **The Hobbit: An Unexpected Journey** Fantasy. (2012, 12, 165min) ★★★
3.55 **The Bad Guys 2** As 12.30pm.
5.45 **to 7.15** AM **Spy Kids 3: Game Over** Sci-fi comedy sequel. (2003, U, 84min) ★★★

Sky Cinema Action

306 306 407 507 521

6.10 AM **Cinema List: Fast Cars**
6.30 **Fast & Furious** As 2.00am.
8.30 **Fast & Furious 5** As 4.00am.
10.45 **Fast & Furious 6** Thriller sequel. (2013, 12) ★★★
1.00 PM **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★
3.20 **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
5.40 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★


5.40 Fast & Furious Presents...

8.00 **The Fast and the Furious** Thriller starring Vin Diesel and Paul Walker. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. With Michelle Rodriguez. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **2 Fast 2 Furious** Thriller sequel with Paul Walker. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Fast and the Furious: Tokyo Drift** Thriller. (2006, 12, 104min) ★★
2.00 AM **Fast & Furious** Thriller sequel starring Vin Diesel. (2009, 12, 107min) ★★★
4.00 **to 6.25** AM **Fast & Furious 5** Thriller sequel with Vin Diesel. (2011, 12, 130min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **Role Models** Comedy. (2008, 15, 99min) ★★★★
8.30 **Mean Machine** (2001, 15) ★★
10.15 **Police Academy** (1984) ★★★
11.55 **Police Academy 2: Their First Assignment** (1985, 12) ★★
1.25 PM **Police Academy 3: Back in Training** (1986, PG) ★
2.55 **Little Fockers** (2010, 12) ★★★
4.35 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.20 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★

4.35 Two Weeks Notice

8.00 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at a private school and tries to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mamma Mia!** Musical starring Meryl Streep. A bride-to-be invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
2.10 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
3.55 **Sausage Party** Animation. (2016, 15, 89min) ★★★
5.30 **to 7.10** AM **Sex Tape** Comedy. (2014, 15, 94min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.40 AM **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
9.40 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
11.35 **Jaws** As shown at 12.30am.
1.45 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
4.05 **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★
6.05 **The Girl on the Train** Crime thriller starring Emily Blunt. (2016, 15, 107min) ★★★★

10.30 Falling Down

8.00 **Inception** Christopher Nolan's thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe, Joseph Gordon-Levitt and Marion Cotillard. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

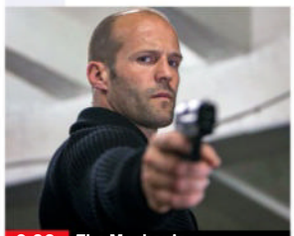
10.30 **Falling Down** Drama starring Michael Douglas as a highly stressed middle-aged Los Angeles man who one day violently loses his cool. (1993, 18, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Jaws** Steven Spielberg's thriller starring Roy Scheider. (1975, 12, 125min) ★★★★★
2.40 **Jaws 2** Monster thriller sequel. (1978, PG, 115min) ★★★
4.50 **to 6.55** AM **The Girl on the Train** As shown at 6.05pm.

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Jason and the Argonauts** Mythological adventure. (1963, U, 99min) ★★★★
1.10 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
3.00 **Men in Black II** Sci-fi sequel. (2002, PG, 88min) ★★★
4.45 **Men in Black 3** Sci-fi sequel. (2012, PG, 105min) ★★★★
6.50 **Men in Black: International** Sci-fi action comedy sequel. (2019, 12, 110min) ★★★


9.00 The Mechanic

Men in Black: International (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Mechanic** Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin seeks to avenge the murder of his mentor. With Tony Goldwyn. (2011, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **Heat** Director Michael Mann's crime thriller starring Al Pacino and Robert De Niro. (1995, 15, 171min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

2.10 **to 4.00** AM **We're All Going to the World's Fair** Coming-of-age horror starring Anna Cobb and Michael J Rogers. (2021, 15, 86min) ★★
+1 hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

7.05 AM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
8.45 PREMIERE **Flavia** As 6.15pm.
10.25 **The Bad Guys 2** Animated sequel. (2025, PG) ★★★★
12.10 PM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
2.15 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
4.20 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★

6.15 PREMIERE **Flavia** Family adventure starring Molly Belle Wright. An 11-year-old amateur sleuth investigates a murder at her family's manor house when her father falls under suspicion. (2025, PG, 105min) ★★★
8.00 **Superman** Fantasy adventure starring David Corenswet. (2025, 12, 129min) ★★★★
10.20 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. (2012, 12, 136min) ★★★

12.40 AM **The Amazing Spider-Man 2** Superhero adventure sequel. (2014, 12, 142min) ★★★
3.05 **Pokemon: Detective Pikachu** Fantasy. (2019, PG) ★★★★
4.50 **to 7.10** AM **Ready Player One** Steven Spielberg's adventure. (2018, 12, 140min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.35 AM **Arthur** Comedy drama. (1981, 15, 93min) ★★★★
9.15 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★
10.50 **Billy Madison** Comedy. (1995, PG, 90min) ★★
12.25 PM **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
2.40 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★

4.30 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
6.15 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
8.00 **Lethal Weapon** Action thriller starring Mel Gibson and Danny Glover. A volatile undercover cop and his unwilling new partner take on a drugs gang. (1987, 15, 110min) ★★★★
9.55 **Lethal Weapon 2** Action thriller starring Mel Gibson. (1989, 15, 110min) ★★★★

11.50 **Twister** Disaster movie. (1996, PG, 114min) ★★★
1.45 AM **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
3.35 **Sky Cinema Preview**
4.30 **to 6.25** AM **Two Mules for Sister Sara** Comedy Western. (1969, 15, 114min) ★★★

Sky Cinema Animation

312 315 405 500 514

7.05 AM **The Ogglies** Animation. (2021, PG, 85min) ★★★
8.35 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
10.40 **The Bad Guys 2** As 11.25pm.
12.30 PM **The Angry Birds Movie** Animation. (2016, U) ★★★
2.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★

4.00 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
5.45 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.45 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.35 **Monster Family 2** Animated comedy sequel with the voice of Jason Isaacs. (2021, U, 90min) ★
11.25 **The Bad Guys 2** Animated comedy adventure sequel with the voice of Sam Rockwell. (2025, PG, 104min) ★★★★

1.15 AM **Buffalo Kids** Animation with the voice of Gemma Arterton. (2024, U, 79min) ★★★
2.50 **Dragon Rider** Animation featuring the voice of Felicity Jones. (2020, PG, 91min) ★★★
4.30 **to 6.00** AM **Super Charlie** Animation. (2025, PG) ★★★

Disney+ Cinema

305 305

6.00 AM **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
7.20 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
9.15 **Piglet's Big Movie** Animation. (2003, U, 75min) ★★
10.35 **Bedtime Stories** Adventure. (2008, PG, 99min) ★★★
12.15 PM **The Mighty Ducks** Sports comedy starring Emilio Estevez. (1992, PG, 103min) ★★

2.05 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
3.45 **Freaky Friday** Fantasy comedy. (2003, PG, 97min) ★★★
5.25 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
7.05 **The Sorcerer's Apprentice** Adventure. (2010, PG) ★★★★
9.00 PREMIERE **Alien: Romulus** Horror starring Cailee Spaeny. (2024, 15, 119min) ★★★★
11.00 **Pirates of the Caribbean: Salazar's Revenge** Adventure sequel. (2017, 12, 129min) ★★★

1.10 AM **Bad Company** Comedy thriller with Anthony Hopkins. (2002, 12, 112min) ★★★
3.10 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
4.40 **to 6.00** AM **Pocahontas** Animated historical adventure. (1995, U, 81min) ★★★

Talking Pictures

328 445 82 306 36

6.00 AM **Final Appointment** Drama. (1954, b/w, U, 90min) ★★
7.20 **The Black Arrow** 7/7. (S3)
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 3/26. (S3)
9.30 **The Roy Rogers Show** (S5)
10.00 **Captain Scarlet and the Mysterons** 6/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 17/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **Women of the Prehistoric Planet** (1966) ★★
1.50 PM **Commandos Strike at Dawn** (1943, b/w, PG) ★★
3.55 **Cinebox Memories**
4.00 **Whiplash** 11/34. (S1)
4.35 **Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
6.40 **Look at Life** Documentary.
7.00 **Maigret** 2/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **That Summer!** Drama with Ray Winstone. (1979, PG, 94min) ★★

11.00 **Remember My Name** Drama. (1978, 15, 96min) ★★★
1.00 AM **Eurotrash**
1.35 **La Mariee Est Trop Belle** (1956)
3.30 **The Starlost** 1/18. (S1)
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

SATURDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
9.30 LIVE **NRL** Gold Coast Titans v Brisbane Broncos. Coverage from Cbus Super Stadium. Kick-off 9.35am.
11.30 LIVE **IPL** Delhi Capitals v Mumbai Indians. Coverage of the T20 match from Arun Jaitley Stadium.
2.50 PM LIVE **IPL** Gujarat Titans v Rajasthan Royals. Coverage of the T20 match at Narendra Modi Stadium. The hosts finished third in last year's table to reach the play-offs before they lost to fourth-place Mumbai Indians in the eliminator match. Their visitors struggled last season though as they finished in ninth place with just four wins.
7.00 LIVE **WTA & ATP Tennis** Coverage from the latest events.
10.00 LIVE **PGA Tour Golf** Coverage of day three of the Valero Texas Open from TPC San Antonio.
11.00 LIVE **Ladies European Tour Golf** Coverage of day three of the Aramco Championship USA held at Shadow Creek Golf Course.
2.00 to 6.00 AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Saturday Social**
11.00 **The Big Interview**
11.30 **Premier League Stories**
12.00 NOON **Premier League 360 – Big Sam's Bolton**
2.00 PM **Transfer 360** Six editions.
5.00 **The Big Interview**
5.30 **Premier League Stories** Focusing on Yakubu Ayegbeni.
6.00 **Premier League 360 – Big Sam's Bolton** A look at Sam Allardyce's Bolton team of the early 2000s in the Premier League.
8.00 **A Farewell to Txiki** A look back at the impact Txiki Begiristain had on Manchester City.
8.45 **Pep Guardiola: 1000 Club**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Football, Cancer and Me**
11.00 **Premier League Years** A look back at the 1993/94 season.
1.00 AM **PL Retro** Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 to 6.00 AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
10.00 **Saturday Social**
11.00 **EFL Highlights**
5.00 PM **EFL Greatest Games**
5.20 LIVE **Bundesliga** VfB Stuttgart v Borussia Dortmund. Coverage of the German top-flight match froM MHP Arena. These two sides last met in the reverse fixture in November in a thrilling match that ended 3-3. Dortmund had been 2-0 up before Deniz Undav scored twice in the second half to make it 2-2. Karim Adeyemi had looked to have earnt the visitors all three points in the 89th minute but Undav completed his hat-trick two minutes later to take a share of the spoils. Kick-off 5.30pm.
7.30 **EFL League One Goals**
8.00 **EFL League Two Goals**
8.30 **EFL Highlights** QPR v Watford. **8.45** Coventry City v Derby.
9.00 **EFL Highlights** Championship.
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2020/21 play-offs.
3.00 AM **EFL Greatest Games**
4.00 to 6.00 AM **Retro League One**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **IPL** Delhi Capitals v Mumbai Indians. Coverage of the T20 match from Arun Jaitley Stadium, Delhi. The hosts finished just one point and one place behind Mumbai in last year's table after ending the season on 15 points from their 14 games. The visitors won eight of their 14 matches to reach the play-offs but eventually lost in the second qualifier to finish the tournament in third place.
2.50 PM LIVE **IPL** Gujarat Titans v Rajasthan Royals. Coverage of the T20 match at Narendra Modi Stadium. The hosts finished third in last year's table to reach the play-offs before they lost to fourth-place Mumbai Indians in the eliminator.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Delhi Capitals v Mumbai Indians and Gujarat Titans v Rajasthan Royals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Kolkata Knight Riders v Sunrisers Hyderabad from Eden Gardens.
4.45 to 6.00 AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Masters Official Film**
9.00 **PGA Tour Golf**
12.00 NOON **Ladies European Tour Golf** Aramco Championship USA.
3.00 PM **My Ryder Cup**
3.15 LIVE **PGA Tour Golf** The early stages of day three of the Valero Texas Open at TPC San Antonio.
5.00 LIVE **Women's Golf** Coverage of day three of the Augusta National Women's Amateur from Champions Retreat Golf Club.
8.00 LIVE **PGA Tour Golf** Further coverage of day three of the Valero Texas Open at TPC San Antonio.
11.00 LIVE **Ladies European Tour Golf** Coverage of day three of the Aramco Championship USA held at Shadow Creek Golf Course.
2.00 AM **PGA Tour Golf**
4.00 **School of Golf** Expert tips.
5.00 to 6.00 AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
11.00 LIVE **ATP Tennis** Coverage of the sixth day of the ATP Bucharest Open at Centrul National de Tenis.
1.00 PM LIVE **ATP Tennis** The sixth day of the ATP Bucharest and ATP Marrakech Opens staged at Centrul National de Tenis in Romania and Royal Tennis Club de Marrakech in Morocco respectively.
5.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
10.00 LIVE **ATP Tennis** Coverage of day six of the U.S. Men's Clay Court Championships at River Oaks Country Club in Houston.
12.00 M'T to 6.00 AM **Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Super League**
11.15 **EFL Greatest Games**
12.00 NOON **PGA Tour Champions**
1.00 PM **EFL Greatest Games**
1.15 **Tennis** Miami Open review.
2.45 **EFL Greatest Games**
2.50 LIVE **Netball Super League** Nottingham Forest v Dragons. Coverage of the match held at Motorpoint Arena Nottingham. Centre-pass 3.00pm.
4.40 **My Icon** Sporting influences.
5.05 LIVE **Netball Super League** Loughborough Lightning v Manchester Thunder. Coverage of the match at Motorpoint Arena Nottingham. Centre-pass 5.15pm.
6.55 **EFL Greatest Games**
7.00 **My Icon** Kadeen Corbin.
7.10 **Tennis** The Miami Open finals.
9.00 **PGA Tour Golf** Houston Open.
10.00 LIVE **Ladies European Tour Golf** Coverage of day three of the Aramco Championship USA held at Shadow Creek Golf Course.
2.00 AM **IPL** T20 highlights.
3.00 **Darts Gold** Archive action.
4.00 to 6.00 AM **PDC Classics**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** Chinese Grand Prix.
3.30 **Ted's Notebook**
4.00 **Formula 1** Chinese Grand Prix.
8.30 **Ted's Notebook**
9.00 **Formula 1** Chinese Grand Prix at Shanghai International Circuit.
12.20 AM **Ted's Notebook**
12.50 **Oscar Piastri**
1.00 **The Best of Australia & China**
2.00 **F1 Explained** Inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 to 6.00 AM **The Best of F1**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **AFL** Richmond Tigers v Port Adelaide Power. Bounce-up 6.15am.
9.00 **Premier League: Big Interview**
9.30 **Champions League Magazine**
10.00 **Sign Up – Into Football**
10.45 **No Filter Football**
11.00 **The Breakdown** FA Cup.
11.30 LIVE **Emirates FA Cup** Manchester City v Liverpool. The quarter-final from the Etihad Stadium. Kick-off 12.45pm.
3.15 PM LIVE **Cycling Pro Series** Men's Grand Prix Miguel Indurain.
4.30 LIVE **Emirates FA Cup** Chelsea v Port Vale. Coverage of the quarter-final tie from Stamford Bridge. Kick-off 5.15pm.
7.30 LIVE **Emirates FA Cup** Southampton v Arsenal. The quarter-final from St Mary's Stadium. Kick-off 8.00pm.
10.45 **Out of Office** Lucy Bronze.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 M'T LIVE **MLB** Cleveland Guardians v Chicago Cubs. Start-time 12.15am.
3.00 AM **MLB Classic** Archive action.
4.30 to 6.00 AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Women's One-Day International Cricket** New Zealand v South Africa. Coverage of the third and final ODI held at Cello Basin Reserve.
7.30 **Cycling** Across Flanders.
9.30 LIVE **AFL** West Coast Eagles v Sydney Swans. Coverage from Optus Stadium. Bounce-up 9.35am.
12.30 PM **Cycling** Across Flanders.
2.30 LIVE **Cycling Pro Series** The men's Grand Prix Miguel Indurain one-day race in Spain.
4.45 **TNT Sports Reload**
5.00 **AFL** Two match replays.
8.00 **Women's One-Day International Cricket** Action from New Zealand v South Africa.
9.00 **MotoGP Highlights**
10.00 LIVE **UFC** Coverage of the preliminary bouts from UFC Fight Night at Meta Apex in Las Vegas.
12.00 M'T LIVE **UFC** Renato Moicano v Chris Duncan. Coverage of the lightweight bout from Meta Apex in Las Vegas, plus the undercard.
3.30 AM **UFC Fight Flashback**
4.00 to 6.00 AM **Isuzu UTE A-League**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
7.00 LIVE **Super Rugby** Chiefs v Waratahs. From FMG Stadium Waikato. Kick-off 7.05am.
9.00 **NBA on Fire** The latest news.
9.30 LIVE **NRL** Gold Coast Titans v Brisbane Broncos. Coverage from Cbus Super Stadium. Kick-off 9.35am.
11.30 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **NBA on Fire**
1.30 **Super League Highlights**
2.50 LIVE **Netball Super League** Nottingham Forest v Dragons. Coverage from Motorpoint Arena Nottingham. Centre-pass 3.00pm.
4.40 **Super League Highlights**
4.55 **My Icon** Natasha Jonas.
5.05 LIVE **Netball Super League** Loughborough Lightning v Manchester Thunder. Coverage of the match at Motorpoint Arena Nottingham. Centre-pass 5.15pm.
6.55 **My Icon** Sporting influences.
7.15 **Super League Highlights**
7.30 **NFL Bitesize Highlights**
8.00 **NBA Basketball** Highlights.
10.30 **NFL Highlights**
1.00 AM **Super League Highlights**
4.45 to 6.00 AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 LIVE **Super Rugby** Chiefs v Waratahs. Coverage of the match staged at FMG Stadium Waikato. Kick-off 7.05am.
9.00 **Sky Sports Breakfast**
9.30 LIVE **Super Rugby** Reds v Western Force. Coverage of the match at Suncorp Stadium in Brisbane. Kick-off 9.35am.
11.30 **Sky Sports News**
12.00 NOON **Sports Saturday**
1.00 PM LIVE **ATP Tennis** The sixth day of the ATP Bucharest and ATP Marrakech Opens staged at Centrul National de Tenis in Romania and Royal Tennis Club de Marrakech in Morocco respectively.
3.15 LIVE **PGA Tour Golf** Coverage of the early stages of the third day of the Valero Texas Open staged at TPC San Antonio.
6.00 LIVE **PGA Tour Golf** Further coverage of day three of the Valero Texas Open at TPC San Antonio.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Middlesbrough v Brighton. **12.15** AM Aston Villa v Nottingham Forest from 2016.
12.30 to 6.00 AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.15 AM **TNT Sports Reload**
6.30 **Discovery Golf**
7.00 LIVE **Isuzu UTE A-League** Central Coast Mariners v Perth Glory. Kick-off 7.00am.
9.00 **World Superbike Rewind**
9.15 **TNT Sports Reload**
9.30 LIVE **Isuzu UTE A-League** Melbourne City v Western Sydney Wanderers. K-o 9.35am.
11.30 **Discovery Golf**
12.00 NOON **TNT Sports Reload**
1.00 PM **MLB Highlights**
2.00 **Fishing: On the Bank**
3.00 **The Match That Changed Tennis**
4.00 **MLB Highlights**
5.00 **The Breakdown**
6.00 **Isuzu UTE A-League**
8.00 **MLB Highlights**
9.00 LIVE **MLB** Kansas City Royals v Milwaukee Brewers. Start-time 9.10pm.
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **Football** Action and features.
4.30 to 6.00 AM **Cricket Highlights**

TNT Sports 4

414 416 524 411 434

7.00 AM **Fishing: On the Bank**
8.00 **Champions League Magazine**
8.30 **Ultimate Pool** Pairs Cup.
10.00 **MotoGP Highlights**
11.00 LIVE **Ski Mountaineering World Cup** Coverage of the sprint from Villars, Switzerland.
12.00 NOON **She Who Dares**
1.00 PM **Australian Open**
2.30 **World Superbike Highlights**
3.30 **MotoGP Highlights**
4.30 **Ultimate Pool** Pairs Cup.
6.00 **TNT Sports Reload**
6.30 **The WRC Magazine**
7.00 **The Breakdown**
7.30 **Playing for Our Future**
8.45 **Kenny Allstar's Number 1's**
9.00 LIVE **Men's Curling World Championship** The final at Weber County Ice Sheet in Utah.
12.00 M'T **World Superbike Highlights**
1.00 AM **AFL** Two match replays.
4.00 **Men's Cycling Pro Series**
5.00 to 6.00 AM **Fishing: On the Bank**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Rugby Union Highlights**
12.00 NOON LIVE **Challenge Cup** Exeter Chiefs v Munster. Coverage of the round-of-16 tie at Sandy Park. Kick-off 12.30pm.
2.45 PM LIVE **Champions Cup** Toulon v DHL Stormers. The round-of-16 tie. Kick-off 3.00pm.
5.05 LIVE **Champions Cup** Toulouse v Bristol Bears. The round-of-16 tie. Kick-off 5.30pm.
7.50 LIVE **Challenge Cup** Ulster v Ospreys. Coverage of the round-of-16 tie from Affidea Stadium. Kick-off 8.00pm.
10.15 **Top 14 Rugby Union Highlights**
10.45 **Africa Eco Race**
11.00 **NHL Tonight** Top 50 players.
12.00 M'T LIVE **NHL Ice Hockey** New Jersey Devils v Montreal Canadiens. Face-off 12.00m't.
3.00 AM **NHL: This is Hockey**
4.00 to 6.00 AM **LaLiga**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **NHL Ice Hockey**
9.00 **Temples of Sport**
9.30 **LaLiga** Rayo Vallecano v Sevilla.
11.30 **Temples of Sport**
12.00 NOON **Champions Cup**
2.00 PM LIVE **Champions Cup** Bath v Saracens. The round-of-16 tie from the Recreation Ground. Kick-off 3.00pm.
5.15 LIVE **Champions Cup** Glasgow Warriors v Bulls. The round-of-16 tie. Kick-off 5.30pm.
7.45 LIVE **Champions Cup** Harlequins v Sale Sharks. The round-of-16 tie from Twickenham Stoop. Kick-off 8.00pm.
10.30 **Temples of Sport**
11.30 **NHL on the Fly**
12.00 M'T LIVE **NHL Ice Hockey** Los Angeles Kings v Toronto Maple Leafs. Face-off 12.00m't.
3.00 AM **Football's Greatest**
3.30 **Temples of Sport**
4.00 to 6.00 AM **Champions Cup**

Easter Sunday

5 April

Planner

Sunday

Football

FA Cup Quarter-final
TNT Sports 1 & HBO Max, k-o 4.30pm
Dominic Calvert-Lewin and Leeds make the trip to face West Ham, with a semi-final place at Wembley at stake.

Wildlife

Secret Garden
BBC1, 6pm (box set, BBC iPlayer)
After a lifetime of filming around the world, Sir David Attenborough switches his focus to wildlife found in UK gardens.

Crime Drama

Grace
ITV1, 8pm
Grace and Branson investigate the murder of a student. Who went to such extreme lengths to keep a secret?

Factual

Pilgrimage: The Road to Holy Island
BBC2, 9pm (box set, BBC iPlayer)
Seven celebrities embark on a spiritual journey to the island of Lindisfarne.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow		8.00 The Other Bennet Sister		9.00 The Capture		10.00 News	10.30 Film: Hunger... †
	102 BBC2	7.00 Big Cats 24/7		8.00 Burma with Simon Reeve		9.00 Pilgrimage: The Road to Holy Island		10.00 Film: The Imitation Game	
	103 ITV1	7.00 Emmerdale	7.30 Coronation...	8.00 Grace					10.15 Film: Hot Fuzz
	104 CHANNEL 4		7.10 News	7.40 The Great Celebrity Bake Off for Stand Up to Cancer		9.00 Sarah Millican: Late Bloomer		10.00 The Hunt: Prey vs Predator	
	105 5	‹ 6.30 Snooker: Tour Championship – Live: The second session of the final						10.00 When Motorways Go Horribly Wrong	
	106 SKY ONE	7.00 Fight Night – Live: Caroline Dubois v Terri Harper							
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Film: The Proposal			
	116 BBC4	7.00 Bolsover Castle...	7.30 Inside Classical: Stravinsky's Firebird			9.00 Harry...	9.30 Wogan with...	10.00 Rachel's Farm	
	118 ITV2	‹ 5.40 Film: E.T. The Extra Terrestrial		8.00 Film: No Time to Die					
	136 MORE4	‹ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	‹ 6.50 The Amazing Race Australia		8.00 The Simpsons		9.00 Film: Top Gun: Maverick			
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	7.00 Under Salt Marsh						10.00 DTF St Louis	
	110 U&GOLD	‹ 6.40 The Vicar of Dibley		8.10 The Vicar of Dibley Easter 1996...		9.00 Gavin & Stacey			10.15 Mrs Brown's Boys
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal				9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 5.45 Goodnight Mister Tom		8.00 Midsomer Murders					
	120 ITV4	‹ 6.45 Film: Battle of the Bulge				9.00 Film: Top Gun			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Junior			
	145 SKY SCI-FI	7.00 Film: Stargate: Ark of Truth				9.00 Revival			
	143 U&DRAMA	‹ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Death in Paradise Christmas Special				10.00 NCIS: Sydney	
	122 SKY ARTS	7.00 Elvis Presley: The Early Years		8.00 Elvis: Summer of '56		9.00 When Elvis Met Priscilla		10.00 Elvis Presley: Aloha from Hawaii	
	132 U&W	7.00 Inside the Ambulance: Coast and...		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Moonshiners: Master Distiller		9.00 Barnwood Builders		10.00 Wheeler Dealers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Diamond Collar		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
	129 NAT GEO	7.00 Buried Secrets of the Bible		8.00 Lost Treasures of the Bible: Secrets of...		9.00 Planes that Changed History		10.00 Drain Alcatraz	
	123 SKY HISTORY	7.00 Titanic: Mystery Solved				9.00 Sex: A Bonkers History			
	155 U&YESTERDAY	7.00 Dom Chinea's Cornish Workshop		8.00 Whatever Happened to the Likely Lads?				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Becoming Madonna				9.00 Salt Path: A Very British Scandal			10.30 Wimbledon...
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 Superman		8.00 Final Destination: Bloodlines				10.00 One Battle After Another	
	302 ADVENTURE	‹ 5.35 Wonder Woman		8.00 Superman					10.20 Spider-Man: No Way...
	303 BOX SET	‹ 5.55 Indiana Jones and the Kingdom of...		8.00 The Mummy					10.10 The Mummy Returns
	307 GREATS	‹ 6.00 Lethal Weapon 2		8.00 Lethal Weapon 3				10.00 Lethal Weapon 4	
	312 ANIMATION	‹ 6.00 The Bad Guys 2	7.50 Shrek 2				9.25 Shrek the Third		
	304 FAMILY	‹ 6.00 The Angry Birds Movie	7.40 Scooby-Doo 2: Monsters Unleashed			9.15 Hook			
	306 ACTION	‹ 6.00 2 Fast 2 Furious		8.00 The Fast and the Furious: Tokyo Drift				10.00 Fast & Furious	
	308 COMEDY	‹ 6.15 Daddy's Home 2		8.00 Sleepless in Seattle			9.50 Love Actually		
	309 THRILLER	‹ 6.00 Ocean's Eleven		8.00 Patriot Games				10.00 The Hunt for Red October	
	310 DRAMA	‹ 5.40 Joker: Folie à Deux		8.00 Full Metal Jacket				10.00 The Blind Side	
	311 SCI-FI	‹ 5.40 Mickey 17		8.00 The Chronicles of Riddick				10.00 Cloverfield	
	313 FILM4	‹ 6.50 Central Intelligence				9.00 Cocaine Bear			
SPORT	401 MAIN EVENT	7.00 Fight Night – Live: Caroline Dubois v Terri Harper							
	402 PREMIER LEAGUE	7.00 PL Review							
	403 FOOTBALL	7.00 EFL Goals		8.00 EFL Highlights				10.00 EFL Goals	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 The Breakdown	7.30 Serie A – Live: Inter Milan v AS Roma (Kick-off 7.45)					10.00 Adobe Women's FA Cup	
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: Boston Red Sox v San Diego Padres (Start-time 6.35)					9.30 WRC Magazine	10.00 NWSL – Live (Kick-off 10.00)	

‹ Denotes programmes starting before 7.00pm † Regions vary

EASTER SUNDAY

Easter Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.00 **Harry Clark Goes to Rome** (S)(R)
10.00 **Easter Day Service: Live from Ripon Cathedral** (S)
11.00 **Urbi et Orbi** (S)
11.25 **Homes Under the Hammer** (S)(R)
12.25 PM **Bargain Hunt** (S)(R)
1.15 **BBC News** (S)
1.30 **Songs of Praise** New edition (S)
2.05 **Attenborough's Life in Colour** 2/2. How animals use colour. (S)(R)(AD)
3.05 **Crookhaven** New episodes 5/8. Edgar will stop at nothing in order to win the shilling test. (S)(AD)
3.50 6/8. The gang come face-to-face with the enemy. (S1)(S)(AD)
■ Entire series on BBC iPlayer
4.35 **BBC News** (S)
4.50 **Local News** (S)
5.00 **Countryfile** New edition From Bisterne Estate in Hampshire. (S)

8.00 The Other Bennet Sister

6 PM
6.00 NEW SERIES **Secret Garden** 1/5. David Attenborough reveals the hidden wild world of Britain's backyards. He starts by focusing on an Oxfordshire garden. *See feature, page 8.* (S)(AD)
■ Entire series on BBC iPlayer

7 PM
7.00 **Antiques Roadshow** Fiona Bruce presents the show from Belfast's Botanic Gardens, where treasures include a collection of football shirts worn by some of the world's most famous goalkeepers. (S)(R)

8 PM
8.00 **The Other Bennet Sister** New episodes 7/10. Mary weighs up an unconventional offer from Mr Ryder. (S)(AD)
8.30 8/10. Mary heads to the Lake District and reconnects with Mr Hayward. (S1) (S)(AD)

9 PM
9.00 **The Capture** New episode *Simon Says:* 5/6. Carey is horrified to learn what Pierson has been through, and the extent of the conspiracy that they are both now entangled in. (S3) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 FILM PREMIERE **The Hunger Games: The Ballad of Songbirds & Snakes** Sci-fi adventure prequel starring Tom Blyth and Rachel Zegler. A young man who will one day become the tyrannical ruler of Panem mentors a contender in the 10th ritual games. (S) (2023, 12, 145min) ★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **The Claudia Winkleman Show** 4/6. Guests include James McAvoy and Gugu Mbatha-Raw. (S)(R)
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Make It at Market** (S)(R)(AD)
6.50 **A to Z of TV Gardening** (S)(R)
7.35 **Take a Hike** (S)(R)
8.05 **Countryfile** (S)(R)
9.00 NEW SERIES **Landward** A special edition to celebrate the programme's 50th anniversary. (S)
9.30 **Beechgrove Garden** (S)(R)
10.00 **Saturday Kitchen Best Bites** New edition With Mel Giedroyc. (S)
11.35 **Great British Menu** (S)(R)(AD)
12.35 PM FILM **Easter Parade** Musical. (S) (1948, U, 100min) ★★★★★
2.15 FILM **High Society** Romantic musical comedy with Bing Crosby, Grace Kelly and Frank Sinatra. (S) (1956, U, 105min) ★★★★★
4.00 **Natural World: Tiger Dynasty** Two tigers are released into the wild to breed. (S)(R)(AD)
5.00 **Flog It!** Interesting finds. (S)(R)

10.00 The Imitation Game

6 PM
6.00 **This Farming Life** 6/12. Zara is shattered by a discovery on her cattle round, Noah misses lambing while studying for school exams, and Gayle is signed off work with pregnancy concerns. (S)(R)

7 PM
7.00 **Big Cats 24/7** 5/6. An opportunistic group of Xudum lionesses surprise the crew with newborn cubs, but tragedy soon strikes, and Lediba the leopard must provide for her growing cub. (S)(R)(AD)

8 PM
8.00 **Burma with Simon Reeve** 2/2. The adventurer heads into Burma's highlands, where he attends a fire balloon festival, visits an elephant sanctuary, and goes in search of a rebel army. (S)(R)(AD)

9 PM
9.00 NEW SERIES **Pilgrimage: The Road to Holy Island** 1/3. Seven celebrities embark on a journey through north-east England to Lindisfarne. *See feature, page 20.* (S)(AD)
■ Continues tomorrow

10 PM
10.00 FILM **The Imitation Game** Biopic of mathematician Alan Turing, who broke vital Nazi codes during World War Two, but was condemned for his homosexuality. Stars Benedict Cumberbatch, Keira Knightley, Charles Dance and Mark Strong. (S) (2014, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 FILM **Being There** Oscar-winning comedy starring Peter Sellers as a naive gardener who becomes a political guru. With Melvyn Douglas and Shirley MacLaine. (S)(AD) (1979, 12, 125min) ★★★
1.55 AM **Sign Zone: Forensics: The Real CSI** 1/5. Documentary. (S)(R)(AD)
2.55 **Sign Zone: Babies** (S1) (S)(R)(AD)
3.50 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's Saturday Morning** With Patsy Kensit. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 **Fletchers' Family Farm** New edition Liz and Kelvin hold their first farmers market. (S)(AD)
12.30 PM **Love Your Garden** (S)(R)(AD)
1.00 **ITV News** (S)
1.15 **Britain's Got Talent** (S)(R)(AD)
2.30 FILM **Willy Wonka and the Chocolate Factory** Musical fantasy starring Gene Wilder. (S)(AD) (1971, U, 125min) ★★★★
4.35 **Tipping Point: Lucky Stars** Roisin Conaty, Chris Bavin and Jordan Banjo take part. (S)(R)
5.30 **The Chase** Quiz show. (S)(R)

8.00 Grace

6 PM
6.30 **ITV News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Emmerdale** Marlon is devastated, and Kerry is riddled with guilt. (S)(AD)
7.30 **Coronation Street** Ben forces Maggie to reveal that Alan was not his father, and Debbie encounters Carl. (S)

8 PM
8.00 **Grace** New episode *Capture You Dead:* 2/4. As Roy and Branson take steps to verify Cassian's intel about Sandy's murder, the body of student Charlie Downing is found in a sea lock, and Grace must find out who wanted this young woman dead. As the team investigate the campus, it becomes clear that the university harbours secrets that could be connected to Charlie's death. (S6) (S)(AD)

10 PM
10.00 **ITV News** (S)
10.15 FILM **Hot Fuzz** Crime comedy starring Simon Pegg and Nick Frost. An overachieving London police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. (S)(AD) (2007, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 FILM **Godzilla vs Kong** Sci-fi adventure starring Alexander Skarsgård. King Kong and his protectors undertake a perilous journey to locate his true home. (S)(SL) (2021, 12, 105min) ★★★
4.45 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.55 AM **The King of Queens** (S)(R)(AD)
7.10 **Everybody Loves Raymond** (S)(R)
8.30 **Frasier** 7-9/24. (S8) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Tasha Ghouri, Vicky Pattison, Ellie Kildunne, Frances Barber, Kellie Shirley and Arlo Parks. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.25 FILM **Mr Popper's Penguins** Comedy starring Jim Carrey. (S)(AD) (2011, PG, 115min) ★★★
3.20 FILM PREMIERE **Luca** Animated adventure with the voice of Jacob Tremblay. (S)(AD) (2021, PG, 110min) ★★★★ *See review, page 25.*
5.10 FILM **Toy Story 3** Animated fantasy sequel featuring the voice of Tom Hanks. The toys face an uncertain future when their owner prepares to leave for college. (S)(AD) (2010, U, 120min) ★★★★★

7.40 The Great Celebrity Bake Off

6 PM
FILM **Toy Story 3** (film started at 5.10pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.10 **News** (S)
7.40 **The Great Celebrity Bake Off for Stand Up to Cancer** New edition Hosts Noel Fielding and Alison Hammond and judges Cherish Finden and Paul Hollywood are joined by Alex Brooker, Ambika Mod, Rose Ayling-Ellis, Vicky Pattison and Sam Thompson, who must make mini rolls and syrup sponge puddings, and recreate the most iconic outfits they've ever worn in choux form. (S)(AD)

9 PM
9.00 NEW **Sarah Millican: Late Bloomer** Stand-up show from The Hexagon in Reading, in which the comedian reflects on how her timid teenage self became the woman she is now. (S)

10 PM
10.00 **The Hunt: Prey vs Predator** New edition 7/9. A first-time Predator's ruthless pursuit is soon rewarded. (S)(AD)
■ Continues tomorrow
10.55 **Gogglebox** The armchair critics share their opinions on TV shows. (S)(R)
12.00 M'T FILM **Speed** Action thriller. (S) (1994, 15, 120min) ★★★★★
2.00 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.50 **The Simpsons** (S)(R)(AD)
3.35 **Sunday Brunch Best Bits** (S)(R)
3.55 **Couples Come Dine with Me** (R)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Hotel Benidorm: Sun-Loungers & Sangria** (S)(R)
11.00 **Holidaying with Jane McDonald & Friends** (S)(R)
12.30 PM LIVE **Snooker: Tour Championship** Coverage of the opening session of the final on day seven from Manchester Central, where eight frames are scheduled to be played. *Continues at 6.30pm.* (S)
5.00 **Cash in the Attic** Jules Hudson and Paul Hayes help a Portsmouth couple. (S)(R)
5.30 **Some Mothers Do 'Ave 'Em: Secrets & Scandals** Behind the scenes of the classic sitcom following the misadventures of Frank Spencer. (S)(R)

6.30 Snooker

6.25 **News** (S)
6.30 LIVE **Snooker: Tour Championship** Katie Shanahan presents coverage of the second session of the final on day seven from Manchester Central, where the first player to reach 10 frames will be crowned champion. Last year's showpiece was a back-and-forth affair, with Mark Selby winning the first five frames of the session and seven in a row overall to take an 8-5 lead over John Higgins, but the 'Wizard of Wishaw' fought back to secure a 10-8 victory. With analysis and commentary from Stephen Hendry, John Higgins, Alan McManus and Matthew Stevens. (S)

10.00 **When Motorways Go Horribly Wrong** First-hand accounts of drivers who came to a grinding halt, from road users who failed to put their brain into gear, to extraordinary obstructions and life-or-death situations. (S)(R)

11.35 **Fare Dodgers: At War with the Law** Documentary. (S)(R)
12.35 AM **Car Pound Cops** (S)(R)
1.30 **Teleshopping** (S)
2.30 **A&E After Dark** (S)(R)
4.10 **Friends** (S4) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Miffy and Friends** (S)(R)
6.30 **The Simpsons** (S)(R)
9.20 **The Ultimate Adventure Movies** (S)(R)(AD)
10.15 FILM **The Hobbit: An Unexpected Journey** Peter Jackson's fantasy adventure based on JRR Tolkien's novel, starring Martin Freeman. (S) (2012, 12, 180min) ★★★
1.15 PM FILM **The Hobbit: The Desolation of Smaug** Peter Jackson's epic fantasy adventure starring Martin Freeman and Ian McKellen. (S) (2013, 12, 180min) ★★★★
4.15 FILM **The Hobbit: The Battle of the Five Armies** Conclusion of the fantasy adventure trilogy starring Martin Freeman. (S) (AD) (2014, 12, 180min) ★★★

4.15 The Hobbit: The Battle...

FILM **The Hobbit: The Battle of the Five Armies** (film started at 4.15pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.00 LIVE **Boxing: Fight Night** Caroline Dubois v Terri Harper: Coverage of the bout for the WBC and WBO World Lightweight titles at Olympia London. Dubois is undefeated in her 13 professional bouts to date and stopped Camilla Panatta last time out in a defence of the WBC belt Miami. However, she faces arguably her toughest test to date against Harper, who won the WBO strap against Rhiannon Dixon after she dropped down to this weight class and defended it against another previously unbeaten prospect in Natalie Zimmermann.

11.00 **Saturday Night Live** New edition US sketch show, taking a satirical sideswipe at cultural and political issues.
12.30 AM **Brassic** 6/6. (S1) (S)(R)(AD)
1.30 **Evil** 3/13. (S2) (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Rooster** New episode 5/10. Greg's ex-wife Beth shows up for a dedication ceremony on campus. (S1)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
9.00-10.00am Michelle McManus Sings for the Pope (S)(R) **10.30pm** Sportscene (S) **11.30** FILM The Hunger Games: The Ballad of Songbirds & Snakes (S) (2023, 12, 145min) ★★★ **1.55am** The Claudia Winkleman Show (S)(R) **2.40** Weather for the Week Ahead (S) **2.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
2.05pm Weatherman Walking: The Welsh Coast (S)(R) **2.35** Crookhaven New episodes (S)(AD) **4.05-4.35pm** 21st Century TV with Lucy Owen (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
4.00-6.00pm Gareth Malone's Easter Passion: The Concert (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Hen Dy Newydd (AD) **10.00** Seren Jones: Yn Fyw yn y Dwr **11.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Ysbyty **1.00pm** Y Deis **1.30** 24 Awr Newidiodd Gymru **2.15** Dan Do **2.30** Cefn Gwlad (AD) **3.05** Pobol y Cwm Omnibws (AD) **4.30** LIVE Sgorio **6.45** Dechrau Canu Dechrau Canmol New edition **7.45** Newyddion a'r Tywydd **8.00** Y Llais New edition **9.00** NEW SERIES Anfamol (AD) **9.35** Clwb Rygbi **11.20-11.55pm** Codi Hwyl: Llydaw

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Penny and Vinny have their first scan. **7.30** Josh attempts to put his best foot forward. **8.00** Elaine and Ian remain at odds, while the Truemans worry about Patrick. **8.30** The locals gather for the opening of Knight Fusion.
9.00 FILM **The Proposal** Romantic comedy starring Sandra Bullock and Ryan Reynolds. A bossy publishing executive forces her put-upon assistant to pretend they are getting married so she can avoid deportation. (2009, 12, 103min) ★★★
10.45 **Sort Your Life Out with Stacey Solomon** 4/6. Stacey and the team travel to Milton Keynes to help a family with five children.
11.45 **Behind Bars: Sex, Bribes and Murder** 1&2/2.
1.45 AM **P Diddy: The Rise and Fall** Documentary.
2.45 **Press X on the BBC**
2.55 **to 3.55** AM **Stacey Dooley: Blood, Sweat and T-Shirts**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Bolsover Castle with Lucy Worsley: Secret Knowledge** The story of the 17th-century residence in Derbyshire.
7.30 NEW **Inside Classical: Stravinsky's Firebird** Georgia Mann presents a concert by the BBC Symphony Orchestra from London's Barbican Hall.
9.00 **Harry Secombe: Welsh Greats** The life and career of the comedian and singer.
9.30 **Wogan with Joanna Lumley** With guests Harry Secombe and Spike Milligan.
10.00 **Rachel's Farm** Film director and actor Rachel Ward joins a farming revolution.
11.25 **Organ Stops: Saving the King of Instruments**
12.25 AM **Mindful Escapes: Breathe, Release, Restore**
12.55 **Bolsover Castle with Lucy Worsley: Secret...**
1.25 **Harry Secombe: Welsh...**
1.55 **Inside Classical: Stravinsky's Firebird**
3.25 **to 3.55** AM **Wogan with Joanna Lumley**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.10 PM **Kirstie and Phil's Love It or List It** Kirstie and Phil help a couple of baptist ministers in Northumberland.
5.15 **George Clarke's Remarkable Renovations** Converting a derelict bakery in Lincolnshire into a home.
6.20 **Four in a Bed** The contest kicks off at The Bickford Arms in Holsworthy, Devon. **6.50** From Newchester Farmhouse B&B, Somerset.
7.25 **Four in a Bed** The third visit us to The Quay Inn in Minehead, Somerset. **7.55** The final visit of the week is to Old Walls Vineyard Luxury Lodges in Devon. **8.30** The B&Bers meet up for the final time.
9.00 **The Emergency Ward** New edition Doctors Jonathan and Ruth examine a motorcyclist who can't feel his legs, while a dentistry student evacuated out of the Middle East has shocking shrapnel wounds.
10.00 **24 Hours in A&E** Doctors are concerned that 38-year-old Stacie may be paralysed following a fall from a tree at a friend's party.
11.05 **24 Hours in A&E**
12.10 AM **The Emergency Ward**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 FILM **Patrick** Comedy starring Beattie Edmondson. (2018, PG, 94min) ★★★
9.00 **Ramsay's Kitchen Nightmares USA**
12.00 NOON **Married at First Sight Australia** Double bill.
3.20 PM **The Simpsons**
6.50 **The Amazing Race Australia** New edition After an overnight flight, the remaining racers arrive in Langkawi, an island paradise off the west coast of Malaysia.
8.00 **The Simpsons** *Boyz N the Highlands:* Bart and Martin have to run for their lives when a weekend in the wilderness takes a dark turn. **8.30** *You Won't Believe What This Ep's About – Act 3 Will Shock You!* Homer is accused of leaving Santa's Little Helper in a hot car.
9.00 FILM **Top Gun: Maverick** Action drama starring Tom Cruise. Pete 'Maverick' Mitchell gets called back to the Top Gun academy, where he must train a new band of recruits for a deadly mission. With Jennifer Connelly, Miles Teller and Val Kilmer. (2022, 12, 130min) ★★★★
11.40 **Naked Attraction**
12.45 AM **Gogglebox 2023**
2.40 **First Dates**
3.35 **Gogglebox**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

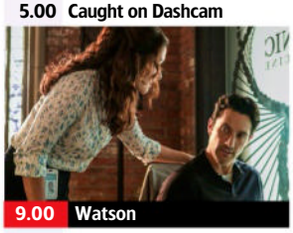
Sunday primetime primetime

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Stop, Search, Seize**
8.00 **Caught Red Handed**
10.00 **Border Patrol**
11.00 **Customs UK** Four editions.
1.00 PM **Nothing to Declare UK**
2.00 **The Best of Nothing to Declare** Double bill.
3.00 **Nothing to Declare** Four editions, including at: **4.30** A Chinese bulk carrier docks in Newcastle, alerting staff to a security breach.
5.00 **Caught on Dashcam**


9.00 Watson

7 PM
7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM
8.00 **Caught on Dashcam** A countdown of the most incredible, hilarious and spectacular real-life crashes in the world.

9 PM
9.00 **Watson** New episode *Livvy Sees the Doctor:* 8/20. John and the fellows are taken hostage by a man with a bomb. (S2)

10 PM
10.00 **The Rookie** *Baja:* 7/18. Harper and Lucy work undercover in Baja to investigate the murder of two women. (S8)
11.00 **Fire Country** 12/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 4/22. (S1)
1.00 AM **Law & Order: Special Victims Unit** 13/22. (S26)
2.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Penguin** 4-6/8. (S1)
11.30 **A Knight of the Seven Kingdoms** 1-6/6. (S1)
4.00 PM **Under Salt Marsh** 1/6. Crime drama starring Kelly Reilly and Rafe Spall. **5.00** 2/6. Jackie and Bull must put aside years of mistrust before the town's tensions ignite into violence. **6.00** 3/6. Jackie and Bull are forced into an uneasy alliance and share information while following separate leads. (S1)

4.00 Under Salt Marsh

7.00 **Under Salt Marsh** 4/6. Jackie struggles after her estranged sister returns and reignites years of guilt and betrayal.

8.00 **Under Salt Marsh** 5/6. Rising floodwater cuts Morfa Halen off from the world as another body is discovered.

9.00 **Under Salt Marsh** 6/6. Jackie and Bull discover the horrifying truth behind the crimes haunting the town. (S1)

10.00 **DTF St Louis** *Amphezyne:* 5/7. Plumb and Homer uncover some new information about Carol's past. (S1)
11.00 **All Her Fault** 5/8. (S1)
12.00 M'T **The Last of Us** (S2)
2.00 AM **DTF St Louis** New episode 6/7. Floyd's ego takes a hit after he fails to reconnect with Carol. (S1)
3.00 **The Last of Us** 4/7. (S2)
4.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
9.25 **Deal or No Deal**
11.30 **Celebrity Sabotage**
12.30 PM **Celebrity Catchphrase**
1.30 **Ice Age: The Great Egg-Scapade**
2.05 **FILM Hop** Family comedy. (2011, U, 94min) ★★★
4.00 **Britain's Got Talent**
5.15 **Britain's Got Talent: Unseen** New edition Reality contest.
5.40 **FILM E.T. The Extra Terrestrial** Sci-fi fantasy. (1982, U, 114min) ★★★★★

5.40 E.T. The Extra Terrestrial

E.T. The Extra Terrestrial (film started at 5.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **FILM No Time to Die** James Bond thriller starring Daniel Craig. Agent 007 sets off on the trail of an enigmatic villain armed with lethal new technology. With Léa Seydoux, Rami Malek, Ana de Armas and Christoph Waltz. (2021, 12, 163min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Family Guy** 6/22. Brian and Quagmire go on a press tour after Brian lands a plane. (S23)
11.40 **Family Guy** 18/20. (S20)
12.15 AM **Family Guy** 13/20. (S20)
12.45 **American Dad!** (S17)
1.45 **Plebs** 3/8. (S3)
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** (S4)
8.15 **Lewis** *The Indelible Stain.*
10.10 **Doc Martin** 5/8. (S4)
11.10 **FILM Chitty Chitty Bang Bang** Musical fantasy starring Dick Van Dyke. (1968, U, 136min) ★★★★★
2.10 PM **FILM Carry On Girls** Comedy starring Sid James. (1973, PG, 88min) ★★
3.55 **FILM Carry On Again Doctor** Comedy with Kenneth Williams. (1969, PG, 88min) ★★
5.45 **Goodnight Mister Tom** Wartime drama with John Thaw.

11.50 Code of Silence

Goodnight Mister Tom (started at 5.45pm)

8.00 **Midsomer Murders** *Four Funerals and a Wedding:* Barnaby and Jones find themselves forced to dip into the annals of Broughton village after a contest pitting men against women results in two deaths.

10.00 **Midsomer Murders** *Tainted Fruit:* A socialite is found dead, and police investigations uncover a dark world of adultery and deceit in affluent Midsomer Malham.
11.50 **Code of Silence** 1&2/6. Crime drama starring Rose Ayling-Ellis. A deaf woman aids a police surveillance. (S1)
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Auto Mundial** New edition
6.55 **Motorsport Mundial**
7.25 **Boon** 8/14. (S6)
8.35 **The Big Match Revisited**
10.20 **Made in Britain**
11.20 **Sharpe** *Sharpe's Honour:* 3/3. The soldier finds himself facing execution for murder. (S2) **1.30** PM *Sharpe's Gold:* 1/3. Spanish rebel El Casco captures British deserters. **3.40** *Sharpe's Battle:* 2/3. Sharpe takes charge of an unprepared unit. (S3)

5.45 Battle of the Bulge

5.45 **FILM Battle of the Bulge** World War Two drama starring Henry Fonda and Robert Shaw. In December 1944, a Nazi panzer commander tries to turn the tide of the war. With Robert Ryan. (1965, PG, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. With Kelly McGillis and Val Kilmer. (1986, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Black Sails** 7/8. Vane enters into a fight for his life. (S1)
12.15 AM **Lost Car Rescue** A car once owned by Al Capone.
1.10 **The Sweeney**
2.05 **Minder**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.30 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **LIVE Sportscene** Glasgow City v Hearts: Coverage of the SWPL match from Petershill Park. Kick-off is at 7.30.
9.45 **Long Story Short: Pineapple** Comedy short starring Harmony Rose Bremner.
10.00 **Still Game** 4/6. Jack and Victor persuade Navid to let them stay in his caravan. (S8)
10.30 **Scot Squad** 1/4. The coppers help a hungover woman who is stuck in a hedge. (S1)
11.00 **Situationships with Sophie and Christine** Sophie Gravia and Christine McGuinness offer relationship advice.
11.30 PM **to 12.00** M'T **Scotland Stands Up** Stuart Mitchell hosts a night of comedy.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 2-4/8. (S1)
9.30 **The Reluctant Landlord**
12.30 PM **Will & Grace** (S7&6)
4.00 **Community** (S3)
6.30 **The Office (US)** 1/26. Michael regrets starting a rumour about Stanley. **7.00** 2/26. David Wallace and Jim have a private meeting. **7.30** 3/26. Jim has to tell the staff that not everyone will get a rise. **8.00** 4/26. Part one of two. The staff head to Niagara Falls. **8.30** 5/26. Part two of two. Pam deals with an embarrassing injury. (S6)
9.00 **Ricky Gervais: Fame**
10.30 **Maisie Adam: Appraisal**
11.50 **Lucy Beaumont: Live at Royal Court Theatre**
12.45 AM **Saturday Night Live UK** 3/8. Riz Ahmed hosts.
2.00 **Saturday Night Live**
3.30 **The Comeback** New episode 3/8. (S3)
4.10 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Sir Simon Rattle: The Joy of Conducting**
7.15 **Tales of the Unexpected**
9.00 **Beyond the Brush**
10.00 **Spymasters: The Great Spy Writers**
11.00 **Jesus Christ Superstar: Live in Concert**
12.50 PM **FILM Easy Come, Easy Go** Musical starring Elvis Presley. (1967, U, 95min) ★★
2.40 **Classic Artists: Cream**
5.00 **André Rieu: Power of Love** A 2024 concert.
7.00 **Elvis Presley: The Early Years**
8.00 **Elvis: Summer of '56**
9.00 **When Elvis Met Priscilla**
10.00 **Elvis Presley: Aloha from Hawaii**
11.40 **Elvis: Tortured Soul**
1.05 AM **Opry Live**
2.05 **St Vincent Plays Baloise Session**
3.50 **Greatest Albums Live**
5.30 **to 6.00** AM **Discovering: Jethro Tull**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
12.00 NOON **FILM Paint Your Wagon** Vintage Western musical. (1969, PG, 164min) ★★★
3.00 PM **Dogs with Extraordinary Jobs**
4.10 **Impossible Animals**
5.15 **Shark with Steve Backshall** The sharks of the Indian Ocean.
6.15 **FILM Seven Dials Mystery** Agatha Christie mystery drama starring John Gielgud. (1981, 12, 132min) ★★★★
9.00 **Rob & Romesh vs The Three Lions** The duo meet the England men's football team.
10.00 **Micky Flanagan: An' Another Fing Live** Stand-up performance.
11.45 **Brassic** *Gideon's Mum Funeral:* 2/8. (S3)
12.40 AM **Caught on Dashcam**
1.35 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Millionaire Hot Seat**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Kev tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Quiz show with Jeremy Clarkson.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** A team of five friends and family get their chance to win a bumper cash prize.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It**
4.00 **A Place in the Sun**
8.00 **The Dog House** A Great Dane called Scooby comes to Woodgreen looking for a friend to take home.
9.00 **Gogglebox** Double bill.
11.00 **Hatton Garden: The Great Diamond Heist** How the gang that pulled off the 2015 jewellery heist in London's Hatton Garden diamond district were captured thanks to a series of twists, turns and betrayals.
12.40 AM **FILM Stormbreaker** Teen spy adventure with Alex Pettyfer, Mickey Rourke and Bill Nighy. (2006, PG, 93min) ★★★
2.25 **Taskmaster: Champion of Champions** Previous winners make a return.
3.25 **24 Hours in A&E**
4.20 **to 4.50** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** (S4)
3.00 PM **Star Trek: Deep Space Nine** 5/26. Dr Bashir helps an outcast recover from a trance-like state. **4.00** 6/26. Odo protects an unexpected defector. **5.00** 7/26. Legendary Klingon hero Kor asks Worf for help in undertaking one last mission. **6.00** 8/26. Sisko takes command of a bedraggled squadron occupying a distant communications post. (S7)

9.00 Revival

7.00 FILM **Stargate: Ark of Truth** Sci-fi adventure spin-off starring Michael Shanks and Ben Browder. The SG-1 team journey to another galaxy to stop an invasion of Earth and the destruction of humanity. (2008, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Revival** *Bloodlines:* 6/10. A breakthrough turns deadly when the Cypress family become a target.

10.00 **Revival** *Too Many Secrets:* 7/10. With Wausau under martial law, Wayne tries to shield his daughters from the rising chaos. (S1)
11.00 **Revival** 8/10. Dana and Em piece together the truth about Revival Day's origins. **12.00** M'T 9/10. Wayne and Dana race to free the Revivers. **1.00** AM 10/10. A discovery changes the Cypress family and Wausau for ever. (S1)
2.00 **The Walking Dead** (S1&2)
4.05 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S11)
10.00 **Beyond Paradise**
11.20 **Death in Paradise** Four episodes, including at: **3.20** PM 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)
4.40 **Beyond Paradise** Humphrey investigates a series of break-ins in which Santa is the number one suspect.
6.00 **Miss Scarlet** 2/6. The divorce of a high-society couple causes scandal when their settlement becomes public. (S6)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *Murdoch in Hogtown:* 13/21. Reporter Louise Cherry investigates a suspicious death. (S19)

8.00 **Death in Paradise** *Christmas Special:* 9/9. A shipping magnate is found dead at a party, and things get stranger when a man in London receives a Christmas card connected to the victim's death. (S10)

10.00 **NCIS: Sydney** *Extraction:* 6/8. A man in a concealed US Navy jacket drops dead from a cocaine overdose in Bondi. (S1)
11.00 **Father Brown** *The Flower and the Fairway:* A body is discovered on a golf course.
12.00 M'T **The Boy That Never Was** 4/4. Harry manages to throw Robin off the trail. (S1)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **The Good Life**
9.10 **The Vicar of Dibley**
1.25 PM **The Vicar of Dibley** Seven episodes, including at: **4.00** Geraldine's hopes of romance are fuelled by a visit from David's dashing brother. **4.55** Alice suggests an unconventional nativity play. **5.45** Alice and Hugo's baby is christened, while David asks Geraldine to marry him. **6.40** A summer water shortage presents problems for the locals – especially Alice.

9.00 Gavin & Stacey

7.35 **The Vicar of Dibley** Geraldine is keen to celebrate the anniversary of Live Aid – conveniently ignoring her 40th birthday is on the horizon.
8.10 **The Vicar of Dibley** Geraldine makes the supreme sacrifice by giving up chocolate for Lent.

9.00 **Gavin & Stacey** Nessa and Dave's wedding day arrives, while Stacey has big news for Gavin. **9.40** Nessa goes into labour a month early.

10.15 **Mrs Brown's Boys** Agnes goes on a diet after her family's comments about her weight.

11.00 **Mrs Brown's Boys** Agnes gets the wrong end of the stick and fears her relatives are planning to send her to a nursing home.
11.40 **The Vicar of Dibley**
12.20 AM **Gavin & Stacey**
1.40 **Mrs Brown's Boys**
2.50 **to 4.00** AM **Gavin & Stacey**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
7.50 **Top Gear** An epic road trip up America's east coast.
9.20 **Top Gear: India Special**
11.20 **Top Gear: USA Special**
12.20 PM **Top Gear: Patagonia Special** A trip to the world's southernmost city.
3.00 **Guy Martin: Proper Jobs**
5.00 **The Americas with Simon Reeve** Simon travels down the Rocky Mountains from Montana to Colorado. **6.00** The adventurer travels the length of California.

5.00 The Americas

7.00 **Special Ops: To Catch a Criminal** A woman's suspicious death sparks a global investigation into a self-proclaimed 'healer'.

8.00 **Special Ops: To Catch a Criminal** A routine visit by the RSPCA to a house uncovers an underground dog-fighting gang.

9.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical current affairs quiz, with guests Jo Brand and Katy Balls.

10.00 **QI** With Joe Lycett, Zoe Lyons and Liza Tarbuck.
10.40 **Mock the Week** With Rob Beckett, Miles Jupp, Romesh Ranganathan and Tiff Stevenson.

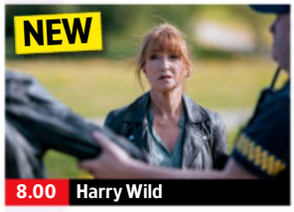
11.20 **Mock the Week** With Josh Widdicombe and Ed Byrne.
12.00 M'T **Live at the Apollo: Christmas Special**
1.00 AM **QI XL** With Dan Tiernan.
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill** Five episodes.
11.55 **Call the Midwife** (S7)
2.35 PM **Catherine Cookson's The Rag Nymph** Feature-length period drama charting the relationship between a tough Newcastle rag-woman and the waif she resolves to protect. Stars Honeysuckle Weeks.
5.50 **Sister Boniface Mysteries** *My Brother's Keeper:* 4/10. Sister Reginald's ex-con brother Alfie shows up at the convent. The sisters agree to let him stay, but when an artist is found dead, all eyes are on Alfie. (S1)



8.00 Harry Wild

6.50 **Campion** *Look to the Lady – Part One:* 1/8. Campion and Lugg agree to help a British family protect the Gyrth Chalice. (S1)

8.00 NEW SERIES **Harry Wild** *Heads, I Win. Tails, You Lose:* 1/8. Harry takes on a disturbing case. (S4)
■ Entire series on U

9.00 **Silent Witness** *In Plain Sight:* Feature-length episode. The accidental fatal shooting of a Polish teenager in an armed police operation sparks a series of murders, which links Turkish gangsters, a grieving family and a fractured firearms unit.

11.15 **New Tricks** *Final Curtain:* The inclusion of a letter in a late actor's biography reopens an old case for the team. Guest stars Dexter Fletcher.
12.35 AM **Call the Midwife** (S7)
1.55 **A Small Light** 2/8. (S1)
2.50 **to 4.00** AM **Art Detectives**

+1 hour 243 316 60 260

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops**
9.20 **Murder, She Wrote**
12.20 PM **Blue Bloods** (S8)
5.00 **NCIS: Los Angeles** *Patriot Acts:* 20/24. An ex-Marine is suspected of creating a bomb. **6.00** *Touch of Death:* 21/24. Crossover episode with *Hawaii Five-O*. **7.00** *Neighbourhood Watch:* 22/24. Kensi and Deeks go undercover. **8.00** *Sans Voir:* 23/24. Two men are killed at a gun shop. **9.00** *Sans Voir:* 24/24. The team are taken on a wild goose chase. (S3)
10.00 **Law & Order: Special Victims Unit** *Probability of Doom:* 7/13. A woman decides to turn her husband in. (S25)
11.00 **Law & Order: Special Victims Unit** (S25&24)
1.50 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S1)
10.00 **Cats and Dogs at War**
11.00 **Dogs Behaving (Very) Badly** Double bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **7.00** The hunt for a suspected burglar takes an unexpected turn. **8.00** A suspected drunk driver nearly causes a calamity.
9.00 **Crime of Passion? The Trial of Jane Andrews** A former aide to Sarah Ferguson who was found guilty of murder.
10.35 **Accused: Guilty or Innocent?** A brawl ends in a killing.
11.25 **Hidden in My House**
12.20 AM **My Lover, My Killer**
1.20 **Skin A&E** Documentary.
2.20 **Casualty 24/7: Every Second Counts**
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Trucking Hell**
11.35 **Outback Truckers**
1.30 PM FILM **Cahill: United States Marshal** Western adventure. (1973, 15, 98min) ★★★
3.35 FILM **Chisum** Western starring John Wayne. (1970, PG, 110min) ★★
6.00 FILM **Rio Bravo** Classic Howard Hawks Western starring John Wayne and Dean Martin. (1959, PG, 140min) ★★★★★
9.00 FILM **Big Jake** Western starring John Wayne as an elderly Texas cattleman who swings into action when his grandson is kidnapped. (1971, 15, 110min) ★★★
11.10 **Motorway Cops: Catching America's Speeders** Four editions.
3.10 AM **Winter Road Rescue** Documentary.
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick** Five editions.
6.00 **Inside the Ambulance: Coast and Country** Paramedics treat a baby with breathing problems. **7.00** Paramedics help a woman with a broken leg and facial injuries.
8.00 **Inside the Operating Theatre** Seven-year-old Nancy has an operation to straighten her squint. **9.00** Anne undergoes an operation to remove a lump from her foot.
10.00 **The Catherine Tate Show** Triple bill.
12.00 M'T **Bad Girls Behind Bars** Documentary.
1.00 AM **The Gentle Art of Swedish Death Cleaning**
1.45 **Louis Theroux Interviews... Bear Grylls**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **The World at War**
11.00 **Canal Boat Diaries**
1.00 PM **Martin Clunes: Islands of America**
2.00 **Joanna & Jennifer: Absolutely Champers**
3.00 **Turkey with Simon Reeve** Double bill.
5.00 **Canal Boat Diaries**
7.00 **Dom Chinea's Cornish Workshop** Sam Lovegrove mends Dom's vintage motorbike for a cliff top trial.
8.00 **Whatever Happened to the Likely Lads?** 1/13. First episode of the classic comedy sequel. **8.40** 2/13. Terry does not get the welcome home he was expecting. **9.20** 3/13. Bob starts to have doubts about his marriage. (S1)
10.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **The Repair Shop**
2.00 PM **Antiques Road Trip**
7.00 **A Place in the Sun**
9.00 **Long Lost Family** A woman looks for the father she never knew.
10.00 **Who Do You Think You Are?** Actor Minnie Driver researches her father's background.
11.00 **Help! My House Is Haunted** A man needs help proving his Elizabethan farmhouse is filled with spirits. **12.00** M'T A brutal double murder haunts an infamous home in County Donegal, Ireland. **1.00** AM A pair of pub landlords open up the door to a secret cellar.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **The Waltons**
3.10 PM **FILM George and Mildred** Comedy spin-off. (1980, PG, 93min) ★
5.05 **FILM Are You Being Served?** Comedy spin-off with John Inman. (1977, PG, 95min) ★★
7.10 **FILM Blue Murder at St Trinian's** Comedy with George Cole and Joyce Grenfell. (1957, b/w, U, 85min) ★★★
9.00 **FILM The Great St Trinian's Train Robbery** Farcical comedy starring Frankie Howerd, Dora Bryan and George Cole. (1965, U, 94min) ★★★
11.00 **Robin's Nest** 1/7. Robin tries to open a bistro. **11.30** 2/7. The bistro opens amid chaos. (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Rumpole of the Bailey** 3/6. (S3)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **Berlin Olympics 1936** Documentary.
10.00 **FILM Apache Drums** Western adventure. (1951, U, 76min) ★★
11.50 **FILM Destry Rides Again** Comedy. (1939, b/w, PG, 94min) ★★★★★
2.00 PM **FILM Midway** World War Two drama. (1976, PG, 130min) ★★
4.50 **FILM Night People** Cold War thriller. (1954, PG, 93min) ★★★
7.00 **FILM Reign of Fire** Sci-fi adventure. (2002, 12, 102min) ★★★
9.00 **FILM Predators** Sci-fi action thriller sequel starring Adrien Brody. (2010, 15, 102min) ★★★
11.20 **FILM Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
1.25 AM **The Baron**
4.00 **FILM Stonados** Thriller. (2013, PG, 90min) ★
5.25 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Diagnosis Murder**
9.00 **FILM A Diagnosis of Murder** Adventure. (1992, PG, 88min) ★★
11.00 **Murder, She Wrote** Ten episodes of the mystery.
9.00 PM **FILM The Bone Collector** Crime thriller with Denzel Washington and Angelina Jolie. A paralysed homicide detective and a rookie cop join forces to catch a fiendish serial killer. (1999, 15, 117min) ★★★
11.30 **FILM An Emma Fielding Mystery: Site Unseen** Drama starring Courtney Thorne-Smith. (2017, PG, 90min) ★★
1.35 AM **FILM Nanny Beware** Crime thriller starring Lesa Wilson. (2023, 15, 92min) ★★
3.25 **to 5.00** AM **FILM Off the Rails** Drama with Hannah Barefoot. (2017, PG, 82min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Love on the Vines** (2016, PG) ★★
10.00 **FILM One Perfect Match** Comedy. (2023, PG) ★★
12.00 NOON **FILM Love, Fall & Order** Drama. (2019, U, 84min) ★★
1.55 PM **FILM Autumn in the City** Romantic drama. (2022, U, 84min) ★★
3.50 **FILM Home for Harvest** Drama. (2019, PG) ★★
5.45 **FILM October Kiss** Drama. (2015, PG) ★★
7.40 **FILM Autumn in the Vineyard** Drama. (2016, PG, 84min) ★★
9.30 **FILM Christmas with a View** Romantic drama. (2018, PG, 91min) ★★
11.30 **FILM Christmas in Toyland** Comedy. (2022, PG, 85min) ★★
1.30 AM **FILM A Country Romance** Drama. (2021, PG, 83min) ★★
3.10 **to 5.00** AM **FILM Autumn in the Vineyard**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **FILM Futtock's End** Silent comedy. (1970, 12, 47min) ★★
2.00 **FILM The Odd Job** Comedy with David Jason. (1978, 15, 87min) ★★
3.45 **FILM The Inglorious Bastards** War thriller starring Bo Svenson. (1978, 15, 99min) ★★
5.45 **FILM Rogue Male** Thriller with Peter O'Toole. (1976, 15, 105min) ★★
8.00 **Garden Rescue**
10.00 **FILM Au Pair Girls** Comedy with Gabrielle Drake and Astrid Frank. (1972, 18, 86min) ★★
12.00 M'T **FILM The Deadly Females** Comedy drama starring Rula Lenska. (1976, 15, 105min) ★★
2.00 AM **FILM Futtock's End**
3.00 **Battle of Britain: Empty Skies**
4.15 **Real Thick Glasses**
4.30 **to 5.00** AM **Queer Lives Today**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **The Fenn Street Gang**
8.30 **The Dustbinmen**
9.30 **Bubblegum & Cheese**
10.30 **Star Maidens** (S1)
11.30 **That's My Dog**
12.00 NOON **The Champions**
2.00 PM **Boon** 4/13. (S4)
3.05 **Space 1999** (S2)
5.15 **The Fenn Street Gang**
6.15 **The Brian Conley Show**
7.15 **The Dustbinmen** (S3)
8.15 **Boon** *Of Meissen Men:* 4/13. Ken investigates a missing husband. (S4)
9.20 **McCallum**
10.25 **FILM The Teacher** Thriller with Jay North. (1974, 15, 90min) ★★
12.25 AM **FILM Virgin Witch** Fantasy horror starring Vicki and Ann Michelle. (1972, 18, 85min) ★★
2.10 **Stereo Underground**
3.10 **McCallum**
4.15 **Bubblegum & Cheese**
5.05 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Shorty's Dream Shop**
7.00 **Mysteries of the Deep** Jeremy Wade investigates an accident involving a nuclear submarine. **8.00** The strange disappearance of an Indonesian submarine.
9.00 **Ancient Unexplained Files** Uncovering the mystery behind human skulls from Chile. **10.00** An ancient burial ground in Germany.
11.00 **Expedition X** A beast that terrorises the Bayou. **12.00** M'T Phil and Jess investigate an abandoned mining town. **1.00** AM Phil and Jess investigate Utah's Uintah Basin.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie's 15 Minute Meals** Six editions.
9.00 **Jamie's Fish Supper**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
3.00 PM **Adam Richman Eats Italy** Ten editions of the series, including at: **7.30** Adam visits Rome to taste the iconic foods named after the city.
8.00 **Mary Berry's Easter Feast** 1/2. Mary explores the roots of her faith. **9.00** 2/2. The foods that bring different communities together.
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Tom Kerridge's Sunday Lunch** Fish and chips.
11.30 **Tom Kerridge More Sunday Lunch**
12.00 M'T **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
9.00 **T.J. Hooker** (S2)
2.00 PM **FILM Jesse James the Unstoppable Outlaw** Adventure. (2018, 12, 80min) ★★
3.50 **FILM Reign of Fire** Sci-fi adventure. (2002, 12, 102min) ★★★
5.45 **FILM Gods of Egypt** Fantasy adventure with Nikolaj Coster-Waldau. (2016, 12, 127min) ★★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM Inside Man** Crime drama starring Denzel Washington. (2006, 15, 129min) ★★★★★
11.40 **FILM Unlocked** Thriller starring Noomi Rapace. (2017, 15, 98min) ★★★
1.35 AM **FILM Renegades** Action adventure. (2017, 15, 106min) ★★
3.35 **to 5.15** AM **FILM Dog Eat Dog** Crime thriller. (2015, 18, 93min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Princess of Mars** Sci-fi action adventure. (2009, 12, 90min) ★★
12.00 NOON **The Poseidon Adventure** Disaster drama with Rutger Hauer and Adam Baldwin.
4.00 PM **The Fall Guy** (S3)
9.00 **FILM The Land That Time Forgot** Adventure starring Doug McClure. (1974, PG, 91min) ★★★
10.55 **FILM Hitmen** Thriller starring Eric Roberts. A powerful CEO seeks vengeance for his grandson's death. (2023, 15, 109min) ★★
1.20 AM **FILM The Final Wish** Horror thriller starring Michael Welch. (2019, 15, 95min) ★★
3.15 **FILM Shark Season** Disaster thriller. (2020, PG, 87min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Road Wars**
6.45 **Hardcore Pawn**
9.15 **Junk & Disorderly**
10.10 **Flipping Bangers**
11.10 **The UnXplained with William Shatner**
4.00 PM **Banned from the Bible** Examining stories omitted from the Bible.
5.00 **The Mystery of the Holy Lance**
6.10 **Book of Secrets with Lance Reddick**
7.05 **Beyond Skinwalker Ranch** Chris Bledsoe and his daughter Emily pool their talents.
8.00 **Curse of Skinwalker Ranch** The team launch high-powered rockets into the sky on Skinwalker Ranch.
9.00 **Death Coast**
11.00 **Paranormal: Caught on Camera** Double bill.
1.00 AM **The Proof Is Out There** Triple bill.
4.00 **to 6.00** AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Abandoned Engineering** Double bill.
11.00 **Columbo** Triple bill.
5.00 PM **Columbo** *Sex and the Married Detective:* A therapist murders her lover and frames her assistant for the crime. **7.00** *Grand Deceptions:* An army colonel kills a blackmailer who has found out about his misdeeds, only to receive a visit from the crumpled cop.
9.00 **Andrea Bocelli 30: The Celebration** Footage from a three-day concert celebrating Andrea Bocelli's 30th anniversary.
11.00 **Taggart** *Gingerbread:* A dying man's last answerphone message creates confusion.
1.45 AM **The Great Fire of London with Rob & Ruth** Documentary.
3.10 **to 4.00** AM **The Hotel Inspector**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Dermot Murnaghan, Omid Djalili, Susan Calman and Perri Shakes-Drayton.
6.00 **The Chase: I'm a Celebrity... Special** With former campmates Rita Simons, Malique Thompson-Dwyer, Fleur East and James McVey.
7.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.30 PM **The Big Bang Theory** 24/24. Leonard's recently divorced parents come to town. (S9) **8.00** 1/24. The gang gather for Penny and Leonard's second wedding ceremony. **8.30** 2/24. Penny accidentally reveals Bernadette is pregnant. **9.00** 3/24. Raj discovers how Bernadette feels about her pregnancy. **9.30** 4/24. Howard and Bernadette decide they do not want to know the the baby's gender. (S10)
10.00 **Mock the Week**
11.00 **Dr Pimple Popper**
12.00 M'T **Young Sheldon**
12.30 AM **Dr Pimple Popper**
1.30 **Say Yes to the Dress**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Best of Mr Bean**
9.00 **Mr Bean** 3-6/14. (S1)
11.15 **Impractical Jokers**
11.45 **Friends** (S10&1)
8.00 PM 7/24. Chandler gets trapped in a bank's ATM lobby with a model. **8.30** 8/24. The pals pay their last respects at the funeral of Monica and Ross's grandmother. (S1)
9.00 **FILM Junior** Comedy starring Arnold Schwarzenegger. (1994, PG, 110min) ★★★
11.10 **8 Out of 10 Cats**
12.50 AM **Impractical Jokers**
1.20 **Whose Line Is It Anyway? USA**
1.50 **Fat Chat with Desiree Burch** With David Jordan.
2.00 **Lee Evans Live: The Different Planet Tour**
3.30 **Iain Stirling's Roast the Internet**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Friends** 16-18/18. (S10)
10.30 **Criminally Funny**
5.50 PM **Mr Bean** (S1)
9.00 **Friends** 19/24. Rachel loses Ross's pet monkey. **9.30** 21/24. Ross tries to find a new home for his pet monkey. (S1) **10.00** 3/24. The gang's strange neighbour Mr Heckles passes away. **10.30** 4/24. Phoebe shocks everyone by revealing she is married. **11.00** 6/24. Monica accidentally poisons Ross with her kiwi-lime pie. **11.30** 11/24. Carol and Susan prepare to tie the knot. (S2)
12.00 M'T **Friends** (S2)
2.00 AM **New Girl** (S3)
3.00 **The Daily Show**
4.30 **South Park** (S17&18)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s**
8.25 **In Sickness and in Health** 8/8. (S4)
9.00 **FILM Bless This House** Comedy spin-off starring Sidney James. (1972, U, 89min) ★★
10.50 **Oh, Doctor Beeching!**
1.45 PM **Going Straight** (S1)
5.20 **Birds of a Feather** (S12)
6.15 **Birds of a Feather Christmas Special** (S12)
7.15 **Birds of a Feather** (S12)
7.55 **Minder** 1/10. (S10)
9.00 **Benidorm** 1/9. (S10)
10.00 **Shameless** 4/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 2/8. (S2)
12.00 M'T **Benidorm** 1/9. (S10)
1.00 AM **Minder** 11/13. (S2)
2.05 **In Sickness and in Health** 5/6. (S3)
2.35 **Man About the House**
3.00 **Duty Free** 2/7. (S2)
3.25 **That's 60s**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Journeys: Settle to Carlisle Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.25 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Scammed**
7.00 **Catfish: The TV Show**
9.00 **MTV Unplugged: Nirvana** The grunge band's acclaimed 1993 acoustic set.
10.00 **Tattoo Fixers** The artists help aspiring teacher Victoria, who is in urgent need of a cover-up.
11.00 **Ink Master**
12.00 M'T **Dating Naked UK**
1.00 AM **Caught in the Act: Double Life**
2.00 **Sleeping with My Murderer** True-crime.
2.45 **My Lover, My Killer**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Easter Sunday

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The family get updates from some of the homesteaders they've helped. **1.00** PM The Raneys work together to solve a mystery. **3.00** The Raneys help a couple whose homestead is overrun with boglands. **5.00** Marty has to re-rescue the Broadhead family, whose Ohio home faces major structural issues. He must restore a settling berm and construct a concrete storm.

8.00 Moonshiners: Master...

7.00 Moonshiners New edition Tim and Howard race to bottle a thousand gallons before the tariff-running boat docks.

8.00 Moonshiners: Master Distiller New edition Legal and outlaw distillers attempt to turn leftover wine into shine.

9.00 Barnwood Builders Mark visits an incredible bank barn that has been completely renovated into a high-end home.

10.00 Wheeler Dealers Mike and Elvis wrestle an iconic Japanese rally car – a Mitsubishi Lancer Evo7.

11.00 Truck Dynasty A one-of-a-kind Land Rover Defender build brings in big money.
12.00 M'T **Shorty's Dream Shop** Work continues to get the bus across the finish line.
1.00 AM **Shorty's Dream Shop**
3.00 to 5.00 AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Must Love Cats
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 My Cat from Hell
5.00 Treehouse Masters Pete Nelson builds a treehouse for an Alaskan wilderness lodge.
6.00 Meet the Sloths A year in the life of five residents of the Aviarios Sloth Sanctuary. **6.30** An emergency rescue operation puts sanctuary vet Marcello on the spot.

8.00 The Diamond Collar

7.00 How Do Animals Do That? Whether wolves are smarter than dogs. **7.30** Asking why drowned ants don't actually drown.

8.00 The Diamond Collar Rehoming abandoned animals in New York. **8.30** James actions a rescue at a junkyard.

9.00 Alaska: Surviving the Last Frontier Carolyn Wise goes on a moose hunt, and the Flower Lake group stalk squirrels.

10.00 Tanked Brett Raymer and Wayde King recall some of their favourite moments from the series.

11.00 Tanked The brothers-in-law recreate a spine insert.
12.00 M'T **Fish or Die**
1.00 AM **Sharks of the Shadowlands** Documentary.
2.00 Expedition Bigfoot
3.00 The Diamond Collar
4.00 to 5.00 AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Secret Nazi Science**
10.00 Decoding History's Prophecies Rasputin.
11.00 Europe from Above
12.00 NOON **Wild India**
3.00 PM **Secrets of the Bees** 1/2. An insight into bee intelligence. **4.00** 2/2 Challenges facing bees around the world.
5.00 The Jesus Mysteries Re-examining the life of Jesus.
6.00 Buried Secrets of the Bible 1/2. The truth behind Bible stories, beginning with the Parting of the Red Sea.

3.00 Secrets of the Bees

7.00 Buried Secrets of the Bible 2/2. Albert Lin uncovers the story behind the destruction of Sodom and Gomorrah.

8.00 NEW SERIES **Lost Treasures of the Bible: Secrets of Faith** Experts search Jerusalem for evidence of Jesus.

9.00 Planes That Changed History New edition Exploring the story of the F117 Nighthawk, the world's first stealth jet.

10.00 Drain Alcatraz Cutting-edge visuals drain the water around Alcatraz to reveal why the infamous prison was so inescapable.

11.00 Australia's Hardest Prison Documentary exploring Casuarina maximum security institution in Western Australia.
12.00 M'T **Air Crash Investigation**
1.00 AM **Witches: Truth Behind the Trials** Double bill.
3.00 Sex in the Stone Age
4.00 to 5.00 AM **Paranatural**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Secrets of Great British Castles** Double bill of editions.
8.00 Storage Wars Six editions.
11.00 Pawn Stars Triple bill.
2.00 PM **Container Wars**
4.00 Secrets of the Lost Liners The story of the ill-fated ocean liner *Titanic*, which sank on its maiden voyage.
5.00 History's Greatest Mysteries The sinking of the *Titanic*.
6.00 Titanic: A Dead Reckoning Examining whether the sinking of the *Titanic* was also the scene of a crime.

9.00 Sex: A Bonkers History

7.00 Titanic: Mystery Solved Documentary in which experts examine previously undiscovered evidence of flaws in the *Titanic*'s design that may have contributed to the ship sinking in April 1912.

9.00 Sex: A Bonkers History Docu-drama exploring how sexual behaviours through the ages have shaped civilisations.

10.00 Sex: A Bonkers History Exploring how the Tudor sexual appetites changed the course of British history for ever.

11.00 Sex: A Bonkers History Focusing on the Georgian era.
12.00 M'T **Sex: A Bonkers History**
2.00 AM **History's Deadliest with Ving Rhames** Weapons.
3.00 Mysteries Unearthed with Danny Trejo
4.00 The UnBelievable with Dan Aykroyd Documentary.
5.00 to 6.00 AM **History's Greatest Mysteries**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Forest Whitaker**
7.00 Discovering: Sigourney Weaver A profile of the actor.
8.00 The Directors
9.00 The Man Who Stole The Scream The story of the theft of Edvard Munch's painting.
11.00 Laurel and Hardy: Their Lives and Magic
1.00 PM **Elvis Presley: The Searcher** 1&2/2. Documentary about the singer.
5.10 I Am Patrick Swayze A profile of the American actor.

7.00 Becoming Madonna

7.00 Becoming Madonna Documentary charting Madonna's rise to stardom, drawing from a cache of recently uncovered audio tapes in which the singer reflected on her life and career.

9.00 Salt Path: A Very British Scandal Journalist Chloe Hadjimatheou's investigation into allegations of factual inaccuracies in Raynor Winn's book *The Salt Path*.
10.30 The Wimbledon Kidnapping A look back at the mysterious disappearance of Muriel McKay in Wimbledon in 1969.

12.30 AM **Kurt Cobain: Montage of Heck** Brett Morgen explores the Nirvana frontman's life.
3.00 FILM **The Fog of War** Director Errol Morris's Oscar-winning documentary. (2003, PG, 107min) ★★★
5.00 to 6.00 AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 Antiques Road Trip
2.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Double bill.
7.00 The Derbyshire Auction House Irita Marriott discovers a stash of Great Train Robbery papers.
8.00 The Repair Shop Items include a vacuum cleaner and a doll's tea set. **9.00** A chair once used by JFK is restored. **10.00** Restoring an 88-year-old teddy bear. **11.00** The experts restore a stitching stool and a ceramic clock. **12.00** M'T Items include a magician's top hat and a shop automaton.
1.00 AM **Massive Engineering Mistakes**
2.00 Destroyed in Seconds
4.00 to 5.00 AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 FBI Files Double bill.
11.00 Faking It: Tears of a Crime April Barber.
12.00 NOON **FBI Files**
3.00 PM **True Crime with Aphrodite Jones**
7.00 True Crime with Aphrodite Jones Uncovering a sinister murder plot behind a man's disappearance. **8.00** The case of Matthew Podolak, who was rushed to hospital suffering from severe abdominal pains and died shortly after.
9.00 A Killer's Mistake Survivors of serial killer Donald Miller speak out.
10.00 Evil Lives Here
11.00 Faking It: Tears of a Crime A vulnerable young woman vanishes.
12.00 M'T **Forensic Detectives**
2.00 to 4.00 AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 48 Hours Former Idaho state trooper Dan Howard is charged with murdering his wife. **7.00** The investigation into the death of Sarah Harris raises questions.
8.00 Britain's Almost Perfect Murders In 1930, Alfred Rouse murders a drifter in Northamptonshire, and burns the body.
9.00 Murder UK The case of Hannegret Donnelly, who secretly abused her husband for years.
10.00 Fatal Fraud
11.00 Cult Justice
12.00 M'T **48 Hours**
2.00 AM **Descent of a Serial Killer** Double bill.
4.00 Judge Judy
4.30 Facing Evil
4.55 to 6.00 AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 Teleshopping
11.00 Medical Detectives
12.00 NOON **48 Hours**
2.00 PM **Fraud Squad**
4.00 Millionaire Murders
6.00 Judge Judy Back-to-back real-life cases, including at: **9.45** A property manager denies having an inappropriate relationship with his ex-wife's attorney. **10.10** A woman files an allegedly malicious complaint to the Better Business Bureau. **10.35** The judge utters an infamous 'Judyism' to a marina owner. **11.00** A man serves time in jail and says he returned home to find he had been robbed.
11.25 Judge Judy
2.00 AM **Millionaire Murders**
4.00 to 6.00 AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **A1: Britain's Longest Road** Triple bill.
9.00 Caught on Dashcam
10.00 Send in the Dogs
11.00 Caught Red Handed
3.00 PM **Caught on Dashcam**
4.00 Forensics: Catching the Killer Double bill.
6.00 The Murderer & Me The case of Joanna Dennehy. **7.30** The crimes of Steve Wright, dubbed the Suffolk Strangler.
9.00 Method of a Serial Killer The story of serial killer Israel Keyes.
10.45 World's Most Evil Killers A look at the crimes of Robert Honsch.
11.50 Killer in My Village
12.55 AM **Forensics: Catching the Killer** Karen Price.
2.00 Murdered at First Sight
3.00 The Real CSI: Miami
4.00 World's Most Evil Killers
5.00 to 6.00 AM **Brit Cops: Law & Disorder**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 Inside Japan's War
1.00 PM **Edward VIII: Britain's Traitor King**
2.00 The War Four editions of the series, including at: **5.25** A look back at the final stages of World War Two in the Far East.
6.35 Edward VIII: Britain's Traitor King
7.35 Inside Japan's War 1/4. An insight into Imperial Japan's military motives. **8.45** 2/4. A look at how Japan secured victory in Malaya and the fall of Singapore. **9.50** 3/4. The experiences of those in the occupied territories. **10.55** 4/4. American bombing pounds the Japanese home islands.
12.00 M'T **Edward VIII: Britain's Traitor King**
1.00 to 2.00 AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Animal Empires**
8.00 **Becoming Elephant: The Orphans of Reteti**
10.00 **Africa's Claws and Jaws**
12.00 NOON **Monkey Life**
3.00 PM **Great Barrier Reef with David Attenborough**
6.00 NEW SERIES **The Kimberley: Australia's Wild West** A look at Australia's Wild West, the animals who live there and tracking the quests of those working to protect them.
7.00 **Wolves and Lions: Old Enemies** Series finale Footage of direct battles and strategies to steal food.
8.00 **Shark with Steve Backshall** The naturalist celebrates the diversity of sharks in the oceans. **9.00** The Indian Ocean. **10.00** The Pacific Ocean.
11.00 **The Kimberley: Australia's Wild West** As 6.00pm.
12.00 M'T **Wolves and Lions: Old Enemies** As shown at 7.00pm.
1.00 AM **Islands** Double bill.
3.00 **Osprey** Documentary.
4.00 **to 6.00** AM **Wild Crusades**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
1.00 PM **Weird Britain**
2.00 **Ancient Aliens** Double bill.
4.00 **Life After People** Triple bill.
7.00 **Behind History** A look into how icons exist in various forms.
8.00 **Forbidden History** Investigating atrocities carried out in the name of national security.
9.00 **World War II: Witness to War** The devastation of the German attack on France. **10.00** How young pilots gave their all for the Allied cause.
11.00 **Ancient Aliens** The discovery of the ancient Karahan Tepe megalithic site turns the archaeology world on its head. **12.00** M'T The Egyptian obelisks identified as monuments to the pharaohs.
1.00 AM **Discovered by Disaster**
3.00 **Craig Charles: UFO Conspiracies** Documentary.
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Full Custom Garage**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made** Four editions.
12.00 NOON **How Do They Do It?**
2.00 PM **Extreme Engineering**
3.00 **Savage Builds**
4.00 **Space Launch: Splashdown**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** A pyramid in Central America and ancient Greek myths. **8.30** Josh Gates explores places where legends never die in Romania, Japan and Germany. **9.00** Josh investigates a Japanese ice cave. **9.30** Exploring a millionaire's disappearance in Malaysia.
10.00 **American Titans** The men who made America an economic superpower. **11.00** The work of Thomas Edison and Nikola Tesla.
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Murdertown**
8.00 **Nightmare in Suburbia**
10.00 **When Missing Turns to Murder**
12.00 NOON **Rob Rinder's Interrogation Secrets**
2.00 PM **Cops Who Kill with Will Mellor** Double bill of editions.
4.00 **Homicide Squad: New Orleans**
7.00 **Homicide Squad: New Orleans** Investigating a case of homicide and abduction.
8.00 **Murder at the Motel** A housekeeping manager is found dead in a motel room.
9.00 **Cold Case Files** The killer of a teacher is brought to justice. **10.00** The discovery of five people abducted from a local fast food restaurant.
11.00 **Tell Me How I Died** The disappearance of a student.
12.00 M'T **Murder on Trial**
1.00 AM **Cold Case Files**
2.00 NEW SERIES **Interview with a Killer** 1&2/2. With double murderer Adam Williams.
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Australia's Wild Woodlands**
11.00 **Extraordinary Australia**
1.00 PM **Secrets of the Penguins**
4.00 **Secrets of the Zoo: North Carolina** Double bill.
6.00 **Critter Fixers: Country Vets** New edition The vets get up close and personal with venomous snakes, and help a dog whose face droops.
7.00 **The Hidden Kingdoms of China** The wildlife of China's bamboo forests, home to the giant panda, red panda, Tibetan macaque and bamboo bats.
8.00 **When Grizzly Bears Attack** Charting the transformation of a grizzly bear from cub to adult.
9.00 **Secrets of the Bees** 1/2. Insights into bee intelligence. **10.00** 2/2. Challenges facing bees around the world.
11.00 **Snakes in the City** Simon and Nadine face an angry cobra and a black mamba.
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Experts use technology to explore why the Egyptians built pyramids. **7.00** Archaeological investigations unearth the secrets of the city of Babylon, and new evidence reveals what Babylon looked like. **8.00** Experts use pioneering technology to examine the World Trade Centre's twin towers.
9.00 **Salvage Hunters: The Restorers** Lighting expert Jolene is challenged to restore an unusual Empire chandelier. **10.00** Paper conservator Ashleigh is tasked with restoring a 1967 James Bond film poster. **11.00** Drew asks Michael and Maria to repair a rare automaton from Scotland.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **James May's Cars of the People** Four editions.
2.00 PM **James May's Cars of the People** Advances in motoring that never caught on. **3.00** Examining how the car industry in Germany and Japan blossomed after World War Two. **4.00** James charts the history of 4x4 vehicles from World War Two onwards.
5.00 **The Life of Mammals** The most successful animals on the planet, revealing warm-bloodedness as one of the key factors in global domination. **6.00** An insight into insect-eating animals, including shrews that dive under water and moles that 'swim' in sand. **7.00** The feeding habits of herbivores, including elephants forced to undertake epic migrations for a steady diet. **8.00** The world of rodents, including mice and squirrels.
9.00 **The Life of Mammals**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Double bill of editions.
10.00 **Southern Fried Homicide**
12.00 NOON **Hometown Homicide**
2.00 PM **American Monster**
4.00 **People Magazine Investigates**
6.00 **Diabolical: Deadly Love** The crimes of Cathy Cousins. **7.00** The crimes of Cindy McKay, who was guilty of leading a life of theft, embezzlement and murder.
8.00 **Jessica Chambers: An ID Murder Mystery** The death of a 19-year-old found severely burned on a rural road.
10.00 **A Killer Among Friends** A killer leaves a college student dead in an infamous LA tunnel.
11.00 **Murder Under the Friday Night Lights** When cheer captain Tristyn Bailey goes missing, police navigate teenage rumours and gossip.
12.00 M'T **Evil Lives Here**
2.00 AM **Welcome to Killer Town**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Lucky!** Triple bill.
10.00 **Three Men Four Wheels**
11.00 **Garage Rehab**
12.00 NOON **Ant Anstead: Born Mechanic** Five editions.
5.00 PM **Shed and Buried** Sam and Henry look through an eclectic collection in Hertfordshire. **5.30** Henry and Sam view a collection of vintage tractors. **6.00** Henry and Sam try to buy automobilia for a man cave. **6.30** The guys are given access to an incredible collection.
7.00 **Wheeler Dealers** Mike finds an Alfa Romeo GTV with some fails, but he thinks Elvis can fix it up. **8.00** A rare Land Rover Series 1 may not be all that it seems. **9.00** Mike and Ant take on an Alfa Romeo Spider Quadrifoglio. **10.00** Mike and Ant welcome a zippy little 1974 Fiat X1/9 sports car to the workshop. **11.00** A 1991 Alfa Romeo 164L. **12.00** M'T Mike and Elvis take on a Fiat Coupe 20 Valve Turbo.
1.00 **to 4.00** AM **Lucky!**

+1hour 258

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Flavia** As 4.00pm.
7.45 **The Bad Guys 2** As 2.00pm.
9.45 **Superman** As 5.45pm.
12.00 NOON **Final Destination: Bloodlines** As 8.00pm.
2.00 PM **The Bad Guys 2** Animated comedy sequel. (2025, PG, 104min) ★★★★
4.00 **Flavia** Family adventure. (2025, PG, 105min) ★★★
5.45 **Superman** Fantasy adventure starring David Corenswet. (2025, 12, 129min) ★★★★

5.45 Superman

8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. With Richard Harmon and Teo Briones. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

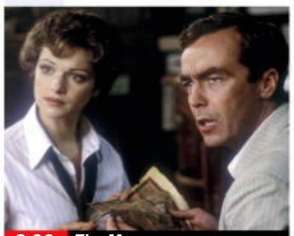
10.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. (2025, 15, 161 min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **On Swift Horses** Drama. (2024, 15, 119min) ★★★
2.55 **Coyotes** Comedy thriller. (2025, 15, 100min) ★★★
4.35 **to 6.10** AM **Man Finds Tape** Horror starring Kelsey Pribilski. (2025, 15, 84min) ★★★★

Sky Cinema Box Set

303 303 403 503 517

6.45 AM **Spy Kids** (2001, U) ★★★★
8.25 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
10.15 **Spy Kids 3: Game Over** Sci-fi comedy. (2003, U) ★★★
11.45 **Raiders of the Lost Ark** (1981)
1.45 PM **Indiana Jones and the Temple of Doom** (1984) ★★★
3.45 **Indiana Jones and the Last Crusade** (1989, PG) ★★★★★
5.55 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★



8.00 The Mummy

8.00 **The Mummy** Adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. With John Hannah and Kevin J O'Connor. (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Mummy Returns** Adventure sequel starring Brendan Fraser and Rachel Weisz. A dashing ex-legionnaire and his Egyptologist wife confront old and new adversaries. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Scorpion King** Fantasy with Dwayne Johnson. (2002, 12, 91 min) ★★★
1.55 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
3.50 **to 6.00** AM **The Mummy Returns** As shown at 10.10pm.

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Full Metal Jacket** (1987)
9.05 **Boyz N the Hood** Urban drama. (1991, 15, 111 min) ★★★★★
11.00 **The Blind Side** As 10.00pm.
1.10 PM **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
3.40 **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★
5.40 **Joker: Folie à Deux** Musical thriller with Joaquin Phoenix. (2024, 15, 138min) ★★★★

8.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine as a GI in the thick of the action at the battle for Hue in 1968. (1987, 15, 115min) ★★★★
10.00 **The Blind Side** Fact-based drama starring Sandra Bullock. A wealthy white southerner adopts a homeless black teenager and spurs him on to sporting success. With Tim McGraw and Quinton Aaron. (2009, 12, 129min) ★★★

12.10 AM **It Ends with Us** Drama starring Blake Lively. (2024, 15, 125min) ★★★
2.25 **Skincare** Dark comedy thriller. (2024, 18, 86min) ★★★
4.15 **to 6.35** AM **Terms of Endearment** Comedy drama. (1983, 15, 132min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
8.35 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
10.55 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
1.55 PM **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
3.40 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

5.40 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
8.00 **The Chronicles of Riddick** Sci-fi adventure sequel starring Vin Diesel. Intergalactic fugitive Riddick encounters a ruthless race of warriors determined to take over the universe. (2004, 15, 119min) ★★★
10.00 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81 min) ★★★
11.30 **Companion** Sci-fi horror thriller. (2024, 15, 97min) ★★★★

1.20 AM **Blade: Trinity** Adventure sequel starring Wesley Snipes. (2004, 15, 113min) ★★★
3.15 **The Running Man** Adventure. (1987, 18, 101 min) ★★★
5.00 **to 6.50** AM **Mars Attacks!** Tim Burton's sci-fi comedy. (1996, 12, 106min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Easter Sunday

Sunday

Sky Cinema Family

304 304 406 506 519

7.15 AM **DC League of Super-Pets** Animation. (2022, PG) ★★★
9.05 **Paddington** Family comedy. (2014, PG, 95min) ★★★★★
10.45 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
12.35 PM **Paddington in Peru** Comedy. (2024, PG) ★★★★
2.30 **Scooby-Doo** (2002, PG) ★★★
4.00 **The Bad Guys 2** Animated sequel. (2025, PG) ★★★★
6.00 **The Angry Birds Movie** Animation. (2016, U) ★★★

6.00 The Angry Birds Movie

7.40 **Scooby-Doo 2: Monsters Unleashed** Live-action comedy adventure sequel. (2004, PG, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure with Martin Freeman and Ian McKellen. (2013, 12, 161min) ★★★★
2.25 AM **The Karate Kid** Adventure starring Ralph Macchio. (1984, 12, 127min) ★★★★
4.35 **to 6.10** AM **Harold and the Purple Crayon** Adventure. (2024, PG, 87min) ★★★

Sky Cinema Action

306 306 407 507 521

6.25 AM **Cinema List: Fast Cars**
6.45 **Fast & Furious 6** As 2.05am.
9.00 **Fast & Furious 7** As 4.20am.
11.20 **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
1.40 PM **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
4.00 **The Fast and the Furious** Thriller. (2001, 15) ★★★
6.00 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★

8.00 The Fast and the Furious...

8.00 **The Fast and the Furious: Tokyo Drift** Thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. With Nathalie Kelley. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fast & Furious** Thriller sequel starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. With Michelle Rodriguez. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Fast & Furious 5** Thriller sequel starring Vin Diesel. (2011, 12, 130min) ★★★
2.05 AM **Fast & Furious 6** Thriller sequel starring Vin Diesel. (2013, 12, 125min) ★★★
4.20 **to 6.40** AM **Fast & Furious 7** Thriller sequel with Paul Walker. (2015, 12, 132min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
8.55 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
10.40 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
12.25 PM **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
2.25 **Mamma Mia!** (2008) ★★★★
4.15 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.15 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★

6.15 Daddy's Home 2

8.00 **Sleepless in Seattle** Romantic comedy with Tom Hanks and Meg Ryan. A woman hears a widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Love Actually** Romantic comedy written and directed by Richard Curtis, starring Hugh Grant. In the run-up to Christmas, love changes the lives of a host of different characters. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Ballad of Wallis Island** Comedy drama. (2025, 12, 100min) ★★★★
1.50 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
3.25 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
5.10 **to 7.10** AM **The 40-Year-Old Virgin** As shown at 12.25pm.

Sky Cinema Thriller

309 309 409 509 523

6.55 AM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
8.50 **The Hunt for Red October**
11.10 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
1.25 PM **The Equalizer 2** Thriller sequel with Denzel Washington. (2018, 15, 121min) ★★★
3.30 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
6.00 **Ocean's Eleven** Caper thriller starring George Clooney. (2001, 12, 116min) ★★★★

10.00 The Hunt for Red October

8.00 **Patriot Games** Action thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt on a British politician. With Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hunt for Red October** Cold War suspense thriller set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin and Scott Glenn. (1990, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Jaws 2** Adventure thriller sequel starring Roy Scheider. (1978, PG, 115min) ★★★
2.20 **Three Days of the Condor** Thriller with Robert Redford. (1975, 15, 118min) ★★★★
4.25 **to 6.00** AM **The Gentleman** Thriller starring Ron Perlman. (2025, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Oliver!** Oscar-winning musical starring Mark Lester. (1968, U, 146min) ★★★★★
2.00 PM **The Poseidon Adventure** Thriller with Gene Hackman. (1972, PG, 117min) ★★★★★
4.30 **Sister Act 2: Back in the Habit** Musical comedy sequel. (1993, PG, 107min) ★★
6.50 **Central Intelligence** Action comedy with Dwayne Johnson. (2016, 12, 107min) ★★★

9.00 Cocaine Bear

Central Intelligence (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Cocaine Bear** Comedy thriller starring Keri Russell. An oddball group of cops, criminals, tourists and teens encounter a bear that goes on a murderous rampage after ingesting cocaine. (2023, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.55 **The G** Crime thriller with Dale Dickey. A woman seeks revenge on the corrupt legal guardian who destroyed her life. (2023, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.05 **to 3.55** AM **Public Enemies** Gangster biopic with Johnny Depp and Christian Bale. (2009, 15, 140min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

1.40 PM **Flavia** Family adventure starring Molly Belle Wright. An 11-year-old girl investigates a murder at her family's home. (2025, PG, 100min) ★★★
3.15 **Ready Player One** Steven Spielberg's sci-fi adventure. (2018, 12, 140min) ★★★★
5.35 **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★

8.00 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. With Nicholas Hoult. (2025, 12, 129min) ★★★★
10.20 **Spider-Man: No Way Home** Comic-book adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. (2021, 12, 148min) ★★★★

12.50 AM **Flavia** Family adventure starring Molly Belle Wright. (2025, PG, 100min) ★★★
2.30 **Pacific Rim** Epic sci-fi action adventure with Charlie Hunnam. (2013, 12, 126min) ★★★
4.45 **Cinema List: Family Favourites**
5.00 **to 7.25** AM **Wonder Woman**

Sky Cinema Greats

307 307 404 504 518

6.25 AM **The Naked Gun** Spoof. (1988, 15, 85min) ★★★★
7.55 **The Naked Gun 2½: The Smell of Fear** Spoof. (1991, 15) ★★★
9.25 **The Naked Gun 33⅓: The Final Insult** Spoof. (1994, 12) ★★★
10.50 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
12.20 PM **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★

2.00 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
4.00 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★
6.00 **Lethal Weapon 2** Action thriller sequel starring Mel Gibson. (1989, 15, 110min) ★★★★
8.00 **Lethal Weapon 3** Comedy action thriller sequel starring Mel Gibson and Danny Glover. (1992, 15, 118min) ★★
10.00 **Lethal Weapon 4** Action thriller sequel starring Mel Gibson. (1998, 15, 128min) ★★★

12.10 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
2.10 **Sleepers** Fact-based drama. (1996, 18, 146min) ★★★
4.40 **Sky Cinema Preview**
5.25 **to 7.25** AM **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★

Sky Cinema Animation

312 315 405 500 514

6.00 AM **Spider-Man: Into the Spider-Verse** Animated fantasy. (2018, PG, 117min) ★★★★★
8.00 **Extinct** Animated adventure. (2021, U, 84min) ★★★
9.30 **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
11.05 **Shrek 2** As shown at 7.50pm.
12.40 PM **Shark Tale** Animated comedy with the voice of Will Smith. (2004, U, 90min) ★★★★

2.20 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
4.00 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
6.00 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
7.50 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
9.25 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★
11.00 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★

12.50 AM **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 98min) ★★★
2.30 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
4.15 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
5.55 **to 7.30** AM **Sneaks** (2025) ★★

Disney+ Cinema

305 305

6.00 AM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
8.00 **Mufasa: The Lion King** Musical. (2024, PG, 118min) ★★★
9.55 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
11.15 **Pocahontas** As 4.25am.
12.40 PM **A Goofy Movie** Adventure. (1995, U, 78min) ★★
2.00 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★

3.35 **The Tigger Movie** Animation. (2000, U, 77min) ★★★
4.55 **The Wild** Animated comedy. (2005, U, 82min) ★★
6.20 **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U, 73min) ★★★
7.40 **Inspector Gadget** Comedy. (1999, U, 77min) ★★★
9.00 **Black Swan** Psychological thriller starring Natalie Portman. (2010, 15, 108min) ★★★
10.50 **The Omen** Occult horror thriller remake. (2006, 15, 110min) ★★

12.40 AM **Joy** Fact-based drama starring Jennifer Lawrence. (2015, 12, 121min) ★★★★
2.45 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
4.25 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
5.45 **to 6.00** AM **Myth: A Frozen Tale**

Talking Pictures

328 445 82 306 36

6.00 AM **What a Whopper!** Comedy. (1961, b/w, U, 89min) ★★
7.45 **Look at Life** Documentary.
7.55 **Across the Bridge** Drama. (1957, b/w, PG, 103min) ★★★
10.00 **McLintock!** Comedy Western. (1963, U, 127min) ★★★
12.40 PM **The Beverly Hillbillies** (S2)
1.10 **Batman** 58/60. (S2)
1.40 **Alice in Wonderland**
3.15 **Look at Life** Documentary.

3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 3/7. (S2)
7.00 **That's My Boy** 3/9. (S2)
7.30 **The Vise** 2/26. (S2)
8.00 **Sergeant Cork**
9.05 **Who Do You Do?**
9.40 **Night of the Big Heat** Sci-fi thriller. (1967, 18, 94min) ★
11.30 **The Heritage Chart Show**
12.35 AM **The Case of the Frightened Lady** Crime drama. (1983, PG, 75min) ★★

2.10 **Look at Life** Documentary.
2.30 **Burke's Law** 6/32. (S1)
3.30 **The Rogues** 9/30. (S1)
4.30 **The Adventures of Robin Hood** 15/39. (S1)
5.00 **The Buccaneers** 14/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

EASTER SUNDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Sky Sports News**
12.00 NOON **Sports Sunday**
1.00 PM **LIVE SPFL** **Livingston v Hearts.** Coverage of the Scottish Premiership match staged at the Home of the Set Fare Arena. Kick-off **2.00pm**.
4.15 **LIVE SPFL** **Dundee v Celtic.** Coverage of the Scottish Premeirship match held at Dens Park. Dundee claimed a shock 2-0 win over Celtic here in October. Kick-off **4.30pm**.
7.00 **LIVE Fight Night** **Caroline Dubois v Terri Harper.** Coverage of the bout for the WBC and WBO World Lightweight titles staged at Olympia London.
11.00 **LIVE Ladies European Tour Golf** Coverage of the fourth day of the Aramco Championship USA staged at Shadow Creek Golf Course in Las Vegas, Nevada.
2.00 **to 6.00** AM **LIVE Fight Night** **Andres Cortes v Eridson Garcia.** The super-featherwight bout at Meta Apex in Las Vegas, plus the undercard for Zuffa Boxing 05.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **The Big Interview**
8.30 **Premier League Stories** Focusing on former Nigerian player Yakubu Ayegbeni.
9.00 **The Sunday Supplement**
11.00 **Premier League Review** A look back at recent action in the top flight, featuring all of the goals, news and major talking points.
8.00 PM **Premier League Review** Action from matchdays 29 to 31 in the top flight, featuring goals, news and major talking points.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 1995/96 season, all set to a specially selected soundtrack.
1.00 AM **PL Retro** Manchester United v Manchester City in 2010/11.
3.00 **PL Greatest Games** Arsenal v Tottenham Hotspur from 2008. **3.15** Highlights of Manchester United v Arsenal from 1998. **3.30** Manchester United v Everton in the 2011/12 season. **3.45** Newcastle v Leicester City from the 1996/97 season.
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **LIVE SPFL** **Livingston v Hearts.** The Scottish Premiership game at the Home of the Set Fare Arena. Title-chasing Hearts will be looking for a third league win of the season against Livingston, having won 2-1 here in August and 1-0 at Tynecastle in January. Kick-off **2.00pm**.
4.15 **LIVE SPFL** **Dundee v Celtic.** Coverage of the Scottish Premeirship match from Dens Park. Dundee claimed a shock 2-0 win over Celtic here in October, but the Bhoys have since defeated them at Celtic Park in both the league and Scottish Cup. Kick-off **4.30pm**.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL Highlights**
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **SPFL** Recent highlights.
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2021/22 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 **LIVE IPL** **Sunrisers Hyderabad v Lucknow Super Giants.** Coverage of the T20 match staged at Rajiv Gandhi International Stadium, Hyderabad.
2.50 PM **LIVE IPL** **Royal Challengers Bengaluru v Chennai Super Kings.** The T20 match staged at M Chinnaswamy Stadium. This meeting last year saw a thrilling conclusion to the game with the hosts sneaking to a two-run victory. Bengaluru hit 213-5 mainly thanks to Virat Kohli's 62 from just 33 balls to set the Super Kings a tough target. In reply Ayush Mahtre hit 94 from 48 for the visitors but it wasn't enough as they couldn't reach their target of 214 off the last ball.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Sunrisers Hyderabad v Lucknow Super Giants and Royal Challengers Bengaluru v Chennai Super Kings.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Chennai Super Kings v Punjab Kings.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Women's Golf** Highlights.
9.30 **Ladies European Tour Golf**
12.30 PM **Greatest Golf Holes**
1.00 **LIVE Golf** Coverage of the 11th staging of the Augusta Drive Chip & Putt National Finals at Augusta National in Georgia, as junior golfers put their skills to the test.
6.00 **LIVE PGA Tour Golf** The fourth and final day of the Valero Texas Open from TPC San Antonio.
11.00 **LIVE Ladies European Tour Golf** Coverage of the fourth day of the Aramco Championship USA staged at Shadow Creek Golf Course in Las Vegas, Nevada.
2.00 AM **PGA Tour Golf**
4.00 **Playing Lessons** Expert tips.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE ATP Tennis** Coverage of the ATP Bucharest Open final staged at Centrul National de Tenis in Romania.
2.00 PM **LIVE ATP Tennis** Day one of the ATP Monte-Carlo Masters at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
3.00 **LIVE ATP Tennis** Coverage of the ATP Marrakech Open held at Royal Tennis Club de Marrakech.
5.00 **LIVE ATP Tennis** Further coverage of day one of the ATP Monte-Carlo Masters in France.
6.00 **LIVE WTA Tennis** Coverage of the WTA Bogota Open final at the Country Club in Bogota, Colombia.
8.00 **LIVE WTA Tennis** Coverage of the WTA Charleston Open final from Family Circle Tennis Center.
10.00 **LIVE ATP Tennis** Coverage of the U.S. Men's Clay Court Championships final at River Oaks Country Club in Houston, Texas.
10.30 **ATP Tennis** Marrakech Open.
12.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Isuzu UTE A-League** **Melbourne Victory v Wellington Phoenix.** Kick-off **6.00am**.
8.00 **UEFA Europa League & Conference League Magazine**
9.00 **Women's ODI Cricket**
10.00 **LIVE Ski Mountaineering** The mixed relay in Villars-sur-Ollon.
11.00 **NWSL** Orlando Pride v Angel City.
12.00 NOON **Ella Toone's Away Days**
12.30 PM **LIVE Women's FA Cup** **Arsenal v Brighton & Hove Albion.** Kick-off **1.00pm**.
3.30 **LIVE Emirates FA Cup** **West Ham United v Leeds United.** The quarter-final at the London Stadium. Kick-off **4.30pm**.
7.00 **The Breakdown** FA Cup.
7.30 **LIVE Serie A** **Inter Milan v AS Roma.** The Italian top-flight match staged at the San Siro. Kick-off **7.45pm**.
9.45 **No Filter Football**
10.00 **Women's FA Cup** Quarter-final.
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB** **Detroit Tigers v St Louis Cardinals.** Start-time **12.20am**.
3.00 AM **Women's ODI Cricket**
4.00 **to 6.00** AM **Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE AFL** **Melbourne Demons v Gold Coast Suns.** Coverage of the match from Melbourne Cricket Ground. Bounce-up **6.15am**.
9.00 **Sign Up – Into Football**
9.45 **Out of Office** Lucy Bronze.
10.00 **LIVE AFL** **Western Bulldogs v Essendon Bombers.** Coverage from Marvel Stadium. Bounce-up **10.20am**.
1.00 PM **MLB Highlights**
2.00 **LIVE Women's FA Cup** **Charlton Athletic v Liverpool.** Coverage of the quarter-final held at the Valley. Kick-off **2.30pm**.
4.45 **Sign Up – Into Football**
5.30 **MLB Highlights**
6.30 **LIVE MLB** **Boston Red Sox v San Diego Padres.** Coverage of the inter-league match staged at Fenway Park. Start-time **6.35pm**.
9.30 **The WRC Magazine**
10.00 **LIVE NWSL** **Bay FC v Washington Spirit.** At PayPal Park. Kick-off **10.00pm**.
12.15 AM **UFC** Moicano v Duncan.
3.15 **UFC Reloaded** Archive action.
5.00 **Champions League Magazine**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **NFL Highlights**
11.00 **Premier League Darts**
3.00 PM **Super League Highlights**
4.00 **NBA on Fire** The latest news.
4.30 **Behind the Ropes**
5.00 **Undisputed: The Story of Shields v Marshall**
6.00 **The Gloves Are Off**
6.30 **Behind the Ropes**
7.00 **LIVE Fight Night** **Caroline Dubois v Terri Harper.** Coverage of the bout for the WBC and WBO World Lightweight titles at Olympia London. Dubois is undefeated in her 13 professional bouts to date and stopped Camilla Panatta last time out in a defence of the WBC belt Miami. However, she faces arguably her toughest test yet against Harper.
11.00 **Behind the Ropes**
11.30 **Undisputed: The Story of Shields v Marshall**
12.30 AM **The Gloves Are Off**
1.00 **Behind the Ropes**
2.00 **to 6.00** AM **LIVE Fight Night** **Andres Cortes v Eridson Garcia.** The super-featherwight bout at Meta Apex in Las Vegas, plus the undercard for Zuffa Boxing 05.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Sky Sports News**
12.00 NOON **LIVE ATP Tennis** Coverage of the first day of the ATP Monte-Carlo Masters, a clay-court tournament staged at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
6.00 PM **Sky Sports News**
8.30 **LIVE ATP Tennis** Coverage of the U.S. Men's Clay Court Championships final, a clay-court tournament staged at River Oaks Country Club in Houston, Texas.
10.30 **Sky Sports News**
11.00 **NBA on Fire** A look back at the latest news and highlights.
11.30 **LIVE NBA Basketball** **Dallas Mavericks v Los Angeles Lakers.** Coverage of the Western Conference match at American Airlines Center. Tip-off **12.30pm**.
3.00 AM **LIVE NBA Basketball** **Golden State Warriors v Houston Rockets.** Coverage of the Western Conference match staged at Chase Center in San Francisco. Tip-off **3.00am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** T20 highlights.
8.00 **Premier League Darts**
12.00 NOON **Tennis** Miami Open.
1.30 PM **Super League** A chance to see St Helens v Wigan Warriors. **4.00** Hull KR v Hull FC.
6.45 **PL Greatest Games**
7.00 **ATP Tennis** The Bucharest Open final at Centrul National de Tenis.
9.00 **PGA Tour Champions** Highlights from the Hoag Classic.
10.00 **LIVE Ladies European Tour Golf** Coverage of the fourth day of the Aramco Championship USA staged at Shadow Creek Golf Course in Las Vegas, Nevada.
2.00 AM **IPL** T20 highlights.
3.00 **ATP Tennis** A recent final.
5.00 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **Discovery Golf**
6.30 **The Emirates FA Cup**
7.30 **Men's Cycling Pro Series**
8.30 **LIVE Cycling** Tour of Flanders men's one-day race in Belgium.
4.15 PM **TNT Sports Reload**
4.30 **The WRC Magazine**
5.00 **AFL** A chance to see Melbourne Demons v Gold Coast Suns. **6.30** A chance to see Western Bulldogs v Essendon Bombers.
8.00 **Isuzu UTE A-League** Melbourne Victory v Wellington Phoenix.
9.00 **UEFA Champions League**
10.00 **Cycling** Men's Tour of Flanders. **11.00** Women's Tour of Flanders.
12.00 M'T **Women's FA Cup** Highlights of Charlton Athletic v Liverpool.
1.00 AM **The Emirates FA Cup** West Ham United v Leeds United.
2.00 **Serie A** Inter Milan v AS Roma.
3.00 **UEFA Europa League & Conference League Magazine**
4.00 **World Superbike Highlights**
5.00 **to 6.00** AM **MotoGP Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Champions League**
6.30 **TNT Sports Reload**
7.00 **LIVE A-League Women** **Newcastle Jets v Melbourne City.**
9.00 **The Breakdown**
9.30 **Premier League: Big Interview**
10.00 **Champions League Magazine**
10.30 **The Emirates FA Cup**
11.30 **UEFA Europa League & Conference League Magazine**
12.30 PM **The WRC Magazine**
1.00 **TNT Sports Reload**
1.15 **Uphill Climb** Tour de France.
2.00 **LIVE Cycling** The Tour of Flanders women's one-day race.
5.30 **Women's ODI Cricket**
6.30 **Ultimate Pool** Pairs Cup.
8.00 **Curling World Championship**
10.00 **TNT Sports Reload**
10.30 **AFL** Two match replays.
1.30 AM **Isuzu UTE A-League**
2.30 **The WRC Magazine**
3.00 **TNT Sports Reload**
3.30 **Fishing: On the Bank**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **Eredivisie** Two match replays.
10.00 **Top 14 Rugby Union Highlights**
10.30 **Champions Cup**
2.30 PM **LIVE Champions Cup** **Bordeaux Begles v Leicester Tigers.** Coverage of the round-of-16 tie at Stade Chaban-Delmas. Kick-off **3.00pm**.
5.15 **LIVE Champions Cup** **Leinster v Edinburgh.** Coverage of the round-of-16 fixture from Aviva Stadium. Kick-off **5.30pm**.
8.00 **Top 14 Rugby Union Highlights**
8.30 **World of FreeSports**
9.00 **Champions Cup** Bordeaux Begles v Leicester Tigers. **11.00** Leinster v Edinburgh.
1.00 AM **Top 14 Rugby Union**
1.30 **NHL Tonight** Top 20 centers.
2.30 **LIVE NHL Ice Hockey** **Colorado Avalanche v St Louis Blues.** Coverage of the Western Conference match staged at Ball Arena. Face-off **2.30am**.
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **LaLiga** Two match replays.
12.55 PM **LIVE LaLiga** **Getafe v Athletic Bilbao.** From Estadio Coliseum. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga** **Valencia v Celta Vigo.** Coverage from Mestalla. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 **LIVE LaLiga** **Real Oviedo v Sevilla.** Coverage from Estadio Municipal Carlos Tartiere. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga** **Alavés v Osasuna.** Kick-off **8pm**.
10.00 **Football's Greatest**
10.30 **NHL Ice Hockey**
12.00 M'T **LIVE NHL Ice Hockey** **Montreal Canadiens v New Jersey Devils.** Face-off **12.00m't**.
3.00 AM **Football's Greatest**
3.30 **NHL Ice Hockey**
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **The F1 Show** Race preview.
12.00 NOON **Formula 1**
1.15 PM **Oscar Piastri Drives a V8 Supercar**
1.30 **Formula 1** Japanese Grand Prix.
3.30 **Ted's Notebook**
4.00 **Formula 1** The Japanese Grand Prix, the third round of the season staged at Suzuka Circuit.
8.30 **Ted's Notebook**
9.00 **Formula 1** Japanese Grand Prix.
12.15 AM **Ted's Notebook**
12.45 **Brad Pitt x McLaren**
1.00 **F1 Explained** Inner workings.
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

Easter Monday 6 April Planner

Monday

Reality

I'm a Celebrity... South Africa
ITV1, 9pm
Former campmates, including Gemma Collins, return for more challenges.

Travelogue

China with Ben Fogle
5, 9pm
Ben sets off on the journey of a lifetime, starting at the ancient Great Wall and Shanghai. Continues to Wednesday.

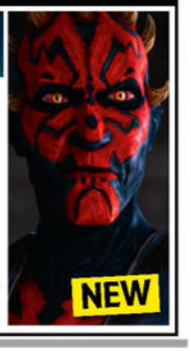
Drama

Babies
BBC1, 9pm
There are problems when Amanda (Charlotte Riley) reveals she's moving to Singapore for work. Continues tomorrow.

OnDemand

Disney+

Star Wars: Maul – Sith Lord
Available today
After the Clone Wars, Sith Lord Darth Maul searches for a new apprentice to train.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 6.30 Film: Wallace &... †	7.45 Celebrity Escape to the... †		8.30 EastEnders †	9.00 Babies		10.00 News	10.30 Have I Got...
	102 BBC2	7.00 Global Eye	7.30 Extraordinary...	8.00 Mastermind	8.30 University...	9.00 Pilgrimage: The Road to Holy Island		10.00 Film: Gosford Park	
	103 ITV1	7.00 The Chase Celebrity Special		8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa			10.30 News
	104 CHANNEL 4	7.00 News	7.30 Kirstie and...	8.00 The Dog House		9.00 24 Hours in A&E		10.00 The Hunt: Prey vs Predator	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 China with Ben Fogle			10.30 Police: Night...
	106 SKY ONE	◂ 6.45 Film: Indiana Jones and the Last Crusade				9.00 Andor		10.00 Rooster	
ENTERTAINMENT	115 BBC3	7.00 Deadly 60		8.00 Harry Clark Goes to Rome		9.00 Louis Theroux: Mothers on the Edge		10.00 Louis Theroux: Surviving America's...	
	116 BBC4	7.00 Seven Worlds, One Planet		8.00 Treasures of Ancient Egypt		9.00 Call My Bluff	9.30 Face the Music	10.00 Caroline Walker: Women's Work	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: Fast & Furious Presents Hobbs & Shaw			
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia				9.20 Made in Chelsea		10.20 Gogglebox
	107 SKY WITNESS	7.00 Police 24/7				9.00 Caught on Dashcam		10.00 Blue Bloods	
	108 SKY ATLANTIC	7.00 DTF St Louis						10.00 All Her Fault	
	110 U&GOLD	◂ 6.55 Porridge	7.35 Dad's Army		8.15 Are You Being Served?	9.00 Not Going Out			10.15 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Frankie Boyle's New...	10.40 QI XL
	119 ITV3	◂ 6.10 Film: Carry On Don't Lose Your Head		8.00 Midsomer Murders				10.00 McDonald & Dodds	
	120 ITV4	7.05 Film: Smokey and the Bandit				9.00 English Football League Highlights			10.30 The 1% Club
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Impractical...	10.30 Michael...
	145 SKY SCI-FI	7.00 Film: Attack of the Meth Gator				9.00 Film: The Hobbit: An Unexpected Journey			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.05 New Tricks	
	109 U&ALIBI	◂ 6.00 Death in Paradise Christmas Special		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	◂ 6.30 André Rieu: Live in Malta		8.00 André Rieu: I Lost My Heart in Heidelberg				10.00 André Rieu: Welcome to My World	
	132 U&W	7.00 The Supervet: Noel Fitzpatrick		8.00 Tipping Point				10.00 The Supervet: Noel Fitzpatrick	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Ancient Unexplained Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Sharks of the Shadowlands		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 To Catch a Smuggler		10.00 Disaster Autopsy	
	123 SKY HISTORY	7.00 Ice Road Truckers		8.00 Digging for Britain		9.00 The Last Hunt for Nazi Gold		10.00 Secret Sex Lives of Tyrants	
	155 U&YESTERDAY	7.00 Mediterranean with Simon Reeve		8.00 Dom Chinea's Cornish Workshop		9.00 Incredible Journeys with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 Lancaster				9.00 Spitfire			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.15 Flavia		8.00 Final Destination: Bloodlines				10.00 Superman	
	302 ADVENTURE	◂ 6.20 Men in Black II		8.00 The Lost World: Jurassic Park					10.10 The Golden Compass
	303 BOX SET	◂ 6.00 Back to the Future		8.00 Back to the Future Part II				10.00 Back to the Future Part III	
	307 GREATS	◂ 5.50 Lethal Weapon 4		8.00 The Naked Gun			9.30 The Naked Gun 2½: The Smell of Fear		
	312 ANIMATION	◂ 5.50 Hotel Transylvania	7.35 The Amazing Maurice				9.20 Pil's Adventures		
	304 FAMILY	◂ 6.00 Hook			8.25 Stardust				10.35 Charlie...
	306 ACTION	◂ 5.40 Fast & Furious 8		8.00 Fast & Furious Presents Hobbs & Shaw					10.25 Jurassic World...
	308 COMEDY	◂ 6.15 Uncle Buck		8.00 American Pie				9.50 The Holiday	
	309 THRILLER	◂ 6.00 Three Days of the Condor		8.00 Ocean's Twelve					10.15 Hannibal
	310 DRAMA	◂ 5.10 Amadeus		8.00 Nuremberg					
	311 SCI-FI	◂ 5.30 Ready Player One		8.00 Pitch Black				9.55 Get Out	
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 Where the Crawdads Sing			
SPORT	401 MAIN EVENT	◂ 5.00 EFL – Live: Swansea City v Middlesbrough (Kick-off 5.30); Hull City v Coventry City (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Big Interview	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 Big Interview	10.00 Transfer 360	
	403 FOOTBALL	◂ 5.00 EFL – Live: Swansea City v Middlesbrough (Kick-off 5.30); Hull City v Coventry City (Kick-off 8.00)							10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	◂ 4.30 Women's FA...	7.30 Serie A – Live: Napoli v AC Milan (Kick-off 7.45)					10.00 Women's Cycling Pro Series	
	411 TNT SPORTS 2	◂ 6.00 AFL	7.30 WRC Magazine	8.00 MLB Highlights		9.00 MLB – Live: Tampa Bay Rays v Chicago Cubs (Start-time 9.10)			

◂ Denotes programmes starting before 7.00pm † Regions vary

EASTER MONDAY

Easter Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Farm 999** New edition Focusing on cases of livestock rustling. (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Celebrity Homes Under the Hammer** New edition (S)
12.15 PM **Bargain Hunt** New edition From Uttoxeter, Staffordshire. (S)
1.00 **BBC News** (S)
1.10 **Local News** (S)
1.20 **Just One Thing** New edition Roman Kemp helps an entertainer to get a good night's sleep. (S)(AD)
■ Entire series on BBC iPlayer
1.50 **Garden Rescue** (S)(R)
2.50 **Escape to the Country** (S)(R)
3.50 FILM **Peter Rabbit** Family comedy with the voice of James Corden. (S)(AD) (2018, PG, 85min) ★★★
5.15 **Pointless** New edition Quiz. (S)

9.00 Babies

6 PM
6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 FILM **Wallace & Gromit: Vengeance Most Fowl** Animation with the voice of Ben Whitehead. When the inventor is prime suspect for recent crimes, it's up to Gromit to battle a vengeful penguin once more. (S)(AD) (2024, U, 75min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.45 **Celebrity Escape to the Country** *The Apprentice* adviser Tim Campbell and his wife Jas hope to leave urban life behind for a home in rural Essex. (S)(R)

8 PM
8.30 **EastEnders** Jasmine receives a visitor, Nicola is left frustrated, while Ross and Harvey hatch a plan. (S)(AD)

9 PM
9.00 **Babies** New episode 3/6. Amanda's pregnancy and Dave's ambitions create uncertainty for all, while flashbacks reveal Stephen and Lisa's first meeting. (S1) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Have I Got News for You** 1/10. Roy Wood Jr hosts the quiz, with Armando Iannucci and Anushka Asthana. (S)(R)
11.00 **Ambulance** 4/6. In Halifax, crews help a farmer who crashed into a wall while on his way to feed his animals and in Sheffield, another farmer is suffering memory loss after his vehicle overturned. (S)(R)
12.00 M'T **The Repair Shop** 12/12. The experts restore a pair of running shoes, a lamp, a brooch and a reel-to-reel recorder. (S)(R)(AD)
1.00 AM **Weather for the Week Ahead**
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.00 AM **Make It at Market** (S)(R)(AD)
6.45 **Just One Thing** (S)(R)(AD)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM FILM **Doctor Zhivago** Director David Lean's epic romantic drama starring Omar Sharif and Julie Christie. In early 20th-century Russia, Moscow poet Dr Zhivago retreats to the countryside with his wife, but his destiny lies with the nurse he met during the war. (S)(AD) (1965, PG, 185min) ★★★★★
4.05 **Best Bakes Ever** A selection of recipes from TV chefs. (S)(R)
4.30 **Vintage Antiques Roadshow** From Melksham in Wiltshire. (S)(R)
5.10 **Flog It!** Items are assessed at Lydiard Park in Wiltshire. (S)(R)

8.00 Mastermind

6 PM
6.00 **Richard Osman's House of Games** (S)(R)
6.30 NEW SERIES **Ronan Keating's Wild Atlantic** The singer explores the western coastline of Ireland. (S)(AD)
■ Entire series on BBC iPlayer

7 PM
7.00 **Global Eye** Featuring investigations from BBC correspondents. (S)
7.30 **Extraordinary Portraits with Bill Bailey** 2/6. Artist Caroline Pool paints an 82-year-old triathlete. (S)(R)

8 PM
8.00 **Mastermind** New edition Specialist subjects include Yellowstone National Park and *The Silmarillion*. (S)
8.30 **University Challenge** New edition Amol Rajan hosts the opening semi-final. (S)

9 PM
9.00 **Pilgrimage: The Road to Holy Island** New edition 2/3. The celebrities continue their adventure in Durham and visit a 12th-century Norman cathedral. (S)(AD)
■ Concludes tomorrow

10 PM
10.00 FILM **Gosford Park** Director Robert Altman's period comedy drama revolving around a murder at an English country house in 1932. Stars Michael Gambon, Kristin Scott Thomas, Maggie Smith, Jeremy Northam, Alan Bates, Helen Mirren and Clive Owen. (S)(AD) (2001, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **Killing Sherlock: Lucy Worsley on the Case of Conan Doyle** 1/3. (S)(R)(AD)
1.10 **Sign Zone: Countryfile** (S)(R)
2.05 **Sign Zone: Race Across the World** 1/9. Five teams race from Sicily to Mongolia. (S)(R)(AD)
3.05 **Sign Zone: Babies** (S1) (S)(R)(AD)
4.05 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.35 **Local News** (S)
12.40 **Celebrity Catchphrase** With Charlotte Church, Melvin Odoom and Katherine Ryan. (S)(R)(AD)
1.40 **Celebrity Lingo** Lucy Fallon, Julia Goulding, Jack P Shepherd and Colson Smith take part. (S)(R)
2.15 LIVE **Racing: Irish Grand National** Rishi Persad presents coverage of one of the biggest races in the Irish calendar from Fairyhouse, plus racing from Plumpton and Kempton Park. (S)
5.30 **Tipping Point: Lucky Stars** Ben Shephard hosts a celebrity edition of the game show, with contestants answering questions to win turns on an arcade-style machine. (S)(R)

2.15 Racing: Irish Grand National

6 PM
6.30 **Local News** (S)
6.40 **ITV News** (S)

7 PM
7.00 **The Chase Celebrity Special** Christine Ohuruogu, Maisie Smith, Max George and Owain Wyn-Evans answer general knowledge questions and work as a team to take on a Chaser and secure a charity prize. (S)(R)

8 PM
8.00 **Emmerdale** Rhona has a decision to make, and Kerry is furious. (S)(AD)
8.30 **Coronation Street** Ronnie learns about Carl's latest ploy to extort cash from Debbie, and Hope taunts Will. (S)(AD)

9 PM
9.00 NEW SERIES **I'm a Celebrity... South Africa** 1/15. Ant and Dec return with the celebrity challenge series, as memorable *I'm a Celebrity...* campmates from past series compete against one another in the South African jungle. (S)
■ Continues tomorrow

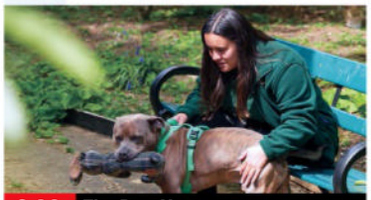
10 PM
10.30 **ITV News** (S)
10.50 **The 1% Club Rollover** 1/5. Lee Mack hosts the first of five special editions of the quiz in which the prize pot that is not won on one show is carried over to the next day. (S)(R)(AD)
11.50 **Millionaire Hot Seat** Six new hopefuls face Jeremy Clarkson as they race against the clock. (S)(R)
12.20 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S1&2) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 10-12/24. (S8) (S)(R)(AD)
10.40 FILM **Annie** Musical remake starring Quvenzhane Wallis, Jamie Foxx and Cameron Diaz. (S)(AD) (2014, PG, 140min) ★★★
1.00 PM LIVE **Football: Women's FA Cup** Chelsea v Tottenham Hotspur: Jill Scott is joined by Maisie Adam to present coverage of the quarter-final from Kingsmeadow. Kick-off is at 1.30. (S)(AD)
3.40 **Countdown** New edition (S)
4.30 **A Place in the Sun** (S)(R)
5.00 NEW SERIES **Chateau DIY** At Château de la Boutinière, Alison and Zion race to restore a chapel that's lain untouched for 30 years in time for a couple's 60th anniversary celebrations. (S)(AD)


8.00 The Dog House

6 PM
6.00 **Jasmine Harman's Renovation in the Sun** With so many delays to the renovation, Jasmine and Jon require an architect to advise them on what they can and can't do. (S)(R)

7 PM
7.00 **News** (S)
7.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** A look back at homes in Stoke and Newcastle that were all about being clever with cash and smart about storage. (S)(R)

8 PM
8.00 **The Dog House** New edition Puppies Poppy and Fizz struggle with kennel life and may need to be separated, while Moose the Staffy might be more than most families can handle. (S)(AD)

9 PM
9.00 **24 Hours in A&E** A 76-year-old man sustains a head injury after falling down the stairs, and his daughter reflects on how his caring for her mother through her dementia has left him exhausted. (S)(R)(AD)

10 PM
10.00 **The Hunt: Prey vs Predator** New edition 8/9. The final five players embark on their most important hunt yet. (S)(AD)
■ Concludes tomorrow
10.55 **The Great Celebrity Bake Off for Stand Up to Cancer** With Alex Brooker, Ambika Mod, Rose Ayling-Ellis, Vicky Pattison and Sam Thompson. (S)(R)(AD)
12.15 AM **Britain's Most Expensive Houses** A manor house. (S)(SL)(R)
1.10 **Kitchen Nightmares USA** (SL)(R)
2.05 **A Woman of Substance** (S)(SL)(R)
3.55 **Devon and Cornwall** (S)(R)(AD)
4.20 **Find It, Fix It, Flog It** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 FILM **Clash of the Titans** Fantasy adventure with Harry Hamlin and Laurence Olivier. Mythical Greek hero Perseus faces terrifying ordeals in his quest to win the fair Andromeda. (S) (1981, 12, 140min) ★★★
3.10 FILM **Zulu** Historical adventure with Stanley Baker and Michael Caine. When news arrives that a force of 4,000 Zulu warriors are marching towards Rorke's Drift, the small British garrison stationed there prepares for the impending onslaught. (S) (1963, PG, 165min) ★★★★★
5.55 **News** (S)

8.00 Motorway Cops

6.00 Love Nature New edition Marine life in Devon and Cornwall. (S)
6.05 Susan Calman's Grand Day Out A visit to Yorkshire. (S)(R)
6.55 News (S)
7.00 Police Interceptors Officers Rob and Dan are on the trail of a man wanted on suspicion of making threats to kill and stake out the suspect's car. (S)(R)
7.55 News (S)
8.00 Motorway Cops: Catching Britain's Speeders Series finale 10/10. Officers pursue a motorcyclist who is refusing to stop, flying through junctions and sailing through multiple red lights. (S)
9.00 NEW SERIES **China with Ben Fogle** 1/3. Ben embarks on a journey to China to see its sights, meet its biggest characters and go beyond the well-known stereotypes to discover its true story, beginning at the Great Wall. *See feature, page 21.* (S)(AD) ■ Continues tomorrow
10.30 Police: Night Shift 999 Officers race to catch a violent suspect who is hiding in gardens. (S)(R)
11.30 Traffic Cops ANPR cameras trigger an alert for a suspected disqualified driver with no insurance. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 Teleshopping (S)(R)
2.00 A&E After Dark (S)(R)
3.45 Cash in the Attic (S)(R)(AD)
4.35 The Highland Vet (S)(SL)(R)
5.25 to **5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Miffy and Friends** (S)(R)
6.30 FILM **Dragon Rider** Animated adventure featuring the voice of Felicity Jones. (S)(AD) (2020, PG, 105min) ★★★
8.15 Pip and Posy (S)(R)
8.40 The Simpsons (S)(R)
10.30 David Attenborough's Natural History Museum Alive (S)(R)
12.00 NOON **Football's Funniest Moments** A look at comical incidents from the sport. (S)(R)
2.00 PM **Gillette Labs Soccer Special** Follow the full story of the Easter Monday football.
5.30 The Simpsons *Mobile Homer:* Homer moves into a camper van in the backyard. (S)(R)
5.55 *The Seven-Beer Snitch:* Marge is unhappy with the town's lack of culture. (S)(R)

9.00 Andor

6.20 The Simpsons *Future-Drama:* Bart and Lisa are given a startling glimpse of themselves as they will be in eight years' time. (S)(R)
6.45 FILM **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Archaeologist Indiana Jones takes on the Nazis when he goes in search of his father, medievalist Dr Henry Jones, who has disappeared while searching for the Holy Grail. With Denholm Elliott and John Rhys-Davies. (S) (1989, PG, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
9.00 Andor New episode *Reckoning:* 3/10. Luthen meets Cassian in an abandoned factory and tries to recruit him into his rebel network, but the pair are forced to flee. (S1) (S)
10.00 Rooster New episode *Mr Razzles:* 5/10. Greg's ex-wife Beth shows up for a dedication ceremony on campus. (S1)
10.40 Saturday Night Live UK 3/8. Actor Riz Ahmed hosts the comedy sketch and variety show, with live music from rock band Kasabian. (R)
11.55 Grimm 8/22. A student is killed by a monster, leading Nick and Hank to suspect that a boy taking part in an academic competition is trying to eliminate his rivals. (S2) (S)(R)
12.55 AM **The Force: North East** (R)
2.45 Road Wars Triple bill. (S)(R)
5.00 to **6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
6.30pm Serie A Scots: Lewis Ferguson (S)(R) **6.45** Celebrity Escape to the Country (S)(R) **7.30** EastEnders (S)(AD) **8.00** Trace, Track, Get My Car Back (S) **8.30-9.00** NEW SERIES Scotland's Home of the Year (S) **12.00m't** Sportscene: SWPL Highlights (S)(R) **12.30am** The Repair Shop (S)(R) (AD) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
6.30pm Celebrity Escape to the Country (S)(R) **7.15** Ronan Keating's Wild Atlantic New edition (S) **7.45** Greatest Gardens with Diarmuid Gavin and Carol Klein New edition (S) **8.15-8.30pm** Chronicles of the Sperrins (S)(R)

WALES
Sky **965**, Virgin **864**, Freesat **965**
6.30pm 21st Century TV with Lucy Owen New edition (S) **7.00** FILM Wallace & Gromit: Vengeance Most Fowl (S) (AD) (2024, U, 75min) ★★★★★ **8.15-8.30pm** Best of Weatherman Walking New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
7.30-8.00pm Flaming Feasts (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Cartrefi Cymru **12.25pm** Heno **1.05** Prosiect Pum Mil **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.45** Newyddion a'r Tywydd **8.00** NEW SERIES Y Byd yn ei Le **8.25** NEW SERIES Garddio a Mwy **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad New edition (AD) **9.58** Y Tywydd **10.00** Sgorio **10.30** Tabw **11.00-11.30pm** GISDA: Drws I'r Digartre (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Deadly 60** Steve Backshall finds out about deadly animals in the UK. **7.30** Steve and the team head to Alaska.
8.00 Harry Clark Goes to Rome *The Traitors* star goes in search of answers about belief, identity and what it means to be a good Catholic.
9.00 Louis Theroux: Mothers on the Edge Louis spends time in two specialist psychiatric units in the UK.
10.00 Louis Theroux: Surviving America's Most Hated Family Louis returns to visit the Westboro Baptist Church after the death of its leader.
11.00 FILM **Let It Snow** Horror starring Ivanna Sakhno. (2020, 15, 87min) ★★
12.25 AM **Missing in Paradise: Searching for Sarm**
12.55 Louis Theroux: Mothers on the Edge As 9.00pm.
1.55 Louis Theroux: Surviving America's Most Hated Family As 10.00pm.
2.55 to **3.55** AM **Stacey Dooley: Blood, Sweat and T-Shirts**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Seven Worlds, One Planet** David Attenborough looks at life in North America.
8.00 Treasures of Ancient Egypt 3/3. Alastair Sooke reveals how the decline of the Egyptian empire ran parallel with a creative revival.
9.00 Call My Bluff Featuring guests Gayle Hunnicutt, Russell Davies, Prunella Scales and Paul Eddington.
9.30 Face the Music With Joyce Grenfell, Bernard Levin and Robin Ray, and guest musician Gerald Moore.
10.00 NEW **Caroline Walker: Women's Work** Documentary following the internationally renowned Scottish artist over four years.
11.00 Art That Made Us A history of the British Isles told through 1,500 years of art.
12.00 M'T **Chauvet: Humanity's First Great Masterpiece**
1.00 AM **Face the Music**
1.30 Caroline Walker: Women's Work
2.30 to **3.30** AM **Treasures of Ancient Egypt**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 Four in a Bed
1.35 PM **Come Dine with Me**
4.15 Four in a Bed The first visit is to Woodleys Farmhouse in Buckinghamshire. **4.50** The second visit is to Finch Cottage in Wiltshire. **5.20** The third visit of the week is to The Bell Inn in Thorpe-le-Soken, Essex. **5.50** The week's final visit is to Frasers Guest House in Battlesbridge, Essex. **6.20** Payment Day arrives.
6.50 Location, Location, Location Kirstie Allsopp helps a couple in the trendy Newcastle suburb of Heaton.
7.55 Kirstie and Phil's Love It or List It Gill and John need help deciding what to do with their home in Warwickshire.
9.00 Our Farm Next Door: Amanda, Clive and Kids Clive picks up the tweezers to get his sheep looking their best for the sales, while builder Richard grapples with the challenge of moving oak ceiling beams into position.
10.00 24 Hours in A&E A young woman involved in a motorbike accident is rushed to St George's Hospital.
11.05 24 Hours in A&E
12.05 AM **Emergency Helicopter Medics**
1.10 24 Hours in A&E
3.20 to **3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 Rude(ish) Tube Shorts
7.00 Ramsay's Kitchen...
8.00 The Goldbergs
9.00 Modern Family
10.00 Married at First Sight Australia Reality series.
11.30 First Dates
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 The Simpsons
2.30 Modern Family
3.30 Married at First Sight Australia Reality series.
5.00 Dance Moms: A New Era New edition A flu wipes out half of the team.
6.00 The Simpsons Double bill.
7.00 Hollyoaks A family face their worst nightmare when two children are taken.
7.30 Married at First Sight Australia New edition It's time for the third Commitment Ceremony.
9.20 Made in Chelsea New edition After finding himself in another love triangle, Kit wants answers.
10.20 Gogglebox *The Gentlemen*, *Queens* and *Who Wants to Be a Millionaire?* are appraised.
11.25 First Dates
12.30 AM **Naked Attraction**
1.35 Married at First Sight Australia
3.10 Made in Chelsea
4.05 The Goldbergs
4.55 to **6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

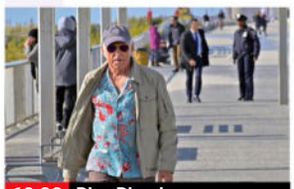
Monday primetime primetime

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.30 **Caught Red Handed**
9.00 **Caught on Dashcam**
12.00 NOON **FBI** 19/22. Kidnappers use their victim as leverage to carry out a major heist. (S7)
1.00 PM **The Rookie** 13/22. A teenage thief manages to get hold of a police helicopter. **2.00** 14/22. Nolan and Harper help a bounty hunter. (S4)
3.00 **Law & Order: Criminal Intent** 20/21. Goren and Eames arrest a doctor. (S3)
4.00 **Nothing to Declare**


10.00 Blue Bloods

7 PM
7.00 **Police 24/7** An officer tries to help a woman and her three children who are looking for shelter.

8 PM
8.00 **Police 24/7** A man spotted in the woods is interrogated after his actions draw attention from a nearby school.

9 PM
9.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

10 PM
10.00 **Blue Bloods** *On the Arm:* 11/20. Danny pursues a con artist pretending to be the legendary singer Jimmy Buffett. (S12)
11.00 **The Rookie** 16/18. (S7)
12.00 M'T **FBI** 16&17/22. (S7)
2.00 AM **The Rookie** New episode 8/18. Crime drama. (S8)
3.00 **Matlock** 13/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Penguin** 6–8/8. (S1)
12.00 NOON **The Trip to Italy** (S2)
4.00 PM **DTF St Louis** 1/7. Black comedy starring David Harbour. Clark and Floyd begin to explore a new dating app for extramarital affairs. **5.00** 2/7. Homer and Plumb dig deeper into Clark's relationship with Carol. **6.00** 3/7. Plumb discovers that Carol has lied about key details of her affair. (S1)

4.00 DTF St Louis

7.00 **DTF St Louis** 4/7. Clark ramps up his support for Floyd's wellness, and Carol makes her lover swear to secrecy.

8.00 **DTF St Louis** 5/7. Floyd confronts Clark about the affair, while Plumb and Homer uncover new information about Carol.

9.00 **DTF St Louis** 6/7. Floyd's ego takes a hit after he fails to reconnect with Carol, leading Clark to help him use the DTF app. (S1)

10.00 **All Her Fault** 6/8. The Irvines struggle to adjust to their new normal, and Jenny uncovers some of Richie's secrets. (S1)
11.00 **The Last of Us** 5–7/7. (S2)
2.00 AM **NEW SERIES Ligas** 1/6. Italian legal drama. **3.00** New episode 2/6. Lorenzo's private life has more surprises in store. Subtitled. (S1)
4.00 **Homicide: Life on the Street**
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Guinness World Records**
7.45 **Billie and Greg: Family Diaries**
9.15 **Celebrity Dinner Date**
10.15 **FILM Stuart Little 2** Fantasy adventure sequel. (2002, U, 78min) ★★★★
11.55 **Supermarket Sweep**
12.55 PM **Wheel of Fortune**
1.55 **FILM Peter Pan** Adventure. (2003, PG, 113min) ★★★★
4.10 **FILM Madagascar: Escape 2 Africa** Animated sequel. (2008, PG, 89min) ★★★
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 **Wheel of Fortune** Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **FILM Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Family Guy** 19/20. The men go to a ranch in order to regain their sense of masculinity. **12.15** AM 4/20. A homage to *Game of Thrones*. (S20)
12.40 **American Dad!** (S17)
1.40 **Bob's Burgers** (S14)
2.35 **to 3.00** AM **Plebs**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Bless This House**
8.45 **George and Mildred**
9.20 **FILM Steptoe & Son Ride Again** Spin-off comedy. (1973, PG, 98min) ★★★
11.20 **FILM Carry On Again Doctor** Comedy. (1969, PG) ★★
1.00 PM **FILM Carry On Matron** Comedy. (1972, PG) ★★
2.40 **FILM Carry On Abroad** Comedy. (1972, PG) ★★
4.25 **FILM Carry On Dick** Comedy. (1974, PG, 86min) ★★★

6.10 Carry On Don't Lose...

6.10 **FILM Carry On Don't Lose Your Head** Comedy starring Sidney James. (1966, PG, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Midsomer Murders** *Dance with the Dead:* A man's apparent suicide shocks the village of Morton Fendle – but things take a sinister turn when Barnaby and Jones discover the victim was not alone when he died.

10.00 **McDonald & Dodds** *The Fall of the House of Crockett:* 1/2. The duo look into the shooting of a homeless man in the deserted mansion of a local industrialist. (S1)
11.50 **Agatha Christie's Marple** *A Caribbean Mystery:* The sleuth encounters dark magic in the Caribbean.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **Minder**
9.15 **Boon**
10.25 **The Sweeney**
11.35 **BattleBots**
12.35 PM **Magnum, PI**
2.35 **Sharpe** *Sharpe's Honour:* 3/3. The soldier becomes a pawn in a French plot. (S2)
4.50 **FILM The Last Sunset** Western starring Kirk Douglas. A lawman joins a cattle drive led by the gunslinger who killed his friend. (1961, 12) ★★★

7.05 Smokey and the Bandit

7.05 **FILM Smokey and the Bandit** Action comedy starring Burt Reynolds, Sally Field and Jackie Gleason. A fast-driving bootlegger runs rings round a redneck sheriff in the Deep South. (1977, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Featuring action from Swansea City v Middlesbrough and Millwall v Norwich City in the Championship.

10.30 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

11.30 **Lost** 15&16/25. Double bill of the sci-fi drama series. (S1)
1.15 AM **Minder**
2.15 **Auto Mundial**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Beechgrove Repotted**
7.30 **Life on the Bay**
8.30 **Sportscene: SWPL Highlights** The latest top-flight action.
9.00 **Only Child** 1/6. Comedy starring Gregor Fisher and Greg McHugh. **9.30** 2/6. Richard decides to declutter Ken's house. (S1)
10.00 **River City** New episode Nicole seeks to prove Mikey killed Jonathon.
10.30 **Two Doors Down** 2/6. Eric's patience is tested to the limit. (S3)
11.00 PM **to 12.00** M'T **Karen Dunbar Live from Ayr**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 5/8. (S1)
8.25 **Avenue 5** 1–8/8. (S2)
1.00 PM **Hitmen: Reloaded**
4.00 **Breeders** Ten back-to-back episodes, including: **7.00** 7/10. Ally and Paul's marriage is in crisis. **7.30** 8/10. Paul decides to rekindle an old friendship as he and Ally continue to feel distant. **8.00** 9/10. Jim and Jackie's golden wedding anniversary party is plunged into darkness. **8.30** 10/10. Paul has to make the hardest decision of his life. (S2)
9.00 **Tom Davis: Underdog** Stand-up performance.
10.15 **Bill Maher: Adulting** Stand-up show from Miami's Fillmore Theatre.
11.30 **The Comeback** New episode *Valerie Faces Reality:* 3/8. (S3)
12.10 AM **Nikki Glaser: Good Clean Filth**
1.20 **Avenue 5** 1–4/9. (S1)
3.45 **to 5.00** AM **Barry**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Pavarotti: The Duets**
7.35 **Watercolour Challenge**
8.35 **Tales of the Unexpected**
9.30 **Hitchcock Presents**
10.30 **I Am Alfred Hitchcock**
12.10 PM **FILM What's New Pussycat?** Comedy. (1965, 15, 108min) ★★★
2.15 **Tales of the Unexpected**
3.20 **Sparkling Cyanide**
5.10 **Close to You: The Carpenters**
6.30 **André Rieu: Live in Malta** A performance.
8.00 **André Rieu: I Lost My Heart in Heidelberg**
10.00 **André Rieu: Welcome to My World** Mexico.
11.00 **Comedy Legends**
12.00 M'T **Les Dawson's Parisienne Adventure**
12.30 AM **Joan Rivers and Barbra Streisand**
1.00 **Catching Fire: Story of Anita Pallenberg**
3.15 **Eric Ravilious: Drawn to War**
5.00 **to 6.00** AM **Inside Art**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Wild Animal Babies**
12.00 NOON **FILM The Secret Garden** Drama. (2020, PG, 99min) ★★★★
2.00 PM **FILM Wynonna Earp: Vengeance** Sci-fi. (2024, 15, 96min) ★★
4.00 **Star Trek: Deep Space Nine** 16/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Star Trek: Voyager** (S7)
7.00 **Star Trek: The Next Generation** 7/26. (S1)
8.00 **Nothing to Declare**
9.00 **FBI** 5/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warrior** 10/10. (S3)
1.10 AM **The Force: North East** Documentary.
2.10 **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Game show.
2.00 **Tenable** A family team of five take part.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Alexis tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Stephen Fry and Jeanette Kwakye compete in the quiz to win cash for charity.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** A family team of five take part.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **FILM Mr Popper's Penguins** Family comedy. (2011, PG, 94min) ★★★
11.00 **FILM Tooth Fairy** Fantasy family comedy. (2010, PG, 101min) ★★★
1.00 PM **A Place in the Sun**
3.00 **Location, Location, Location** Catch-up show.
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Inside Cadbury: Chocolate Secrets Unwrapped**
8.00 **Help! I Bought It at Auction with Sarah Beeny** From Stoke.
9.00 **Grand Designs**
10.00 **FILM Prey** Sci-fi. (2022, 15, 100min) ★★★★
11.55 **Gogglebox** Double bill.
2.00 AM **Britain's Most Expensive Houses**
3.00 **Emergency Helicopter Medics** Documentary.
4.00 **to 5.00** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Stargate Origins: Catherine** Sci-fi spin-off. (2018, PG, 104min) ★★
1.00 PM FILM **Stargate: Continuum** Sci-fi spin-off. (2008, PG, 99min) ★★
3.00 FILM **Stargate: Ark of Truth** Sci-fi adventure spin-off. (2008, PG, 97min) ★★★
5.00 FILM **Ape vs Mecha Ape** Sci-fi drama starring Tom Arnold and Xander Bailey. (2023, PG, 120min) ★★

9.00 The Hobbit

7.00 FILM **Attack of the Meth Gator** Horror comedy starring Ray Acevedo. Citizens are warned to stop flushing drugs down the toilet to prevent 'meth gators'. Down in Sweet Water Point, Florida, they don't listen. (2023, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T FILM **Anti-Life** Sci-fi action drama starring Bruce Willis and Cody Kearsley. (2020, 15, 93min) ★★
2.00 AM **The Walking Dead** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Death in Paradise**
1.20 PM **Death in Paradise** 7/8. Someone from JP's past is found at a murder scene. (S7) **2.40** Christmas special from 2023. An entrepreneur is found dead in a ravine. (S13) **4.40** 8/9. A man confesses to murder, despite not knowing what actually happened. (S10) **6.00** Christmas special from 2021. A shipping magnate is found dead at a party. (S10)

8.00 Death in Paradise

6.00 **Death in Paradise** (started at 6.00pm)

8.00 **Death in Paradise** Festive special from 2023. The team examine the death of an entrepreneur whose marketing guru goes missing during the investigation. Meanwhile, Neville's mother indulges in the island dating scene. (S13)

10.00 **Father Brown** *The Flower and the Fairway:* The locals are unhappy when an ostentatious American opens a golf club near Kembleford.

11.00 **Father Brown** *The Numbers of the Beast:* The priest walks in on a man standing over the body of his dead wife.
12.00 M'T **Death in Paradise**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
8.35 **The Green Green Grass**
9.15 **The Vicar of Dibley**
10.10 **Are You Being Served?**
10.50 **Porridge**
11.30 **Keeping Up Appearances**
12.10 PM **Last of the Summer Wine**
1.25 **The Vicar of Dibley**
2.20 **Ever Decreasing Circles**
2.55 **The Green Green Grass**
3.35 **Are You Being Served?**
4.15 **Porridge**
4.55 **Last of the Summer Wine**
6.15 **Keeping Up Appearances**

6.15 Keeping Up Appearances

6.55 **Porridge** The inmates stage a mock trial.
7.35 **Dad's Army** Mainwaring's platoon plan to re-enact the battle between St George and the dragon.
8.15 **Are You Being Served?** The staff discover their freedom of choice about holidays is under threat.

9.00 **Not Going Out** Lucy announces that she plans to marry a mechanic. **9.35** Lucy needs help writing a speech, so Tim and Lee volunteer to help.

10.15 **Mrs Brown's Boys** Agnes tries to make friends with Dermot's mother-in-law.
10.55 **Bottom: Exposed** Adrian Edmondson gives a first-hand account of making the hit comedy.

12.55 AM **Not Going Out**
2.10 **Mrs Brown's Boys**
2.40 **Hi-de-Hi!**
3.10 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
7.35 **Hairy Bikers' Best of British**
8.30 **Top Gear: Africa Special**
11.05 **Gavin & Stacey** Triple bill.
1.00 PM **Gavin & Stacey**
3.00 **Mortimer & Whitehouse: Gone Fishing** Triple bill.
5.00 **Rick Stein's Road to Mexico** The chef retraces a road trip he took in 1968 from northern California to Mexico. **6.00** The chef travels through Los Angeles and into San Diego where a fishmonger cooks him a fish chilli.

3.00 Mortimer & Whitehouse

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** Contestants include Maisie Adam and Rory Bremner. **8.20** With Darren Harriott, Charlie Brooks, Les Dennis and Melinda Messenger.

9.00 **Have I Got a Bit More News for You** Steph McGovern hosts, with Jamie MacDonald and Professor Hannah Fry.

10.00 **Frankie Boyle's New World Order** With Mona Chalabi.
10.40 **QI XL** With guests Zoe Lyons, Dan Tiernan and Josh Widdicombe.

11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.00 **QI XL** With Bridget Christie.
2.00 **Frankie Boyle's New World Order** As shown at 10.00pm.
2.35 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Calum has one of his articles published.
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

10.05 New Tricks

7.20 **Last of the Summer Wine** Foggy organises a weekend away – but Clegg is convinced that it will end in disaster.

8.00 **The Brokenwood Mysteries** *Sour Grapes:* 2/4. Mike investigates when a guest judge and wine critic attending the town's annual wine show are found dead, drowned in a fermenting vat. (S1)

10.05 **New Tricks** *Final Curtain:* The inclusion of a letter in a late actor's biography reopens an old case. With Dexter Fletcher.
11.20 **The Inspector Lynley Mysteries** *Chinese Walls.*
1.20 AM **Shakespeare & Hathaway: Private Investigators** 10/10. (S4)
2.15 **Whitstable Pearl** 1/6. (S1)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Missionary Position:* 20/24. Ziva and Tony attempt to rescue a US Navy chaplain kidnapped by Colombian rebels. **7.00** *Rekindled:* 21/24. Gibbs and the team track down an arsonist. **8.00** *Playing with Fire:* 22/24. The team discover the elusive arsonist was not working alone. (S9) **9.00** New episode *Fun and Games:* 12/20. The unit investigate the death of one of Kasie's forensic scientists. (S22)
10.00 **Law & Order: Special Victims Unit** *Children of Wolves:* 9/13. (S25)
10.55 **Law & Order: Special Victims Unit** (S25&24)
1.45 AM **Blue Bloods** (S10)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** An elderly man is rushed in with suspected sepsis.
9.00 **Ambulance: Code Red** A 52-year-old man is injured after being thrown off his motorbike.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Motorway Cops: Catching Britain's Speeders** Documentary.
10.45 **Police Interceptors**
12.50 PM FILM **Once Upon a Time in the West** Sergio Leone's western. (1968, 15, 165min) ★★★★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A dog handler chases down a boy racer. **7.00** Officers search for three teenagers.
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Highway Thru Hell**
10.00 **Motorway: Hell on the Highway** Documentary.
11.00 **The X-Files** 21/24. (S1)
12.00 M'T **Motorway Cops: Catching America's Speeders** Documentary.
1.00 AM **Outback Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **Tipping Point: Lucky Stars** Four editions.
2.00 PM **Pete Wicks: For Dogs' Sake** Five editions.
7.00 **The Supervet** Memories of puppies for whom Noel Fitzpatrick has provided life-saving treatment since 2014.
8.00 **Tipping Point** Double bill of the game show.
10.00 **The Supervet: Safari Special** Noel spends time with the animals of the South African savannah.
11.00 **Wife Swap USA**
12.50 AM **The Gentle Art of Swedish Death Cleaning**
1.40 **Louis Theroux Interviews... Katherine Ryan** Louis meets the comedian and actor.
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **World War Weird**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **World War Weird**
6.00 **Antiques Roadshow**
7.00 **Mediterranean with Simon Reeve**
8.00 **Dom Chinea's Cornish Workshop** Series finale Dom and Sam visit St Agnes to buy Cornish tin to cast a workshop sign.
9.00 **Incredible Journeys with Simon Reeve**
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Agatha Christie: Lucy Worsley on the Mystery Queen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Celebrity Yorkshire Auction House**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Izzie Balmer and James Braxton kick off a new adventure in south Wales.
9.00 **The Yorkshire Auction House** In Leeds, the team sort through a van full of mysterious boxes. **10.00** In Knaresborough, Angus Ashworth sorts through a massive collection of model aircraft and paintings.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
10.10 **Little House on the Prairie** (S3)
1.10 PM **The Waltons** (S6)
3.10 **Ballykissangel** (S5)
4.20 **Born and Bred** (S4)
5.30 **Little House: Bless All the Dear Children**
7.30 **M*A*S*H** 3/25. Hawkeye takes an interest in Radar. **8.00** 4/25. BJ's old friend, Bardonaro, causes chaos with a series of practical jokes. **8.30** 5/25. Freedman feels guilty for sending a soldier back into battle. **9.00** 6/25. Winchester tries to pull some strings. **9.30** 7/25. BJ receives a mystery novel with the last page missing. (S6)
10.00 **M*A*S*H** (S6)
12.30 AM **The Avengers** (S5)
1.30 **Home to Roost** (S3)
2.00 **Robin's Nest** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Pony Express** Western adventure. (1953, U, 101 min) ★★★
11.10 **FILM The High and the Mighty** Adventure. (1954, U, 147min) ★★★★
2.15 PM **FILM Rio Grande** Epic Western. (1950, b/w, U, 107min) ★★★★
4.35 **FILM The Double** Thriller. (2011, 12, 94min) ★★
6.35 **FILM 47 Ronin** Fantasy starring Keanu Reeves. (2011, 12, 119min) ★★
9.00 **FILM 2 Guns** Action thriller starring Denzel Washington. (2013, 15, 104min) ★★★
11.20 **FILM Hard Target** Action thriller. (1993, 18, 95min) ★★★
1.35 AM **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
3.25 **FILM Death Rides a Horse** Spaghetti Western. (1969, 15, 111 min) ★
5.15 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.20 **Murder, She Wrote**
1.10 PM **Murder, She Wrote**
7.00 **Castle** *Tone Death:* 9/22. A body is found in the theatre staging Martha's latest show. (S8)
8.00 **Unforgettable** *Memory Kings:* 4/13. (S2)
9.00 **In Plain Sight** *Who's Bugging Mary?* 9/15. (S2)
10.00 **FILM An Emma Fielding Mystery: More Bitter Than Death** Crime drama starring Courtney Thorne-Smith. (2019, PG, 90min) ★★
11.55 **FILM Hart to Hart: Crimes of the Hart** Romantic mystery. (1993, PG, 89min) ★★
1.50 AM **FILM A Housekeeper's Revenge** Crime thriller. (2016, PG, 82min) ★★
3.20 **to 5.00** AM **FILM Wish You Were Dead** Thriller. (2017, PG, 89min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM You Had Me at Aloha** (2021, PG) ★★
10.05 **FILM Once Upon a Holiday** Romantic drama. (2015, PG, 85min) ★★
12.00 NOON **FILM Snowmance** Fantasy. (2017, PG, 90min) ★★
2.00 PM **FILM A Winter Princess** Romance. (2019, PG, 82min) ★★
3.50 **FILM A Winter Getaway** Comedy. (2021, PG, 84min) ★★
5.45 **FILM Frozen in Love** Romantic drama. (2018, PG, 84min) ★★
7.40 **FILM A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
9.40 **FILM Christmas Overtime** Comedy. (2024, U, 89min) ★★
11.45 **FILM The Santa Squad** Drama. (2020, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Gingerbread Romance**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Home and Garden** In Swindon.
2.00 **Rick's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **My Greek Kitchen**
4.00 **Garden Rescue**
5.00 **New Home DIY**
5.30 **Rick's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Reverberations: The Return**
7.30 **New Home DIY**
8.00 **Garden Rescue**
10.00 **Random Series**
10.30 **Queer Lives Today**
11.00 **How to Have a Better Orgasm** Documentary.
12.00 M'T **FILM This, That and the Other** Comedy. (1969, 18, 105min) ★★
1.45 AM **Real Thick Glasses**
2.00 **My Floating Home**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 10/24. (S2)
11.05 **Lady Killers** Ruth Ellis.
12.10 PM **The Dustbinmen**
12.40 **Second Thoughts** (S1)
1.10 **Agony** 1/6. (S1)
1.40 **The Champions**
2.40 **Space 1999** 10/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Agony** 1/6. (S1)
7.00 **Second Thoughts** (S1)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 **FILM Brimstone and Treacle** Comedy drama. (1982, 15, 84min) ★★★
11.40 **FILM Orgy of the Dead** Horror. (1965, 18) ★★
1.30 AM **Stereo Underground**
2.30 **Rewind Time Machine**
2.35 **Hank the Cowboy**
2.50 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A huge Arctic hurricane causes treacherous conditions. **8.00** Sig seeks revenge for his son-in-law's prank.
9.00 **Crikey! It's the Irwins** The zoo reopens after weeks of being closed due to the pandemic.
10.00 **The Zoo** The keepers discuss the bonds they form with the animals.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie's 15 Minute Meals** Four editions.
8.00 **Mary Berry's Easter Feast** Double bill.
10.00 **Great British Bake Off**
4.00 PM **Great British Bake Off** The amateur bakers face a trio of challenges in Dessert Week. **5.30** Halloween comes early for the bakers as they tackle three seasonal challenges. **7.00** The hopefuls must serve up a trio of custard-based dishes. **8.30** Noel Fielding and Matt Lucas host as the bakers face Pastry Week. **10.00** The semi-finalists take on a trio of patisserie challenges. **11.30** The 2022 finalists have one last chance to impress the judges.
1.00 **Man v Food** Double bill.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/22. (S6)
9.00 **T.J. Hooker** 6/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.00 PM **FILM Buckskin** Western adventure. (1968, U, 98min) ★★
3.00 **FILM Eagle's Wing** Western. (1978, PG, 111 min) ★★★★
5.00 **Star Trek** 2/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 7/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Deep Rising** Horror thriller. (1998, 15, 106min) ★★★★
11.10 **FILM The Hitcher** Road movie thriller. (1986, 18, 97min) ★★★★
1.10 AM **FILM Best of the Best 2** Adventure sequel. (1992, 18, 100min) ★★
3.10 **to 5.05** AM **FILM The Golem** Horror. (2018, 15, 95min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Shark Season** Disaster thriller. (2020, PG, 87min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **FILM The People That Time Forgot** Fantasy sequel. (1977, U, 96min) ★★
2.00 PM **FILM Dark Storm** Sci-fi action thriller. (2006, 15, 89min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM The 7 Adventures of Sinbad** Fantasy. (2010, PG, 90min) ★★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 18/22. (S3)
9.00 **FILM Heist** Thriller starring Robert De Niro. (2015, 15, 89min) ★★★
10.55 **FILM The Bone Collector** Crime thriller. (1999, 15, 117min) ★★★
1.25 AM **FILM Heist** (2015)
3.15 **FILM The 7 Adventures of Sinbad** As 5.00pm.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** In Wolverhampton.
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars: Texas**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **World's Most Unexplained**
4.00 PM **The God Code**
6.00 **Storage Hunters**
7.00 **Storage Wars: Texas**
8.00 **Dickinson's Real Deal** From Wolverhampton.
9.00 **Curse of Skinwalker Ranch** Studying the mysterious Bubble.
10.00 **Beyond Skinwalker Ranch** Andy and Paul return to Miller Ranch.
11.00 **Egypt's Unexplained Files** Double bill.
1.00 AM **In Search of Aliens**
2.00 **Ancient Aliens**
3.00 **UFOs: The White House Files**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **FILM All Creatures Great and Small** Comedy drama. (1974, PG, 87min) ★★★
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **FILM The Railway Children Return** Family drama sequel starring Beau Gadsdon. (2022, PG, 99min) ★★★
7.00 **FILM From Time to Time** Adventure with Maggie Smith. (2009, PG, 96min) ★★★★
9.00 **Jane McDonald: From Pole to Pole**
10.00 **Inside the Tower of London** Documentary.
11.00 **Susan Calman's Grand Day Out**
12.00 M'T **Wentworth Prison**
1.00 AM **Happy Campers: The Caravan Park**
2.55 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Lily Savage's Blankety Blank**
12.40 PM **Family Fortunes**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** Mark Foster, Charlene White, Kevin Eldon and Ade Adepitan compete for charity.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 12/24. The gang share Christmas adventures. (S10)
9.00 **The Fall of Diddy** As Sean Combs rises to new heights, people come forward with allegations. **10.00** Witnesses reveal allegations of abuse by Sean Combs toward Cassie Ventura. **11.00** A former assistant comes forward.
11.30 **People Magazine Investigates: Surviving a Serial Killer**
12.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean** (S1)
1.00 PM **Michael McIntyre's The Wheel**
2.00 **Friends** 3-12/24. (S1)
7.00 **Friends** 13/24. Chandler sees Rachel in the nude. **7.30** 14/24. Chandler meets an old flame. **8.00** 15/24. Monica applies for a job. **8.30** 16/24. Phoebe's twin sister visits. (S1)
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Impractical Jokers** New edition Q, Murr and Sal throw and catch grocery items.
10.30 **Michael McIntyre: Live & Laughing** Stand-up.
11.50 **Jimmy Carr's Am I the A**hole?**
12.50 AM **South Park**
2.50 **Jeff Dunham: Comedy Central Live**
3.10 **Rosie Jones Tries to Help** Double bill.
3.25 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Triple bill.
12.00 NOON **Friends** (S2)
2.00 PM **Mr Bean**
9.00 **The Best of Mr Bean**
10.00 **Friends** 1/24. First-ever episode of the comedy. Rachel arrives at Central Perk after jilting her fiancé at the altar. **10.30** 2/24. Carol tells Ross about her plans for their baby. **11.00** 3/24. Monica shows off her new boyfriend to the gang. **11.30** 4/24. The girls spy on a neighbour. (S1)
12.00 M'T **Friends** (S1)
1.00 AM **Ricky Gervais Show**
2.00 **Utopia** 4/8. (S4)
2.30 **Teachers** 2/10. (S1)
3.00 **Reno 911!** (S8)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60**
8.15 **Dick Emery** (S10)
8.55 **FILM That's Carry On** A compilation of clips from *Carry On* films. (1977, PG, 95min) ★★★
10.50 **On the Buses** (S1)
2.30 PM **Oh, Doctor Beeching!** 6-10/10. (S2)
5.30 **Goodnight Sweetheart**
6.05 **Steptoe & Son: A Perfect Christmas** (S8)
7.00 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 2/10. (S10)
9.00 **Benidorm** 2/9. (S10)
9.55 **Shameless** 5/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 3/8. (S2)
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 12/13. (S3)
2.00 **In Sickness and in Health** 6/6. (S3)
2.30 **Man About the House**
2.55 **Duty Free** 3/7. (S2)
3.20 **That's 60s**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Journeys: Furness Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Love Triangles** Double bill.
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Judge Geordie**
9.00 **Just Tattoo of Us**
10.00 **Tattoo Fixers**
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Suspicion falls on Derek and his motives.
2.00 **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **The Dino Hunters**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** The making of enchiladas and watches. **4.30** Patterned glass panels and stop-frame animation.
5.00 **Alaska: Homestead Rescue** A rift threatens an extended family on their homestead.

8.00 Filthy Fortunes

7.00 **Wheeler Dealers** Mike has found a classic 1964 Triumph TR4 in British racing green, but it has been sitting for 20 years.

8.00 **Filthy Fortunes** New edition Matt Paxton and the team sell boats, vintage motorcycles and barbershop equipment.

9.00 **Maine Cabin Masters** Chase and his team are called in to renovate a neglected camp for a growing family.

10.00 **Ancient Unexplained Files** New digital technology reveals the origins of two mysterious Egyptian mummies.

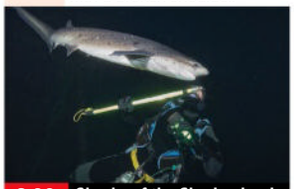
11.00 **Expedition Bigfoot** Russell uses an unlikely ally to pursue a strange predator.
12.00 M'T **Border Control: Europe**
1.00 AM **Maine Cabin Masters**
2.00 **Ancient Unexplained Files**
3.00 **Gold Divers** Chris McCully has a close call while diving.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** With Dwight Howard.
11.00 **Animal Cops Phoenix**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson helps an over-aggressive cat. **4.00** A cat that lives inside a kitchen cabinet.
5.00 **Lone Star Law** A patrol on Lake Texoma leads to arrests.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff operates on a rottweiler with a broken shoulder.



8.00 Sharks of the Shadowlands

7.00 **Treehouse Masters** Pete Nelson creates an off-the-grid escape that is all about peace, love and treehouses.

8.00 **Sharks of the Shadowlands** Exploring the behavioural patterns of the mysterious sevengill sharks.

9.00 **Alaska: The Last Frontier** After a winter of record temperatures, life on the homestead appears to be changing.

10.00 **Alaskan Bush People** Bear stays in the woods overnight after learning life-changing news, and Bam works on the house.

11.00 **The Haunted** A family whose appeal for help with the paranormal was dismissed.
12.00 M'T **Must Love Cats**
1.00 AM **My Extreme Animal Phobia** Documentary.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Miami**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
9.00 **Planes that Changed History**
10.00 **Rebuilding Notre Dame: The Next Chapter**
11.00 **Rebuilding Notre Dame: The Final Chapter**
12.00 NOON **Lost Treasures of the Bible: Secrets of Faith**
1.00 PM **Lost Cities of the Bible**
3.00 **Rome Underground**
4.00 **Car S.O.S** Tim and Fuzz work on an iconic BMW E30 Alpina. **5.00** A Porsche 911 suffering from almost terminal rust.
6.00 **Air Crash Investigation**

9.00 To Catch a Smuggler

7.00 **Air Crash Investigation** The pilots of a New Zealand turboprop pull off a remarkable wheels-up landing.

8.00 **Air Crash Investigation** New edition A flight vanishes from radar after take off and crashes into a neighbourhood.

9.00 **To Catch a Smuggler** New edition Operations teams join forces to target a suspected human-smuggling ring.

10.00 **Disaster Autopsy** New edition Experts rewind disasters with 3D tech to expose the warnings behind them.

11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S** Tim and Fuzz tackle a Golf GTI Mk1.
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Container Wars**
7.25 **Secrets of the Lost Liners**
8.20 **Pawn Stars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The Last Hunt for Nazi Gold** As shown at 9.00pm.
2.00 **Ice Road Truckers** Five editions, including at: **5.00** Drivers who haul supplies over frozen terrain. **6.00** Lisa, Scooter and Muskie Todd take on the notorious Asheweig Road.

9.00 The Last Hunt for Nazi Gold

7.00 **Ice Road Truckers** The Muskie Creek convoy struggle to recover from disaster after an ice bridge collapses.

8.00 **Digging for Britain** Archaeological treasures in the south, including Britain's oldest shoe and Henry V's lost shipyard.

9.00 **The Last Hunt for Nazi Gold** New edition Guy and Justine follow Amber Room rumours from castles to caves.

10.00 **Secret Sex Lives of Tyrants** New edition Examining the secretive system of control behind Gaddafi's regime.

11.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Adolf Hitler's sexual psychology.
12.00 M'T **Ice Road Truckers** Todd attempts a bush fix to muscle his load back onto the trailer.
12.55 AM **Ice Road Truckers**
2.50 **The Last Hunt for Nazi Gold**
3.40 **Secret Sex Lives of Tyrants**
4.25 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Hugh Grant**
8.00 **The Directors**
9.00 **Stevie Van Zandt: Disciple**
11.50 **My Icon: Casey Stoney**
12.00 NOON **JFK Revisited: Through the Looking Glass**
2.15 PM **I Am Jackie O**
4.00 **Boyzone: No Matter What** 1-3/3. Documentary about the boy band, featuring interviews with the members, who talk about how they grappled with the true cost of global fame.

4.00 Boyzone: No Matter What

7.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters, the night raids against Germany and the brave men and women who made them possible.

9.00 **Spitfire** The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.

11.00 **FILM When We Were Kings** Oscar-winning documentary about Muhammad Ali's legendary bout with George Foreman in Zaire in 1974. (1996, PG, 87min) ★★★★★
12.45 AM **Queen of Speed**
2.45 **SIC: Prince of MotoGP**
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: Hugh Grant**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
6.00 PM **Antiques Road Trip**
8.00 **Shed and Buried** Henry and Fuzz look around a palatial shed. **8.30** Henry and Fuzz explore a collection of Land Rovers, tractors and motorbikes.
9.00 **Shed and Buried: Classic Cars** New edition Henry Cole and Fuzz Townshend are in Essex to work on restoring a Sunbeam Alpine, hoping to revive it to its original glory and help make it shine once more.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Chris Parker.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** A man stabbed outside a club in 2011.
8.00 **Murder on CCTV** The 2014 murder of Kimberly Robertson.
9.00 **The Real Death in Paradise** Roger Gower.
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Connecting a Killer** SIO Steve Wilkins re-opens a series of crimes in Pembrokeshire.
8.00 **UK Crime Files: Murder – A Fight for Justice** The story of Satish Sekar, who fought to clear three men wrongly convicted of murder.
9.00 **Britain's Countryside Killers** The case of teenager Alex Davies.
10.00 **NEW SERIES Donal MacIntyre's UK Killer Evidence** The case of Pennie Davis, who was tragically killed in 2014.
11.00 **Murder UK**
12.00 M'T **UK Crime Files**
2.00 AM **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Cold Cases Reopened** Documentary.
9.55 **Uncovering Melanie's Murderer** True-crime.
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** The disappearance of six-year-old Etan Patz.
5.00 **Medical Detectives** An American tourist is killed in a Mexican resort. **5.30** The police struggle to solve the case when a banker's wife is abducted. **6.00** A neighbour witnesses a man drown his wife in their pool. **6.30** A house fire turns out to be no accident.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Stop, Search, Seize**
9.00 **Caught Red Handed**
11.00 **Brit Cops: Rapid Response** Documentary.
12.00 NOON **Caught on...**
2.00 PM **Caught Red Handed**
4.00 **Caught on Dashcam**
5.00 **Killer in My Village**
6.00 **Britain's Most Evil Killers**
7.00 **Murder Next Door**
8.00 **Catching the Killer**
9.00 **The Murder of Grace Millane** Documentary.
10.50 **Murder of Lee Irving: Disability Mate Crime**
11.55 **Catching the Killer**
12.55 AM **How I Caught the Killer** Documentary.
2.00 **World's Most Evil Killers** New edition
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Icons of Conquest**
9.50 **The Endurance**
11.50 **Everest: The South West Face** As 10.50pm.
1.00 PM **Pirates: Behind the Legends** Eight editions of the series, including at: **4.55** The story of William Kidd, a pirate hunter who turned pirate himself. **5.55** The story of history's most notorious pirate, Blackbeard. **6.50** The story of Mary Read and Anne Bonny. **7.50** The exploits of Bartholomew Roberts.
8.50 **The Endurance** The story of Sir Ernest Shackleton's 1914-1916 expedition to Antarctica.
10.50 **Everest: The South West Face** An expedition to climb the South West face of Everest in 1975.
12.00 M'T **to 2.00** AM **The Endurance**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Big Cats: An Amazing Animal Family** 1&2/2. Documentary.
10.00 **World's Most Toxic Animals**
12.00 NOON **Monkey Life**
4.00 PM **Micro Monsters with David Attenborough**
7.00 **Monkey Life** Double bill.
8.00 **Wolves and Lions: Old Enemies** Battles and strategies to steal food.
9.00 **Wild Sky** Examining the Amazon rainforest's oxygen-breathing trees.
10.00 **Islands** Hyenas claim the largest island in the Okavango Delta. **11.00** A look at highland leopards stalking Sambar deer.
12.00 M'T **Ocean Parks**
1.00 AM **America's Wild Border: Northern Exposure**
2.00 **Wolves and Lions: Old Enemies** As 8.00pm.
3.00 **Wild Sky** As 9.00pm.
4.00 **Matsalu Moose: Wild Giants of the Baltics** Documentary.
5.00 **to 6.00** AM **Kingdom of the Tide**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Secret Nazi Expeditions**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Disclosure Files**
2.00 **Weird Britain**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **Weird or What? With William Shatner** Claims that plants can detect human thought.
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines**
8.00 **History's Greatest Aircraft**
9.00 **Bone Detectives: Britain's Buried Secrets** The team investigate the grisly discovery of sliced-open human skulls.
10.00 **Cracking the Code** The criminal gangs using highly encrypted phones to stay under the radar.
11.00 **Ancient Aliens**
1.00 AM **Alien Disclosure Files**
2.00 **Weird Britain**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
9.00 **Killers of the Cosmos**
11.00 **Richard Hammond's Big**
1.00 PM **Secrets Underground**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **How the Universe Works** New discoveries reveal the importance of black holes in creating stars, giving light, and building the universe itself. **10.00** New discoveries reveal the secrets of nebulas, which are strange structures of cosmic gas and dust where stars are born and die in space.
11.00 **NASA's Unexplained Files** Experts investigate whether the Roswell UFO incident was a Soviet conspiracy masterminded by Stalin. **12.00** M'T Experts investigate the possibility of alien life on Saturn's largest moon.
1.00 AM **How the Universe Works**
4.00 **Richard Hammond's Big**
5.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Murdertown**
2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
3.00 **Somebody's Hiding Something**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** A 14-year-old boy is shot outside a friend's house.
8.00 **Accident, Suicide or Murder?** A couple's pick-up is found submerged in a lake.
9.00 **NEW SERIES** **Interview with a Killer** 1/2. An interview with imprisoned double murderer Adam Williams, who finally tells the story behind his crimes and the manhunt that followed. **10.00** 2/2. Conclusion of the interview with Adam Williams.
11.00 **Gilgo Beach Serial Murders**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview with a Killer**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **World's Weirdest**
11.00 **In The Womb: Animal Babies**
12.00 NOON **Critter Fixers: Country Vets** Triple bill.
3.00 PM **Secrets of the Zoo**
5.00 **Yukon Vet**
7.00 **NEW** **Kalahari: Africa's Underground Desert** A look at the cleverest creatures in the Kalahari desert.
8.00 **Africa's Wild Geniuses** Wildlife that have adapted to Africa's most extreme environments.
9.00 **The Invaders** Footage of animals causing chaos outside of their natural habitats, including African hippos in Colombia.
10.00 **Alaska: The Next Generation** Alex Javor risks hypothermia to restore a natural spring.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The formation of supermassive black holes.
1.00 PM **NASA's Unexplained Files**
2.00 **Truth Behind the Moon Landing** Experts investigate American espionage during the Apollo programme.
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition Unknown**
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** A vintage football table is restored.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Top Gear**
1.00 PM **Top Gear** Four editions of the series, including at: **4.00** Jeremy gets a good soaking when he takes BMW's off-roader, the X3, out for a spin.
5.00 **The Two Ronnies**
8.35 **The Two Ronnies** Vintage sketches from Messrs Barker and Corbett, including Spoonerism, *Hampton Wick* and music by Tina Charles. **9.30** Vintage comedy from Messrs Barker and Corbett, including an instalment of *Hampton Wick* as well as sketches Elizabeth Ah Ah and Ronnie Barker's Yearbook. **10.30** Classic comedy sketches from Messrs Barker and Corbett, featuring another instalment of *Hampton Wick*. **11.20** New World and Tina Charles perform on the vintage comedy and variety show.
12.10 AM **The Two Ronnies**
3.35 **Top Gear** Double bill.
5.15 **to 6.00** AM **The Two Ronnies**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** An unidentified woman is found dead in an apartment.
9.00 **American Monster**
11.00 **Diabolical: Deadly Love**
12.00 NOON **People Magazine Investigates** A teenager's savagely beaten body is found.
1.00 PM **American Monster**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Betrayed** Double bill.
7.00 **Death by Fame** Focusing on the case of Amie Harwick. **8.00** Johnny Lewis prepares for the most terrifying role of his life.
9.00 **Faking It: Tears of a Crime** The case of John Sharpe. **10.00** The murder of 10-year-olds Holly Wells and Jessica Chapman.
11.00 **A Body in the Basement** Police find a missing man hanging in a basement dungeon.
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Betrayed**
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **Supertruckers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Ant Anstead: Born Mechanic**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant finds a rare 1978 Land Rover Series 3, but the bulkhead is riddled with rust.
9.00 **Roadworthy Rescues** Derek returns to the shop where he apprenticed as a teenager.
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 M'T **Ant Anstead: Born Mechanic** As 8.00pm.
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

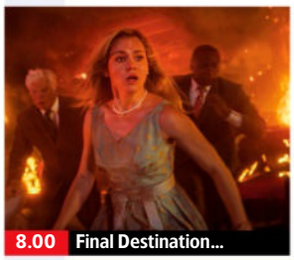
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.45 AM **The Bad Guys 2** As shown at 4.25pm.
9.35 **Flavia** As shown at 6.15pm.
11.20 **Superman** As 10.00pm.
1.35 PM **One Battle After Another** Action thriller. (2025, 15, 161min) ★★★★★
4.25 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
6.15 **Flavia** Family adventure starring Molly Belle Wright. (2025, PG, 105min) ★★★



8.00 Final Destination...

8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. With Richard Harmon and Teo Briones. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. With Nicholas Hoult. (2025, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Materialists** Romantic comedy with Dakota Johnson. (2025, 15, 116min) ★★★★
2.20 **Hostages** Comedy thriller. (2025, 15, 90min) ★★★
4.05 **Man Finds Tape** Horror. (2025, 15, 84min) ★★★★
5.40 **to 7.30** AM **Flavia** As 6.15pm.

Sky Cinema Box Set

303 303 403 503 517

6.00 AM **Gremlins** Horror comedy. (1984, 12, 106min) ★★★★
8.00 **Gremlins 2: The New Batch** Comedy. (1990, 12) ★★★
10.00 **Bad Boys** As 12.10am.
12.00 NOON **Bad Boys II** (2003)
2.30 PM **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
4.05 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
6.00 **Back to the Future** Fantasy. (1985, PG, 115min) ★★★★★

6.00 Back to the Future

8.00 **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future where he has to save his teenage son from dire trouble. (1989, PG, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Back to the Future Part III** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. Marty McFly learns that Doc is stranded in the Wild West. (1990, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Bad Boys** Action comedy. (1995, 15, 118min) ★★★
2.25 **Bad Boys II** Action comedy sequel starring Will Smith. (2003, 15, 147min) ★★★
4.55 **Sky Cinema Preview**
5.55 **to 7.45** AM **Mad Max** Cult thriller starring Mel Gibson. (1979, 15, 93min) ★★★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Footloose** Dance drama remake. (2011, 12, 113min) ★★★
8.35 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
11.15 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
1.05 PM **It Ends with Us** Drama. (2024, 15, 125min) ★★★
3.20 **Love Story** Romantic melodrama with Ryan O'Neal. (1970, PG, 100min) ★★★★
5.10 **Amadeus** Peter Shaffer's historical drama starring Tom Hulce and F Murray Abraham. (1984, PG, 158min) ★★★★★
8.00 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
10.35 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
1.00 AM **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
3.25 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
5.25 **to 7.05** AM **Cicada** Drama. (2020, 15, 96min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
9.05 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
11.10 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
1.30 PM **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
3.40 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
5.30 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
8.00 **Pitch Black** Sci-fi chiller with Vin Diesel and Radha Mitchell. (1999, 15, 108min) ★★★★
9.55 **Get Out** Thriller starring Daniel Kaluuya. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
11.50 **If You Were the Last** Sci-fi romantic comedy starring Zoe Chao. (2023, 15, 92min) ★★★★
1.30 AM **Timestalker** Fantasy directed by and starring Alice Lowe. (2024, 15, 89min) ★★★★
3.10 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
5.00 **to 6.35** AM **Anaconda** Jungle adventure starring Jennifer Lopez. (1997, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Easter Monday

Sky Cinema Family

304 304 406 506 519

6.10 AM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
7.55 **The Hobbit: The Desolation of Smaug** (2013, 12) ★★★★
10.40 **The Bad Guys 2** Animated sequel. (2025, PG) ★★★★
12.30 PM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
2.15 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
4.05 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
6.00 **Hook** Fantasy. (1991, U) ★★★

4.05 Paddington in Peru

8.25 **Stardust** Fantasy comedy adventure starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. With Michelle Pfeiffer. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's famous children's story, starring Johnny Depp and Freddie Highmore. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12, 144min) ★★★
3.00 **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
4.55 **to 6.30** AM **Harold and the Purple Crayon** Adventure. (2024, PG, 87min) ★★★

Sky Cinema Action

306 306 407 507 521

6.40 AM **The Patriot** Epic drama. (2000, 15, 167min) ★★★
9.25 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
11.15 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
1.05 PM **William Tell** Action drama. (2025, 15, 133min) ★★★
3.20 **Spider-Man: Homecoming** Adventure with Tom Holland. (2017, 12, 133min) ★★★★
5.40 **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★

10.25 Jurassic World: Rebirth

8.00 **Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Jurassic World: Rebirth** Fantasy adventure with Scarlett Johansson. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
3.05 **Long Gone Heroes** Thriller. (2024, 15, 101min) ★★★
4.55 **to 6.35** AM **Safe House** Thriller with Holt McCallany. (2025, 15, 90min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
8.55 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
10.55 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
12.55 PM **Daddy's Home 2** Comedy. (2017, 12, 100min) ★★★
2.40 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
4.30 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.15 **Uncle Buck** (1989, 12) ★★★

6.15 Uncle Buck

8.00 **American Pie** Teen comedy starring Jason Biggs. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Holiday** Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic swap homes for Christmas and embark on new romances. With Jude Law and Jack Black. (2006, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
2.00 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
3.45 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
5.30 **to 7.10** AM **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Vanilla Sky** Fantasy. (2001, 15, 136min) ★★★
8.25 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
10.15 **Trap** Thriller. (2024, 15) ★★★★
12.15 PM **Ocean's Eleven** Thriller. (2001, 12, 116min) ★★★★
2.20 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
4.30 **Hallow Road** Thriller. (2025, 15, 80min) ★★★★
6.00 **Three Days of the Condor** Thriller. (1975, 15) ★★★★

4.30 Hallow Road

8.00 **Ocean's Twelve** Caper thriller sequel with George Clooney, Brad Pitt and Matt Damon. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Hallow Road** As 4.30pm.
2.00 **American Gangster** Ridley Scott's epic crime drama. (2007, 18, 157min) ★★★★
4.45 **to 6.45** AM **Eye in the Sky** Thriller starring Helen Mirren. (2015, 15, 112min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dad's Army** Comedy. (1971, U, 95min) ★★★★
12.55 PM **Spies in Disguise** Animation. (2019, PG) ★★★★
3.00 **The Simpsons Movie** Animated comedy spin-off. (2007, PG, 83min) ★★★★★
4.45 **Cheaper by the Dozen** Comedy. (2003, PG) ★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

6.40 Jumanji: The Next Level

8 PM **Jumanji: The Next Level** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Where the Crawdads Sing** Drama based on Delia Owens' novel, starring Daisy Edgar-Jones and David Strathairn. A young woman in the Deep South is accused of murder when her suitor is found dead. (2022, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.25** **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. (2018, 12, 134min) ★★★★
2.05 **to 4.00** AM **Cocoon** German coming-of-age drama starring Lena Urzendowsky. Subtitled. (2020, 15, 99min) ★★★

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

7.25 AM **The Mummy** As 4.20am.
9.35 **The Mummy Returns** (2001)
11.45 **Flavia** Family adventure. (2025, PG, 110min) ★★★
1.35 PM **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
3.50 **Spider-Man: No Way Home** Comic-book adventure sequel. (2021, 12, 148min) ★★★★
6.20 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★

8.00 **The Lost World: Jurassic Park** Steven Spielberg's adventure sequel starring Jeff Goldblum. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★
10.10 **The Golden Compass** Fantasy based on Philip Pullman's bestselling book *Northern Lights*, starring Nicole Kidman and Dakota Blue Richards. (2007, PG, 109min) ★★★

12.05 AM **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
2.20 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
4.20 **to 6.30** AM **The Mummy** Action adventure. (1999, 15) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.25 AM **Dumb and Dumber** Comedy starring Jim Carrey. (1994, 12, 107min) ★★★
9.25 **Police Academy** As 12.25am.
11.05 **Police Academy 2: Their First Assignment** As 2.05am.
12.35 PM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
2.05 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★

3.50 **Lethal Weapon 3** Action thriller sequel. (1992, 15, 118min) ★★
5.50 **Lethal Weapon 4** Action thriller sequel. (1998, 15, 128min) ★★★
8.00 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
9.30 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
11.00 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★

12.25 AM **Police Academy** Comedy. (1984, 15, 95min) ★★★
2.05 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
3.35 **Police Academy 3: Back in...**
5.05 **Sky Cinema Preview**
5.55 **to 7.55** AM **Enter the Dragon**

Sky Cinema Animation

312 315 405 500 514

7.30 AM **The Amazing Maurice**
9.15 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
10.50 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
12.30 PM **Shrek the Third** Animated comedy adventure sequel. (2007, U, 88min) ★★★★
2.10 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★

4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
5.50 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
7.35 **The Amazing Maurice** Animated adventure featuring the voice of Hugh Laurie. (2022, PG, 93min) ★★★★
9.20 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
11.05 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
12.50 AM **Rebellious** Animation. (2024, PG, 94min) ★★★

2.40 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
4.25 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
5.50 **to 7.30** AM **Flushed Away** Animated comedy adventure. (2006, U, 85min) ★★★★

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.20 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
8.40 **Bambi** Classic animation. (1942, U, 69min) ★★★★★
9.55 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
11.30 **The Sorcerer's Apprentice** Fantasy. (2010, PG) ★★★★

1.20 PM **George of the Jungle** Comedy. (1997, U, 92min) ★★
2.55 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
4.40 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
6.30 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
9.00 **Juno** Offbeat comedy. (2007, 12, 96min) ★★★★
10.35 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★

12.40 AM **Hitman: Agent 47** Action thriller starring Rupert Friend. (2015, 15, 92min) ★★
2.20 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
3.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.45 **to 6.00** AM **Myth: A Frozen Tale**

Talking Pictures

328 445 82 306 36

6.00 AM **What's On TPTV with Noel**
6.10 **Pot O' Gold** Musical comedy. (1941, b/w, U, 85min) ★★★
7.55 **D.O.A. (Dead on Arrival)** Thriller. (1950, b/w, PG, 80min) ★★★
9.35 **British Intelligence** World War One espionage thriller. (1940, b/w, PG, 63min) ★★
10.50 **The Jackals** Western adventure. (1967, PG, 96min) ★★★
12.40 PM **Richard the Lionheart**

1.10 **Heavens Above!** Comedy. (1963, b/w, PG, 118min) ★★★
3.30 **Lady in the Fog** Mystery. (1952, b/w, PG, 73min) ★★★
5.10 **For Those in Peril** World War Two drama with Ralph Michael. (1944, b/w, PG, 64min) ★★★
6.30 **The Vise** 2/26. (S2)
7.00 **The Footage Detectives**
8.00 **A Game of Murder** 2/6. (S1)
9.05 **The Casebook of Sherlock Holmes** *The Master Blackmailer:* The detective takes on a blackmailing art dealer.

11.10 **The Blob** Classic sci-fi horror film. (1958, 12, 81min) ★★★
12.50 AM **Budgie** 9/13. (S2)
1.50 **Scarlet Street** Film noir thriller. (1945, b/w, PG, 101min) ★★★★
3.55 **Mutiny** Seafaring adventure. (1952, U, 77min) ★
5.30 **to 6.00** AM **Honey West**

EASTER MONDAY Sport

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Super League Gold**
7.05 LIVE **NRL** **Parramatta Eels v Wests Tigers.** From CommBank Stadium in Sydney. Kick-off is at **7.05am**.
9.05 **Fight Night** Dubois v Harper.
10.00 LIVE **ATP Tennis** The second day of the Monte-Carlo Masters.
12.00 NOON LIVE **EFL** **Portsmouth v Oxford United.** The Championship match from Fratton Park. Kick-off **12.30pm**.
2.45 PM LIVE **EFL** **Watford v Charlton Athletic.** The Championship match from Vicarage Road. Kick-off **3.00pm**.
5.00 LIVE **EFL** **Swansea City v Middlesbrough.** Championship at Swansea.com Stadium. Kick-off **5.30pm**.
7.45 LIVE **EFL** **Hull City v Coventry City.** The Championship match from MKM Stadium. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 LIVE **NBA Basketball** **Atlanta Hawks v New York Knicks.** Tip-off **12.00m't**.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Premier League Stories**
9.30 **The Big Interview**
10.00 **Sky Sports FC**
12.00 NOON **Transfer 360**
1.00 PM **Premier League Stories**
1.30 **The Big Interview**
2.00 **Soccer Special** All the latest updates and goal alerts from the Easter Monday fixtures, plus post-match reaction and analysis.
7.00 **Premier League Stories** The story of Yakubu Ayegbeni.
7.30 **The Big Interview** A top-flight footballer in conversation.
8.00 **Gary Neville's Soccerbox** The former defender is joined by Chelsea legend John Terry.
9.00 **Premier League Stories** The story of Yakubu Ayegbeni.
9.30 **The Big Interview**
10.00 **Transfer 360** Juninho. **10.30** Jürgen Klinsmann.
11.00 **Premier League Years** A look back at the 1996/97 season.
1.00 AM **PL Retro** Another chance to see Chelsea v Manchester United from the 2011/12 season.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
9.00 **SPFL Round-Up**
9.15 **SPFL** Action from Scotland.
9.45 **EFL Highlights**
11.00 **SPFL Round-Up**
11.15 **SPFL** Livingston v Hearts. **11.30** Dundee v Celtic.
11.45 **EFL Highlights** Championship.
12.00 NOON LIVE **EFL** **Portsmouth v Oxford United.** The Championship match from Fratton Park. Kick-off **12.30pm**.
2.45 PM LIVE **EFL** **Watford v Charlton Athletic.** The Championship match from Vicarage Road. Kick-off **3.00pm**.
5.00 LIVE **EFL** **Swansea City v Middlesbrough.** Coverage of the Championship match staged at Swansea.com Stadium. Kick-off **5.30pm**.
7.45 LIVE **EFL** **Hull City v Coventry City.** The Championship match from MKM Stadium. Kick-off **8.00pm**.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Highlights** Championship.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
7.00 **IPL** A replay of Chennai Super Kings v Punjab Kings in Chennai.
11.15 **Best of ICC WT20** Archive action.
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL** **Kolkata Knight Riders v Punjab Kings.** Coverage of the T20 match staged at Eden Gardens, Kolkata. These two sides met just the once last season at a low-scoring game in Mullanpur, Punjab. The Kings looked to have made an under-par total after they were bowled out for just 111 inside 16 overs but they fought back and bowled out Kolkata for just 65 to win the game by 16 runs.
7.00 **Best of ICC WT20**
8.00 **IPL** Royal Challengers Bengaluru v Chennai Super Kings highlights. **9.00** Highlights from Kolkata Knight Riders v Punjab Kings. **10.00** Sunrisers Hyderabad v Lucknow Super Giants highlights. **11.00** Highlights from Kolkata Knight Riders v Punjab Kings.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Kolkata Knight Riders v Punjab Kings in Kolkata.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf** The fourth and final day of the Texas Open.
11.00 **Ladies European Tour Golf** The Aramco Championship USA.
2.00 PM **Steel Magnolia: Willett's Masters** A look back at Danny Willett's 2016 Masters win.
2.30 **Jack Nicklaus 1986** A look at the golfer's historic Masters victory.
3.30 **The Masters** Action from the fourth and final round in 2025.
5.00 **Masters: Live on the Range** Practice ahead of the Major.
7.00 **Golf Channel Live from the Masters** Tournament build-up.
10.00 **Ladies European Tour Golf** Aramco Championship USA.
11.00 **PGA Tour Golf** Texas Open.
12.00 M'T **How the 2012 Masters Was Won** Tournament review.
2.00 **to 6.00** AM **The Masters Official Films** Archive action.

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Days one and two of the Monte-Carlo Masters.
10.00 LIVE **ATP Tennis** The second day of the Monte-Carlo Masters staged at Monte Carlo Country Club in Roquebrune-Cap-Martin.
2.00 PM LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
6.00 LIVE **WTA Tennis** Coverage of day one of the Linz Open staged at Design Center Linz in Austria.
8.00 **WTA Tennis** Charleston Open.
9.00 **ATP Tennis** Bucharest Open. **10.00** The Marrakech Open final.
11.00 **WTA Tennis** Bogota Open final.
12.00 M'T **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **AFL** **Hawthorn Hawks v Geelong Cats.** Bounce-up **6.15am**.
9.00 **Out of Office** Lucy Bronze.
9.15 **World Superbike Highlights**
10.15 **NWSL** Orlando Pride v Angel City.
11.15 **Women's FA Cup** Highlights.
12.15 PM **Ella Toone's Away Days**
12.45 **Out of Office** Lucy Bronze.
1.00 LIVE **Women's FA Cup** **Chelsea v Tottenham Hotspur.** Coverage of the quarter-final at Kingsmeadow. Kick-off **1.30pm**.
4.00 **Ella Toone's Away Days**
4.30 LIVE **Women's FA Cup** **Birmingham City v Manchester City.** The quarter-final staged at St. Andrew's. Kick-off **5.00pm**.
7.30 LIVE **Serie A** **Napoli v AC Milan.** Coverage of the game at Stadio Diego Armando Maradona. Kick-off **7.45pm**.
9.45 **The Gruppetto** Cycling news.
10.00 **Cycling** Highlights of races.
12.00 M'T LIVE **MLB** **Toronto Blue Jays v Los Angeles Dodgers.** Coverage from Rogers Centre. Start-time **12.07am**.
3.00 AM **Fight Week** UFC 327.
3.30 **UFC Reloaded** Archive action.
5.15 **to 6.00** AM **Ally's Social Club**

TNT Sports 2

411 414 522 409 431

6.00 AM **FA Cup** Highlights from the four quarter-final matches.
10.00 **Champions League Magazine**
10.30 **Men's Cycling** Tour of Flanders.
11.30 **Women's Cycling** Action from this year's Tour of Flanders.
12.30 PM LIVE **Women's Cycling** Coverage of the Tour of Mouscron one-day race held in Belgium.
2.30 LIVE **Cycling** Stage one of the men's Tour of the Basque Country, starting and finishing in Bilbao.
4.45 **Kenny Allstar's Number 1's**
5.00 **UEFA Europa League & Conference League Magazine**
6.00 **AFL** Another chance to see Hawthorn Hawks v Geelong Cats.
7.30 **The WRC Magazine** All the news and action from Rally Croatia.
8.00 **MLB Highlights** Baseball action.
9.00 LIVE **MLB** **Tampa Bay Rays v Chicago Cubs.** Coverage of the inter-league match at George M. Steinbrenner Field. Start-time **9.10pm**.
12.00 M'T **Women's FA Cup** Highlights from two quarter-final games.
2.00 AM **Serie A** Napoli v AC Milan.
3.00 **AFL** Replay of a game in full.
4.30 **TNT Sports Cricket Reload**
5.45 **to 6.00** AM **Reframe the Game**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
6.15 **Women's Super League**
6.30 **Super League Highlights**
7.05 LIVE **NRL** **Parramatta Eels v Wests Tigers.** From CommBank Stadium in Sydney. Kick-off **7.05am**.
9.05 **Fight Night** Dubois v Harper.
10.05 **Super League Highlights**
10.20 **My Icon** Anthony Joshua.
10.30 **Women's Super League**
10.45 **Super League Highlights**
11.00 **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Cleveland Cavaliers v Milwaukee Bucks.
10.00 **Super League Highlights**
10.30 **NBA on Fire** News and action.
11.00 LIVE **NBA Basketball** **Atlanta Hawks v New York Knicks.** Coverage of the Eastern Conference match staged at State Farm Arena. Tip-off **12.00m't**.
3.00 AM **Super League Highlights**
3.30 **Super Bowl LX Highlights**
4.30 **NFL Highlights**
5.30 **to 6.00** AM **NFL Bitesize**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of day two of the ATP Monte-Carlo Masters, a clay-court tournament at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
12.50 PM LIVE **EFL** **Millwall v Norwich City.** Coverage of the Championship match at The Den. The Lions were 2-1 winners in the reverse fixture on the opening day of the season at Carrow Road. Kick-off **1.00pm**.
2.50 LIVE **EFL** **Ipswich Town v Birmingham City.** The Championship match from Portman Road. The reverse fixture at St. Andrew's was the opening match of the season on a Friday, in which a controversial penalty in injury time saw George Hirst earn a 1-1 draw for the Tractor Boys. Kick-off **3.00pm**.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league at Copper Box Arena.
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Highlights.
11.00 **PGA Tour Champions**
12.00 NOON **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders. **1.00** PM Royal Challengers Bengaluru v Sunrisers Hyderabad.
2.00 **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **Formula 1** Japanese Grand Prix.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London.
11.00 **IPL** Punjab Kings v Gujarat Titans.
12.00 M'T **The Insiders** NFL news.
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Isuzu UTE A-League**
12.00 NOON **Sign Up – Into Football**
12.45 PM **No Filter Football**
1.00 **MLB Highlights**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **The WRC Magazine** News and action from Rally Croatia.
3.30 **Serie A** Inter Milan v AS Roma.
4.30 **MLB Highlights**
5.30 **Discovery Golf** The latest news.
6.00 LIVE **Ultimate Pool** Coverage from Group Three of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **A-League Highlights** Action from the 23rd round of fixtures.
10.00 **A-League Women Highlights** The 22nd round of fixtures.
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **Premier League Stories**
12.00 M'T **to 6.00** AM **Isuzu UTE A-League**

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's T20 International Cricket** Action from New Zealand v South Africa.
11.00 **Women's One-Day International Cricket** The three-match series between New Zealand and South Africa.
2.00 PM **A-League** Action from Macarthur Bulls v Newcastle Jets. **3.00** Brisbane Roar v Sydney FC. **4.00** Adelaide Utd v Auckland FC. **5.00** Highlights from Central Coast Mariners v Perth Glory. **6.00** Action from Melbourne City v Western Sydney Wanderers. **7.00** Melbourne Victory v Wellington Phoenix highlights.
8.00 **NWSL** Bay FC v Washington Spirit.
9.00 **Fishing: On the Bank**
10.00 **Fight Week** UFC 327 preview.
10.30 **UFC** Moicano v Duncan.
1.30 AM **PL: Big Interview**
2.00 **UEFA Champions League**
3.30 **The WRC Magazine**
4.00 **to 6.00** AM **Men's Curling**

Premier Sports 1

6.00 AM **Motorsport** Drew Gibson.
7.00 **Sporting Greats**
7.30 **Champions Cup**
11.30 **Champions Cup** Bordeaux Begles v Leicester Tigers.
1.30 PM **Sporting Countdowns**
2.00 **NHL on the Fly** Latest news.
2.30 **Champions Cup** Another chance to see Leinster v Edinburgh.
4.30 **LaLiga** Alavés v Osasuna.
6.25 **Sporting Countdowns**
6.55 **Champions Cup Highlights**
7.55 LIVE **LaLiga** **Girona v Villarreal.** Coverage of the Spanish top-flight match from Estadi Montilivi. Kick-off **8.00pm**.
10.00 **Sporting Greats**
10.30 **Champions Cup Highlights**
11.30 **LaLiga** Real Oviedo v Sevilla.
1.30 AM **Sporting Greats**
2.00 **NHL Specials**
3.00 **to 6.00** AM LIVE **NHL Hockey** **San Jose Sharks v Chicago Blackhawks.** From SAP Center at San Jose. Face-off **3.00am**.

Premier Sports 2

6.00 AM **MotorSport**
6.30 **NASCAR O'Reilly Series**
9.30 **Bike World** Magazine.
10.00 **NHL Ice Hockey** Montreal Canadiens v New Jersey Devils.
12.00 NOON **Temples of Sport**
12.30 PM **LaLiga** Alavés v Osasuna. **2.30** Real Oviedo v Sevilla.
4.30 **Temples of Sport**
5.00 **Champions Cup** A replay of Northampton Saints v Castres. **7.00** Another chance to see Bath Rugby v Saracens.
9.00 **Temples of Sport** Taking a look at some iconic sporting venues.
9.30 **Champions Cup** Another chance to see Glasgow Warriors v Bulls.
11.30 **Temples of Sport**
12.00 M'T LIVE **NHL Ice Hockey** **Buffalo Sabres v Tampa Bay Lightning.** The Eastern Conference match from KeyBank Center. Face-off **12.00m't**.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action.
10.00 **Formula 1** Australian Grand Prix.
12.05 PM **Ted's Notebook**
12.35 **F1 Features**
1.15 **Indycar** Alabama Grand Prix.
2.15 **Formula 1** The Australian Grand Prix qualifying session.
4.30 **Ted's Notebook**
5.00 **Formula 1** Another chance to see the Australian Grand Prix.
7.05 **Ted on Ferrari**
7.15 **Ted's Notebook**
7.45 **Brad Pitt x McLaren**
8.00 **Formula 3** Australian Grand Prix at Albert Park Circuit, Melbourne.
10.15 **Formula 2** Australian Grand Prix.
1.00 AM **The Best of Australia**
1.25 **The Best of China**
2.00 **F1 Explained** Inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained** Inner workings.
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

7 April

Evening Planner

Tuesday

Documentary

Do You Have OCD?
5, 7pm
In this one-off, four people who are living with Obsessive-Compulsive Disorder open up about how it affects them.

Documentary

Our Welsh Chapel Dream
C4, 8pm
Master potter Keith Brymer Jones and actor Marj Hogarth continue restoration work on their Grade II-listed home.

Football

Champions League: Quarter-finals 1st Legs
TNT Sports & Prime Video, kick-offs 8pm
Real Madrid face Bayern Munich while Sporting CP play host to Arsenal.

Documentary

Britain's Murder Map
Sky History, 9pm (box set, Sky Box Sets)
Trigger Point's Vicky McClure and her husband, historian Jonny Owen, look at infamous crimes from around Britain.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Babies		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 Digging for Britain		9.00 Pilgrimage: The Road to Holy Island		10.00 QI	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Bradley &...	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa			10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 Our Welsh Chapel Dream		9.00 Grand Designs		10.00 The Hunt: Prey vs Predator	
	105 5	7.00 Do You Have OCD?		8.00 The Yorkshire Vet		9.00 China with Ben Fogle			10.30 Fare Dodgers...
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Team GB: Winter...		9.00 Coleen Rooney: The Real Wagatha Story		10.00 Film: The Mechanic	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Race Across the World		9.00 Muslim Matchmaker		10.10 Film: Misbehaviour	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama		10.00 Storyville: André is an Idiot	
	118 ITV2	◂ 6.30 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 WhatsApp Obsession: The Murder of...		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Great Estates from Above		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.50 House of the Dragon				9.00 Ligas			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Frankie Boyle's New...	10.40 QI XL
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 McDonald & Dodds	
	120 ITV4	◂ 6.55 Underwater Grand Fishing Adventure		8.00 The Motorbike Show		9.00 The 1% Club		10.00 Film: Rocky II	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: International Man of Mystery			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Death in Holy Orders				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Miss Scarlet		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from Tate Britain		9.00 Spymasters: The Great Spy Writers		10.00 Peter O'Toole: Along the Sky Road...	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Butchers of the Bayou			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Planes that Changed History		9.00 Drain the Oceans: Deep Dive		10.00 Hitler's Teen Killers	
	123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Weird Britain		9.00 Britain's Murder Map with Vicky...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Mediterranean with Simon Reeve		8.00 Bangers & Cash				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.55 Burden of Proof: Who Killed Jennifer...		8.00 I Am Johnny Cash				10.00 Bruno v Tyson	
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 Superman		8.00 Final Destination: Bloodlines				10.00 One Battle After Another	
	302 ADVENTURE	◂ 6.10 Flavia		8.00 Raiders of the Lost Ark				10.00 Indiana Jones and the Temple of Doom	
	303 BOX SET	◂ 6.00 Back to the Future Part III		8.00 Venom			9.55 Venom: Let There Be Carnage		
	307 GREATS	◂ 6.00 Full Metal Jacket		8.00 The Bodyguard				10.10 Cool Hand Luke	
	312 ANIMATION	◂ 5.50 Hotel...	7.30 The Emoji Movie			9.00 The Bad Guys 2			
	304 FAMILY	◂ 6.00 The Smurfs	7.50 The Hobbit: An Unexpected Journey						
	306 ACTION	◂ 6.00 Twister		8.00 The Amazing Spider-Man					10.20 The Amazing...
	308 COMEDY	◂ 6.05 Beverly Hills Cop		8.00 American Pie 2			9.50 The 40-Year-Old Virgin		
	309 THRILLER	◂ 5.50 Ocean's Thirteen		8.00 The Firm					
	310 DRAMA	◂ 5.50 Darkest Hour		8.00 I, Tonya				10.05 About Time	
	311 SCI-FI	◂ 6.20 Zombieland: Double Tap		8.00 28 Years Later...				10.00 Blade	
	313 FILM4	◂ 6.50 Fisherman's Friends: One and All				9.00 Mission: Impossible – Ghost Protocol			
SPORT	401 MAIN EVENT	◂ 2.00 Golf...	7.30 EFL – Live: Bromley v Shrewsbury Town (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 A Farewell to Txiki		8.00 Gary Neville's Soccerbox		9.00 Premier League 360 – Big Sam's Bolton			
	403 FOOTBALL	7.00 EFL Goals	7.30 EFL – Live: Bromley v Shrewsbury Town (Kick-off 8.00)						10.30 EFL Goals
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 Champions League – Live: Real Madrid v Bayern Munich (Kick-off 8.00)							10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 Cycling Show	7.30 Lomu: The Lost Tapes			9.00 Ninja A-League...	9.30 Isuzu UTE A-League		10.30 MLB Highlights

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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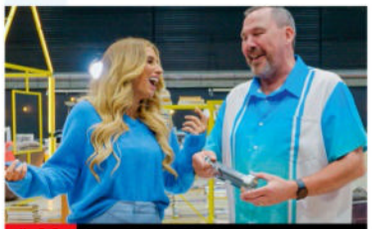
Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Farm 999** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Celebrity Homes Under the Hammer** With James Bye. (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Just One Thing** New edition (S)
2.30 **The Travelling Auctioneers** (S)(R)
3.00 **Escape to the Country** New edition From Dorset. (S)
3.45 NEW SERIES **I Made It at Market** Catching up with craftspeople. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)



8.00 Sort Your Life Out

7 PM

7.00 The One Show Clara Amfo and Alex Jones present the topical show. (S)

7.30 EastEnders Tensions are high as Jasmine's trial commences, George makes a declaration, and Ross grows paranoid. (S)(AD)

8 PM

8.00 Sort Your Life Out with Stacey Solomon New edition 5/6. Stacey and the team visit Twickenham to help the Allan family tackle their overflowing home – a problem not helped by dad Brian's gadget-buying habit. (S)(AD)

9 PM

9.00 Babies New episode 4/6. At a friend's wedding, Lisa struggles with Amanda's pregnancy, while Stephen tries to find the courage to confront Dave. (S)(AD) (S1)
■ Entire series on BBC iPlayer

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 FILM **Brooklyn** Drama based on Colm Toibin's novel, starring Saoirse Ronan and Domhnall Gleeson. An Irish woman living with her mother in the 1950s decides to make a fresh start in America. She makes her home in New York, and falls in love. However, her past catches up with her when she receives bad news from Ireland, and faces a harsh choice between her two homes. With Jim Broadbent, Julie Walters and Emory Cohen. (S)(AD) (2015, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Weather for the Week Ahead**
12.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Just One Thing** (S)(R)(AD)
7.00 **Celebrity Homes Under the Hammer** (S)(R)(AD)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** A cherished ring. (S)(R)(AD)
9.00 **BBC News** (S)
1.00 PM **Impossible** Double bill. (S)(R)
2.30 **Lightning** Quick-fire quiz (S)(R)
3.00 **Clive Myrie's Italian Road Trip** Making tiramisu in Treviso. (S)(R)
3.30 **Hidden Kingdoms** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Caernarfon, Gwynedd. (S)(R)
5.15 **Flog It!** From Wiltshire. (S)(R)
6.00 **Richard Osman's House of Games** Michael Ball, Jodie Prenger, Laurence Rickard and Snoochie Shy compete. (S)(R)
6.30 **Ronan Keating's Wild Atlantic** New edition From Co Kerry. (S)(AD)

6.30 Ronan Keating's Wild Atlantic

7.00 Great British Menu New edition Four chefs from London and south-east England cook canapes, starters and fish dishes. Chef and former banquet fish course winner Aktar Islam judges their creations. (S)(AD)
■ Continues tomorrow

8.00 Digging for Britain 1/4. Alice Roberts visits archaeological digs in the west of Britain, where finds include the camp from which Vikings invaded Britain and new evidence about the famous Avebury stone circle. (S)(R)(AD)

9.00 Pilgrimage: The Road to Holy Island Series finale 3/3. The pilgrims are in the Scottish Borders on St Cuthbert's Way, which takes them on a strenuous route up Wideopen Hill. (S)(AD)
■ Entire series on BBC iPlayer

10.00 QI *Visionaries:* Sandi Toksvig hosts, with Cally Beaton, Nish Kumar and Laura Smyth joining regular panellist Alan Davies. (S)(R)
10.30 Newsnight (S)
11.00 Inside Britain's National Parks The wildlife of the Pembrokeshire Coast National Park. (S)(R)(AD)
11.55 Killing Sherlock: Lucy Worsley on the Case of Conan Doyle (S)(R)
12.55 AM **Sign Zone: The Apprentice** (R)
1.55 **Sign Zone: The Apprentice: Unfinished Business** (S)(R)(AD)
2.25 **Sign Zone: The Young Offenders** 1/6. Comedy. (S5) (S)(R)(AD)
2.50 **Sign Zone: Harry Clark Goes to Rome** Documentary. (S)(R)(AD)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** With guests Brian Conley, Sue Perkins and Colin Salmon. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team assess items in Burton. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant takes on the infamous Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Labour Party. (S)
6.30 **ITV News** (S)

9.00 I'm a Celebrity... South Africa

7.30 Bradley & Barney Walsh: Breaking Dad 3/6. The father-and-son duo meet two engineering brothers who have built a fleet of giant robots and travel to Osaka where they explore the area in go-karts. (S)(R)(AD)

8.00 Emmerdale Cain is involved in an accident, Jacob feels humiliated, while Kerry confides in Jai. (S)(AD)
8.30 Coronation Street Debbie makes her presence felt at the hotel, and Sam accuses Will of intimidation. (S)(AD)

9.00 I'm a Celebrity... South Africa New edition 2/15. Ant and Dec introduce further coverage as the campmates are split into two groups, which causes drama and two new famous faces join them. Meanwhile, the first eating trial of the series sees the celebs battling it out to win dinner that evening. (S)
■ Continues tomorrow
10.20 ITV News (S)
10.50 Local News (S)
11.05 The 1% Club Rollover 2/5. Lee Mack hosts a special edition of the quiz in which the prize pot not won on one show is carried over to the next day's edition. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
4.05 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Sabotage** 2/6. Olivia Attwood is the guest saboteur. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 3-5/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S8) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 5/6. Matt makes a feeding station for the sheep. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** Paul and Fiona try to finish off their lengthy renovations in France. (S)(R)
5.00 **Chateau DIY** New edition Donna and Paul race to finish a risky new floor – six metres up. (S)(AD)
6.00 **Jasmine Harman's Renovation in the Sun** Jon suffers another major health setback. (S)(R)

2.10 Countdown

7.00 News (S)

8.00 NEW SERIES **Our Welsh Chapel Dream** Keith Brymer Jones and partner Marj move into their 163-year-old chapel while they continue renovations. But first they hold a pottery and clothes sale to raise funds. (S)(AD)

9.00 Grand Designs Pete and Aey order a factory-built house to be constructed in Wales and transported to their rural West Sussex plot, where they plan to demolish an older property to make way for the new one. (S)(R)(AD)

10.00 The Hunt: Prey vs Predator Series finale 9/9. It's the final, and just one hunt stands between the last four players and a prize of up to £100,000. But the last hunt comes with a fiendish twist. (S)(AD)
11.00 **Gogglebox** Double bill. (S)(R)(AD)
1.00 AM **Naked Attraction** (S)(R)(AD)
1.55 **Open House: The Great Sex Experiment** (S)(R)(AD)
2.50 **The Last Leg** (S)(SL)(R)
3.45 **Couples Come Dine with Me** (R)
4.35 **Kirstie's Fill Your House for Free** Kirstie Allsopp helps a couple whose house was flooded. (S)(R)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 1/6. Family saga starring Claire Cooper and Liam McMahon. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Colin takes his alpacas to get their coats trimmed. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The inspiring responses to the loss of the Sycamore Gap tree. (S)
6.05 **Susan Calman's Grand Day Out** The presenter explores the Cotswolds, beginning in Bourton-on-the-Water. (S)(R)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 NEW **Do You Have OCD?** A look at the lives of four very different people living with Obsessive-Compulsive Disorder – anxiety's most deceptive disguise. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet** Series finale Matt Smith helps a cow struggling in labour, a large African leopard tortoise appears to be in pain while walking, and Martin Paterson operates on a Maltese terrier. (S)

9.00 **China with Ben Fogle** New edition 2/3. Ben embarks on a journey across Sichuan and Yunnan, exploring how China's deep traditions continue to shape life in a country racing towards the future. (S)(AD)
■ Concludes tomorrow

10.30 **Fare Dodgers: At War with the Law** A South Western Railway revenue protection officer is cornered and verbally abused on a train by a man who has no ticket. (S)(R)

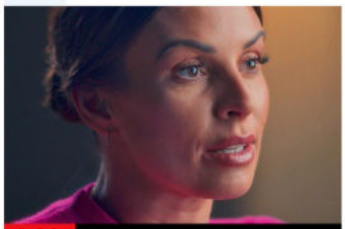
11.30 **Call the Bailiffs: Time to Pay Up** Enforcement agents pursue a woman who owes almost £4,000 in rent. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **Teleshopping**(S)(R)
2.00 **A&E After Dark** (S)(R)
3.45 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)(R)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Dragons and Damsels** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 7/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Mobile Homer:* Homer moves out. (S)(R)
5.30 *Future-Drama:* Bart and Lisa look into the future. (S)(R)
6.00 **The Office (US)** 6/26. Kevin inadvertently ruins Jim and Pam's honeymoon. (S)(R)
6.30 7/26. Pam learns Michael is dating her mother. (S6) (S)(R)


9.00 The Real Wagatha Story

7.00 **The Simpsons** *Don't Fear the Roofer:* Homer is committed to a mental institution by Marge. (S)(R)
7.30 *The Heartbroke Kid:* Bart becomes addicted to junk food and gets sent to a high-security fat camp. (S)(R)

8.00 **Rob & Romesh vs Team GB: Winter Special** Rob Beckett and Romesh Ranganathan conclude their foray into the world of winter sports at the World Curling Championships in Fredericton, Canada. (S)(R)(AD)

9.00 **Coleen Rooney: The Real Wagatha Story** 3/3. Concluding part of the documentary series. A look at the court battle between Coleen Rooney and Rebekah Vardy in an exclusive behind-the-scenes event. (R)

10.00 FILM **The Mechanic** Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin seeks to avenge the murder of his mentor. (S) (2011, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **The 'Burbs** 1/8. Comedy series spin-off from the 1989 movie, starring Keke Palmer and Jack Whitehall. (S)(R)
1.00 AM 2/8. Samira becomes convinced her new neighbour is up to no good. (S1) (S)(R)(AD)
2.00 **Grimm** 9/22. A ghostly figure is linked to multiple cases of missing children. (S2) (S)(R)
3.00 **Hawaii Five-0** 5/23. (S2) (S)(R)
4.00 **S.W.A.T.** 7/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.20am** Scotcast (S)(R) **12.50** Weather for the Week Ahead (S) **12.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Greatest Gardens with Diarmuid Gavin and Carol Klein (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
11.05pm-12.05am Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.40** Heno **1.25** Byd o Liw: Arlunwyr **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cefn Gwlad (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Sgorio **6.25** Darllediad Etholiadol New edition **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Y Wal (AD) **10.00** Clwb Rygbi **10.30-11.35pm** Colli Cymru I'r Môr (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall and the team search for great white sharks around the South African coast. **7.30** Steve chases sailfish in Mexico's Yucatan Peninsula.
8.00 **Race Across the World** 1/9. Five teams are pushed to the limit, battling extreme climates and harsh terrain in a 12,000km race across Europe and Asia to reach Hatgal in northern Mongolia.
9.00 **Muslim Matchmaker** New episodes 5/8. Big decisions loom as the matches put their relationships to the test. **9.35** 6/8. Uneeb and Fulani hit some roadblocks.
■ Entire series on BBC iPlayer
10.10 FILM **Misbehaviour** Comedy drama with Keira Knightley, Gugu Mbatha-Raw and Jessie Buckley. (2020, 12, 106min) ★★★★
11.50 **Boarders** 1-3/6. (S3)
2.10 AM **The Trials of Pa Salieu**
2.55 **to 3.55** AM **Louis Theroux: Mothers on the Edge**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Fred Dibnah's Industrial Age** The early use of wind and water power.
7.30 **Canal Boat Diaries** 1/5. Robbie Cumming explores the English canal network.
8.00 **Keeping Up Appearances** Hyacinth's wealthy acquaintance asks for a lift.
8.30 **Sorry!** Timothy asks his sister for some help.
9.00 **A History of Britain by Simon Schama** 6/7. Catholicism in England during the Reformation.
10.00 NEW **Storyville: André is an Idiot** A terminal diagnosis sends André Ricciardi on an unexpected journey, learning how to die happily without losing his sense of self.
11.30 **Hunt for the Oldest DNA**
12.30 AM **Seven Worlds, One Planet** David Attenborough looks at life in North America.
1.30 **Fred Dibnah's Industrial Age** As shown at 7.00pm.
1.55 **Canal Boat Diaries**
2.25 **to 3.25** AM **Art That Made Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest kicks off at NightSky Glamping in Abersoch. **4.50** From Johnny Dough's Restaurant with Rooms in Conwy, north Wales. **5.20** A visit to The Royal Oak in the Peak District. **5.50** The final visit of the week is to The Dovecote Inn in Nottinghamshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** A search for a family home around Hove.
7.55 **Kirstie and Phil's Love It or List It** A couple need help deciding whether to sell or renovate their three-bedroom home in Chester.
9.00 **Great Estates from Above** Following the head gardener at Penshurst Place, Tony, through the seasons as he looks after one of the oldest privately owned gardens in the country
10.00 **24 Hours in A&E** A tree surgeon is rushed into resus after falling 25ft.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.50 **First Dates**
12.50 PM **Ramsay's Kitchen Nightmares USA**
1.50 **The Simpsons**
2.40 **Modern Family**
3.05 **Married at First Sight Australia** Reality series.
5.00 **Dance Moms: A New Era** New edition Kaeli wants Audrey to redeem herself.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Things finally come to a head in a face-off between two mothers.
7.30 **Married at First Sight Australia** New edition Friends and Family Week exposes insecurities.
9.00 **Gogglebox** Critiques of *Hunted* and *One Day.* **10.00** Opinions on *Bridge of Lies* and *The Apprentice.*
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.40 **Gogglebox**
3.30 **Modern Family**
3.55 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride**

Tuesday

primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 10&21/22. (S7)
1.00 PM **The Rookie** 15/22. Harper puts Aaron through a 'plain clothes day' exercise. **2.00** 16/22. The producer of a reality show is murdered. (S4)
3.00 **Law & Order: Criminal Intent** 21/21. A police officer is framed for murder. (S3)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM — **7.00** **Police 24/7** The pursuit of a car leads to the arrest of a man on suspicion of ditching meth.

8 PM — **8.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM — **9.00** **The Rookie** New episode *Grand Theft Aircraft:* 8/18. Nolan and Garza lead a high-stakes operation that quickly goes awry. (S8)

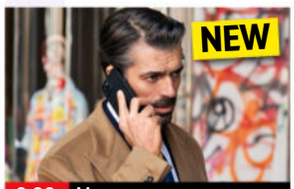
10 PM — **10.00** **Law & Order: Special Victims Unit** *Fractured:* 1/22. The team investigate a brutal attack on a group of law students. (S26)
11.00 **The Rookie** 17/18. The team help skip tracer Randy. (S7)
12.00 M'T **FBI** 18&19/22. (S7)
2.00 AM **FBI: International** (S1)
3.00 **Matlock** 14/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 1&2/12. (S1)
12.15 PM **Billions** 1&2/12. (S1)
2.25 **My Brilliant Friend**
3.30 **Hacks** 10/10. Deborah wonders whether to put her career on the line. (S1) **4.05** 1/8. Deborah tries out her new material. (S2)
4.40 **Billions** 1/12. Drama with Paul Giamatti and Damian Lewis. **5.45** 2/12. Axe makes an aggressive business move. (S1)



9.00 Ligas

7 PM — **6.50** **House of the Dragon** *The Heirs of the Dragon:* 1/10. First episode of the *Game of Thrones* prequel, with Matt Smith.

8 PM — **8.00** **House of the Dragon** *The Rogue Prince:* 2/10. Viserys is urged to secure the succession through a new marriage. (S1)

9 PM — **9.00** **NEW SERIES Ligas** 1/6. Italian legal drama. A defence attorney defends a washed-up star accused of murder.

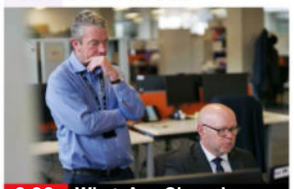
10 PM — **10.00** **Ligas** New episode 2/6. Lorenzo's private life has more surprises in store. Subtitled. (S1)
11.00 **Heated Rivalry** 1/6. Romantic drama. (S1)
12.00 M'T **House of the Dragon** Double bill of the fantasy. (S1)
2.25 AM **Homicide: Life on the Street** 2&3/9. (S1)
4.30 **Sort Of** 1/8. (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Sam and Billie: Sister Act**
9.25 **Celebrity Dinner Date**
10.25 **Real Housewives of Atlanta**
11.15 **Real Housewives of Beverly Hills** Reality series.
12.10 PM **Supermarket Sweep**
1.10 **I'm a Celebrity... South Africa**
2.40 **Deal or No Deal**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Deal or No Deal**


9.00 WhatsApp Obsession

7 PM — **6.30** **I'm a Celebrity... South Africa** Ant and Dec host as memorable *I'm a Celebrity...* campmates from past series compete.

8 PM — **8.00** **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM — **9.00** **WhatsApp Obsession: The Murder of Stephanie Hansen** A woman who was stabbed to death by her obsessive housemate.

10 PM — **10.00** **Family Guy** 20/20. Peter goes to a business conference. (S20) **10.30** 1/20. Peter pays homage to three Oscar-winning stories. (S21)
11.00 **Family Guy** 15/20. Meg acts as a getaway driver. (S20)
11.30 **American Dad!** (S17)
12.35 AM **Bob's Burgers** (S14)
1.35 **Piglets** 4/6. (S1)
2.05 **Plebs** 5/8. (S3)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Expiation.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Midsomer Rhapsody:* The discovery of a priceless music score leads to big revelations.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Dead Ringer:* One of Nick's colleagues is suspected of robbery.

10.00 McDonald & Dodds

7 PM — **6.55** **Heartbeat** *Going Home:* An attempted murder leads Nick to uncover a local landowner's past.

8 PM — **8.00** **Vera** *Recovery:* DCI Vera Stanhope is called to the scene when the body of an addiction support worker is found hidden in the bleak woodlands of the National Park.

9 PM

10 PM — **10.00** **McDonald & Dodds** *Wilderness of Mirrors:* 2/2. The detective duo investigate the murder of a wealthy patient at a private clinic. (S1)
11.50 **Lewis** *Life Born of Fire:* A serial killer targets members of a religious group that claims to provide guidance for lost souls.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 70s**
6.15 **The Protectors**
6.50 **Magnum, PI**
8.50 **Minder**
10.00 **English Football League Highlights** Recent action.
11.30 **The Sweeney**
12.35 PM **BattleBots**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Boon**
4.45 **Sharpe** *Sharpe's Gold:* 1/3. The hero sets out to rescue British deserters captured by Spanish rebel El Casco. (S3)

10.00 Rocky II

7 PM — **6.55** **Underwater Grand Fishing Adventure** Ali Hamidi, Roo Abbott and Luc Boerrigter visit France.

8 PM — **8.00** **The Motorbike Show** Henry Cole rides through southern Spain, and back home, the 1970 chopper restoration gathers pace.

9 PM — **9.00** **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

10 PM — **10.00** **FILM Rocky II** Drama sequel starring Sylvester Stallone. Rocky steps back into the ring for a re-match against the World Heavyweight champion. (1979, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Auf Wiedersehen, Pet**
1.20 **Minder**
2.20 **The Protectors**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Harbour** 6/6. Billy Duguid volunteers for RNLI training.
8.00 **This Farming Life** New edition 7/12. Emma's parents are shown the ropes and left in charge.
9.00 **NEW SERIES Inside Barlinnie** 1/2. An insight into the lives of prisoners and staff at Scotland's largest jail.
10.00 **Murder Case: Who Killed Kiesha?** Detectives head to Elgin to investigate the murder of mother-of-two Kiesha Donaghy.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** 1/6. Julie Wilson Nimmo and Greg Hemphill share their passion for wild swimming.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Rehearsal** (S2)
10.15 **Avenue 5** 1&2/9. (S1)
11.30 **American Auto** (S1)
12.30 PM **Will & Grace** (S8)
1.30 **The Rehearsal** (S2)
2.45 **Avenue 5** 1&2/8. (S2)
4.00 **Breeders** 9&10/10. (S1)
5.00 **Hitmen: Reloaded** (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 16/22. Annie gets to see another side of Abed. **8.30** 17/22. The students' experiment is sabotaged. (S3)
9.00 **Saturday Night Live UK** 3/8. Riz Ahmed hosts, with music by Kasabian.
10.15 **Saturday Night Live**
11.45 **Breeders** 9/10. (S1)
12.15 AM **Breeders** (S1)
12.45 **Avenue 5** 5&6/9. (S1)
2.00 **The Reluctant Landlord**
3.00 **Hitmen: Reloaded** (S2)
3.30 **Community** (S3)
4.30 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Riverdance 25th Anniversary Show**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Master Crafters: The Next Generation**
3.00 **Skinner & Mina's Literary Road Trip**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from Tate Britain** Documentary.
9.00 **Spymasters: The Great Spy Writers** New edition
10.00 **Peter O'Toole: Along the Sky Road to Aqaba**
12.00 M'T **Garbo: Where Did You Go?** Documentary.
2.00 AM **The Directors**
3.00 **Life & Rhymes**
4.30 **Inside Art**
5.30 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 17/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Star Trek: Voyager** (S7)
7.00 **Star Trek: The Next Generation** *Coming of Age:* 19/26. (S1)
8.00 **Nothing to Declare**
9.00 **Fire Country** 4/22. (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Rapid Response** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five cousins from Essex take part.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** With Stephen Fry and Jeanette Kwakye.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Kirk tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton invites a customer experience manager, HR manager and hair salon owner to solve tricky puzzles for the chance to spin the wheel and win big money.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Building Home**
10.00 **Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Yorkshire by the Sea**
8.00 **The Dog House**
9.00 **The Great Celebrity Bake Off for SU2C**
10.20 **Inside Cadbury: Chocolate Secrets Unwrapped**
11.20 **Britain's Most Expensive Houses**
12.20 AM **24 Hours in A&E**
1.20 **Gogglebox**
2.25 **Naked Attraction**
3.25 **Open House: The Great Sex Experiment**
4.20 **to 4.50** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 8/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 9/26. (S7)
2.00 **Warehouse 13** 3&4/13. (S3)
4.00 **Stargate SG-1** 5/22. (S4)
5.00 **Star Trek: Voyager** 11/26. (S3)
6.00 **Star Trek: The Next Generation** 8/26. Picard and Dr Crusher are imprisoned and telepathically linked by an alien race. (S7)

8.00 Stargate SG-1

7.00 **Star Trek: Deep Space Nine** *Covenant:* 9/26. Kira discovers her old enemy Dukat is involved in a religious cult. (S7)
8.00 **Stargate SG-1** *Divide and Conquer:* 5/22.Major Graham goes berserk with a gun, firing on a crowd before killing himself. (S4)
9.00 **Grimm** *Leave It to Beavers:* 19/22. A creature is found drowned in wet cement, putting Nick and Hank on the trail of a troll.
10.00 **Grimm** *Happily Ever Aftermath:* 20/22. Nick and Hank investigate a murder committed by a bat-like monster. (S1)
11.00 **The Walking Dead** 4/13. Daryl ventures into the woods to find Sophia, while Dale and T-Dog get a shock as they collect water from the well. (S2)
12.00 M'T **Warehouse 13** (S3)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** 10/10. The Assessment arrives. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** As 4.00pm.
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S2)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 22/23. A teenager is found dead. (S1)
5.00 **Hudson & Rex** 11/16. An activist is killed during a break-in at a water bottling plant. (S1)
6.00 **My Life Is Murder** 10/10. Alexa investigates the death of a self-help guru. (S2)

9.00 Miss Scarlet

7.00 **Father Brown** *The River Corrupted:* Sid returns to Kembleford to ask his old family to help save his new one.
8.00 **Death in Paradise** *Fake or Fortune:* 6/9. Part two of two. Neville probes a renowned concert pianist's murder. (S10)
9.00 **Miss Scarlet** New episode *The Delivery:* 3/6. A treasure hunt brings Moses to London. (S6) ■ Entire series on Box Sets
10.00 **Death in Paradise** *Murder on the High Seas:* 3/8. Neville and the team investigate the murder of an estate agent. (S12)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S10)
1.00 AM **My Life Is Murder** (S2)
2.00 **Murdoch Mysteries** 7/24. Murdoch gets a visit from Terence Meyers. (S16)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.05 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.00 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.35 **Porridge**
4.15 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.00 Porridge

7.00 **Porridge** Tension mounts in the prison as the parole board gathers.
7.40 **Dad's Army** Captain Mainwaring sets his sights on Frazer's savings.
8.20 **Are You Being Served?** The staff wonder who will benefit when the chance of a promotion arrives.
9.00 **Not Going Out** Lee imagines having the perfect life with Lucy. **9.40** Lee's attempt to impress Lucy with his knowledge of the art world backfires.
10.20 **Men Behaving Badly** Tony gets a tattoo in a bid to impress Deborah.
11.00 **Harry Enfield's Television Programme** Sketch show.
11.35 **Not Going Out** Double bill.
12.55 AM **Men Behaving Badly**
1.35 **Harry Enfield's Television...**
2.10 **Hi-de-Hi!**
2.40 **The Green Green Grass**
3.10 **to 4.00** AM **Harry Enfield's...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Game dishes.
8.00 **Special Ops: Crime Squad UK**
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** How ingredients are combined to make traditional pairings.
6.00 **Rick Stein's Road to Mexico** The seafood chef travels from San Diego to Tijuana.

10.00 New World Order

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** Contestants include James Cracknell and Michelle Gayle. **8.20** With Darren Harriott, Charlie Brooks, Les Dennis and Melinda Messenger.
9.00 **Have I Got a Bit More News for You** Gary Neville hosts the quiz, with guests Maisie Adam and Richard Madeley.
10.00 **Frankie Boyle's New World Order** With Katherine Ryan.
10.40 **QI XL** With guests Rosie Jones, Cariad Lloyd and Bridget Christie.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.00 **QI XL** With Sara Pascoe.
2.00 **Frankie Boyle's New World Order** As 10.00pm.
2.35 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill**
8.00 **Doctors**
9.10 **Classic Holby City**
10.10 **Classic Casualty**
11.15 **The Bill**
12.20 PM **Classic EastEnders**
1.40 **All Creatures Great and Small** Siegfried tries to cope with a tricky digestive problem.
2.40 **Howards' Way**
3.50 **Hetty Wainthropp Investigates** The sleuth looks into the death of a pensioner.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 Death in Holy Orders

7.20 **Last of the Summer Wine** Compo's nephew is getting married, but Foggy fears disaster will befall the happy couple.
8.00 **Death in Holy Orders** 2/2. Conclusion of the thriller based on PD James's book, starring Martin Shaw. The death toll at St Anselm's theological college continues to mount, leaving the school threatened with closure.
10.00 **New Tricks** *A Face for Radio:* The team investigate an arson attack on a music station that resulted in the death of a controversial DJ.
11.20 **The Inspector Lynley Mysteries** *In the Blink of an Eye:* A former war photographer is killed.
1.20 AM **Hetty Wainthropp Investigates** As 3.50pm.
2.40 **to 4.00** AM **Whitstable Pearl**

+1 hour 243 316 60 260

Tuesday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Up in Smoke:* 23/24. The investigators attempt to catch fugitive terrorist Harper Dearing. **7.00** *Till Death Do Us Part:* 24/24. Gibbs takes desperate measures to track down the elusive Harper Dearing. (S9) **8.00** *Extreme Prejudice:* 1/24. Harper Dearing is hunted following the attack on the NCIS headquarters. (S10)
9.00 **Law & Order** New episode *Enemy of the State:* 9/22. Shaw and Riley discover a shocking motive after a young man is pushed in front of a train. (S24)
10.00 **Law & Order: Special Victims Unit** (S25&24)
2.40 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly** Documentary.
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E: Crash Scene Emergency** A 17-year-old requires emergency surgery to repair an open fracture of his skull.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Police Interceptors**
11.50 FILM **Warpath** Western drama starring Edmond O'Brien and Dean Jagger. (1951, U, 95min) ★★
1.55 PM FILM **The Last Challenge** Western starring Glenn Ford. (1967, PG, 90min) ★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Platoon 24/7** Following soldiers from the Army's Rifles Infantry regiment.
10.30 **Cops** A mother calls the cops when her daughter throws water on her.
11.00 **The X-Files** 22/24. (S1)
12.00 M'T **Banged Up Abroad**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **999 Rescue Squad** Staff rush to a block of flats after an explosion causes multiple casualties.
9.00 **Butchers of the Bayou** New edition 3/4. Soon after Derrick Todd Lee was captured, more murders occurred. **10.00** Series finale 4/4. A DNA sample from Sean Vincent Gillis linked him to multiple murders.
11.00 **Missing Persons Investigation** Double bill.
1.00 AM **The Gentle Art of Swedish Death Cleaning**
1.45 **Louis Theroux Interviews... Rita Ora**
2.35 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **World War Weird**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **World War Weird**
6.00 **Antiques Roadshow**
7.00 **Mediterranean with Simon Reeve** From Libya, Tunisia and Sicily.
8.00 **Bangers & Cash** Dave visits Lincolnshire to pick up a 1935 Riley Falcon. **9.00** Paul extracts a vintage tractor from a barn in Yorkshire.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Agatha Christie: Lucy Worsley on the Mystery Queen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Rare stamps.
4.00 **Long Lost Family: Born Without Trace**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Izzie Balmer and James Braxton hunt for bargains in Wales and Shropshire.
9.00 **Who Do You Think You Are?** With actor and adoptee Lesley Sharp.
10.00 **Long Lost Family: What Happened Next**
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV
157 167 170 34 32

8.10 AM **Highway to Heaven**
10.20 **Little House on the Prairie** (S3)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** (S5)
4.10 **Born and Bred** (S4)
5.20 **Bramwell** 3/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 10/25. Radar decides to get a tattoo. **8.00** 11/25. Colonel Potter stages a mock Olympics competition, **8.30** 12/25. Hawkeye risks his career. (S6)
9.00 **Brush Strokes** 8/13. Veronica has a bust-up. **9.40** 9/13. Jacko works himself up into a sweat. **10.20** 10/13. Lionel loses his most precious possession. (S1)
11.00 **Robin's Nest** 5&6/7. (S1)
12.00 M'T **M*A*S*H** (S6)
1.30 AM **Home to Roost**
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action
323 319 426 42 33

9.00 AM **FILM Abilene Town** Western drama. (1946, b/w, 15, 91min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** (S1)
2.00 PM **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
4.00 **The Persuaders!**
5.00 **The Avengers** (S5)
7.00 **FILM Stratton** Thriller starring Dominic Cooper. (2017, 15, 94min) ★★
9.00 **FILM Bunraku** Fantasy starring Josh Hartnett and Demi Moore. (2010, 15, 119min) ★★★
11.35 **FILM Asteroid: Final Impact** Disaster thriller starring Mark Lutz. (2015, PG, 86min) ★
1.25 AM **The Persuaders!**
2.25 **The Avengers** (S5)
4.05 **FILM Hellgate** Western. (1952, b/w, PG) ★★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery
321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: Last Scene Alive** Drama. (2018, PG, 90min) ★★
10.05 **In Plain Sight** 9/15. (S2)
11.05 **Castle** 9/22. (S8)
12.05 PM **FILM Murder, She Baked: A Deadly Recipe** Crime drama. (2016, PG, 86min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 10/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** (S2)
10.00 **FILM Murder, She Baked: A Peach Cobbler Mystery** Drama. (2016, PG, 85min) ★★
11.55 **FILM Garage Sale Mysteries: Murder Most Medieval** Thriller. (2017, PG, 90min) ★★
1.50 AM **FILM Til Ex Do Us Apart** (2018, 12) ★★
3.20 **to 5.00** AM **FILM Running Away** (2017)

+1 hour 322

Great! Romance
319 317 424 52 47

8.10 AM **FILM Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
10.20 **FILM The Clue to Love** Drama. (2021, U) ★★
12.30 PM **FILM 14 Love Letters** Drama. (2022, U) ★★
2.20 **FILM Never Too Late to Celebrate** Drama. (2023, PG, 85min) ★★
4.10 **FILM Rome in Love** Romantic drama. (2019, PG, 90min) ★★
6.05 **FILM Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
8.00 **FILM A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
9.55 **FILM Finding Father Christmas** Drama. (2016, U, 83min) ★★
12.00 M'T **FILM Road to Christmas** Romance. (2018, U, 84min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Paris Proposal** (2023)

+1 hour 320

Together TV
170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Hello Campers**
2.00 **Rick's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **My Greek Kitchen**
4.00 **Garden Rescue**
5.00 **New Home DIY**
5.30 **Rick's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Highclere: The Real Downton Abbey**
8.00 **Garden Rescue** Creating a versatile family garden with a sporting twist. **9.00** Designing a seaside-inspired garden.
10.00 **FILM Adventures of a Taxi Driver** Comedy. (1976, 18, 86min) ★
12.00 M'T **FILM Can You Keep It Up for a Week?** Comedy. (1974, 18) ★
2.00 AM **My Floating Home**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV
182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 11/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Dustbinmen**
12.40 **Second Thoughts** (S1)
1.10 **Agony** 2/6. (S1)
1.40 **Boon** 5/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 11/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S3)
6.30 **Agony** 2/6. (S1)
7.00 **Second Thoughts** (S1)
7.30 **The Fenn Street Gang**
8.00 **Boon** 8/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **London in the Raw**
11.35 **FILM Inseminoid** Horror. (1981, 15, 93min) ★
1.35 AM **Stereo Underground**
2.35 **The Rewind Jukebox**
3.35 **Drop the Dead Donkey**
4.35 **to 6.00** AM **Highlights**

DMAX
159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A US Coastguard helicopter attempts a dangerous rescue. **8.00** Keith is forced to hand over the *Wizard*.
9.00 **Hoffman Family Gold** Todd's crew race to make a profitable final season for Grampa Jack.
10.00 **Deadliest Catch** Sig and Keith take a risk fishing far from land.
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network
144 152 168 43 148 39

6.00 AM **Rick Stein's Food Heroes** Four editions.
8.00 **The Pioneer Woman**
9.00 **Jamie's Fish Supper**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Fish Supper**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **NEW SERIES 24 in 24: Last Chef Standing** Twenty-four talented chefs take on three speed challenges.
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 16/22. (S6)
9.00 **T.J. Hooker** 7/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
1.00 PM **FILM Moby Dick** Epic adventure. (1956, PG, 116min) ★★★★
3.15 **FILM The Scarlet Blade** Civil War adventure. (1963, U, 83min) ★★
5.00 **Star Trek** 3/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 8/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Alive** Drama starring Ethan Hawke. (1992, 15, 127min) ★★★
11.35 **FILM How I Spent My Summer Vacation** Crime thriller. (2012, 15, 92min) ★★★★
1.35 AM **FILM The Family** Thriller. (1970, 18) ★★
3.30 **to 5.15** AM **FILM The Witches** Horror. (1966, 15, 91min) ★★

Legend Xtra
317 316 171 69 138 51

9.00 AM **FILM Dark Storm** Sci-fi action thriller. (2006, 15, 89min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
2.00 PM **FILM The Lost Future** Sci-fi adventure starring Sean Bean. (2010, 15, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **Impact** Disaster drama.
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** (S3)
9.00 **FILM Fortress** Thriller starring Bruce Willis and Jesse Metcalfe. (2021, 15, 99min) ★★
11.05 **FILM Man on a Ledge** Suspense thriller with Sam Worthington. (2011, 12, 98min) ★★★
1.10 AM **FILM Fortress** (2021)
3.10 **Impact** Disaster drama.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars: Texas**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Junk & Disorderly** New edition
4.05 **Ancient Aliens**
5.00 **In Search of Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars: Texas**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Road Wars** Double bill.
11.00 **Swamp People**
12.00 M'T **Bermuda Triangle**
1.00 AM **In Search of Aliens**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Sunken Warships: Secrets from the Deep**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Hotel Inspector** Alex heads to Northern Ireland to help a hotelier.
10.00 **Inside the Four Seasons: Park Lane** TV couple Rachel Riley and Pasha Kovalev check in.
11.00 **Rich Holiday, Poor Holiday** A visit to Spain.
12.00 M'T **Wentworth Prison**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge
130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Lily Savage's Blankety Blank**
12.40 PM **Family Fortunes**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Five members of a LGBT hockey side take part in the quiz.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With Claire Richards, Rowland Rivron, James Haskell and Antony Costa.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 19/24. Leonard, Penny and Raj adjust to their new arrangements. **8.30** 20/24. Sheldon pushes himself to the limit when he commits to two projects. (S10)
9.00 **FILM No Strings Attached** Romantic comedy starring Natalie Portman and Ashton Kutcher. A TV show assistant and a doctor agree to have a sex-only relationship. (2011, 15, 108min) ★★
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 5-8/22. (S1)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S1)
7.00 **Friends** 21/24. Ross's pet monkey hits puberty. **7.30** 22/24. Monica dates a high-school senior. **8.00** 23/24. Carol finally gives birth. **8.30** 24/24. Ross's true feelings are revealed. (S1)
9.00 **FILM Austin Powers: International Man of Mystery** Spy comedy with Mike Myers. (1997, 15, 95min) ★★★★
11.00 **Lee Evans Live: The Different Planet Tour**
12.30 AM **Whose Line Is It Anyway? USA**
1.30 **South Park** (S19)
3.30 **Demetri Martin: Person**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** 3&4/22. (S1)
7.00 **Teleshopping**
9.00 **Spin City** (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S2&3)
1.00 PM **Criminally Funny**
2.30 **Comedy Game Night**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 13&14/26. (S4)
7.00 **Everybody Loves Raymond** 5-10/22. (S1)
10.00 **Friends** 7/24. Chandler gets trapped in a bank's ATM lobby with a model. **10.30** 8/24. Guest stars Elliott Gould. (S1)
11.00 **Friends** 9-12/24. (S1)
1.00 AM **Ricky Gervais Show**
2.00 **Utopia** 5/8. (S4)
2.30 **Teachers** 3/10. (S1)
3.00 **Reno 911!** (S8&1)
3.45 **Roast the Internet**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 164 42

8.00 AM **Highlights**
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S2)
12.35 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 2/13. Drama. (S2)
2.45 **Minder** 5/8. (S6)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 1/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Steptoe and Son** (S5)
6.45 **Rising Damp** 2/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 3/10. (S10)
9.00 **Benidorm** 3/9. (S10)
9.55 **Shameless** 6/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 4/8. (S2)
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 13/13. (S3)
2.05 **In Sickness and in Health** Festive special.
2.35 **to 6.00** AM **Highlights**

MTV
126/127 137 134 351 366

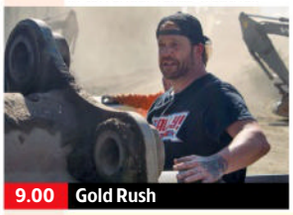
6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: Teams**
11.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **MTV Cribs: Rich Kids Cribs** With AJ Odudu.
9.00 **NEW SERIES Celebrity Ex on the Beach** Intimate dates cause a battle for Freddie Powell's affection.
10.00 **Dating Naked UK** New edition The first newbie wastes no time.
11.00 **All Star Shore**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **The Dino Hunters**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Wire ropes and large-format cameras. **3.30** Chocolate coins. **4.00** Motorcycle jackets. **4.30** Wax figures and awnings.
5.00 **Alaska: Homestead Rescue** A young couple struggle to keep their homestead afloat in torrential Texas weather.


9.00 Gold Rush

7.00 **Wheeler Dealers** Mike and Ant welcome a 1968 International Harvester Travelall to the workshop.

8.00 **Wheeler Dealers** Mike Brewer gets his hands on one of the rarest BMWs ever made – a 1999 Z3 M Coupe.

9.00 **Gold Rush** New edition Tony hunts for missed gold in the Hester Cut, and Parker's crew lose a truck at the worst time.

10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Juan races to save a desperate California miner.

11.00 **Expedition Bigfoot** A chilling new revelation may complicate the investigation.
12.00 M'T **Border Control: Europe**
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Project Grizzly**
10.00 **Tanked** An elegant aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat who will not tolerate strangers. **4.00** A cat that sprays all over.
5.00 **Lone Star Law** In Galveston County, a game warden needs to find a home for an alligator.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Baier treats a cockatiel which has trouble breathing.

7.00 Treehouse Masters

7.00 **Treehouse Masters** Pete creates a treehouse designed for romance, featuring the biggest bathroom he's ever built.

8.00 **The Pool Master** Helping out a family who have put renovations on hold to build the pool of their dreams.

9.00 **Alaska: The Last Frontier** Otto and Eivin try to turn the wilderness into a source of food, while Atz Sr battles the elements.

10.00 **Alaskan Bush People** The Browns prepare for Baby Eli's birthday, and complete the main house before a wildfire strikes.

11.00 **The Haunted** A woman's son talks to a boy who drowned.
12.00 M'T **Must Love Cats** The birthplace of the shorthair.
1.00 AM **Sharks of the Shadowlands** Sevengill sharks.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Yukon Rescue**
9.00 **Air Crash Investigation: Special Report**
10.00 **Egypt's Lost Wonders: Drain the Oceans**
11.00 **Mysterious Islands**
12.00 NOON **Secret Nazi Science**
1.00 PM **Car S.O.S** A 1938 MG TA.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Car S.O.S** A Golf GTI Mk1. **5.00** A 1997 Lotus Elise.
6.00 **Inside Sydney Airport** Staff face security breaches and a passenger with illegal drugs.

6.00 Inside Sydney Airport

7.00 **Air Crash Investigation** The crash of United Airlines Flight 232 on Sioux City, Iowa in 1989, which left 111 dead.

8.00 **Planes that Changed History** The story of the F117 Nighthawk through rare footage and pilot accounts of its missions.

9.00 **Drain the Oceans: Deep Dive** Uncovering sea mines left abandoned under the waves.

10.00 **Hitler's Teen Killers** Documentary telling the story of the teenage soldiers of Hitler's 12th SS Panzer Division.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Bid & Destroy**
2.55 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **History's Greatest Mysteries** As 10.00pm.
2.00 **Shipwrecks: When History Resurfaces** Four editions of the documentary, including at: **5.00** Exploring a battleship in the Atlantic Ocean.
6.00 **American Pickers** A little shop of wonder in Manhattan.

9.00 Britain's Murder Map

7.00 **Forged in Fire Armed Forces Tournament** Four US Navy officers forge a Mark 3 dive knife using metal from an anchor.

8.00 **Weird Britain** Andy McGrath revisits Cornwall to explore the tomb of a legendary Cornish giant who once instilled fear.

9.00 **NEW SERIES Britain's Murder Map with Vicky McClure and Jonny Owen** Exploring significant crimes. ■ Entire series on Box Sets

10.00 **History's Greatest Mysteries** New edition How Nazi war criminal Adolf Eichmann slipped past Nazi hunters.

11.00 **Mission Unexplained** Death scents and orbs of light experienced in Afghanistan.
12.00 M'T **Shipwrecks: When History Resurfaces**
2.50 AM **Britain's Murder Map with Vicky McClure and Jonny Owen** As 9.00pm.
3.40 **History's Greatest Mysteries**
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Leonardo...**
8.00 **The Directors**
9.00 **The Movies**
10.00 **Burden of Proof: Who...**
11.05 **The Seventies**
12.00 NOON **Hawking: Can You Hear Me?** Documentary.
2.00 PM **I Am Raquel Welch**
3.45 **My Icon: Denise Lewis**
4.00 **Discovering: Leonardo DiCaprio** Profile of the actor.
5.00 **The Directors**
6.00 **The Movies**

10.00 Bruno v Tyson

6.55 **Burden of Proof: Who Killed Jennifer Pandos?** 1/4. The case of a 15-year-old girl who went missing in 1987.

8.00 **I Am Johnny Cash** A celebration of the life of the country singer-songwriter, built around 12 of his classic tracks spanning four decades.

9.45 **My Icon: Thierry Henry** The former Arsenal star speaks about the people that have inspired him.

10.00 **Bruno v Tyson** The story of the boxing rivalry between Frank Bruno and Mike Tyson, which spanned two epic fights marred by politics and volatile race relations.

11.50 **Seen & Heard: The History of Black Television** 1&2/2. Exploring African-American representation in Hollywood and on TV.
3.10 AM **Barbie Uncovered: A Dreamhouse Divided**
5.00 **to 6.00** AM **Discovering: Leonardo DiCaprio**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **NEW SERIES Francis Bourgeois & Chris Harris: We Saved a Train** Francis Bourgeois recruits Chris Harris for an epic restoration of diesel royalty.
10.00 **Shed and Buried: Classic Cars** Restoring a Sunbeam Alpine.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Fred Talbot.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** Focusing on the case of Michelle Thornton.
9.00 **Feds** New edition The FBI investigate workers robbing their banks.
10.00 **Road Rage** Double bill.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: A Murder Without Honour** A body is found near a river in Cumbria.
8.00 **UK Crime Files: Murder Without Motive** The team find a perplexing murder scene in Derbyshire.
9.00 **Britain's Countryside Killers** The case of Katie Kenyon, who vanished from her home in 2022.
10.00 **Killers: Caught on Camera** The story of a fatal house fire.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: A Murder Without Honour**
1.00 AM **UK Crime Files: Murder Without Motive**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
10.45 **Teleshopping**
11.00 **48 Hours** Etan Patz.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** Double bill.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Police search for a man who committed several crimes in 1957. **5.30** Investigators try to piece together tiny clues at the scene of a hit-and-run accident. **6.00** Investigators must determine what caused a fire that killed an elderly couple. **6.30** Investigators close in on a killer 20 years after the murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
2.00 PM **Killing Mum and Dad** Philip Middleton.
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Evil Killers** New edition
10.00 **Catching the Killer**
11.00 **Dahmer on Dahmer: A Serial Killer Speaks**
12.40 AM **Catching the Killer**
1.35 **Murder Uncut**
2.30 **Britain's Most Evil Killers**
3.30 **Brit Cops: Law & Disorder** Documentary.
4.30 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered...**
8.35 **The Ghettos & the Holocaust**
9.40 **Pirates: Behind the...**
10.45 **Eclipse Across Europe**
11.50 **The Anti-Soviet Fighters**
1.00 PM **The Ghettos & the Holocaust**
2.10 **Pirates: Behind the Legends** Francis Drake.
3.10 **Eclipse Across Europe**
4.20 **The Ghettos & the Holocaust**
5.35 **The Anti-Soviet Fighters**
6.40 **The Ghettos & the Holocaust**
7.50 **Pirates: Behind the Legends** Francis Drake.
8.50 **NEW Eclipse Across Europe** The best places and safest ways to view the 2026 solar eclipse.
9.55 **The Anti-Soviet Fighters**
11.00 **Pirates: Behind the Legends** Francis Drake.
12.00 M'T **Eclipse Across Europe** As 8.50pm.
1.10 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Gladiators**
9.00 **Orangutan Jungle School**
10.00 **Shark Squad**
11.00 **Africa's Hunters**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Gladiators**
3.00 **Orangutan Jungle School**
4.00 **Shark Squad**
5.00 **Africa's Hunters**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Jaguar Journals**
9.00 **The Kimberley: Australia's Wild West** Documentary.
10.00 **Airborne** Animals that use the air to survive and thrive.
11.00 **Africa's Hunters**
12.00 M'T **Ocean Parks**
1.00 AM **Great Lakes Wild**
2.00 **Jaguar Journals**
3.00 **The Kimberley: Australia's Wild West** Documentary.
4.00 **Gladiators**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Secret Nazi Expeditions**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Disclosure Files**
2.00 **Weird Britain**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **Weird or What? With William Shatner** A toddler who survived being frozen solid.
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines** The story of the Phantom Cobra.
8.00 **History's Greatest Aircraft** Focusing on the F-15 Eagle.
9.00 **Deadly Standoff** The stories behind extraordinary standoffs.
10.00 **Dark Marvels: Killing Machines** The background and engineering of booby traps.
11.00 **Ancient Aliens**
1.00 AM **Alien Disclosure Files**
2.00 **Weird Britain**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **Killers of the Cosmos**
11.00 **Richard Hammond's Big**
12.00 NOON **Extreme Engineering**
1.00 PM **Secrets Underground**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **Savage Builds** Using material salvaged from scrap yards, Adam Savage and two colleagues design and build three motorised vehicles inspired by post-apocalyptic worlds. **10.00** Adam wants to build his own version of King Arthur's legendary sword, Excalibur. Using the iron found in a meteorite, he attempts to make an indestructible weapon.
11.00 **You Have Been Warned** Featuring a sportsman skiing behind a supercar and people pulling cars with their teeth. **12.00** M'T Featuring clips of punching robots and amazing bowling ball launchers.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Crimes That Shook Britain**
2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
3.00 **Imperfect Murder**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Accident, Suicide or Murder?** A man is found dead in a Los Angeles alleyway.
9.00 **Buried in the Backyard** New edition A case takes a chilling turn when a missing man is found buried in snow.
10.00 **Spring Break Murders** New edition A mother and two teenagers vanish while on a trip to Yosemite.
11.00 **Murder at the Motel**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Amur Tiger: Secret Kingdom**
3.00 **Alaska Fish Wars**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** A beloved flamingo fights for its life.
8.00 **Predator Bloodlines** A leopard must learn to survive in the wild with no family, contending with rival predators for territory. **9.00** A pride of lions are forced to switch their choice of prey.
10.00 **Alaska: The Next Generation** Johnny Rolfe protects his home and food supply from predators.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

161/172 147 181

7.00 AM **Blowing Up History**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The possibility of life on Mars in previous eras.
1.00 PM **NASA's Unexplained Files**
2.00 **Truth Behind the Moon Landing** A crash that nearly killed astronaut Neil Armstrong.
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Blowing Up History**
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** A fairground waltzer, an ancient coffee machine and a huge oak table are restored.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **999 Rescue Squad**
5.00 PM **The Witch Hunts: Lucy Worsley Investigates**
6.00 **The Black Death: Lucy Worsley Investigates**
7.00 **Princes in the Tower: Lucy Worsley Investigates**
8.00 **Madness of King George: Lucy Worsley Investigates**
9.00 **The Witch Hunts: Lucy Worsley Investigates**
10.00 **The Black Death: Lucy Worsley Investigates**
11.00 **Madness of King George: Lucy Worsley Investigates**
12.00 M'T **999 Rescue Squad**
1.00 AM **The Witch Hunts: Lucy Worsley Investigates**
2.00 **The Black Death: Lucy Worsley Investigates**
3.00 **Princes in the Tower: Lucy Worsley Investigates**
3.45 **Madness of King George: Lucy Worsley Investigates**
4.35 **The Witch Hunts: Lucy Worsley Investigates**
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed**
9.00 **American Monster**
11.00 **Diabolical: Deadly Love**
12.00 NOON **People Magazine Investigates** How, in 1969, racial tensions escalated into riots in Pennsylvania.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Evil Stepmothers**
7.00 **Til Death Do Us Part** The murder of Frank Rodriguez. **8.00** The case of David Mueller.
9.00 **A Crime to Remember** The case of Pearl O'Loughlin, whose step-daughter Leona vanished on her way to school, while her husband Leo, a Denver detective, was hospitalised.
10.00 **Mother, May I Murder?** A string of deadly tragedies strike a suburban family.
11.00 **Evil Lives Here**
1.00 AM **Murder Among Friends**
2.00 **Evil Stepmothers**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **Supertruckers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Ant Anstead: Born Mechanic**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike shares a sneak peek into life at his dealership in Warwick.
9.00 **Roadworthy Rescues** Derek calls in an expert to help with a 1928 Ford Model A.
10.00 **Supertruckers** The team move a huge cheese vat from a rural Welsh factory to Suffolk.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.30 AM **The Bad Guys 2** (2025)
9.20 **One Battle After Another**
12.10 PM **Final Destination: Bloodlines** As 8.00pm.
2.10 **Flavia** Family adventure starring Molly Belle Wright. (2025, PG, 105min) ★★★
3.55 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
5.45 **Superman** Fantasy adventure starring David Corenswet. (2025, 12, 129min) ★★★★

10.00 One Battle After Another

8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. With Richard Harmon and Teo Briones. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. (2025, 15, 161 min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
2.30 **Coyotes** Comedy thriller. (2025, 15, 105min) ★★★
4.15 **to 6.00** AM **Hostages** Comedy thriller with Charlotte Ritchie. (2025, 15, 90min) ★★★

Sky Cinema Box Set

303 303 403 503 517

7.45 AM **Mad Max 2** As 3.10am.
9.35 **Mad Max Beyond Thunderdome** Thriller sequel. (1985, 15, 107min) ★★★
11.35 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
2.10 PM **Back to the Future** Fantasy. (1985, PG) ★★★★★
4.10 **Back to the Future Part II** Fantasy. (1989, PG) ★★★
6.00 **Back to the Future Part III** Fantasy comedy sequel. (1990, PG, 112min) ★★★★

8.00 Venom

8.00 **Venom** Fantasy adventure starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. With Michelle Williams and Riz Ahmed. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Venom: Let There Be Carnage** Fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Venom: The Last Dance** Fantasy sequel starring Tom Hardy. (2024, 15, 110min) ★★★
1.25 AM **Mad Max** Cult thriller. (1979, 15, 93min) ★★★★★
3.10 **Mad Max 2** Thriller sequel. (1981, 18, 95min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Love Story** Romance. (1970, PG, 100min) ★★★★
8.50 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
10.50 **Miss You Already** Comedy drama. (2015, 12, 112min) ★★★
12.50 PM **Coach Carter** Sports drama. (2004, 12, 136min) ★★★
3.10 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
5.50 **Darkest Hour** Biopic starring Gary Oldman and Lily James. (2017, PG, 122min) ★★★
8.00 **I, Tonya** Biopic starring Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
10.05 **About Time** Romantic comedy fantasy from writer-director Richard Curtis, starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. With Bill Nighy. (2013, 12, 120min) ★★★
12.10 AM **May December** Drama. (2023, 15, 117min) ★★★★
2.10 **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
3.45 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111 min) ★★★★
5.40 **to 7.40** AM **Miss You Already**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.35 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
8.35 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
11.05 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
1.05 PM **Anaconda** Adventure. (1997, 15, 89min) ★★★
2.45 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
4.30 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
6.20 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
8.00 **28 Years Later** Danny Boyle's horror sequel with Jodie Comer, Aaron Taylor-Johnson, Ralph Fiennes and Rocco Haynes. (2025, 15, 115min) ★★★★
10.00 **Blade** Adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior Blade. (1998, 18, 121 min) ★★★
12.10 AM **Interview with the Vampire** Gothic horror thriller. (1994, 18, 122min) ★★★★
2.15 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
4.30 **The Cinema List: Fear Seekers**
4.45 **to 6.45** AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
8.10 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
10.00 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
12.00 NOON **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12) ★★★
2.25 PM **Spy Kids** (2001, U) ★★★★
4.00 **Charlie and the Chocolate Factory** (2005, PG) ★★★★
6.00 **The Smurfs** (2011, U) ★★

6.00 The Smurfs

7.50 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's novel, starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. With Richard Armitage and Andy Serkis. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Hobbit: The Desolation of Smaug** Epic fantasy adventure starring Martin Freeman. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
3.25 **Friend or Foe** Wartime drama. (1981, U, 70min) ★★★
4.40 **to 6.20** AM **My Penguin Friend** Family drama. (2024, PG, 98min) ★★★★

Sky Cinema Action

306 306 407 507 521

6.35 AM **Uncharted** Adventure. (2022, 12, 116min) ★★★
8.35 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
10.40 **The Patriot** Epic drama. (2000, 15, 167min) ★★★
1.25 PM **Spider-Man: Homecoming** Adventure. (2017, 12, 133min) ★★★★
3.40 **Jurassic World: Rebirth** Fantasy. (2025, 12) ★★★
6.00 **Twister** Disaster movie. (1996, PG, 114min) ★★★

6.00 Twister

8.00 **The Amazing Spider-Man** Fantasy adventure sequel starring Andrew Garfield and Emma Stone. A nerdy New York teenager becomes a vigilante crime-fighter after a bite from a genetically modified spider gives him special powers. With Rhys Ifans. (2012, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Amazing Spider-Man 2** Fantasy adventure sequel starring Andrew Garfield and Emma Stone. The superhero battles a foe with electrical powers. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Fast & Furious** Action thriller sequel with Vin Diesel. (2009, 12, 107min) ★★★
2.35 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
4.25 **to 6.05** AM **The Dark Tower** Fantasy. (2017, 12, 95min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
8.55 **Mean Girls** (2004, 12) ★★★★
10.35 **Role Models** Comedy. (2008, 15, 99min) ★★★★
12.20 PM **The Brady Bunch Movie** Spoof. (1995, 12, 89min) ★★★
2.00 **The Holiday** (2006, 12) ★★★
4.20 **American Pie** Teen comedy. (1999, 15, 96min) ★★★★
6.05 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★

9.50 The 40-Year-Old Virgin

8.00 **American Pie 2** Teen comedy sequel starring Jason Biggs. Four friends from high school arrange to spend the summer after their first year at college by renting a lakeside house together. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The 40-Year-Old Virgin** Comedy starring Steve Carell. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Zoolander** Ben Stiller's comedy. (2001, 12, 89min) ★★★★
1.25 AM **The Natural** Drama. (1984, PG, 137min) ★★★
3.45 **The Sweetest Thing** Romantic comedy. (2002, 15, 89min) ★
5.30 **to 7.35** AM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel with Sandra Bullock. (2005, 12, 113min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **Trap** Psychological thriller. (2024, 15, 105min) ★★★★
8.40 **The Towering Inferno** Thriller. (1974, 12, 165min) ★★★★
11.30 **The Alto Knights** As 10.45pm.
1.40 PM **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
3.40 **Ocean's Twelve** Caper thriller sequel with George Clooney. (2004, 12, 125min) ★★★★
5.50 **Ocean's Thirteen** Caper thriller sequel with George Clooney. (2007, PG, 122min) ★★★

10.45 The Alto Knights

8.00 **The Firm** Legal thriller based on the John Grisham bestseller, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Alto Knights** Barry Levinson's fact-based drama starring Robert De Niro. Two rivals fight for control of a major crime family. With Debra Messing, Cosmo Jarvis and Kathrine Narducci. (2024, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
2.55 **Icefall** Action thriller. (2025, 15, 95min) ★★★
4.45 **to 6.25** AM **The Gentleman** Thriller. (2025, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Anastasia** Animation. (1997, U, 94min) ★★★
12.55 PM **Ron's Gone Wrong** Animation. (2021, PG) ★★★★
3.05 **The Lost World** Fantasy. (1960, PG, 98min) ★★
5.00 **Cheaper by the Dozen 2** Family comedy sequel. (2006, PG, 94min) ★★★★
6.50 **Fisherman's Friends: One and All** Comedy drama sequel. (2022, 12, 112min) ★★★

9.00 M:I - Ghost Protocol

Fisherman's Friends: One and All (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible – Ghost Protocol** Action spy thriller starring Tom Cruise and Jeremy Renner. Super spy Ethan Hunt and his team strive to stop a rogue Russian scientist from provoking a global nuclear war. (2011, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **S.W.A.T.** Action thriller starring Samuel L Jackson and Colin Farrell. A billionaire drug lord offers $100million to anyone who can spring him from police custody. (2003, 12, 115min) ★★★
2.00 **to 3.55** AM **The Craft: Legacy** Horror starring Cailee Spaeny and Gideon Adlon. (2020, 15, 97min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

6.30 AM **The Golden Compass** Fantasy starring Nicole Kidman. (2007, PG, 109min) ★★★
8.35 **Flavia** As shown at 6.10pm.
10.15 **Indiana Jones and the Temple of Doom** As shown at 10.00pm.
12.15 PM **Indiana Jones and the Last Crusade** As shown at 12.00m't.
2.25 **The Lost World: Jurassic Park** Steven Spielberg's adventure sequel. (1997, PG, 129min) ★★★
4.35 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
6.10 **Flavia** Family adventure. (2025, PG, 110min) ★★★
8.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford. Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
10.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
12.00 M'T **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
2.10 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
4.15 **to 6.10** AM **Transformers One** Animation. (2024, PG) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.55 AM **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★
9.35 **Groundhog Day** Fantasy comedy starring Bill Murray. (1993, PG, 103min) ★★★★★
11.25 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
12.55 PM **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
2.25 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
3.50 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
6.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama. (1987, 15, 115min) ★★★★
8.00 **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. (1992, 15, 129min) ★★★
10.10 **Cool Hand Luke** Prison drama starring Paul Newman. (1967, 15, 126min) ★★★★★
12.20 AM **The Krays** Crime drama starring Gary and Martin Kemp. (1990, 18, 119min) ★★★
2.20 **Mousehunt** Slapstick comedy starring Lee Evans and Nathan Lane. (1997, PG, 98min) ★★★★
4.10 **to 6.25** AM **An Officer and a Gentleman** As 3.50pm.

Sky Cinema Animation

312 315 405 500 514

7.30 AM **Tom and Jerry Cowboy Up!**
9.00 **Extinct** Animated adventure. (2021, U, 84min) ★★★
10.40 **The Bad Guys 2** As 9.00pm.
12.30 PM **Smallfoot** Animation. (2018, U, 96min) ★★★
2.20 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
4.00 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
5.50 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.30 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
9.00 **The Bad Guys 2** Animated comedy adventure sequel with the voice of Sam Rockwell. (2025, PG, 104min) ★★★★
10.50 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
12.05 AM **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★
1.30 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
3.30 **The Sloth Lane** Animated adventure with the voice of Leslie Jones. (2024, PG, 90min) ★★★
5.05 **to 6.50** AM **Boonie Bears: Guardian Code** Animation. (2023, PG, 96min) ★★★

Disney+ Cinema

305 305

6.00 AM **Sleeping Beauty** Classic animated version of the fairy tale. (1959, U, 75min) ★★★★
7.25 **Bedtime Stories** As 10.40pm.
9.05 **Confessions of a Shopaholic** Romantic comedy starring Isla Fisher. (2008, PG, 104min) ★★★
10.55 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
12.40 PM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
2.40 **A Goofy Movie** Adventure. (1995, U, 78min) ★★
4.00 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.45 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
7.20 **Flubber** Family fantasy comedy. (1997, U, 94min) ★★★
9.00 **Flightplan** Thriller starring Jodie Foster and Peter Sarsgaard. (2005, 12, 98min) ★★★★
10.40 **Bedtime Stories** Family fantasy adventure comedy. (2008, PG, 99min) ★★★
12.20 AM **The Mighty Ducks** Sports comedy starring Emilio Estevez. (1992, PG, 103min) ★★
2.05 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
4.30 **to 6.00** AM **Flubber** (1997)

Talking Pictures

328 445 82 306 36

6.00 AM **The Adventures of Jim Bowie** 7/38. (S1)
6.35 **Her Favourite Husband** Comedy. (1950, b/w, PG) ★★★
8.15 **The Triumph of Sherlock Holmes** (1935, b/w, PG) ★★★
9.50 **The Vicious Circle** Mystery. (1957, b/w, PG, 85min) ★★★
11.30 **The Hasty Heart** Drama. (1949, b/w, U, 107min) ★★★★★
1.30 PM **Adventures of William Tell**
2.00 **Au Grand Balcon** Drama. (1949, b/w, U, 123min) ★★★
4.20 **The Good Die Young** Drama. (1954, b/w, PG, 94min) ★★★
6.20 **Cinebox Memories**
6.25 **Whiplash** 9/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder** (S1)
9.00 **PREMIERE** **Murders in Avignon** French crime drama. Subtitled. (2016, 15, 87min) ★★★
10.50 **Cellar Club with Caroline Munro**
10.55 **Hammer House of Mystery and Suspense** 6/13. (S1)
12.25 AM **Scotland Yard** 36/39. (S1)
1.00 **Budgie** 10/13. (S2)
2.00 **Home Sweet Home** Musical. (1945, b/w, PG, 94min) ★★
3.50 **Four Star Theatre** 11/19. (S1)
4.20 **Look at Life**
4.30 **Target: The Corruptors** 13/35.
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Monte-Carlo Masters in France and the WTA Linz Open in Austria.
12.30 PM **McGinley & Chamblee at The Masters** Event preview.
2.00 **Golf Channel Live From The Masters** Build-up to the Major.
7.30 LIVE **EFL** **Bromley v Shrewsbury Town.** Coverage of the League Two match at Copperjax Community Stadium. The Shrews held Bromley to a goalless draw on the opening weekend of the season at The Croud Meadow. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T LIVE **NBA Basketball** **Boston Celtics v Charlotte Hornets.** Coverage of the Eastern Conference match staged at TD Garden. Tip-off **1.00am**.
3.30 AM **Sky Sports News**
4.00 **to 6.30** AM LIVE **NBA Basketball** **Phoenix Suns v Houston Rockets.** Coverage of the Western Conference match at Mortgage Matchup Center. Tip-off **4.00am**.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Gary Neville's Soccerbox**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Moments of the 2009/10 season.
2.00 PM **PL Retro** Chelsea v Manchester United from 2011/12.
4.00 **Premier League Icons**
5.00 **The Premier League Show**
7.00 **A Farewell to Txiki** A look at the impact Txiki Begiristain had on Manchester City.
7.45 **Pep Guardiola: 1000 Club**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League 360 – Big Sam's Bolton** A look at Sam Allardyce's Bolton team of the early 2000s in the Premier League.
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2009/10 season, all set to a specially selected soundtrack.
1.00 AM **PL Retro** Chelsea v Manchester United from 2011/12.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 23/24**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2014/15 play-offs.
9.00 **Bundesliga Highlights Show**
10.00 **SPFL** Recent highlights.
10.45 **EFL Highlights**
12.00 NOON **SPFL Round-Up**
12.15 PM **SPFL** Recent highlights.
12.30 **Bundesliga Highlights Show**
1.30 **EFL Highlights**
3.00 **SPFL Round-Up**
3.15 **SPFL** Recent highlights.
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights**
5.30 **SPFL Round-Up**
5.45 **SPFL** Livingston v Hearts.
6.00 **Bundesliga Highlights Show**
7.00 **EFL League Two Goals**
7.30 LIVE **EFL** **Bromley v Shrewsbury Town.** Coverage of the League Two match at Copperjax Community Stadium. The Shrews held Bromley to a goalless draw on the opening weekend of the season at The Croud Meadow. Kick-off **8.00pm**.
10.30 **EFL League One Goals**
11.00 **SPFL Round-Up**
11.15 **SPFL** Dundee v Celtic.
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2023/24 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL** **Rajasthan Royals v Mumbai Indians.** Coverage of the T20 match from Barsapara Cricket Stadium. Mumbai came away from this fixture with a memorable 100-run victory thanks to a brilliant overall performance. They made 217-2 in their 20 overs with Ryan Rickelton top-scoring with 61 from 38 balls before they blew the Royals away and bowled them out for just 117, with Jofra Archer providing the only bit of resistance with 30 from 27 balls.
7.00 **Best of ICC WT20**
8.00 **IPL** Kolkata Knight Riders v Punjab Kings from Eden Gardens. **9.00** Highlights from Rajasthan Royals v Mumbai Indians. **10.00** Royal Challengers Bengaluru v Chennai Super Kings. **11.00** Rajasthan Royals v Mumbai Indians from Guwahati.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Rajasthan Royals v Mumbai Indians.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **How the Masters Was Won**
12.00 NOON **Vamos! Garcia's Glory**
12.30 PM **McGinley & Chamblee at The Masters** Event preview.
2.00 **Golf Channel Live From The Masters** The game's leading stars and pundits build-up to the Major.
10.00 **Masters: Faldo '96** Celebrating Sir Nick Faldo's Masters victory.
11.00 **The Masters Official Film – Zoeller 1979** Archive action.
11.30 **The Masters Official Film – Ballesteros 1983**
12.00 M'T **How the 2013 Masters Was Won** At Augusta National.
2.00 AM **Ladies European Tour Golf**
3.00 **The Masters Official Film – Woods 1997** Archive action.
4.00 **The Masters Official Film – Woods 2001**
5.00 **to 6.00** AM **The Masters Official Film – Woods 2002**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open, both of which are clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, France, and Design Center Linz in Austria respectively.
6.00 PM LIVE **WTA Tennis** Coverage of the second day of the WTA Linz Open, a clay-court tournament at Design Center Linz in Austria.
9.00 **ATP Tennis** The U.S. Men's Clay Court Championships final. **10.00** The Marrakech Open final. **11.00** The Miami Open final.
12.00 M'T **WTA Tennis** Miami Open.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Cycling** Event highlights.
8.00 **UEFA Europa League & Conference League Magazine**
9.00 **Champions League Magazine**
9.30 **Isuzu UTE A-League Highlights**
10.00 LIVE **Isuzu UTE A-League** **Melbourne City v Central Coast Mariners.** Kick-off **10.00am**.
12.00 NOON **Ninja A-League Women**
12.30 PM **Cycling** Event highlights.
2.30 LIVE **Cycling** The men's Tour of the Basque Country second stage.
4.45 **Race Bikes** Mountain Bike racing.
5.15 **The Gruppetto** Cycling news.
5.30 **Premier League: Big Interview**
6.00 **Champions League Magazine**
6.30 **Premier League Stories**
7.00 LIVE **Champions League** **Real Madrid v Bayern Munich.** The quarter-final first-leg from the Bernabeu. Kick-off **8.00pm**.
10.30 **Champions League Highlights**
11.00 **Premier League: Big Interview**
11.30 **MLB Lead Off** A look ahead.
12.00 M'T LIVE **MLB** **Toronto Blue Jays v Los Angeles Dodgers.** From Rogers Centre. Start-time **12.07am**.
3.00 AM **MLB Closer** A look back.
3.30 **UFC** Highlights and features.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Women's FA Cup**
8.00 **The Emirates FA Cup**
12.00 NOON **Ally's Social Club**
12.45 PM **TNT Sports Cricket Reload**
1.00 **MLB Highlights**
2.00 **Champions League Magazine**
2.30 **UEFA Europa League & Conference League Magazine**
3.30 **Kenny Allstar's Number 1's**
3.45 **Sign Up – Into Football**
4.30 **Serie A** Inter Milan v AS Roma. **5.30** Napoli v AC Milan.
6.30 **Race Bikes** Mountain Bike racing.
7.00 **The Cycling Show** All the latest news from the world of cycling.
7.30 **Lomu: The Lost Tapes**
9.00 **Ninja A-League Women Highlights** Action from the 22nd round of fixtures.
9.30 **Isuzu UTE A-League** Melbourne City v Central Coast Mariners.
10.30 **MLB Highlights**
11.30 **The Muddy Roots of Football**
12.30 AM **Fight Week** UFC 327.
1.00 **UEFA Champions League**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **Serie A** Inter Milan v AS Roma. **4.00** Napoli v AC Milan.
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights** Chicago Bears v Green Bay Packers.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Green Bay Packers v Philadelphia Eagles.
4.00 **Super League Highlights**
5.00 **NFL Highlights** Jacksonville Jaguars v Buffalo Bills.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Los Angeles Lakers v Los Angeles Clippers.
10.00 **NBA on Fire** The latest news.
10.30 **Super League Highlights** Action from Huddersfield Giants v Casleford Tigers in 2024. **10.45** Wigan Warriors v Huddersfield Giants from 2024.
11.00 **NFL Highlights**
12.00 M'T LIVE **NBA Basketball** **Boston Celtics v Charlotte Hornets.** Coverage of the Eastern Conference match staged at TD Garden. Tip-off **1.00am**.
3.30 AM **NFL Bitesize Highlights**
4.00 **to 6.30** AM LIVE **NBA Basketball** **Phoenix Suns v Houston Rockets.** The Western Conference match at Mortgage Matchup Center. Tip-off **4.00am**.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** The ATP Monte-Carlo Masters and WTA Linz Open at Monte Carlo Country Club in Roquebrune-Cap-Martin, France, and Design Center Linz in Austria respectively.
6.00 PM **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre**
7.30 **EFL Greatest Games**
7.50 LIVE **EFL** **Wrexham v Southampton.** Coverage of the Championship match from SToK Racecourse. The Reds looked to be heading for a statement win on their return to this level as they led 1-0 going into injury time at St Mary's Stadium on the opening day, only to suffer a reversal of fortune as goals from Ryan Manning and Jack Stephens gave the Saints a 2-1 victory. Kick-off **8.00pm**.
10.00 **Sky Sports News** The day's sports news, featuring interviews.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
10.00 **PGA Tour Golf** Texas Open.
11.00 **Formula 1** Japanese Grand Prix.
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
2.45 **WTA Tennis** Bogota Open final. **3.45** The Charleston Open final.
4.45 **PGA Tour Golf** Texas Open.
5.45 **Super League** St Helens v Wigan Warriors at BrewDog Stadium. **8.15** A replay of Hull Kingston Rovers v Hull FC at Craven Park.
11.00 **PGA Tour Golf** The Texas Open fourth day from TPC San Antonio.
12.00 M'T **The Insiders** NFL news.
1.00 AM **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Men's T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Serie A** Action from Italy.
8.00 **Fishing: On the Bank**
9.00 **The WRC Magazine**
9.30 **The Gruppetto** Cycling news.
9.45 **Sign Up – Into Football**
10.30 **UEFA Champions League**
1.00 PM **Fishing: On the Bank**
2.00 **The Emirates FA Cup** Action from Manchester City v Liverpool. **3.00** Chelsea v Port Vale. **4.00** Southampton v Arsenal. **5.00** Highlights from West Ham United v Leeds United.
6.00 **Adobe Women's FA Cup**
9.00 **Snow League Highlights**
11.00 **Cycling** The men's second stage of the Tour of the Basque Country.
12.00 M'T **Women's Cycling Pro Series** Tour of Mouscron.
1.00 AM **The Gruppetto**
1.15 **Playing for Our Future**
1.30 **The Breakdown**
2.00 **Isuzu UTE A-League**
3.00 **Men's Cycling** Highlights.
4.00 **to 6.00** AM **NWSL**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A replay of Brisbane Lions v Collingwood Magpies. **7.30** North Melbourne Kangaroos v Carlton Blues. **9.00** A chance to see Adelaide Crows v Fremantle Dockers. **10.30** A replay of Richmond Tigers v Port Adelaide Power.
12.00 NOON **AFL** A chance to see West Coast Eagles v Sydney Swans. **1.30** PM A replay of Melbourne Demons v Gold Coast Suns. **3.00** A replay of Western Bulldogs v Essendon Bombers. **4.30** Another chance to see Hawthorn Hawks v Geelong Cats.
6.00 **MLB Highlights**
7.00 **Men's Curling World Championship** The final at Weber County Ice Sheet in Utah.
9.00 **UFC** Another chance to see Renato Moicano v Chris Duncan.
12.00 M'T **AFL** A replay of Brisbane Lions v Collingwood Magpies.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **Cape to Cape** Highlights.
8.00 **LaLiga** Girona v Villarreal.
10.00 **Champions Cup Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Champions Cup Show**
2.00 **NHL on the Fly** The latest news.
3.00 **Eredivisie Highlights**
4.00 **Champions Cup** Another chance to see Harlequins v Sale Sharks.
5.55 LIVE **Swedish Hockey League** Coverage from the opening game of a semi-final.
8.30 **Champions Cup Show**
9.00 **Champions Cup** Bath v Saracens.
11.00 **Scottish Football Social Club**
12.00 M'T **LaLiga Match Highlights**
1.00 AM LIVE **NHL Ice Hockey** **Dallas Stars v Calgary Flames.** Coverage of the Western Conference match from American Airlines Center. Face-off **1.00am**.
4.00 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Tonight**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **NASCAR Trucks**
9.30 **Motorsport** Valentino Rossi.
10.00 **NHL Ice Hockey**
12.00 NOON **Bike World** Magazine.
12.30 PM **LaLiga** Valencia v Celta Vigo. **2.30** Getafe v Athletic Bilbao.
4.30 **Temples of Sport**
5.00 **Champions Cup**
7.00 **Temples of Sport**
7.30 **Elite Ice Hockey League**
9.30 **NHL Specials** Florida Panthers.
10.00 **NHL Ice Hockey** Buffalo Sabres v Tampa Bay Lightning.
12.00 M'T LIVE **NHL Ice Hockey** **New Jersey Devils v Philadelphia Flyers.** The Eastern Conference match at Prudential Center. Face-off **12.00m't**.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** **Vancouver Canucks v Vegas Golden Knights.** Coverage of the Western Conference match from Rogers Arena. Face-off **3.00am**.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.20 PM **Ted's Notebook**
12.50 **The New F1 Rules**
12.55 **Gabriel Bortoleto IV**
1.05 **Valtteri Bottas IV**
1.15 **Formula 1** Highlights.
4.25 **The New F1 Rules**
4.30 **Ted's Notebook**
5.00 **Formula 1** Chinese Grand Prix.
7.20 **Ted's Notebook**
7.50 **Arvid Lindblad IV**
8.00 **F1 Academy Highlights**
10.00 **Formula 1** Chinese Grand Prix, the second round of the season at Shanghai International Circuit.
12.00 M'T **Indycar** Highlights.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained** Inner workings.
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

8 April

Evening Planner

Football

Champions League: Quarter-finals 1st Legs

TNT Sports & Prime Video, kick-offs 8pm

Tonight sees Barcelona take on Athlético Madrid while PSG entertain Liverpool.

Comedy

Twenty Twenty Six

BBC2, 10pm (box set, BBC iPlayer)

Hugh Bonneville (centre) reprises his role as Ian Fletcher, who is now heading a team organising the football World Cup.

OnDemand

Disney+

The Testaments

Available today

Sequel to *The Handmaid's Tale*, following the fate of June's daugher Hannah, now known as Agnes.

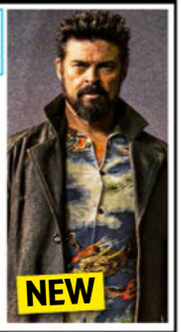
OnDemand

prime

The Boys

Available today

Karl Urban returns as Billy Butcher for a fifth and final season of the satirical superhero drama. Also stars Antony Starr.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Ambulance		10.00 News	10.40 MOTD...
	102 BBC2	7.00 Great British Menu		8.00 Britain's Biggest Warship Goes to Sea		9.00 Michael Jackson: An American Tragedy		10.00 Twenty...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.05 Assembly	10.30 News
	104 CHANNEL 4	7.00 News		8.00 Help! I Bought It at Auction with...		9.00 The Copenhagen Test			
	105 5	7.00 Electric Cars: Are They Really Worth It?		8.00 Warship: Life in the Royal Navy		9.00 China with Ben Fogle			10.30 A&E After Dark
	106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 The 'Burbs		10.00 Rob Beckett: Giraffe	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 The Apprentice		10.00 The Man Who Murdered His Family	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 The Mystery of the Desert Kites		9.00 Building Britain's Biggest Nuclear...		10.00 This Life	
	118 ITV2	◂ 6.40 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Grand Designs		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Matlock			
	108 SKY ATLANTIC	◂ 6.40 House of the Dragon				9.00 The White Lotus			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 McDonald & Dodds	
	120 ITV4	◂ 6.50 Sharpe				9.00 Film: Octopussy			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.35 Last of the Summer Wine		8.00 Father Brown		9.00 Sister Boniface Mysteries		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 NCIS: Sydney		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Film: The Lost Leonardo				9.55 My Week with Lubaina Himid	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Annika			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Truck Dynasty	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Decoding History's Prophecies		9.00 Drain the Oceans		10.00 Strangest Things	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strange Evidence		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Mediterranean with Simon Reeve		8.00 Train Truckers		9.00 David Jason's Great British Inventions		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.55 Burden of Proof: Who Killed...		8.00 Film: Amy					10.30 I Am Patrick...
FILMS - Sky Cinema	301 PREMIERE	◂ 6.15 Flavia		8.00 Final Destination: Bloodlines				10.00 One Battle After Another	
	302 ADVENTURE	◂ 5.55 Back to the Future		8.00 Back to the Future Part II			9.50 Back to the Future Part III		
	303 BOX SET	◂ 5.50 Jurassic World		8.00 Jurassic World: Fallen Kingdom				10.10 Jurassic World: Rebirth	
	307 GREATS	◂ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	312 ANIMATION	◂ 5.45 Hotel...	7.35 Corpse Bride			9.05 The Bad Guys 2			
	304 FAMILY	◂ 6.00 The Hobbit: The Desolation of Smaug			8.45 The Hobbit: The Battle of the Five Armies				
	306 ACTION	◂ 5.35 The Amazing Spider-Man 2		8.00 xXx				10.05 Uncharted	
	308 COMEDY	◂ 6.10 Beverly Hills Cop II		8.00 American Pie: The Wedding			9.45 You've Got Mail		
	309 THRILLER	◂ 5.50 The Fugitive		8.00 The Bourne Identity				10.00 Pulp Fiction	
	310 DRAMA	◂ 5.45 It Ends with Us		8.00 Empire of the Sun					10.35 The Post
	311 SCI-FI	◂ 5.40 Waterworld		8.00 Pacific Rim				10.15 Blade 2	
	313 FILM4	◂ 6.55 Dante's Peak				9.00 Jules			
SPORT	401 MAIN EVENT	◂ 5.00 The Masters – Live: The Masters Par Three Contest				9.00 The Masters – Live: The build-up		10.00 Masters: Faldo '96	
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Big Interview	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 Big Interview	10.00 Transfer 360	
	403 FOOTBALL	7.15 SPFL	7.45 EFL Highlights		8.30 EFL Goals		9.30 SPFL Round-Up	10.00 Bundesliga Highlights Show	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 Champions League – Live: Paris Saint-Germain v Liverpool (Kick-off 8.00)							10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 Serie A – Full...	7.30 Champions League – Live: Barcelona v Atlético Madrid (Kick-off 8.00)						10.30 Reload

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Farm 999** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Celebrity Homes Under the Hammer** New edition (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Just One Thing** New edition (S)
2.30 **The Travelling Auctioneers** (S)(R)
3.00 **Escape to the Country** New edition From Cornwall. (S)
3.45 **I Made It at Market** New edition With a fluid artist and a potter. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 NEW SERIES **Pointless** Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** JB Gill and Alex Jones present the topical show. (S)

7.30 **EastEnders** Jasmine faces a crucial decision, Penny confronts Nicola, while Ross and Vicki discuss their future. (S)(AD)

8 PM

8.00 NEW SERIES **The Repair Shop** 1/25. The experts restore a pair of pointe shoes worn by former ballerina Julie Felix, a model Range Rover that represents a big adventure and a fragile scrapbook from 1917. (S)(AD)

9 PM

9.00 **Ambulance** New edition 5/6. Documentary series following the work of the ambulance service across Yorkshire, England's largest county. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: Champions League** Highlights of the quarter-final first-leg ties, featuring Paris Saint-Germain v Liverpool at Parc des Princes and Sporting Lisbon v Arsenal at Estádio José Alvalade. Plus, action from last night's matches, Barcelona v Atlético Madrid and Real Madrid v Bayern Munich. (S)
11.40 **Weather for the Week Ahead** Seven-day forecast. (S)
11.45 PM **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Just One Thing** (S)(R)(AD)
7.00 **Celebrity Homes Under the Hammer** With Carol Smillie. (S)(R)
8.00 **Sign Zone: Great British Menu** (R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Lightning** Quick-fire quiz. (S)(R)
3.00 **Clive Myrie's Italian Road Trip** Clive heads to Venice. (S)(R)
3.30 **Hidden Kingdoms** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Buxton in Derbyshire. (S)(R)
5.15 **Flog It!** From Derbyshire. (S)(R)
6.00 **Richard Osman's House of Games** Michael Ball, Jodie Prenger, Laurence Rickard and Snoochie Shy compete. (S)(R)
6.30 **Ronan Keating's Wild Atlantic** New edition Ronan meets Westlife's Shane Filan in Sligo. (S)(AD)

7.00 Great British Menu

7.00 **Great British Menu** New edition The remaining three chefs from London and south-east England cook their mains and desserts, including a 28-day dry-aged duck inspired by *28 Days Later*. (S)(AD) ■ Continues tomorrow

8.00 **Britain's Biggest Warship Goes to Sea** 1/3. Aircraft carrier HMS *Queen Elizabeth* sets out on its first transatlantic crossing, during which the top secret F-35B Lightning Stealth Fighter will be put to the test. (S)(R)(AD)

9.00 NEW SERIES **Michael Jackson: An American Tragedy** 1/3. Michael Jackson's journey from child prodigy to global icon, with unique access to the star's friends and family. (S)(AD) ■ Entire series on BBC iPlayer

10.00 NEW SERIES **Twenty Twenty Six** *Semi-Finals:* 1/6. Spoof documentary sequel with Hugh Bonneville and Hugh Skinner. *See feature, page 11.* (S1) (S)(AD) ■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Captive Audience: A Real American Horror Story** Series finale *Chapter Three – Cary's Story:* 3/3. Three tourists go missing in the same area where Steven vanished. (S)(AD) ■ Entire series on BBC iPlayer
11.45 **Killing Sherlock: Lucy Worsley on the Case of Conan Doyle** (S)(R)
12.45 AM **Sign Zone: Murder Case: The Hunt for Arlene Fraser's Killer** (R)
2.45 **Sign Zone: Beyond Paradise** (S)(R)
3.45 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** With Alexander Armstrong, Natasha Hamilton and Jamie Laing. (S)(R)
2.00 **Dickinson's Real Deal** David Dickinson and his team head to Wolverhampton. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant takes on the infamous Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Conservative Party. (S)
6.30 **ITV News** (S)

10.05 The Assembly

7.30 **Celebrity Lingo** New edition Adil Ray hosts the word-based quiz show as journalist Cathy Newman and wordsmith Gyles Brandreth compete against *Loose Women*'s Kaye Adams and *Morning Live*'s Dr Ranj Singh for charity. (S)

8.00 **Emmerdale** Kyle finds Cain lying unconscious, while Kerry starts to have suspicions. (S)(AD)
8.30 **Coronation Street** Summer challenges Debbie's version of events surrounding Billy's death. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 3/15. While some embrace their new surroundings, one celebrity is far from impressed with their new living quarters. Ant and Dec host. (S) ■ Continues tomorrow

10.05 NEW SERIES **The Assembly** Actor, writer and broadcaster Stephen Fry faces a grilling from a cast of autistic and learning-disabled interviewers. (S) ■ Continues on Friday
10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 **The 1% Club Rollover** 3/5. Lee Mack hosts a special edition of the quiz show. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Tonight: Diet – Can You Eat Yourself Happy?** (S)(R)
3.25 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
4.20 **Unwind with ITV** (S)
5.35 **to 6.00** AM **Deal or No Deal: Banker's Best Battles** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 6-8/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S8) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 6/6. The family work on the farmhouse. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** In Spain, demolitions are under way at Tom and Terry's B&B. (S)(R)
5.00 **Chateau DIY** New edition Belinda and Lee tackle mould in a tower at Château Mareuil. (S)(AD)
6.00 **Jasmine Harman's Renovation in the Sun** Jasmine's carpenter brother Andrew helps out. (S)(R)

9.00 The Copenhagen Test

7.00 **News** (S)

8.00 **Help! I Bought It at Auction with Sarah Beeny** New edition Sarah follows a couple who have taken on the renovation of a cottage in the South Downs National Park and a pair with plans to add value to their Somerset home. (S)(AD)

9.00 NEW SERIES **The Copenhagen Test** *Claymore:* 1/8. Espionage thriller starring Simu Liu and Melissa Barrera. An intelligence analyst is suspected of being the mole at his agency – leading to a life-changing discovery. (S)(AD)

10.15 **The Copenhagen Test** New episode *Glass House:* 2/8. Forced into an uneasy alliance, Alexander and the Orphanage must work together to protect their discovery of the hack. (S1) (S)(AD) ■ Continues tomorrow
11.20 **24 Hours in A&E** (S)(R)(AD)
12.20 AM **Emergency Helicopter Medics** A man is trapped under a pallet of granite. (S)(R)(AD)
1.15 **Ramsay's Kitchen Nightmares USA** From Michigan. (S)(SL)(R)
2.00 **The Hunt: Prey vs Predator** (S)(R)
3.45 **Kirstie's House of Craft** (S)(R)
4.00 **Location, Location, Location** (R)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 2/6. The family struggle to adjust to living on a country estate. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Jojo hopes to make a sale as she shows a British couple around three caravans. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The Portaferry seal sanctuary. (S)
6.05 **Susan Calman's Grand Day Out** Susan is on a trip around the Scottish Borders, the east coast and Edinburgh. (S)(R)
6.55 **News** (S)

9.00 China with Ben Fogle

7.00 **Electric Cars: Are They Really Worth It?** Exploring whether buying an electric car is worth it, looking into range realities and charging truths. (S)(R)
7.55 **News** (S)
8.00 **Warship: Life in the Royal Navy** New edition 2/6. Kate Humble enters the secret world of submarines, and former Royal Marine JJ Chalmers heads back to his old stomping ground. (S)(AD)
9.00 **China with Ben Fogle** Series finale 3/3. In Shenzhen, China's Silicon Valley, Ben witnesses a drone display and marvels as 40 of the city's skyscrapers blaze to life, illuminated by 40 million LEDs. With tech entrepreneur Richard Chang as his guide, Ben explores the sprawling Huaqiangbei Electronics Market. (S)(AD)
10.30 **A&E After Dark** In Birmingham, a man is rushed into A&E with potentially life-threatening brain injuries. (S)(R)
11.30 **Ambulance: Code Red** The emergency responders deal with a man in cardiac arrest at a karate club. (S)(R)(AD)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **A&E After Dark** (S)(R)
3.45 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)(R)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Shark with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 8/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 8/26. Michael is mocked by everyone in the office after he falls into a koi pond during a sales pitch. (S)(R) **6.30** 9/26. Dwight starts being nice to everyone in the office, hoping to gain favours owed to him. (S6) (S)(R)

9.00 The 'Burbs

7.00 **The Simpsons** *Thank God It's Doomsday:* Homer fears the apocalypse is imminent. (S)(R) **7.30** *Home Away from Homer:* Ned Flanders takes in a pair of female lodgers. With Jason Bateman. (S)(R)
8.00 **A League of Their Own** The last-ever edition of the sports-based comedy quiz sees Laura Kenny, Big Zuu and Tony Bellew join host Romesh Ranganathan and regulars Jamie Redknapp, Jill Scott and Micah Richards. (R)
9.00 **The 'Burbs** New episode *Sardine?* 3/8. Samira uses a neighbour's dog as a ruse to persuade her new friends to break into the Victorian so she can confirm her suspicions about Gary. (S1) (S)(AD)
10.00 **Rob Beckett: Giraffe** A stand-up show by the comedian from the London Palladium at the end of his global tour, which started in November 2024. (S)(R)
11.45 **Grimm** 10/22. Nick discovers a fellow Grimm is torturing and murdering monsters that have harmed humans, spreading panic among the Wesen creatures. (S2) (S)(R)
12.40 AM **Police 24/7** A man threatens to jump off a building. (S)(R)
1.35 **Road Wars** (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** 6/23. (S2) (S)(R)
4.00 **S.W.A.T.** 8/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Scotcast (S)(R) **12.10am** Weather for the Week Ahead (S) **12.15-6.00am** BBC News (S)
N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations
WALES
Sky 965, Virgin 864, Freesat 965
8.00pm NEW Your Voice Live: Ask the Leaders (S) **9.30-10.00** Extraordinary Portraits with Bill Bailey New edition (S)(AD) **10.40** Ambulance New edition (S) **11.40** MOTD: UEFA Champions League (S) **1.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Ronan Keating's Wild Atlantic (S)(R) **11.00** NEW SERIES Twenty Twenty Six (S)(AD) **11.35** Captive Audience: A Real American Horror Story Series finale (S)(AD) **12.20-12.45am** Weather Watchers with Barra Best (S)(R)
WALES
Sky 968, Freesat 968
8.00-9.00pm The Repair Shop New edition (S)(AD)

ITV1

As main ITV1 except:
WALES
7.30-8.00pm Wales Decides 2026 – The Interviews (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Cwsg i Quinnell (AD) **12.30** Heno **1.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Wal (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cegin Bryn: Y Dosbarth Meistr **6.25** Darllediad Etholiadol **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Nol o'r Dibyn gyda Iolo Williams New edition (AD) **8.55** Newyddion a'r Tywydd **9.00** Pobol y Cwm (AD) **9.30** Noson Lawen New edition **10.30-11.35pm** Ysbyty

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall hunts for the world's most venomous snake. **7.30** Steve and the crew pay a visit to New Zealand.
8.00 **Top Gear** The presenters test-drive cars in Romania.
9.00 **The Apprentice** 10/12. The remaining candidates are challenged to create and sell a pet product.
10.00 **The Man Who Murdered His Family** 1/3. The story of the life and downfall of Grant Amato, whose obsession with an internet cam model led to betrayal, financial ruin and murder. **10.50** 2/3. Grant Amato is on trial for his life, and the evidence piles up against him. **11.35** 3/3. Grant Amato becomes famous after his case goes viral.
12.25 AM **Teen Predator/Online Killer** 1-3/3. Documentary.
1.55 **Top Gear** As 8.00pm.
2.55 **to 3.55** AM **Louis Theroux: Surviving America's Most Hated Family**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Fred Dibnah's Industrial Age** The textile mills and factories of Britain.
7.30 **Canal Boat Diaries** 2/5. A low tunnel in Staffordshire proves to be problematic.
8.00 **The Mystery of the Desert Kites** A look at the megastructures that stretch across the Arabian desert.
9.00 **Building Britain's Biggest Nuclear Power Station** 1/2. The challenges involved with building the Hinkley Point C nuclear power station.
10.00 **This Life** 7/11. Anna gets drunk and seduces Jo. **10.40** 8/11. Egg gets a visit from his father. (S1)
11.20 **Catching History's Criminals: The Forensics Story** The first murder solved in the UK based on fingerprint evidence.
12.20 AM **Fred Dibnah's Industrial Age**
12.50 **Canal Boat Diaries**
1.20 **The Mystery of the Desert Kites** As 8.00pm.
2.20 **to 3.20** AM **Catching History's Criminals: The...**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The week kicks off at Avalon Guest House in Newquay. **4.50** The B&Bers spend the night at The Bear Inn at Wincanton, Somerset. **5.20** A visit to the Chelsea Hotel in Bournemouth. **5.50** The last visit of the week is to The Holford Arms in Tetbury in Gloucestershire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** House-hunting in Essex and Hertfordshire.
7.55 **Kirstie and Phil's Love It or List It** Gordon and Suky from Wolverhampton need help deciding whether to sell or renovate their home.
9.00 **Grand Designs** Entrepreneur Piers and police officer Emma plan to build a 21st-century castle in Stratford-upon-Avon – the biggest ever build featured on the show.
10.00 **24 Hours in A&E** Patients who have injured themselves through work or play.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.25 **Married at First Sight Australia** Reality series.
5.00 **Dance Moms: A New Era** New edition Glo wants more from the Dance Dads.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Diane tries to create some normality.
7.30 **Married at First Sight Australia** New edition Outside opinions and rising tensions are rife as Family and Friends Week continues.
9.00 **Gogglebox** *Is It Cake?* and *The1% Club* are appraised. **10.00** Opinions on *Race Across the World* and *Ripley*.
11.05 **First Dates: Be My Valentine** Dating show.
12.10 AM **Naked Attraction**
1.10 **Married at First Sight Australia** As 7.30pm.
2.40 **Gogglebox**
3.35 **The Goldbergs**
4.25 **to 6.00** AM **Don't Tell the Bride**

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** Double bill. (S7&1)
1.00 PM **The Rookie** 17/22. A man holds a hospital hostage. **2.00** 18/22. The team look into a train robbery. (S4)
3.00 **Law & Order: Criminal Intent** 1/23. Goren and Eames suspect a detox expert of murder. (S4)
4.00 **Nothing to Declare**

10.00 Matlock

7 PM
7.00 Police 24/7 Officers respond to a domestic dispute that involves a man accused of pulling a machete on his wife.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Matlock *The Before Times:* 1/16. Matty questions the paternity of the man claiming to be Alfie's father.

10 PM
10.00 Matlock *Another Matlock:* 2/16. Matty and Olympia clash over the Wellbrexa document. (S2)
11.00 **The Rookie** 18/18. (S7)
12.00 M'T **FBI** 20/22. (S7)
1.00 AM **Law & Order: Special Victims Unit** 1/22. (S26)
2.00 **FBI** New episode 10/22. (S8)
3.00 **Matlock** 15/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 3&4/12. (S1)
12.15 PM **Billions** 3&4/12. (S1)
2.25 **My Brilliant Friend** 2/8. (S1)
3.30 **Hacks** 2/8. Deborah tries to embrace tour life. **4.05** 3/8. Deborah continues to workshop her material. (S2)
4.40 **Billions** 3/12. Wendy is faced with a moral dilemma. **5.40** 4/12. A spontaneous trip to a Metallica gig causes Axe to question his freedom. (S1)

9.00 The White Lotus

6.40 House of the Dragon *Second of His Name:* 3/10. Rhaenyra faces the prospect of marriage. **7.50** *King of the Narrow Sea:* 4/10. Rhaenyra continues her search for a suitable match, while Daemon returns to Kings Landing. (S1)

9.00 The White Lotus *Bull Elephants:* 3/7. Harper decides to be a more pleasant version of herself for the day.

10.10 The White Lotus *In the Sandbox:* 4/7. Harper is blindsided by shocking evidence from Ethan's night out. (S2)
11.15 **Heated Rivalry** 2/6. Shane and Ilya keep their secret fling alive while their growing connection is tested. (S1)
12.15 AM **House of the Dragon**
2.45 **Homicide: Life on the Street**
4.40 **Sort Of** 2/8. (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Sam and Billie: Sister Act**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Atlanta**
11.15 **Real Housewives of New...**
12.10 PM **Supermarket Sweep**
1.05 **I'm a Celebrity... South Africa**
2.25 **Catchphrase**
3.10 **The Only Way Is Barcelona**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Catchphrase** Game show.

10.00 Family Guy

6.40 I'm a Celebrity... South Africa Two new famous faces join the campmates and there is the first eating trial of the series.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Hell's Kitchen New edition 7/16. The chefs play a wild game as they attempt to create elevated Mexican dishes.

10.00 Family Guy New episode 7/22. A humiliating throw causes Peter to lose his family's respect. (S23) **10.30** 2/20. Lois tries to get her family to spend the day together. (S21)
10.55 **Family Guy** 16/20. (S20)
11.25 **American Dad!** (S17)
12.25 AM **Bob's Burgers** (S14)
1.20 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *The House in the Woods:* Barnaby investigates a double murder.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *A Chilly Reception:* A wedding is thrown into confusion, and a relative of Kate's brings important news.

11.50 Lewis

6.55 Heartbeat *The Frighteners:* One of Kate's patients receives threats, and Greengrass takes the law into his own hands.

8.00 Midsomer Murders *The Animal Within:* Barnaby and Jones investigate the mysterious death of a man who promised his fortune to several retainers and a niece he had never met.

10.00 McDonald & Dodds *The Man Who Wasn't There:* 1/3. Five friends take a hot-air balloon trip – but only four return alive. (S2)
11.50 **Lewis** *And the Moonbeams Kiss the Sea:* Lewis and Hathaway investigate when a maintenance engineer is found dead in the basement of the Bodleian Library.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Hot Shots**
6.05 **The Protectors**
6.40 **Kojak**
7.50 **Minder**
8.55 **Boon**
10.05 **The Sweeney**
11.10 **BattleBots**
12.10 PM **Magnum, PI**
1.15 **Kojak**
2.20 **Boon**
4.35 **The Sweeney**
5.45 **Minder** *Life in the Fast Food Lane:* Arthur picks up an illegal car phone. With Patrick Malahide and Peter Capaldi.

9.00 Octopussy

6.50 Sharpe *Sharpe's Battle:* 2/3. The officer is charged with transforming the Royal Irish Company into an experienced fighting unit, but rumours of a massacre in Ireland have a negative effect on the men's morale. (S3)

9.00 FILM Octopussy James Bond adventure starring Roger Moore. British secret agent 007 tangles with an international smuggling gang led by the mysterious Octopussy. With Maud Adams. (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley and Miro.
1.35 AM **The Sweeney**
2.30 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** The return of the search for the nation's best property, beginning in the east.
8.00 NEW **Back from the Brink** A look at some nature conservation success stories from across Europe.
9.00 **Dougray Scott: Bringing Football Home** The actor reveals Scotland's pivotal role in shaping modern football.
10.00 **River City** New episode Karen takes matters into her own hands to help a desperate Alex.
10.30 **Jules and Greg's Wild Swim** 2/6. A visit to Fife.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** Exploring Perth & Kinross.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **The Rehearsal** (S2)
10.35 **Avenue 5** 3&4/9. (S1)
11.45 **American Auto** (S2)
12.10 PM **Will & Grace** (S8)
1.05 **The Rehearsal** (S2)
2.45 **Avenue 5** 3&4/8. (S2)
4.00 **Breeders** 1&2/10. (S2)
5.00 **Hitmen: Reloaded** (S2)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 18/22. The students deal with a death on campus. **8.30** 19/22. Abed is ordered to see a therapist. (S3)
9.00 **The Comeback** *Valerie Faces Reality:* 3/8. (S3)
9.40 **Stewart Lee, Basic Lee: Live at the Lowry** The comedian performs his high-concept show at The Lowry in Salford.
11.25 **Breeders** 1&2/10. (S2)
12.25 AM **Avenue 5** (S1)
1.35 **The Reluctant Landlord**
2.35 **Community** (S3)
3.35 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live at the Movies**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Painting Birds with Jim and Nancy Moir**
3.00 **Reinventing the Orchestra with Charles Hazlewood**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **The Lost Leonardo**
9.55 **My Week with Lubaina Himid** Documentary.
10.55 **Welcome to the Eighties**
12.10 AM **Greatest Albums Live** Featuring ABC.
1.10 **Queen: Champions of the World** Documentary.
3.50 **Arts Uncovered**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 18/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Heart of Glory:* 20/26. (S1)
8.00 **Nothing to Declare**
9.00 **The Rookie** 17&18/20. Double bill. (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team from Lincolnshire take part.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Sarah tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **The Dog House**
8.00 **Our Welsh Chapel Dream** Keith Brymer Jones and partner Marj move into their 163-year-old chapel.
9.00 **Bill Bailey's Vietnam**
10.00 **Bill Bailey: Thoughtifier**
11.05 **Bill Bailey: Larks in Transit** Stand-up show.
12.15 AM **Gogglebox**
2.20 **Open House: The Great Sex Experiment**
3.20 **24 Hours in A&E**
4.15 **to 4.45** AM **A Place in the Sun**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 9/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 10/26. (S7)
2.00 **Warehouse 13** 5&6/13. (S3)
4.00 **Stargate SG-1** 6/22. (S4)
5.00 **Star Trek: Voyager** 12/26. The ship is attacked. (S3)
6.00 **Star Trek: The Next Generation** 9/26. Intergalactic environmentalists resort to desperate measures. (S7)

9.00 Grimm

7.00 **Star Trek: Deep Space Nine** *It's Only a Paper Moon:* 10/26. A battle-injured Nog seeks refuge in the holosuite. (S7)
8.00 **Stargate SG-1** *Window of Opportunity:* 6/22. O'Neill and Teal'c find themselves caught up in a time loop. (S4)
9.00 **Grimm** *Bigfeet:* 21/22. Hank and Nick investigate an attack on a farmer's horses that puts them on the trail of Bigfoot.
10.00 **Grimm** *Woman in Black:* 22/22. The latest case offers Nick the chance to discover how his parents were murdered. (S1)
11.00 **The Walking Dead** 5/13. Daryl finds Sophia's doll, only to be thrown from his horse and injured, leaving him open to attack from walkers. (S2)
12.00 M'T **Warehouse 13** (S3)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** 1/10. Reginald faces a decision. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 23/23. (S1)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 23/23. (S1)
5.00 **Hudson & Rex** 12/16. Donovan's ex wakes up with blood on her hands and a dead roommate. (S1)
6.00 **My Life Is Murder** 1/10. Alexa investigates the death of a teacher at a tango club. (S3)

9.00 NCIS: Sydney

7.00 **Father Brown** *The Curse of the Aesthetic:* Father Brown investigates when a tortured artist is found murdered.
8.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)
9.00 **NCIS: Sydney** New episode *Bunker Down:* 7/8. A US Navy researcher is found dead in a bunker (S1)
10.00 **Death in Paradise** *An Unpleasant Homecoming:* 4/8. The father of Naomi's best friend is murdered at a wedding. (S12)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S10)
1.00 AM **My Life Is Murder** (S3)
2.00 **Murdoch Mysteries** 9/24. Crabtree and Effie look into the death of a hotel guest. (S16)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.00 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.00 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

8.20 Are You Being Served?

7.00 **Porridge** Godber revises for an O-level exam.
7.40 **Dad's Army** The platoon are assigned to guard a vital telephone line through the night.
8.20 **Are You Being Served?** The management crack down on the staff's long coffee breaks.
9.00 **Not Going Out** Lee is banished to the sofa when Lucy's father moves in. **9.40** Guy's constant presence in the flat continues to rile Lee.
10.20 **Men Behaving Badly** Deborah gets passionate with Tony during a romantic weekend away.
11.00 **Harry Enfield's Television Programme** Sketch show.
11.40 **Not Going Out** Double bill.
1.00 AM **Men Behaving Badly**
1.35 **Harry Enfield's Television...**
2.10 **Hi-de-Hi!**
2.45 **Ever Decreasing Circles**
3.10 **to 4.00** AM **Harry Enfield's...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Popular spices.
8.00 **Special Ops: Crime Squad UK**
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** How Britain's love of cheese has evolved over centuries.
6.00 **Rick Stein's Road to Mexico** Rick lands in the town that placed Tequila on the map.

7.40 House of Games

7.00 **Would I Lie to You? at Christmas** Guests include Victoria Coren Mitchell and Naga Munchetty.
7.40 **Richard Osman's House of Games** Contestants include Michelle Gayle. **8.20** With Darren Harriott, Charlie Brooks, Les Dennis and Melinda Messenger.
9.00 **QI XL** Sara Pascoe, Jack Whitehall and David Mitchell join regular panellist Alan Davies and host Stephen Fry.
10.00 **Frankie Boyle's New World Order** With Sara Pascoe.
10.40 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.00 **QI XL** With Colin Lane.
2.00 **Frankie Boyle's New World Order** As 10.00pm.
2.35 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** Rural drama.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** A woman's body is found at the bottom of a cliff.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Sister Boniface Mysteries

7.20 **Last of the Summer Wine** Sid attempts to install a doorbell in his cafe, so Compo, Clegg and Foggy try to assist.
8.00 **Father Brown** *The Face of the Enemy:* The priest spies trouble when Lady Felicia returns to Kembleford from Africa.
9.00 **Sister Boniface Mysteries** *Dem Bones:* 7/10. Human bones are discovered in Edie's allotment plot. (S1)
10.00 **New Tricks** *Loyalties and Royalties:* The team investigate the death of a 1970s rock star. Guest stars Roger Lloyd Pack.
11.20 **The Inspector Lynley Mysteries** *Limbo:* The body of Lynley's godson is discovered.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Whitstable Pearl** 3/6. (S1)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Recovery:* 2/24. Gibbs and the team investigate the death of an armoury employee. **7.00** *Phoenix:* 3/24. Ducky reopens a 12-year-old case while on medical leave. **8.00** *Lost at Sea:* 4/24. Survivors from a helicopter crash are discovered. (S10)
9.00 NEW SERIES **Criminal Minds: Evolution** *Gold Star:* 1/10. Supervisory Special Agent David Rossi and the team probe the mind of diabolical serial killer Elias Voit aka Sicarius .(S17)
10.00 **Law & Order: Special Victims Unit** (S5&25)
1.50 AM **NCIS** 12/20. (S22)
2.40 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. A group of America's deadliest criminals hijack a convict transport plane. (1997, 18, 115min) ★★★★
11.15 FILM **Rise of the Footsoldier: Extreme & Extended** Fact-based thriller with Ricci Harnett and Craig Fairbrass. (2007, 18, 119min) ★★
2.00 AM **Police Interceptors**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
9.25 **Police Interceptors**
11.30 FILM **The Three Musketeers: The Queen's Diamonds** Adventure with Oliver Reed, Michael York and Richard Chamberlain. (1973, PG, 102min) ★★
1.50 PM FILM **The Four Musketeers** Comedy sequel starring Oliver Reed and Faye Dunaway. (1974, PG, 105min) ★★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 23/24. (S1)
12.00 M'T **Banged Up Abroad**
1.00 AM **Outback Truckers**
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **999 Rescue Squad**
9.00 **Annika** 3/6. A scientist's body is found in Loch Katrine – and it soon turns out the victim had several enemies. **10.05** 4/6. The team are called in when a writer is found dead under a bridge. (S1)
11.05 **Searching for Satoshi: The Mysterious Disappearance of the Bitcoin Creator**
12.05 AM **Katie Piper: Locked Up in Louisiana**
1.05 **The Gentle Art of Swedish Death Cleaning**
1.50 **to 3.00** AM **Deepfake Porn: Could You Be Next?**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **World War Weird**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **World War Weird**
6.00 **Antiques Roadshow**
7.00 **Mediterranean with Simon Reeve**
8.00 **Train Truckers** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel.
9.00 **David Jason's Great British Inventions** A huge hydraulic crane.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Agatha Christie: Lucy Worsley on the Mystery Queen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Ibiza.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Izzie Balmer and James Braxton travel through north Wales.
9.00 **Who Do You Think You Are?** With radio presenter Dev Griffin. **10.00** With actor and adoptee Lesley Sharp.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Great! TV
157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 13-15/23. (S3)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** (S5)
4.10 **Born and Bred** (S4)
5.20 **Bramwell** 4/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 13/25. Part one of two. Hawkeye and Hot Lips call a truce. **8.00** 14/25. Part two of two. Hawkeye and Hot Lips become lovers. **8.30** 15/25. Charles overplays his hand. (S6)
9.00 FILM **George and Mildred** Comedy spin-off starring Yootha Joyce and Brian Murphy. (1980, PG, 93min) ★
11.00 **Robin's Nest** (S1&2)
12.00 M'T **M*A*S*H** (S6)
1.30 AM **Home to Roost**
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1hour 257

Great! Action
323 319 426 42 33

9.10 AM FILM **Apache Drums** Western. (1951, U, 76min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** (S1)
2.00 PM FILM **Absolute Zero** Sci-fi disaster movie. (2005, 12, 87min) ★
3.55 **The Persuaders!** (S1)
4.55 **The Avengers** (S5)
6.55 FILM **Black Water** Thriller starring Jean-Claude Van Damme. (2018, 15, 104min) ★★
9.00 FILM **Courage Under Fire** Military drama with Denzel Washington. (1996, 15, 116min) ★★★
11.30 FILM **Super Eruption** Disaster movie. (2011, 15, 89min) ★★
1.25 AM **The Persuaders!**
2.25 **The Avengers** (S5)
4.05 FILM **Lone Rider** Drama. (2008, PG, 80min) ★★
5.25 **to 6.00** AM **Air Rescue**

+1hour 324

Great! Mystery
321 318 425 50 48

8.10 AM FILM **A Diagnosis of Murder** Adventure. (1992, PG, 88min) ★★
10.05 **In Plain Sight** (S2)
11.05 **Castle** 10/22. (S8)
12.05 PM FILM **Morning Show Mystery: Mortal Mishaps** (2018, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
5.00 **Starsky & Hutch**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 11/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** (S2)
10.00 FILM **The Gourmet Detective** Mystery. (2015, PG, 90min) ★★
11.55 FILM **An Aurora Teagarden Mystery: A Bone to Pick** Drama. (2015, PG, 84min) ★★
1.50 AM FILM **Grandma Dearest** Thriller. (2020, PG, 87min) ★★
3.25 **to 5.00** AM FILM **Killer Reputation** Thriller. (2019, 12, 90min) ★

+1hour 322

Great! Romance
319 317 424 52 47

8.00 AM FILM **I Me Wed** Comedy. (2007, PG) ★★
10.00 FILM **To England, with Love** Romantic comedy. (2023, PG, 89min) ★★
12.00 NOON FILM **Love Strikes Twice** Fantasy. (2021, PG, 84min) ★★
2.00 PM FILM **Pearl in Paradise** Comedy. (2018, 90min) ★★
4.00 FILM **This Little Love of Mine** Romantic drama. (2021, U, 91min) ★★
6.00 FILM **Accidentally in Love** Romantic comedy. (2021, PG, 88min) ★★
8.00 FILM **Love on Safari** Drama. (2018, PG) ★★
10.00 FILM **Maggie's Christmas Miracle** Drama. (2017, U) ★★
12.00 M'T FILM **The Christmas Ball** Drama. (2020, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love on Safari** As 8.00pm.

+1hour 320

Together TV
170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **My Greek Kitchen**
4.00 **Garden Rescue**
5.00 **New Home DIY**
5.30 **Rick's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Creating a Swedish-inspired space. **9.00** Designing a Majorca-inspired garden.
10.00 FILM **Au Pair Girls** Comedy with Gabrielle Drake and Astrid Frank. (1972, 18, 86min) ★★
12.00 M'T FILM **Zeta One** Drama. (1969, 18) ★★
1.45 AM **Musketeer**
2.00 **My Floating Home**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV
182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 12/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** (S1)
12.40 **Second Thoughts** (S1)
1.10 **Agony** 3/6. (S1)
1.40 **The Champions**
2.40 **Space 1999** 12/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** (S1)
6.30 **Agony** 3/6. (S1)
7.00 **Second Thoughts** (S1)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 FILM **Mardi Gras Massacre** (1978, 18) ★★
12.00 M'T FILM **Bloodbath at the House of Death** Horror. (1983, 18) ★
1.45 AM **Stereo Underground**
2.45 **The Rewind Jukebox**
3.35 **to 6.00** AM **Highlights**

DMAX
159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The team tackle a lakeside camp, adding a new deck, wood exterior and open layout.
10.00 **Barnwood Builders** New edition The guys head to Albertville to build a beautiful log cabin guest house high atop Sand Mountain.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network
144 152 168 43 148 39

6.00 AM **Jamie Oliver: Cooking for Less**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Together**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Together**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Paul Hollywood: City Bakes** Paul explores the LA baking scene.
10.00 **Jamie Oliver: Cooking for Less**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 17/22. (S6)
9.00 **T.J. Hooker** 8/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **Shark Lake** Disaster thriller. (2015, 15, 89min) ★★
1.00 PM FILM **The Pledge** Western drama. (2008, PG, 79min) ★★★
3.00 FILM **Distant Drums** Western adventure. (1951, U, 99min) ★★
5.00 **Star Trek** 4/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 9/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **Survivor** Thriller starring Milla Jovovich. (2015, 12, 96min) ★★
11.00 FILM **3 Days to Kill** Action thriller. (2014, 12, 117min) ★★★
1.25 AM FILM **Edge of the World** Adventure. (2021, 15, 104min) ★★
3.25 **to 5.15** AM FILM **Southern Fury** Thriller. (2017, 18, 97min) ★★

Legend Xtra
317 316 171 69 138 51

9.00 AM FILM **The Lost Future** Sci-fi adventure. (2010, 15, 90min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **Impact**
2.00 PM FILM **Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
4.00 **Walker, Texas Ranger**
5.00 **Impact** Sci-fi drama.
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** (S3)
9.00 FILM **The Sentinel** Political thriller starring Michael Douglas, Kiefer Sutherland and Eva Longoria. (2006, 12, 108min) ★★★
11.10 FILM **Runner Runner** Crime thriller starring Justin Timberlake, Gemma Arterton and Ben Affleck. (2013, 15, 91min) ★★★
1.05 AM FILM **The Sentinel**
3.10 **Impact** Sci-fi drama.
5.00 **to 6.00** AM **The Lost World**

+1hour 318 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.05 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** An aviation case.
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Sunken Warships: Secrets from the Deep**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Blitz with Rob Rinder & Ruth Goodman** How the Blitz was experienced by those from different backgrounds.
10.30 **D-Day Remembered: Minute by Minute** The events of 6 June 1944.
12.00 M'T **Wentworth Prison**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge
130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Lily Savage's Blankety Blank**
12.40 PM **Family Fortunes**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room** Items include a rattan stool and a walking stick.
6.00 **Tenable** Five old schoolmates from Dover take part in the quiz.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Celebrity Chase** With Adrian Chiles, Gemma Merna, Rosie Marcel and Jon Snow.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 3/24. Sheldon and Amy struggle to pick a wedding date. **8.30** 4/24. Leonard is devastated when his mother finds a new best friend in Penny. (S11)
9.00 **Dr Pimple Popper: Breaking Out** New editions Jason isolates due to a giant neck growth. **10.00** Dr Lee and Dr Lyndsey help Devi regain her bikini body and her confidence.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S1)
1.00 PM **Friends** (S1&2)
7.00 **Friends** 5/24. Ross celebrates his birthday. **7.30** 6/24. Monica accidentally poisons Ross. **8.00** 7/24. Rachel gets drunk and tells Ross she no longer craves his affection. **8.30** 8/24. Ross draws up a list of Rachel's good and bad points. (S2)
9.00 **Michael McIntyre's Big Show** With Emma Bunton, Judge Rinder and Freya Ridings.
10.00 **8 Out of 10 Cats**
11.40 **Jimmy Carr's Am I the A**hole?**
12.40 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S19)
3.30 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** 9&10/22. (S1)
7.00 **Teleshopping**
9.00 **Spin City** (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **Comedy Game Night**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** (S4)
7.00 **Everybody Loves Raymond** Six episodes of the sitcom, including at: **9.30** 16/22. Ray discovers he has been duped. (S1)
10.00 **South Park** 6-11/13. (S1)
1.00 AM **The Ricky Gervais Show** 3&4/13. (S3)
2.00 **Utopia** 6/8. (S4)
2.30 **Teachers** 4/10. (S1)
3.00 **Reno 911!** 2&3/14. (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 164 42

8.00 AM **Highlights**
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S2)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 3/13. Drama. (S2)
2.50 **Minder** 6/8. (S6)
3.55 **Just Good Friends** (S1)
4.30 **Man About the House**
5.00 **Some Mothers Do 'Ave 'Em** 2/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.45 **Rising Damp** 3/8. (S2)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 4/10. (S10)
9.00 **Benidorm** 4/9. (S10)
9.55 **Shameless** 7/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 5/8. (S2)
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 1/11. (S4)
2.05 **In Sickness and in Health** 1/8. Sitcom. (S4)
2.30 **to 6.00** AM **Highlights**

MTV
126/127 137 134 351 366

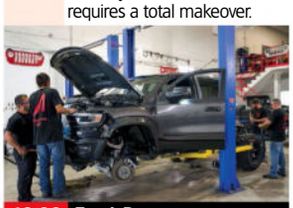
6.00 AM **16 and Pregnant**
7.10 **Teen Mom**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: Wannabees**
11.00 **Catfish: The Dramatic**
12.00 NOON **Catfish: Firsts**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: The Dramatic**
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Teen Mom: Young Moms Club**
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Sleeping with My Murderer** True crime.
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **The Dino Hunters**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Pipe cleaners and blue Stilton cheese. **3.30** Siren systems and pre-packaged sandwiches. **4.00** Snow ploughs. **4.30** Rally cars and pork pies.
5.00 **Alaska: Homestead Rescue** A family homestead in Texas requires a total makeover.



10.00 Truck Dynasty

7.00 **Wheeler Dealers** Mike Brewer buys a 1979 Triumph TR7 with a homemade air cleaner, bad wiring and soft shocks.
8.00 **Wheeler Dealers** Mike and Ant work on a 1965 Dodge Coronet 500, a high-horsepower veteran of the drag strip.
9.00 **Wheeler Dealers** Elvis convinces Mike to buy a bargain VW Golf convertible, but its bright colour is divisive.
10.00 **Truck Dynasty** New edition The team decide to build the world's first-ever, truly lifted Hummer EV.
11.00 **Expedition Bigfoot** The expedition takes a frightening turn when a team member goes missing.
12.00 M'T **Border Control: Europe**
1.00 AM **Wheeler Dealers**
2.00 **Truck Dynasty** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Project Grizzly**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A couple who moved to a bigger house to keep their cats apart. **4.00** Jackson tries to save 50 kittens from shelters in LA.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** Four turtles, unable to eat, get their first vet visit in 43 years.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete Nelson builds a treetop fortress for a couple who loves all things medieval, featuring a high tower.
8.00 **Rugged Justice** Following the work of the Washington Department of Fish and Wildlife Law Enforcement Programme.
9.00 **Alaska: The Last Frontier** Atz and Atz Lee attempt to tame wild stallions, while Otto and the others must innovate.
10.00 **Alaska Gold Diggers** SJ and her daughters pool their savings and head to Nome to reopen the family gold mines.
11.00 **The Haunted** A medicine man tries to lift a curse.
12.00 M'T **Must Love Cats** John meets a chef who cooks for the cats of the rich and famous.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Yukon Rescue**
9.00 **Air Crash Investigation: Special Report**
10.00 **Planes that Changed History**
11.00 **Mysterious Islands**
12.00 NOON **Secret Nazi Science**
1.00 PM **Car S.O.S** A Porsche 911.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster** A 2001 plane crash in Queens.
5.00 **Car S.O.S** Tim and Fuzz restore a French classic car. **6.00** Tim and Fuzz tackle a Golf GTI Mk1 in Birmingham.

8.00 Decoding History's...

7.00 **Air Crash Investigation** A flight vanishes from radar after take off from Shanghai and crashes into a neighbourhood.
8.00 **Decoding History's Prophecies** New edition A look into how advisor Liu Bowen lent his talents to China's emperors.
9.00 **Drain the Oceans: The Amber Room** The discovery of a wreck in the Baltic Sea leads to a treasure hunt..
10.00 **Strangest Things** A body found perfectly preserved in a Danish bog, a bust of Nefertiti, and a machine used to identify diseases.
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** Sean Rich estimates the value of a pistol.
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
3.00 **Junk & Disorderly**
6.00 **American Pickers** Robbie and Jersey uncover a bonanza of antique signs from the New York City subway, while Mike tries pole dancing.

10.00 Mysteries Unearthed

7.00 **Forged in Fire** Smiths face a challenge in which they must 'frankenstein' together discarded pieces of steel to make blades.
8.00 **Strange Evidence** A circle of wild turkeys parade around the body of a dead cat in an area known for witchcraft.
9.00 **The Curse of Oak Island** New edition Marty and Rick Lagina search for the treasure buried on a Nova Scotia island.
10.00 **Mysteries Unearthed with Danny Trejo** New edition Exploring the world's most significant discoveries.
11.00 **Hazardous History with Henry Winkler** Baseball games from an age when a lack of rules made extreme sports truly dangerous.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **Pawn Stars** Thunder mugs.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
9.00 **The Movies**
10.00 **Burden of Proof: Who Killed Jennifer Pandos?**
11.05 **The Seventies**
12.00 NOON **Elvis Presley: The Searcher** 1&2/2. Documentary about the singer.
4.00 PM **Discovering: Kate Winslet**
5.00 **The Directors**
6.00 **The Movies** Cinema from the 2000s to the present day.

10.30 I Am Patrick Swayze

6.55 **Burden of Proof: Who Killed Jennifer Pandos?** 2/4. Stephen confronts his father after decades of estrangement.
8.00 **FILM Amy** Asif Kapadia's documentary portrait of soul, jazz and R'n'B singer-songwriter Amy Winehouse, whose death in July 2011 followed a well-publicised history of drugs and alcohol abuse. (2015, 15, 128min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
10.30 **I Am Patrick Swayze** A tribute to the American actor, known for his roles in hits like *Dirty Dancing*, *Ghost* and *The Outsiders*.
12.20 AM **Lennox: The Untold Story** The life story of Lennox Lewis, who rose from humble beginnings in London's West Ham to become regarded as one of the greatest heavyweight boxers of all time.
2.10 **The Last Rider** Documentary.
4.10 **The Directors**
5.05 **to 6.00** AM **Discovering: Kate Winslet**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Combine**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **The Derbyshire Auction House** New edition Irita Marriott finds old Italian paintings and the rarest porcelain she's ever sold.
10.00 **The Yorkshire Auction House** A collection of thousands of comics.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Harold Shipman.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Killer Confessions: Case Files of a Texas Ranger** A mother is desperate to solve the cold case murder of her son.
10.00 **Inside the Arrest**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder – The Tattoo Clue** A woman's body is discovered at a pumping station in Hull.
8.00 **UK Crime Files: Tracking a Serial Killer** The bodies of two men are found in Derby.
9.00 **Britain's Countryside Killers** The case of Sian O'Callaghan.
10.00 **Fatal Fraud** New edition The case of Carole Waugh, who fell for a fraudster.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder – The Tattoo Clue** As 7.00pm.
1.00 AM **UK Crime Files: Tracking a Serial Killer**
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** In America, police look for a missing woman and her money. **3.00** Surveillance footage captures the last movements of a missing woman.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Hunters make a grisly find in a Texas canyon. **5.30** A wife goes missing in Key West. **6.00** A woman is found dead in bed with a gun. **6.30** Investigators piece together fragments of a disc to find a murderer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Caught Red Handed**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Freda Walker.
1.00 PM **Catching the Killer**
2.00 **Killing Mum and Dad**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **The Murderer & Me**
10.35 **Method of a Serial Killer**
12.15 AM **Catching the Killer**
1.15 **How I Caught the Killer**
2.20 **Murder Uncut**
3.25 **Britain's Most Evil Killers**
4.30 **Brit Cops: Law & Disorder** Documentary.
5.30 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered...**
8.35 **Auschwitz: The Inside...**
9.45 **Pirates: Behind the...**
10.50 **Women Under Hitler's...**
11.50 **Iron Curtain: Living...**
1.00 PM **Auschwitz: The...**
2.10 **Pirates: Behind the...**
3.10 **Women Under Hitler's...**
4.15 **Auschwitz: The Inside...**
5.25 **Iron Curtain: Living...**
6.35 **Auschwitz: The Inside Man** The untold story of Witold Pilecki.
7.50 **Pirates: Behind the Legends** The story of Grace O'Malley.
8.50 **Women Under Hitler's Flag** Female participants in the Nazi regime.
9.50 **Iron Curtain: Living Under Soviet Occupation** The occupation of Poland, Hungary, East Germany and Czechoslovakia.
11.00 **Pirates: Behind the...**
12.00 M'T **Women Under...**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Gladiators**
9.00 **Deep Dive Australia**
10.00 **Shark Squad**
11.00 **Africa's Hunters**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Gladiators**
3.00 **Deep Dive Australia**
4.00 **Shark Squad**
5.00 **Africa's Hunters**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **Coral City** Supersize sea snails try to fend off a gang of coral-hungry starfish.
9.00 **Into the Wild: Colombia**
10.00 **Airborne** Animals that take to the skies to gather food.
11.00 **Africa's Hunters**
12.00 M'T **Ocean Parks**
1.00 AM **Great Lakes Wild**
2.00 **Coral City** As 8.00pm.
3.00 **Into the Wild: Colombia**
4.00 **Gladiators**
5.00 **to 6.00** AM **Deep Dive Australia**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Secret Nazi Expeditions**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Disclosure Files**
2.00 **Celts: The Untold Story**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **Weird or What? With William Shatner** A dental receptionist who had an amazing escape.
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines**
8.00 **History's Greatest Aircraft** The B-17 Flying Fortress.
9.00 **Ghost Ships** Searching the seabeds off Nova Scotia for wreckage from the SS *Atlantic*.
10.00 **Rome: Rise and Fall of an Empire** A profile of the half-Vandal general Stilicho.
11.00 **Ancient Aliens**
1.00 AM **Alien Disclosure Files**
2.00 **Celts: The Untold Story**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
1.00 PM **Secrets Underground**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **In Search of Monsters** A team of researchers seek answers to mysteries surrounding the Mothman. They explore theories that the legendary cryptid is an abnormality in the evolutionary chain. **10.00** Paranormal investigations reveal stunning new evidence about the Jersey Devil, a monster that prowls the Pine Barrens of New Jersey.
11.00 **The Alaska Triangle** An expert looks into reports of a sea monster in Alaska and reviews eyewitness accounts. **12.00** M'T A woman claims to be under attack from an unseen force, which could be linked to a Native American legend.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
3.00 **Murder by Medic** Triple bill.
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Accident, Suicide or Murder?** When a man is found burnt to death, his wife is charged with murder. However, the ensuing arson investigation points police in a very different direction.
9.00 **Murder at the Motel** New edition Cleaning staff discover a body wrapped in bed sheets with a knife lying nearby.
10.00 **Don't Open the Door**
11.00 **Interview with a Killer**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Diary of a Teen Leopard**
3.00 **Alaska Fish Wars**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** A deep dive into a rhino's mouth and a group reindeer pedicure.
8.00 **Ten Deadliest Snakes with Nigel Marven** A look at snakes from the Philippines. **9.00** Examining Brazil's most dangerous serpents.
10.00 **Alaska: The Next Generation** Michael Manzo creates a new method of training sled dogs.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

161/172 147 181

7.00 AM **Egypt's New Tomb Revealed** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Destructive stars.
1.00 PM **NASA's Unexplained Files**
2.00 **Truth Behind the Moon Landing** Experts examine the disappearance of tapes from the *Apollo 11* Moon landing.
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Egypt's New Tomb Revealed** A gold coffin unearthed in the Valley of the Kings.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Man and Beast with Martin Clunes** Double bill.
11.00 **Martin Clunes: Islands of Australia** Double bill.
1.00 PM **Man and Beast with Martin Clunes** Double bill.
3.00 **Martin Clunes: Islands of Australia** Double bill.
5.00 **Doctor Who** *The Silurians – Part One:* 5/25. The Doctor investigates a monster sighting. **5.35** *The Silurians – Part Two:* 6/25. The Doctor leads an expedition into the caves. **6.05** *The Silurians – Part Three:* 7/25. The Doctor organises a search of the moors. **6.35** *The Silurians – Part Four:* 8/25. The Doctor attempts to reach out to the Silurians. **7.10** *The Silurians – Part Five:* 9/25. The Brigadier summons the Doctor and Liz to his research centre. (S7)
7.40 **Doctor Who**
4.30 AM **Man and Beast with Martin Clunes** A visit to Nepal.
5.20 **to 6.00** AM **Doctor Who**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
9.00 **Still a Mystery**
11.00 **Diabolical: Deadly Love**
12.00 NOON **People Magazine Investigates** A case from 1977 in which a woman from Philadelphia went missing.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Murder Comes to Town**
7.00 **Hometown Homicide** The disappearance of college student Jessica O'Grady. **8.00** The case of Alisha Sidie, a 27-year-old mother of two, who suddenly vanished from a small town in Wisconsin.
9.00 **High Speed Chase** A chance encounter escalates from death threats to a demolition derby on the interstate.
10.00 **Police 911: Michigan**
11.00 **Murder in the Heartland**
1.00 AM **Man with a Van**
2.00 **Murder Comes to Town**
4.00 **to 6.00** AM **Hometown Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **Supertruckers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike trades a classic Citroën for an F-Type Jaguar.
9.00 **Roadworthy Rescues** Derek travels to the last standing AMC dealership in North Carolina.
10.00 **Supertruckers** Matt, Arran and Paul move a giant crane bound for a wind turbine factory.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

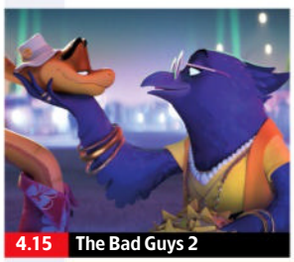
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.30 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
8.15 **The Bad Guys 2** As 4.15pm.
10.15 **Flavia** As shown at 6.15pm.
12.00 NOON **Final Destination: Bloodlines** As 8.00pm.
2.00 PM **Superman** Fantasy. (2025, 12, 129min) ★★★★
4.15 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
6.15 **Flavia** Family adventure. (2025, PG, 105min) ★★★



4.15 The Bad Guys 2

8.00 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. With Richard Harmon and Teo Briones. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. (2025, 15, 161min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★
2.25 **Materialists** Romantic comedy. (2025, 15, 116min) ★★★★
4.25 **to 6.00** AM **Man Finds Tape** Horror starring Kelsey Pribilski. (2025, 15, 84min) ★★★★

Sky Cinema Box Set

303 303 403 503 517

6.00 AM **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
8.30 **Annabelle** As 12.30am.
10.20 **Annabelle: Creation** (2017)
12.20 PM **Venom** Fantasy adventure. (2018, 15, 112min) ★★★
2.20 **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
4.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
5.50 **Jurassic World** Adventure. (2015, 12, 124min) ★★★★

5.50 Jurassic World

8.00 **Jurassic World: Fallen Kingdom** Adventure sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Jurassic World: Rebirth** Fantasy adventure with Scarlett Johansson. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
2.25 **Sky Cinema Preview**
3.25 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
5.30 **The Cinema List: Bingeable**
5.50 **to 7.40** AM **Police Academy** Comedy with Steve Guttenberg. (1984, 15, 95min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.40 AM **A Mistake** Medical drama. (2024, 15, 101min) ★★★
9.25 **Let's Dance** As 2.20am.
11.20 **About Time** Romantic comedy fantasy. (2013, 12, 120min) ★★★
1.30 PM **I, Tonya** Biopic with Margot Robbie. (2017, 15, 119min) ★★★★
3.35 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
5.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★

8.00 **Empire of the Sun** Steven Spielberg's epic drama starring Christian Bale. An English boy learns to survive in a Japanese internment camp in occupied China during World War Two. (1987, PG, 152min) ★★★★
10.35 **The Post** Steven Spielberg's fact-based drama starring Meryl Streep and Tom Hanks. In 1971, American newspapers race to expose a government cover-up of Vietnam War secrets. (2017, 12, 113min) ★★★★

12.35 AM **Plainclothes** Thriller with Tom Blyth and Russell Tovey. (2025, 15, 95min) ★★★
2.20 **Let's Dance** Vintage musical. (1950, U, 112min) ★★
4.15 **to 6.10** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Anacondas: The Hunt for the Blood Orchid** As 2.10pm.
8.25 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
9.55 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
11.40 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
2.10 PM **Anacondas: The Hunt for the Blood Orchid** Adventure sequel. (2004, 12, 97min) ★

3.50 **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
5.40 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★
8.00 **Pacific Rim** Sci-fi action adventure with Charlie Hunnam, Idris Elba and Rinko Kikuchi. (2013, 12, 126min) ★★★
10.15 **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
12.15 AM **28 Days Later** Horror. (2002, 18, 113min) ★★★★

2.15 **MaXXXine** Horror thriller starring Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
4.05 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
5.50 **to 7.10** AM **Friendship's Death** Sci-fi drama starring Tilda Swinton. (1987, 15, 78min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **The Hobbit: An Unexpected Journey** Fantasy. (2012, 12, 165min) ★★★
9.10 **Peter Pan** (2003, PG) ★★★★
11.05 **The Smurfs** (2011, U) ★★
12.50 PM **Paddington** As 11.10pm.
2.40 **Cloudy with a Chance of Meatballs** (2009, U) ★★★★
4.25 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
6.00 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161min) ★★★★

4.25 Harold and the Purple...

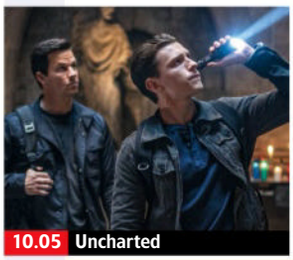
8.45 **The Hobbit: The Battle of the Five Armies** Conclusion of Peter Jackson's epic fantasy adventure trilogy starring Martin Freeman, Richard Armitage, Ian McKellen, and Orlando Bloom. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Paddington** Comedy starring Hugh Bonneville and featuring the voice of Ben Whishaw. (2014, PG, 95min) ★★★★★
12.50 AM **The Smurfs 2** Family adventure sequel with Hank Azaria. (2013, U, 104min) ★★
2.40 **How to Train Your Dragon** Fantasy adventure with Mason Thames and Nico Parker. (2025, PG, 125min) ★★★★
4.50 **to 6.35** AM **Harold and the Purple Crayon** As 4.25pm.

Sky Cinema Action

306 306 407 507 521

6.05 AM **Rumble in the Bronx** Comedy. (1996, 15) ★★★
7.40 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
9.25 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
11.15 **Twister** (1996, PG) ★★★
1.10 PM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
3.15 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
5.35 **The Amazing Spider-Man 2** Fantasy. (2014, 12) ★★★


10.05 Uncharted

8.00 **xXx** Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Samuel L Jackson and Asia Argento. (2002, 12, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Uncharted** Adventure starring Tom Holland and Mark Wahlberg. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **xXx: Return of Xander Cage** Action thriller sequel. (2016, 12, 107min) ★★★
1.55 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
3.45 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
5.25 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **48 Hrs** Action comedy. (1982, 15, 97min) ★★★★★
9.20 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
11.05 **The Hangover** (2009) ★★★★
12.50 PM **The Hangover Part II** Comedy sequel. (2011, 15) ★★
2.35 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
4.20 **American Pie 2** Teen comedy sequel. (2001, 15) ★★★
6.10 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★

6.10 Beverly Hills Cop II

8.00 **American Pie: The Wedding** Comedy sequel starring Jason Biggs and Alyson Hannigan. The old high-school friends rally round when two of the gang get married. (2003, 15, 96min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
1.30 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
3.15 **The Phoenician Scheme** Wes Anderson's crime comedy. (2025, 15, 101min) ★★★
5.00 **The Cinema List: Bingeable**
5.30 **to 7.15** AM **Role Models** Comedy. (2008, 15) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **The Towering Inferno** Epic disaster drama. (1974, 12, 165min) ★★★★
9.15 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
11.15 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
2.00 PM **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
4.10 **Cellular** Suspense thriller. (2004, 15, 94min) ★★★
5.50 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★

10.00 Pulp Fiction

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Pulp Fiction** Quentin Tarantino's black crime comedy, a homage to trash crime novels and popular culture, starring John Travolta, Bruce Willis, Samuel L Jackson and Uma Thurman. (1994, 18, 154min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Speak No Evil** Horror starring James McAvoy. (2024, 15, 110min) ★★★★
2.40 **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.50 **to 6.30** AM **All the Devils Are Here** Mystery thriller. (2025, 15, 87min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dora and the Lost City of Gold** Live-action adventure. (2019, PG, 102min) ★★★
1.05 PM **The Golden Voyage of Sinbad** Fantasy adventure. (1973, U, 104min) ★★★
3.15 **The Mark of Zorro** Adventure remake. (1974, PG, 78min) ★★
4.45 **Romancing the Stone** Adventure. (1984, 12) ★★★★
6.55 **Dante's Peak** Disaster movie. (1997, 12, 108min) ★★★

9.00 Jules

Dante's Peak (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jules** Comedy drama starring Ben Kingsley and Harriet Harris. Residents of a Pennsylvania town are disturbed when a UFO crashes into a garden. (2023, 12, 87min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Sexy Beast** Gangster thriller with Ray Winstone and Ben Kingsley. A retired thief living on the Costa del Sol is visited by a former partner in crime. (2000, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 **to 3.15** AM **Bone Tomahawk** Western horror starring Kurt Russell and Patrick Wilson. (2015, 18, 132min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Adventure

302 302 402 502 516

6.10 AM **Flavia** As shown at 4.05pm.
7.55 **Back to the Future** As 5.55pm.
9.55 **Back to the Future Part II**
11.55 **Transformers One** Animation. (2024, PG, 104min) ★★★★
1.55 PM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
4.05 **Flavia** Family adventure. (2025, PG, 105min) ★★★

5.55 **Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. (1985, PG, 115min) ★★★★★
8.00 **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. (1989, PG, 107min) ★★★
9.50 **Back to the Future Part III** Time-travel comedy adventure sequel starring Michael J Fox. (1990, PG, 112min) ★★★★
11.50 **Flavia** As shown at 4.05pm.

1.35 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
3.10 **Spy Kids 2: Island of Lost Dreams** Action comedy sequel. (2002, U, 100min) ★★★★
4.55 **Sky Cinema Preview**
5.25 **to 7.40** AM **Shazam!** Comedy. (2019, 12, 132min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.25 AM **Critters** As 5.35am.
8.00 **Westworld** As 4.00am.
9.40 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama. (1987, 15, 115min) ★★★★
11.40 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
1.50 PM **Cool Hand Luke** Drama. (1967, 15, 126min) ★★★★★
4.00 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★

6.00 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford and Kate Capshaw. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
12.10 AM **Blade Runner** As 4.00pm.

2.10 **The Running Man** Adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
4.00 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
5.35 **to 7.05** AM **Critters** Horror comedy starring Dee Wallace Stone. (1986, 15, 86min) ★★

Sky Cinema Animation

312 315 405 500 514

6.50 AM **Monster Family 2** Animated comedy sequel. (2021, U, 90min) ★
8.50 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
10.30 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
12.25 PM **The Bad Guys 2** (2025)
2.25 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★

4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.45 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
7.35 **Corpse Bride** Animated fantasy with the voice of Johnny Depp. (2005, PG, 74min) ★★★★
9.05 **The Bad Guys 2** Animated comedy adventure sequel with the voice of Sam Rockwell. (2025, PG, 104min) ★★★★
11.05 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★

12.50 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★
2.35 **Pets on a Train** Animation. (2025, PG, 87min) ★★★
4.15 **Into the Wonderwoods** Animation. (2024, U) ★★★
5.50 **to 7.35** AM **Riverdance: The...**

Disney+ Cinema

305 305

6.00 AM **Duck Tales the Movie: Treasure of the Lost Lamp** Animation. (1990, U) ★★★
7.20 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
8.55 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
10.10 **Bambi** Disney's classic cartoon. (1942, U, 69min) ★★★★★
11.25 **Father of the Bride** Comedy. (1991, PG, 105min) ★★

1.10 PM **Toy Story** Animation. (1995, PG, 77min) ★★★★★
2.35 **The Wild** (2005, U) ★★
4.00 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.40 **Pocahontas** Animation. (1995, U, 81min) ★★★
7.05 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
9.00 **Freaky Friday** Fantasy remake. (2003, PG, 97min) ★★★
10.35 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★

12.20 AM **Hitchcock** Biographical drama. (2012, 12, 94min) ★★★
2.00 **The Life Aquatic with Steve Zissou** Comedy adventure. (2004, 15, 119min) ★★★★
4.00 **The Mighty Ducks** Sports comedy. (1992, PG, 103min) ★★
5.45 **to 6.00** AM **Myth: A Frozen Tale**

Talking Pictures

328 445 82 306 36

6.00 AM **Patterns of Power** Drama. (1956, b/w, U, 83min) ★★★
7.40 **Make Me an Offer** Comedy. (1954, U, 88min) ★★★★
9.25 **Someone at the Door** Comedy thriller. (1950, b/w, PG, 75min) ★
10.40 **Burnt Evidence** Thriller. (1954, b/w, PG, 61min) ★★★
11.55 **Assignment K** Espionage thriller. (1967, U, 97min) ★★★
1.50 PM **The Buccaneers** 4/39. (S1)

2.20 **October Moth** Drama. (1960, b/w, PG, 54min) ★★★
3.30 **Dial 999** 17/39. (S1)
4.00 **Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
6.05 **Fully Fitted Freight**
6.30 **Those British Faces**
7.00 **Out of Town**
7.30 **Scotland Yard** 28/39. (S1)
8.05 **Buccaneer** 7/13. (S1)
9.10 **The Brave Don't Cry** Drama. (1952, b/w, U, 90min) ★★★
11.00 **The Night of the Shooting Stars** Italian drama. (1981, 12) ★★★★

1.10 AM **Budgie** 11/13. (S2)
2.10 **Auntie Lee's Meat Pies** Comedy starring Karen Black. (1992, 15, 100min) ★★★
4.15 **Four Star Theatre** 5/8. (S6)
4.50 **Stagecoach West** 3/38. (S1)
5.50 **to 6.00** AM **What's On TPTV with Noel**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Monte-Carlo Masters and WTA Linz Open, both of which are clay-court tournaments staged at Monte Carlo Country Club in Roquebrune-Cap-Martin, France, and Design Center Linz in Austria.
2.00 PM **Golf Channel Live from The Masters** Leading stars and pundits build-up to the Major.
5.00 LIVE **The Masters** Coverage of the Masters Par Three Contest, the traditional curtain-raiser to the first Major of the year held on a nine-hole course at Augusta National Golf Club in Georgia.
9.00 **The Masters: Live** The game's leading stars and pundits analyse the upcoming tournament held at the iconic Augusta National.
10.00 **Masters: Faldo '96**
11.00 **Sky Sports News**
12.00 M'T LIVE **NBA Basketball Detroit Piston v Milwaukee Bucks.** Coverage of the Eastern Conference match held at Little Caesars Arena. Tip-off **12.00m't**.
2.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Gary Neville's Soccerbox**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Clips from the 2011/12 season.
2.00 PM **PL Retro** Manchester City v Queens Park Rangers from 2012.
4.00 **Premier League Icons** A profile of David Beckham. **4.30** A profile of Carlos Tevez.
5.00 **The Premier League Show**
7.00 **Premier League Stories** Focusing on Victor Moses.
7.30 **The Big Interview** A conversation with a top-flight footballer.
8.00 **Gary Neville's Soccerbox** With guest Peter Schmeichel. **8.30** Featuring David Ginola.
9.00 **Premier League Stories** Focusing on Victor Moses.
9.30 **The Big Interview** A conversation with a top-flight footballer.
10.00 **Transfer 360** Double bill.
11.00 **Premier League Years** A look back at the 2011/12 season.
1.00 AM **PL Retro** Manchester City v Queens Park Rangers from 2012.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Play-Off Final Championship 15/16**
7.00 **EFL Play-Off Final L1 15/16**
8.00 **EFL Play-Off Final L2 15/16**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2020 final.
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **EFL Highlights** Championship.
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights** Championship.
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **SPFL Round-Up**
4.45 **SPFL** Recent highlights.
5.15 **EFL Highlights**
7.00 **SPFL Round-Up**
7.15 **SPFL** Livingston v Hearts. **7.30** Dundee v Celtic.
7.45 **EFL Highlights** Championship.
8.30 **EFL League One Goals**
9.00 **EFL League Two Goals**
9.30 **SPFL Round-Up**
9.45 **SPFL** Livingston v Hearts.
10.00 **Bundesliga Highlights Show**
11.00 **EFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2024/25 play-offs.
1.00 AM **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM LIVE **IPL Delhi Capitals v Gujarat Titans.** Coverage of the T20 match held at Arun Jaitley Stadium. The Titans performed brilliantly in this fixture last season as they came away from Delhi with a 10-wicket victory. The Capitals thought they had made a strong total thanks to their 119-3 batting first with KL Rahul hitting an unbeaten 112 from just 65 balls, but the Titans blew the home side's bowling away as they reached 205-0 with an over to spare to take the points.
7.00 **Best of ICC WT20**
8.00 **IPL** Action from Rajasthan Royals v Mumbai Indians in Guwahati. **9.00** Delhi Capitals v Gujarat Titans from Arun Jaitley Stadium. **10.00** Kolkata Knight Riders v Punjab Kings from Eden Gardens. **11.00** Delhi Capitals v Gujarat Titans at Arun Jaitley Stadium.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Delhi Capitals v Gujarat Titans.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **How the Masters Was Won**
12.00 NOON **The Masters: The Major Heard Round the World**
12.30 PM **McGinley & Chamblee at The Masters** Event preview.
2.00 **Golf Channel Live from The Masters** The game's leading stars and pundits build-up to the Major.
5.00 LIVE **The Masters** Coverage of the Masters Par Three Contest, the traditional curtain-raiser to the first Major of the year held on a nine-hole course at Augusta National Golf Club in Georgia.
9.00 **The Masters: Live** All the build-up at Augusta National.
10.00 **Masters: Faldo '96** Celebrating Sir Nick Faldo's Masters victory.
11.00 **Jack Nicklaus 1986**
12.00 M'T **Masters Official Film**
2.00 AM **PGA Tour Champions**
3.00 **to 6.00** AM **The Masters Official Films**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Monte-Carlo Masters and WTA Linz Open, the ATP 1000 and WTA 500 events, both of which are clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
6.00 PM LIVE **WTA Tennis** Coverage of the third day of the WTA Linz Open, a clay-court tournament at Design Center Linz in Austria.
9.00 **ATP Tour This Week**
9.30 **Tennis** Miami Open review.
11.00 **Tennis** Indian Wells Open finals.
1.00 AM **US Open Classic Matches**
2.00 **ATP Tennis** Action from 2025.
3.00 **US Open Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
8.30 **Serie A** Action from Italy.
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **UEFA Champions League**
12.30 PM **Race Bikes** Mountain bikes.
1.00 **The Cycling Show**
1.30 **Men's Cycling** Event highlights.
2.30 LIVE **Cycling** Coverage of stage three of the men's Tour of the Basque Country, a 152.8km route starting and finishing in Basauri.
4.45 **Sign Up – Into Football**
5.30 **Premier League Stories**
6.00 **UEFA Champions League**
7.00 LIVE **UEFA Champions League Paris Saint-Germain v Liverpool.** Coverage from the quarter-final first-leg clash at Parc des Princes. Kick-off **8.00pm**.
10.30 **UEFA Champions League Highlights** Wednesday's action.
11.00 **Beacon of Hope: The Grenfell Athletic Story**
12.00 M'T **UEFA Europa League & Conference League Magazine**
1.00 AM **UEFA Europa League**
1.30 **UEFA Champions League**
3.30 **Men's Cycling** Event highlights.
5.30 **to 6.00** AM **Premier League Legends**

TNT Sports 2

411 414 522 409 431

6.00 AM **Fishing: On the Bank**
7.00 **Formula E Unplugged**
7.30 **The WRC Magazine**
8.00 **Classic Premier League**
12.00 NOON **Sign Up: Into Football**
12.45 PM **MLB Highlights**
1.45 **Snow League Highlights** Freestyle skiing in Switzerland.
2.45 LIVE **Men's Cycling Pro Series** Coverage of the Scheldeprijs, the one-day race in Belgium and the Netherlands.
4.30 **Snow League Highlights** Action from snowboarding in Switzerland.
5.30 **UEFA Champions League Highlights Show** A round-up of all the goals from Tuesday's quarter-final first-leg fixtures.
6.00 **The Cycling Show**
6.30 **TNT Sports Reload**
7.00 **Serie A – Full Impact**
7.30 LIVE **UEFA Champions League Barcelona v Atletico Madrid.** Coverage of the quarter-final first-leg encounter from Spotify Camp Nou. Kick-off **8.00pm**.
10.30 **TNT Sports Reload**
10.45 **No Filter Football**
11.00 **UFC Countdown**
12.00 M'T **to 6.00** AM **Isuzu UTE A-League**

Sky Sports Action

412 410 510 426 446

6.30 AM **Super League** Another chance to see Wigan Warriors v Warrington Wolves from 2025. **9.30** Warrington Wolves v Leeds Rhinos from 2025. **12.30** PM Wigan Warriors v Hull KR in the 2024 Grand Final.
12.45 **Women's Super League** Action from the 2024 Grand Final.
1.00 **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights** New England Patriots v Los Angeles Chargers.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** A replay of Boston Celtics v Charlotte Hornets.
10.30 **Super League Highlights**
11.00 **NFL Highlights** Pittsburgh Steelers v Houston Texans.
12.00 M'T LIVE **NBA Basketball Detroit Piston v Milwaukee Bucks.** Coverage of the Eastern Conference match held at Little Caesars Arena. Tip-off **12.00m't**.
2.30 AM **NBA on Fire** The latest news.
3.00 **Super League Highlights**
3.45 **NFL Highlights**
5.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **WTA & ATP Tennis** Coverage from the ATP Monte-Carlo Masters and WTA Linz Open, the ATP 1000 and WTA 500 events, both of which are clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
6.00 PM **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Sheffield Wednesday v Sheffield United from the 2017/18 season. **12.15** AM Leeds United v Sheffield United from 2017/18. **12.30** Ipswich Town v Sheffield Wednesday from 2017/18. **12.45** Queens Park Rangers v Brentford from 2017. **1.00** Sheffield United v Bristol City from the 2017/18 season.
1.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **PGA Tour Golf** Texas Open.
9.00 **WTA & ATP Tennis** Highlights.
12.00 NOON **IPL** Recent action.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **Premier League Darts** The ninth night from AO Arena.
8.00 **WTA Tennis** Highlights of the WTA Charleston Open final.
9.00 **ATP Tennis** The U.S. Men's Clay Court Championships final.
10.00 **IPL** Punjab Kings v Gujarat Titans. **11.00** Action from Lucknow Super Giants v Delhi Capitals.
12.00 M'T **The Insiders** NFL news.
1.00 AM **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Kenny Allstar's Number 1's**
6.30 **Women's Cycling Pro Series**
7.30 **Men's Cycling** The second stage of the Tour of the Basque Country.
8.30 **Unbreakable: England 2003**
10.00 **Adobe Women's FA Cup**
1.00 PM **The Emirates FA Cup**
5.00 **MLB Plays of the Week**
5.30 **MLB Highlights**
6.30 LIVE **MLB Boston Red Sox v Milwaukee Brewers.** Coverage of the inter-league match staged at Fenway Park. Start-time **6.35pm**.
9.30 **TNT Sports Reload**
9.45 **The Gruppetto** Cycling news.
10.00 **Men's Cycling Pro Series** Highlights from the Scheldeprijs.
11.00 **Cycling** The third stage of the men's Tour of the Basque Country.
12.00 M'T **The Cycling Show**
12.30 AM **Snow League Highlights**
1.30 **Fight Week** UFC 327 preview.
2.00 **to 6.00** AM **The Emirates FA Cup**

TNT Sports 4

414 416 524 411 434

6.00 AM **Premier League Legends**
6.30 **Ninja A-League Women Highlights** The 22nd round.
7.00 **Isuzu UTE A-League**
2.00 PM **Serie A** Highlights from Italy.
4.00 **Ultimate Pool** The Pairs Cup.
5.30 **The Gruppetto** Cycling news.
5.45 LIVE **UEFA Europa League SC Braga v Real Betis.** Coverage of the quarter-final first-leg encounter from Braga Municipal Stadium. Kick-off **5.45pm**.
7.45 **Playing for Our Future: Football** Global warming.
8.00 **World Rally Raid Championship** In Morocco.
9.00 **Ninja A-League Women Highlights** The 22nd round.
9.30 **NWSL** Highlights from Orlando Pride v Angel City FC. **10.30** Bay FC v Washington Spirit.
11.30 **Serie A – Full Impact**
12.00 M'T **AFL** A chance to see West Coast Eagles v Sydney Swans.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Cape to Cape**
7.00 **Champions Cup Show**
7.30 **Scottish Football Social Club**
8.30 **LaLiga Match Highlights**
10.00 **Eredivisie Highlights**
11.00 **Champions Cup Highlights**
12.00 NOON **NHL Ice Hockey** A replay of Dallas Stars v Calgary Flames.
2.00 PM **NHL on the Fly**
3.00 **Champions Cup Show**
3.30 **LaLiga** Girona v Villarreal.
5.30 **Sporting Greats**
6.30 **Champions Cup** Another chance to see Toulouse v Bristol Bears. **8.30** Glasgow Warriors v Bulls.
10.30 **Swedish Hockey League** Action from game one of a semi-final.
12.30 AM **Sporting Countdowns**
1.00 **NHL Ice Hockey**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey San Jose Sharks v Edmonton Oilers.** The Western Conference match from SAP Center at San Jose. Face-off **3.00am**.

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Champions Cup** A chance to see Northampton Saints v Castres.
9.00 **Football's Greatest**
10.00 **NHL Ice Hockey** New Jersey Devils v Philadelphia Flyers.
12.00 NOON **Football's Greatest**
12.30 PM **Champions Cup** Another chance to see Bath v Saracens. **2.30** Glasgow Warriors v Bulls.
4.30 **Bike World** Magazine.
5.00 **LaLiga** Mallorca v Real Madrid. **7.00** Real Betis v Espanyol.
9.00 **Football's Greatest**
9.30 **NHL Specials** Stanley Cup.
10.30 **NHL Ice Hockey** Vancouver Canucks v Vegas Golden Knights.
12.30 AM LIVE **NHL Ice Hockey Toronto Maple Leafs v Washington Capitals.** Coverage of the Eastern Conference match staged at Scotiabank Arena. Face-off **12.30am**.
3.30 **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action.
10.00 **Formula 1** Japanese Grand Prix.
12.15 PM **Ted's Notebook**
12.45 **Brad Pitt x McLaren**
1.15 **Formula 1** Highlights.
4.15 **The New F1 Rules**
4.20 **Charles Leclerc IV** An interview.
4.30 **Ted's Notebook**
5.00 **Formula 1** Japanese Grand Prix.
7.15 **Ted's Notebook**
7.45 **Brad Pitt x McLaren**
8.00 **F1 Classic Races**
1.00 AM **The Best of Australia**
1.25 **The Best of China**
2.00 **F1 Explained** Inner workings.
3.00 **The Best of Australia**
3.25 **The Best of China**
4.00 **F1 Explained** Inner workings.
5.00 **The Best of Australia**
5.25 **to 6.00** AM **The Best of China**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

9 April

Evening Planner

Golf

The Masters

Sky Sports Main Event & Sky Sports Golf, coverage from 2pm

World number one Scottie Scheffler will have his sights on a third Masters title.

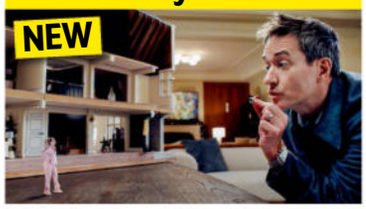
Comedy

Taskmaster

C4, 9pm

Greg Davies and Alex Horne are back with a new group of celebrities showing their ingenuity in completing tasks.

Comedy Drama



The Miniature Wife

Sky Atlantic, 9pm (box set)

A woman is accidentally shrunk to six inches tall in this comedy drama starring Elizabeth Banks and Matthew Macfadyen.

OnDemand

NETFLIX

Big Mistakes

Available today

Dan Levy (right) co-created and stars in this comedy, about two siblings who are blackmailed into a life of crime.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Race Across the World		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 This Farming Life		9.00 Inside Barlinnie		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 The Copenhagen Test	
	105 5	7.00 Secrets of the River Clyde		8.00 Yorkshire's Poshest Hotel: Grantley Hall		9.00 Jane McDonald in Nashville		10.00 Forensics: Murder Scene	
	106 SKY ONE	7.00 The Simpsons		8.00 Film: Indiana Jones and the Temple of Doom				10.15 Mr Bigstuff	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Big Night of Musicals by the National Lottery			9.35 Film: In the Heights		
	116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Film: Brideshead Revisited				10.05 Face to...	10.30 Helen Mirren...
	118 ITV2	◂ 6.55 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in Police Custody		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 MAFS Australia: After the Dinner Party		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	◂ 6.45 House of the Dragon				9.00 The Miniature Wife		10.00 Film: The Trip	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 McDonald & Dodds	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers		9.00 Film: Rocky III			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Junior			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Father Brown		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Robert Donat		9.00 Classic Movies: The Story of...		10.00 I Am Patrick Swayze	
	132 U&W	7.00 DIY SOS: Veteran Street		8.00 Pete Wicks: For Dogs' Sake		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid			10.30 Discovery...
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Speed of Life		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 History's Deadliest with Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 The Tea Trail With Simon Reeve		8.00 Bangers & Cash				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.55 Burden of Proof: Who Killed...		8.00 Tina					10.15 Billy Joel: And So It Goes
FILMS - Sky Cinema	301 PREMIERE	◂ 6.15 Nobody 2		8.00 Final Destination: Bloodlines				10.00 Superman	
	302 ADVENTURE	◂ 5.40 Superman		8.00 Batman Forever				10.05 Batman & Robin	
	303 BOX SET	◂ 5.45 The Equalizer		8.00 The Equalizer 2				10.05 Police Academy	
	307 GREATS	◂ 6.20 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	312 ANIMATION	7.05 Smurfs: The Lost Village			8.40 The Bad Guys 2				10.30 Into the...
	304 FAMILY	◂ 6.00 The Bad Guys 2		8.00 The Hobbit: An Unexpected Journey					
	306 ACTION	◂ 5.55 The Long Kiss Goodnight		8.00 Gladiator II					10.30 Bumblebee
	308 COMEDY	◂ 6.10 Beverly Hills Cop 3		8.00 American Reunion				9.55 Ace Ventura Pet Detective	
	309 THRILLER	◂ 5.40 Captain Phillips		8.00 The Bourne Supremacy				10.00 American Gangster	
	310 DRAMA	◂ 6.00 The Post		8.00 Legends of the Fall					10.25 Horizon: An...
	311 SCI-FI	◂ 5.40 Sinners		8.00 Van Helsing					10.20 Blade: Trinity
	313 FILM4	◂ 6.50 Central Intelligence				9.00 Ghost Rider			
SPORT	401 MAIN EVENT	◂ 2.00 The Masters – Live: Coverage of round one of the first Major of the year							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 Transfer 360	
	403 FOOTBALL	7.00 EFL Highlights		8.15 SPFL	8.45 EFL Highlights		9.30 Bundesliga...	10.00 EFL Goals	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 Europa League – Live: FC Porto v Nottingham Forest (Kick-off 8.00)							10.30 UEFA Highlights
	411 TNT SPORTS 2	7.00 Europa League – Live: Bologna v Aston Villa (Kick-off 8.00)							10.30 UEFA Highlights

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Farm 999** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Celebrity Homes Under the Hammer** With Sarah Greene. (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Just One Thing** Series finale (S)
2.30 **The Travelling Auctioneers** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **I Made It at Market** New edition Dominic Chinea catches up with a coppersmith and a jeweller. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

8.00 Race Across the World

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The verdict in Jasmine's trial is revealed, Vicki shares her hesitations, while Elaine and Ian launch their campaigns. (S)(AD)

8 PM

8.00 **Race Across the World** New edition 2/9. Leaving the tranquillity of Kefalonia behind, the teams race through Greece to reach one of Europe's biggest and most vibrant cities, Istanbul, where Europe and Asia collide. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 11/12. The final five candidates face a gruelling round of interviews with some of Lord Sugar's toughest-talking business associates. (S)(AD)
■ *The Apprentice: Unfinished Business* follows on BBC2

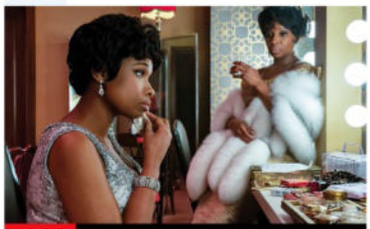
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW SERIES Cannabis Cove: Operation Seal Bay** 1/2. A look back at the events of 1983, when a strange discovery disturbed a small fishing town in west Wales. One thing led to another as police stumbled on a massive drug-smuggling ring. (S)(AD)
11.40 **Cannabis Cove: Operation Seal Bay** Series finale 2/2. A look at how the investigation widened worldwide, as detectives closed in on the smugglers. For the first time on TV, the only Welsh member of the gang speaks out. (S)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Lightning** Quick-fire quiz. (S)(R)
3.00 **Clive Myrie's Italian Road Trip** The world's best Prosecco. (S)(R)
3.30 **Hidden Kingdoms** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Kettering, Northamptonshire. (S)(R)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** With guests Michael Ball, Jodie Prenger, Laurence Rickard and Snoochie Shy. (S)(R)
6.30 **Ronan Keating's Wild Atlantic** New edition Ronan explores the north-west coast with his friend, artist Terry Bradley. (S)(AD)



11.00 Respect

7.00 **Great British Menu** New edition It is judging day, and only one chef can go through to represent London and south-east England. Actor Simon Callow helps decide the winner from the two remaining chefs. (S)(AD)

8.00 **This Farming Life** New edition 7/12. Adam and Lucy have a plan to pair up dairy cows with motherless beef calves, while Emma's parents are shown the ropes and left in charge of the farm. (S)
■ Entire series on BBC iPlayer

9.00 **NEW SERIES Inside Barlinnie** 1/2. A look at the lives of prisoners and staff at Scotland's largest jail, beginning as an inmate is rushed to hospital after collapsing from a drug overdose in the exercise yard. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **The Apprentice: Unfinished Business** New edition 11/12. Angela Scanlon and guests examine the candidates' performances and analyse the interviews. (S)(AD)
10.30 **Newsnight** (S)
11.00 **FILM Respect** Biopic starring Jennifer Hudson and Forest Whitaker, following the rise of Aretha Franklin's career from a child singing in her father's church's choir to international fame. (S)(AD) (2021, 12, 140min) ★★★
1.20 AM **Sign Zone: Kegworth – Flight to Disaster** (S)(R)(AD)
2.20 **Sign Zone: Great British Menu** (R)
3.20 **Sign Zone: The Other Bennet Sister** 7/10. (S1) (S)(R)(AD)
3.50 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
12.55 **Celebrity Lingo** Kate Garraway and Ashley James take on Toyah Willcox and Carol Decker in the quiz hosted by Adil Ray. (S)(R)
1.30 **LIVE Racing: Grand National Festival** The opening day from Aintree, where the feature races are the 2.55 Aintree Bowl and the 4.05 William Hill Aintree Hurdle. Races also take place at 1.45, 2.20, 3.30, 4.05 and 4.40. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Liberal Democrats. (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 **Tonight: Why Are We So Tired?** Datshiane Navanayagam investigates why, according to a 2022 survey, more than a third of UK residents feel tired most or all of the time. (S)

8.00 **Emmerdale** Pollard is left with food for thought, Kerry wades in, and Robert has an idea. (S)(AD)
8.30 **Coronation Street** Sarah sneaks round to see Todd, while Ronnie offers Carl an olive branch. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 4/15. The two camps battle it out in an epic trial to decide who will win dinner that evening and who will be on the rice and beans. Hosted by Ant and Dec. (S)
■ Continues tomorrow

10.15 **ITV News** (S)
10.50 **Local News** (S)
11.05 **The 1% Club Rollover** 4/5. Lee Mack hosts a special edition of the quiz in which the prize pot that is not won on one show is carried over to the next day's edition, meaning a potential jackpot of £500,000. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
4.00 **Unwind with ITV** (S)
5.00 **to 6.00** AM **The Floor** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 9-11/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S8) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Baltimore. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** 1/4. The Baker family visit Bamburgh Castle. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** Renovations reach a milestone at Tom and Terry's B&B. (S)(R)
5.00 **Chateau DIY** New edition Tim and Krys build a wine cave at Château Domaine De La Barde. (S)(AD)
6.00 **Jasmine Harman's Renovation in the Sun** Jasmine and Jon turn their attention to the driveway. (S)(R)

8.00 Driving Amazing Trains

7.00 **News** (S)

8.00 **NEW SERIES Paul Merton: Driving Amazing Trains** The comedian takes charge of iconic locomotives. On the Isle of Wight, Paul drives a heritage steam train, helps a cow give birth and learns how the island helped with D-Day. (S)(AD)

9.00 **NEW SERIES Taskmaster** 1/10. Joel Dommett, Joanna Page, Armando Iannucci, Kumail Nanjiani and Amy Gledhill leave their dignity at the door to take part in the comedy challenge show. *See feature, page12.* (S)(AD)

10.00 **The Copenhagen Test** New episode *False Flag:* 3/8. Now his fake life is up and running, Alexander must act like everything is normal to fool the enemy. (S1) (S)(AD)
11.05 **The Copenhagen Test** New episode *Obsidian:* 4/8. Alexander must save a source's life by risking his own. (S1) (S)(AD)
■ Entire series on C4 streaming
12.15 AM **Sky Coppers** (S)(R)(AD)
1.10 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
2.00 **FILM Countdown** Horror. (S)(SL) (2019, 15, 90min) ★★★
3.30 **The Hunt: Prey vs Predator** (R)
4.25 **Devon and Cornwall** (S)(R)(AD)
4.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 3/6. Harry sets off to a prestigious boarding school. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Tricia organises a fundraiser for a local cancer charity in Benidorm. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at a centuries-old deer park located in the heart of the Vale of Glamorgan. (S)
6.05 **Susan Calman's Grand Day Out** Exploring Cornwall. (S)(R)
6.55 **News** (S)

9.00 Jane McDonald in Nashville

7.00 **Secrets of the River Clyde** A look at how the Clyde has been at the heart of British shipbuilding for more than 300 years. (S)(R)
7.55 **News** (S)

8.00 **Yorkshire's Poshest Hotel: Grantley Hall** New edition 3/4. The hotel prepares for the wedding of a couple from Nashville, so the pressure is on for the hotel events team to ensure everything goes to plan. (S)

9.00 **NEW SERIES Jane McDonald in Nashville** 1/2. The singer and presenter travels to Nashville to find out why millions of tourists flock to the Tennessee capital each year. (S)(AD)
■ Concludes tomorrow

10.00 **Forensics: Murder Scene** West Yorkshire police call in the forensic teams to investigate when a man is shot and killed in a newsagents, the savage attack with a close-range shotgun blast sending tremors through the local community. (S)(R)
11.30 **Murder 360** A mother is ambushed when she picks her children up from school. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **A&E After Dark** (S)(R)
2.50 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Shark with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 9/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 10/26. Michael sets up a murder-mystery game to distract staff from rumours of Dunder Mifflin filing for bankruptcy. (S)(R) **6.30** 11/26. Michael takes Dwight, Andy and Oscar to New York. (S6) (S)(R)

10.15 Mr Bigstuff

7.00 **The Simpsons** *Habeus Tortoise:* Homer forms an internet group devoted to solving a mystery. (S)(R) **7.30** *One Angry Lisa:* Lisa is called up for jury duty, while Marge becomes obsessed with her exercise bike. (S)(R)

8.00 **FILM Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Harrison Ford and Kate Capshaw. In this prequel to *Raiders of the Lost Ark*, bullwhip-cracking archaeologist Indiana Jones escapes from the clutches of a Shanghai gang boss to the Himalayas in the company of an American showgirl and a Chinese orphan. (S) (1984, PG, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.15 **Mr Bigstuff** 3/6. Glen is left reeling from an old home video, leading to a bust-up with Lee. (S)(R) **10.45** 4/6. Now they finally have their dad's whereabouts, Lee and Glen head to a family reunion. (S2) (S)(R)

11.15 **Grimm** 11/22. Hank asks Nick to help him prove that a man on death row for murder is actually innocent, leading to the discovery that the killing may have been a supernatural act. (S2) (S)(R)
12.15 AM **Police 24/7** (S)(R)
1.15 **The Force: North East** (S)(R)
2.10 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 7/23. (S2) (S)(R)
4.00 **S.W.A.T.** 9/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.40am** Scotcast (S)(R) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm The Misadventures of Romesh Ranganathan (S)(R) **12.00m't** Killing Sherlock: Lucy Worsley on the Case of Conan Doyle (S)(R) (AD) **1.00-1.20am** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
8.00pm Scrum V: The Warm Up (S) **8.30-9.00pm** Extraordinary Portraits with Bill Bailey (S)(R)(AD)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Y Ci Perffaith **12.30** Heno **1.00** Caeau Cymru **1.30** Y Deis **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Radio Fa'ma (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Nol o'r Dibyn gyda Iolo Williams (AD) **6.25** Darllediad Etholiadol New edition **6.30** Clwb Rygbi **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Tabw New edition **9.30** Ymgyrch Seal Bay **10.35-11.40pm** Y Wal (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** In South Africa, Steve Backshall plays football with cheetahs. **7.30** Steve and the team return to Mexico to search for dangerous creatures.
8.00 **Big Night of Musicals by the National Lottery** Jason Manford hosts the annual showcase of musical theatre from the AO Arena in Manchester, featuring performances by Sam Ryder, La Voix and Alexandra Burke.
9.35 **FILM In the Heights** Musical starring Anthony Ramos, Corey Hawkins and Leslie Grace. A sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
11.50 **Missing in Paradise: Searching for Sarm** 1-3/3. Documentary.
1.20 AM **P Diddy: The Rise and Fall** Documentary.
2.20 **to 3.50** AM **Teen Predator/Online Killer**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Fred Dibnah's Industrial Age** The iron and steel industries.
7.30 **Canal Boat Diaries** 3/5. Robbie continues across the Pennines to Huddersfield.
8.00 **FILM Brideshead Revisited** Period drama starring Matthew Goode, Ben Whishaw and Hayley Atwell. (2008, 12, 128min) ★★★
10.05 **Evelyn Waugh: Face to Face** A 1960 interview with the author.
10.30 **Helen Mirren Remembers... Gosford Park** The actor looks back on her role in the film.
10.50 **FILM Gosford Park** Robert Altman's murder mystery starring Kristin Scott Thomas, Michael Gambon, Helen Mirren and Maggie Smith. (2001, 15, 137min) ★★★★
1.00 AM **Hunt for the Oldest DNA** Documentary.
2.05 **Fred Dibnah's Industrial Age** As shown at 7.00pm.
2.35 **to 3.45** AM **Building Britain's Biggest Nuclear Power Station**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition kicks off at Churchill's Hotel in Barnsley **4.50** The contest continues at Darnells' Farm Luxury Glamping in Herefordshire. **5.20** A visit to Hatton Court Hotel in Gloucester. **5.50** The final visit of the week is to Ladbrooke Hotel in Birmingham. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** From Oxfordshire and Gloucestershire.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Tim and Sonia in Chippenham.
9.00 **24 Hours in Police Custody** A man emerges from a hotel lift covered in blood and holding a fire extinguisher, before approaching the reception desk and shouting that he has killed someone.
10.00 **24 Hours in A&E** A young boy is brought in after falling from a tree.
11.05 **24 Hours in A&E**
12.10 AM **24 Hours in Police Custody** As 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates Valentine's**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **Dance Moms: A New Era** New edition Gina and Audrey vie for a solo at Nationals.
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition At the fourth dinner party, one bride hopes to avoid drama.
9.00 **MAFS Australia: After the Dinner Party** New edition Joel, Juliette, Stephanie, Julia and Grayson dish the dirt on their *MAFS* experience.
10.00 **Gogglebox** Opinions on *The Circle* and *Teen First Dates*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** Reality series.
2.35 **Gogglebox**
3.25 **The Goldbergs**
4.15 **Modern Family**
4.40 **to 6.00** AM **Don't Tell the Bride**

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 2&3/22. (S1)
1.00 PM **The Rookie** 19/22. Nolan joins forces with the FBI. **2.00** 20/22. Bombs are scattered throughout the city by a suspected terrorist. (S4)
3.00 **Law & Order: Criminal Intent** 2/23. An avant-garde photographer is murdered. (S4)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 Police 24/7 A canine unit leads a manhunt, and a cache of MDMA is found when a suspicious vehicle is searched and.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 FBI New episode *Wolf Pack:* 10/22. Chaos erupts when a radical group disrupt cell, internet and emergency services. (S8)

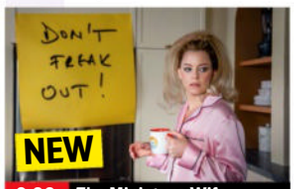
10 PM
10.00 Burn Notice *Identity:* 3/14. Michael agrees to help his mother's friend, who has been tricked by a con artist. (S1)
11.00 **The Rookie** 1/20. First episode of the crime drama. (S1)
12.00 M'T **FBI** 21&22/22. (S7)
2.00 AM **FBI: International** (S1)
3.00 **Matlock** 16/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 5/12. (S1)
11.00 NEW SERIES **The Miniature Wife** 1/10. Comedy drama starring Elizabeth Banks. (S1)
12.00 NOON **Billions** 5&6/12. (S1)
2.20 PM **My Brilliant Friend** (S1)
3.25 **Hacks** 4&5/8. (S2)
4.35 **Billions** 5/12. Chuck uncovers some damning evidence against Axe. **5.40** 6/12. Axe works on his defence, leaving Wendy caught in the middle. (S1)



9.00 The Miniature Wife

6.45 House of the Dragon *We Light the Way:* 5/10. Alicent seeks the truth about the princess. **7.50** *The Princess and the Queen:* 6/10. Now a decade older, Rhaenyra navigates continued speculation about her children. (S1)

9.00 NEW SERIES **Miniature Wife** 1/10. Comedy drama starring Elizabeth Banks. *See feature, page 6.* (S1) ■ Entire series on Box Sets

10.00 The Trip Improvised comedy in which Steve Coogan and Rob Brydon play versions of themselves during a culinary tour.
12.00 M'T **Heated Rivalry** 3/6. The New York Admirals captain has a life-changing experience. **1.00** AM 4/6. Ilya lets his guard down. (S1)
2.00 **House of the Dragon** (S1)
4.30 **Sort Of** 3/8. (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Sam and Billie: Sister Act**
9.25 **The Only Way Is Barcelona**
10.25 **Real Housewives of Atlanta**
11.15 **Real Housewives of New...**
12.10 PM **Supermarket Sweep**
1.05 **I'm a Celebrity... South Africa**
2.10 **Celebrity Catchphrase**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

6.55 I'm a Celebrity... South Africa One celebrity is far from impressed with their new living quarters.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Hell's Kitchen New edition 8/16. The chefs represent their home states in a culinary face-off.

10.00 Family Guy New episode 8/22. Chris uses Stewie's time machine. (S23) **10.30** 3/20. Peter and Lois are gifted a car. (S21) **10.55** 17/20. Lois's piano student Alana comes to work for the Griffins. (S20)
11.25 **American Dad!** (S17)
12.25 AM **Bob's Burgers** (S14)
1.20 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Music to Die For.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Dead Letters:* A woman is found drowned at a local carnival.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Father's Day:* Nick is left with a sore head after an incident in a graveyard, and Blaketon's home life suffers.

8.00 Vera

6.55 Heartbeat *Endangered Species:* A hit-and-run incident alerts Nick to the presence of badger-baiters in the village.

8.00 Vera *Tyger Tyger:* DCI Stanhope investigates a daring robbery at a port and uncovers a web of intrigue when it turns out to be an inside job, but the insider's motivation is not just money.

10.00 McDonald & Dodds *We Need to Talk About Doreen:* 2/3. The duo investigate the death of a rugby player. (S2)
11.50 **Lewis** *Music to Die For:* The death of an Oxford don leads to the shady world of unlicensed boxing bouts, and further investigations reveal connections to East Germany.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.15 **Magnum, PI**
7.20 **Kojak**
8.20 **Minder**
9.30 **Racing: The Opening Show**
10.35 **The Derby Through the Years**
10.50 **River Monsters**
11.20 **The Sweeney**
12.25 PM **BattleBots**
1.30 **Magnum, PI**
2.30 **Kojak**
3.35 **Boon**
4.50 **The Sweeney**
5.55 **Minder**

9.00 Rocky III

7.00 Aussie Pickers Lucas Callaghan and Adam McDonald make their first trip to South Australia to visit a demolition expert.

8.00 Ice Road Truckers The drivers are forced to think fast and call on all their experience when they are hit by a storm.

9.00 FILM **Rocky III** Boxing drama sequel starring Sylvester Stallone. Rocky Balboa is enjoying his life as world heavyweight champion until a brutal contender demands a shot at the title. With Talia Shire and Mr T. (1982, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Ligue 1 Highlights**
11.40 **Rabbit Hole** New episode
12.35 AM **Hell's Kitchen**
1.25 **Minder**
2.20 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** A scenic flight over the Black Isle.
8.00 **Beechgrove Garden** New edition The team look ahead to the summer season.
8.30 **Landward** New edition Dougie Vipond visits Inveraray Castle.
9.00 **Lena Zavaroni: The Forgotten Child Star** The story of the singer.
10.00 **Situationships with Sophie and Christine** Series finale 8/8. Sophie Gravia and Christine McGuinness offer relationship advice.
10.30 **Martin Compston's Norwegian Fling** 5/6. Martin and Phil enjoy a drive to Trondheim
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scot Squad** 1/4. (S4)

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **Two Weeks to Live**
10.10 **Avenue 5** 5&6/9. (S1)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **Two Weeks to Live**
2.40 **Avenue 5** 5&6/8. (S2)
4.00 **Breeders** 3&4/10. (S2)
5.00 **Smothered**
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 20/22. Pierce faces losing his inheritance. **8.30** 21/22. Chang assumes control of the campus. (S3)
9.00 **Maisie Adam: Appraisal** Stand-up performance.
10.30 **Breeders** 3/10. Paul fears his family have lost a vital connection. **11.00** 4/10. Ava keeps a secret from Paul. (S2)
11.30 **Avenue 5** (S1&2)
12.40 AM **Hitmen: Reloaded**
2.10 **The Reluctant Landlord**
3.10 **Community** (S3)
4.10 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Michael Flatley: Lord of the Dance – Dangerous Games**
7.50 **Watercolour Challenge**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **My Week with Lubaina Himid**
3.00 **Tea with Judi Dench**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Classic Movies: The Story of Terminator 2: Judgment Day**
10.00 **I Am Patrick Swayze**
12.00 M'T **The Directors**
1.00 AM **I Am Steve McQueen**
2.45 **Kate Winslet: A Quest for Authenticity**
4.00 **National Treasures: The Art of Collecting**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 19/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 21/26. (S1)
8.00 **Nothing to Declare**
9.00 **World's Most Evil Killers** William Devin Howell.
10.00 **Killer in My Village**
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five friends take on a series of top 10 list questions.
3.00 **Beat the Chasers**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Nicole tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Married couple Arj and Charlotte are back to continue their game.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun** DIY series.
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Our Welsh Chapel Dream** Llyn Peninsula.
8.00 **Help! I Bought It at Auction with Sarah Beeny** A couple take on the renovation of their South Downs cottage.
9.00 **Gogglebox**
10.05 FILM **Speed** Thriller with Keanu Reeves. (1994, 15, 105min) ★★★★★
12.25 AM FILM **Nightmare Alley** Thriller. (2021, 15, 150min) ★★★★
3.20 **24 Hours in A&E**
4.20 **to 4.50** AM **Devon and Cornwall**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 10/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 11/26. (S7)
2.00 **Warehouse 13** 7&8/13. (S3)
4.00 **Stargate SG-1** 7/22. (S4)
5.00 **Star Trek: Voyager** 13/26. An old friend tricks Neelix. (S3)
6.00 **Star Trek: The Next Generation** 10/26. Data encounters a woman claiming to be his mother. (S7)

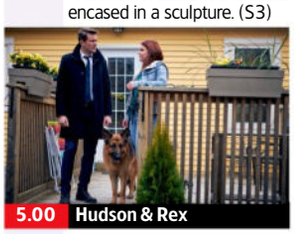
2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *Prodigal Daughter:* 11/26. Ezri's homecoming is marred by events affecting her family. (S7)
8.00 **Stargate SG-1** *Watergate:* 7/22. The Russian government call on the team for help. (S4)
9.00 **Grimm** *Bad Teeth:* 1/22. Nick tries to find a cure for Juliette, while dealing with the revelation that his mother is not dead
10.00 **Grimm** *The Kiss:* 2/22. Nick and his mother continue their battle against the monstrous Mauvais Dentes. (S2)
11.00 **The Walking Dead** 6/13. Maggie begs Glenn to keep quiet about the walkers in Hershel's barn. (S2)
12.00 M'T **Warehouse 13** (S3)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** 2/10. A charming feline attends a council meeting. (S6)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 1/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S10)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 1/23. (S2)
5.00 **Hudson & Rex** 13/16. Charlie and Rex investigate reports of a mysterious blue light in the sky. (S1)
6.00 **My Life Is Murder** 2/10. A crime novelist is found dead encased in a sculpture. (S3)


5.00 Hudson & Rex

7.00 **Father Brown** *The Fall of the House of St Gardner:* The priest investigates when a gossip columnist is found murdered.
8.00 **Death in Paradise** *I'll Never Let You Go:* 8/9. A man admits to murder – but he can't recall what actually happened. (S10)
9.00 **Shakespeare & Hathaway: Private Investigators** 9/10. A film director is terrorised by his own creations. (S5)
10.00 **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuthing priest races to protect a crown that contains a nail from the crucifixion of Christ.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S10)
1.00 AM **My Life Is Murder** (S3)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.05 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

10.20 Men Behaving Badly

7.00 **Porridge** Last episode. Godber gets into a fight before his parole hearing.
7.40 **Dad's Army** Last episode. Lance Corporal Jones decides to make an honest woman of Mrs Fox.
8.20 **Are You Being Served?** Captain Peacock gains access to executive perks.
9.00 **Not Going Out** Lee pretends to be Tim in front of Kate's friend. **9.40** Lee wins £1,000 for writing an essay on disability in the workplace.
10.20 **Men Behaving Badly** First episode. Gary and Dermot worry about their new neighbours.
10.55 **Harry Enfield's Television Programme** Sketch show.
11.35 **Not Going Out** Double bill
12.55 AM **Men Behaving Badly**
1.30 **Harry Enfield's Television...**
2.05 **Hi-de-Hi!** Comedy series.
2.40 **Ever Decreasing Circles**
3.10 **to 4.00** AM **Harry Enfield's...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Breakfast dishes.
8.00 **Special Ops: Crime Squad UK**
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore comfort food.
6.00 **Rick Stein's Road to Mexico** Rick journeys through Mexico City, Puebla and Oaxaca.

6.00 Road to Mexico

7.00 **Would I Lie to You?** With Carol Vorderman, Larry Lamb, Jo Brand and Russell Howard.
7.40 **Richard Osman's House of Games** With Maisie Adam and Rory Bremner. **8.20** With Darren Harriott, Charlie Brooks, Les Dennis and Melinda Messenger.
9.00 **QI XL** Guests Noel Fielding, Ross Noble and Colin Lane join regular panellist Alan Davies and host Stephen Fry.
10.00 **Frankie Boyle's New World Order** With Sara Pascoe.
10.40 **Have I Got a Bit More News for You** Stephen Mangan hosts the quiz.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.00 **QI XL** With Josh Widdicombe.
2.00 **Frankie Boyle's New World...**
2.35 **Have I Got a Bit More News...**
3.25 **to 4.00** AM **House of Games**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** Rural drama.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** Hetty looks into a suspected kidnapping.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 Queens of Mystery

7 PM
7.20 **Last of the Summer Wine** Compo and Clegg decide to gatecrash Foggy's trip to see a female friend in Wales.

8 PM
8.00 **Queens of Mystery** New episode *Sparring with Death – Final Chapter:* 2/6. Mattie uncovers a tragedy. (S2)

9 PM
9.00 **Father Brown** *The Devil You Know:* Mallory turns to the priest for help when a senior member of the police force is killed.

10 PM
10.00 **New Tricks** *Couldn't Organise One:* A case involving Sandra's father is reopened, leading the detective to seek the truth about her family's past.
11.20 **The Inspector Lynley Mysteries** *Know Thine Enemy:* A diabetic girl goes missing.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.15 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14–16/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Namesake:* 5/24. The team suspect a case of mistaken identity when a petty officer is gunned down. **7.00** *Shell Shock – Part One:* 6/24. A lieutenant dies following a fight. **8.00** *Shell Shock – Part Two:* 7/24. Abby creates a 3D computer model of the attack that injured Joe Westcott. (S10)
9.00 **Blue Bloods** *Reckless:* 13/19. A police brutality allegation is made by an undercover officer. **10.00** *Fog of War:* 14/19. Danny and Baez continue to search for the Lone Star Killer. (S10)
11.00 **Law & Order: Special Victims Unit** (S5&25)
2.40 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition A woman becomes increasingly aggressive in A&E.
10.00 **Ambulance: Code Red** A man is injured after being thrown off his bike.
11.00 **Skin A&E**
12.00 M'T **A&E: Crash Scene Emergency**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Police Interceptors**
11.15 FILM **The Train Robbers** Western. (1973, U, 92min) ★★
1.15 PM FILM **The Cowboys** Western adventure. (1971, 12, 128min) ★★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers pull over the driver of a suspected cloned car.
9.00 **Trucking Hell: After Dark** Alpha's team rig three wreckers to pull a truck from a ditch.
10.00 **Outback Truckers** As the COVID-19 lockdown continues, the truckers experience police checkpoints.
11.00 **The X-Files** 24/24. (S1)
12.00 M'T **Banged Up Abroad**
1.05 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Veteran Street**
12.00 NOON **DIY SOS: The Big Build** From Bristol.
1.00 PM **Tipping Point**
4.00 **The Supervet at Christmas** From 2015.
5.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS: Veteran Street** Nick Knowles and the team return to Veterans Street in Manchester.
8.00 **Pete Wicks: For Dogs' Sake** Pete falls for a gentle Italian Mastiff with a heart condition.
9.00 **One Born Every Minute**
11.00 **Emergency: First Time Medics** Double bill.
1.00 AM **Louis Theroux Interviews... Stormzy**
1.45 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **True Evil: The Making of a Nazi** Josef Goebbels.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **True Evil: The Making of a Nazi** Josef Goebbels.
6.00 **Antiques Roadshow**
7.00 **The Tea Trail with Simon Reeve**
8.00 **Bangers & Cash** New edition Charlie picks up an iconic 1960s Ford Cortina Deluxe.
9.00 **Bangers & Cash**
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **American History's Biggest Fibs with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Ceramic horses.
4.00 **Long Lost Family: Born Without Trace**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** James Braxton and Izzie Balmer visit Snowdonia.
9.00 NEW SERIES **Death Walker with Nick Groff** Nick and Tessa Groff investigate a home allegedly overtaken by a violent entity.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 16-18/23. (S3)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** (S5)
4.10 **Born and Bred** (S4)
5.20 **Bramwell** 5/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 16/25. Potter saves a suicidal patient. **8.00** 17/25. A jeweller helps the surgeons. **8.30** 18/25. Father Mulcahy takes on a dangerous mission. (S6)
9.00 FILM **Blue Murder at St Trinian's** Comedy starring George Cole. The schoolgirls are let loose on Europe. (1957, b/w, U, 85min) ★★★
10.55 **Robin's Nest** (S2)
11.55 **M*A*S*H** 16-18/25. (S6)
1.25 AM **Home to Roost** (S4)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **Rage at Dawn** Western. (1955, U) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM FILM **Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
4.00 **The Persuaders!**
5.00 **The Avengers** (S5)
7.00 FILM **Shadow Wolves** Crime action drama starring Thomas Gibson. (2019, 15, 95min) ★★
9.00 FILM **The Mummy** Fantasy adventure starring Tom Cruise. (2017, 15, 110min) ★★★
11.20 FILM **Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
1.40 AM **The Persuaders!**
2.40 **The Avengers** (S5)
4.20 **to 5.50** AM FILM **Kentucky Rifle** Western. (1956, U, 84min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Diagnosis Murder: The House on Sycamore Street**
10.00 **In Plain Sight** 11/15. (S2)
11.00 **Castle** 11/22. (S8)
12.00 NOON **Diagnosis Murder** Triple bill.
4.00 PM **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 12/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 12/15. (S2)
10.00 FILM **Garage Sale Mysteries: A Case of Murder** Crime thriller starring Lori Loughlin. (2017, PG, 90min) ★★
11.55 FILM **Lost Letter Mysteries: Home Again** Crime drama sequel starring Eric Mabius. (2017, PG, 87min) ★★
1.50 AM FILM **Obsessed with the Babysitter** Thriller. (2021, PG, 93min) ★★
3.20 **to 5.00** AM FILM **Her Final Bow** Thriller. (2017, PG, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
10.15 FILM **Picture Perfect Romance** Drama. (2022, U, 89min) ★★
12.15 PM FILM **A Lifelong Love** Drama. (2023, U) ★★
2.10 FILM **Love Upstream** Romantic comedy. (2021, PG, 85min) ★★
4.10 FILM **Bridal Wave** Romantic drama. (2015, PG, 84min) ★★
6.05 FILM **BFF Bride** Drama. (2019, PG, 77min) ★★
8.00 FILM **The Professional Bridesmaid** Drama. (2023, PG, 85min) ★★
9.55 FILM **The Magical Christmas Shoe** Comedy. (2019, PG, 87min) ★★
11.55 FILM **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Professional Bridesmaid**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **My Greek Kitchen**
4.00 **Garden Rescue**
5.00 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **Garden Rescue Revisited** From Fareham, Leicester and Shefford.
10.00 FILM **Intimate Games** Comedy starring George Baker and Suzy Mandel. (1976, 18, 90min) ★★
12.00 M'T FILM **Can You Keep It Up for a Week?** Comedy. (1974, 18) ★
2.00 AM **Alan Cumming's Edge of Scotland**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Space 1999** 13/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** 2/6. (S1)
12.40 **Second Thoughts** (S1)
1.10 **Agony** 4/6. (S1)
1.40 **Boon** 6/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 13/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Stereo Underground**
6.00 **The Gaffer** 2/6. (S1)
6.30 **Agony** 4/6. (S1)
7.00 **Second Thoughts** (S1)
7.30 **The Fenn Street Gang**
8.00 **Boon** 5/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 FILM **Queen of the Blues** (1979, 18) ★★
11.20 FILM **Blood for Dracula** Horror comedy. (1974, 18, 103min) ★★
1.25 AM **Rewind Time Machine** From 1978.
1.30 **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** In Normandy.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The Bering Sea takes a brutal toll on a rookie. **8.00** Sig races to offload his tanks before losing a lot of money in crab.
9.00 **Expedition X** Investigating missing hiker reports in the Great Smoky Mountains.
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Los Angeles.
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Quick & Easy Food** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Quick & Easy Food** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **James Martin's Islands to Highlands** A trip on the Royal Scotsman. **10.00** Cairngorms National Park.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/22. (S6)
9.00 **T.J. Hooker** 9/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
1.00 PM FILM **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
3.00 FILM **The Brink's Job** Crime comedy. (1978, PG, 103min) ★★★
5.00 **Star Trek** 5/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 10/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **Shootout** Western. (1971, PG, 94min) ★★
11.00 FILM **Unthinkable** Psychological thriller. (2010, 18, 97min) ★★★
1.00 AM FILM **Family Business** Drama starring Sean Connery. (1989, 15, 110min) ★★★
3.10 **to 5.00** AM FILM **Hidden Agenda** Thriller. (2001, 18, 91min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **Impact**
2.00 PM FILM **The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Age of the Dragons** Action fantasy starring Danny Glover. (2010, 12, 90min) ★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 21/22. (S3)
9.00 FILM **Driven to Kill** Crime action thriller starring Steven Seagal. (2009, 18, 94min) ★★
11.00 FILM **Vendetta** Thriller starring Danny Dyer. (2013, 18, 106min) ★★
1.10 AM FILM **Driven to Kill**
3.10 FILM **Age of the Dragons** As 5.00pm.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.05 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **UnXplained: Mysteries of the Universe**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet: Back to the '70s**
10.00 **Cruising with Jane McDonald** The Danube.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Sunken Warships: Secrets from the Deep**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Royal Births, Marriages & Deaths**
10.00 **All the Queen's Jewellery: Heirlooms & Legacy** The scandals related to royal jewellery.
11.00 **Inside the Tower of London** Documentary.
12.00 M'T **Wentworth Prison**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Lily Savage's Blankety Blank**
12.40 PM **Family Fortunes**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Tenable** Five university friends take part.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With Kym Marsh, Greg Rusedski, Tracey Cox and Louie Spence.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill of the quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **90 Day: The Single Life** New edition Pedro brings Sophie to meet his family and things get heated, Kim reveals yet another one of her secrets, and Gino has big news for Natalie.
10.00 **Sister Wives** New edition Janelle and Meri meet with Kody to discuss an offer they received on Coyote Pass, while Kody and Robyn discuss if polygamy is still on the table.
11.00 **Dr Pimple Popper: Breaking Out**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 17-22/22. (S1)
1.00 PM **Friends** 1-12/24. (S2)
7.00 **Friends** 13/24. Part two of two. Rachel gets herself a date with Jean-Claude Van Damme. **7.30** 14/24. Rachel sees Ross in a different light. **8.00** 15/24. Monica falls for an old family friend. **8.30** 16/24. Joey decides to move out. (S2)
9.00 FILM **Junior** Comedy. (1994, PG, 110min) ★★★
11.10 **Impractical Jokers**
11.40 **Iain Stirling's Roast the Internet**
12.40 AM **Whose Line Is It Anyway? USA**
2.10 **South Park** (S20)
3.30 **Alan Carr Live: Spexy Beast** Stand-up comedy.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 15&16/22. (S1)
7.00 **Teleshopping**
9.00 **Spin City** 17&18/26. (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **Comedy Game Night**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 17&18/26. (S4)
7.00 **Everybody Loves Raymond** Six episodes of the sitcom, including at: **9.30** 22/22. Debra and Ray reminisce. (S1)
10.00 **Friends** 13-18/24. (S1)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Whose Line Is It Anyway? USA**
3.00 **Reno 911!** 4&5/14. (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S6)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the House** 1/6. Sitcom. (S2)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 4/13. Drama. (S2)
2.45 **Minder** 1/6. (S7)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 3/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.45 **Rising Damp** 4/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 5/10. (S10)
9.00 **Benidorm** 5/9. (S10)
9.55 **Shameless** 8/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 6/8. (S2)
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 2/11. (S4)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
11.00 **Catfish: Fiendish Friends** Double bill.
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Teams**
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **90's House**
9.00 **Celebrity Ex on the Beach** Reality series.
10.00 **Dating Naked UK**
11.00 **Tattoo Fixers**
12.00 M'T **Love & Hip Hop: Atlanta** New edition
1.00 AM **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **The Dino Hunters** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.00** The creation of bowler hats and solar water heaters. **4.30** Making steam engines.
5.00 **Alaska: Homestead Rescue** A pair of homesteaders and their livestock are mired in muddy clay in East Georgia.

9.00 Naked and Afraid

7.00 **Wheeler Dealers** Before they return home to the UK, Mike and Ant take a look back on their American adventure.

8.00 **Wheeler Dealers** Elvis and Mike add some radical changes to a 55-year-old vehicle to get it back on the road.

9.00 **Naked and Afraid** New edition Veteran survivalists Ky Furneaux and Dan Link take on the toughest challenge of their lives: surviving 14 days in Thailand with no tools.
10.30 **Discovery Changed My Life** Extraordinary people reveal how shows they watched on Discovery transformed their lives.
11.00 **Expedition Bigfoot** The team try to corner Bigfoot.
12.00 M'T **Border Control: Europe**
1.00 AM **Naked and Afraid**
2.30 **Discovery Changed My Life**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Sloths** Double bill.
10.00 **Tanked** David Hasselhoff.
11.00 **Animal Cops Houston**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Helping a man deal with his cat phobia. **4.00** Jackson Galaxy deals with a vicious feline attack.
5.00 **Lone Star Law** Texas wardens struggle to catch a deer.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff's team helps a tiny dog to deliver a large puppy.

8.00 Speed of Life

7.00 **Treehouse Masters** Pete Nelson helps a couple who dream of a treehouse that will recapture mountain vistas.

8.00 **Speed of Life** Slow motion images capture a lynx-like cat plucking a bird from the air and a praying mantis seizing its prey.

9.00 **Alaska: The Last Frontier** Spring arrives in Alaska, providing a chance to restock dwinding food supplies.

10.00 **Alaska Gold Diggers** Severe weather hits Gold Run, while tensions arise between the women and their miners.
11.00 **The Haunted** A couple see a shadowy figure in their flat.
12.00 M'T **Must Love Cats** John Fulton explores Japan's fascination with the animals.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Yukon Rescue**
9.00 **Air Crash Investigation: Special Report**
10.00 **WWI Wrecks: Drain the Oceans** Battle of Jutland.
11.00 **Mysterious Islands**
12.00 NOON **Secret Nazi Science**
1.00 PM **Car S.O.S** A Golf GTI Mk1.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A Triumph TR4.
6.00 **Inside Sydney Airport** A potentially catastrophic fire needs putting out.

8.00 Car S.O.S

7.00 **Air Crash Investigation** Investigating the catastrophic events aboard Reeve Aleutian Airlines Flight 8 in 1983.

8.00 **Car S.O.S** New edition Tim and Fuzz take on a Mini Mayfair bought by a woman using her late father's inheritance.

9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore one of the first Japanese sports coupes to find real success on the market.

10.00 **Northwoods Survival** New edition Summer nears as Emilie and Gilbert push to complete their family camp.
11.00 **Air Crash Investigation** A plane crash during a mission.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The UnBelievable with Dan Aykroyd** As 10.00pm.
2.00 **Storage Hunters** Eight editions, including at: **5.30** A surprise awaits in an auction lot from Australia.
6.00 **American Pickers** The Wolfe brothers seal the deal on a one-of-a-kind bi-plane.

8.00 Swamp People

7.00 **Forged in Fire** Four bladesmiths try to salvage steel from a massive railroad track to make their signature big blades.

8.00 **Swamp People** New edition Troy sets a tough 17 gator quota, while Ronnie and Timmy head for the deep swamp.

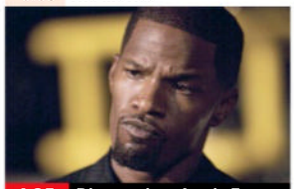
9.00 **History's Deadliest with Ving Rhames** New edition Proof that even the best planned missions can still end in danger.

10.00 **The UnBelievable with Dan Aykroyd** New edition The star of *Ghostbusters* hears some shocking near-death experiences.
11.00 **The UnXplained with William Shatner** Some bizarre tales involving US presidents that defy explanation.
12.00 M'T **Storage Hunters**
2.50 AM **History's Deadliest with Ving Rhames** As 9.00pm.
3.40 **The UnBelievable with Dan Aykroyd** As 10.00pm.
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Jamie Foxx**
8.00 **The Directors**
9.00 **The Movies**
10.00 **Burden of Proof: Who Killed Jennifer Pandos?**
11.05 **The Seventies**
12.00 NOON **Stevie Van Zandt: Disciple** A look at the musician and actor's career.
2.45 PM **I Am Johnny Cash**
4.25 **Discovering: Jamie Foxx**
5.15 **The Directors**
6.05 **The Movies**



4.25 Discovering: Jamie Foxx

6.55 **Burden of Proof: Who Killed Jennifer Pandos?** 3/4. Stephen believes his mother holds the key to finding answers.

8.00 **Tina** A celebration of Tina Turner's life and career, featuring contributions from the Grammy Award-winning artist, as well as Angela Bassett and Oprah Winfrey.

10.15 **Billy Joel: And So It Goes** 1/2. A look at the singer-songwriter's life and career, featuring interviews, performances, home movies and personal photographs.
1.00 AM **I Am Jackie O** A profile of Jackie Kennedy Onassis.
2.45 FILM **The Fog of War** Director Errol Morris's documentary. (2003, PG, 107min) ★★★
4.45 **My Icon: Christine Ohuruogu**
5.00 **to 6.00** AM **Discovering: Jamie Foxx**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Sled and Buried: Christmas Special**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Aussie Gold Hunters** New edition Brent and his son Cayden set off on an adventure to find valuable, crystalline gold. Plus, Sheryl and Simon hit it big on new ground.
10.00 **The Snake Catcher**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Jamie Lavis.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Examining the case of 38-year-old Michelle Gunshon.
8.00 **Murder on CCTV** The murder of Maurice Byrd, who was shot dead at his home.
9.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder in the Family** The case of actor Gemma McCluskie.
8.00 **UK Crime Files: The Road Rage Killer** The case of Tracie Andrews.
9.00 **Britain's Countryside Killers** The murder of Ellen Higginbottom.
10.00 **Britain's Almost Perfect Murders** New edition The story of police officer Martin Forshaw, who killed his fiancé.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder in the Family**
1.00 AM **UK Crime Files: The Road Rage Killer**
2.00 **Britain's Almost Perfect Murders**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** In Michigan, a young couple are found dead in a shed. **3.00** In Colorado, a woman goes missing.
4.00 **48 Hours** A mother says she cut her own throat.
5.00 **Medical Detectives** A man is murdered by a bomb blast. **5.30** Investigating a murder staged to look like an accident. **6.00** Police search for a missing boy. **6.30** A murder staged as a car accident.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **Catching the Killer**
2.00 **Killing Mum and Dad**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers** Nicholas Burton.
9.00 **Catching the Killer**
10.00 **World's Most Evil Killers**
11.00 **The Murder of Grace Millane** Documentary.
1.00 AM **How I Caught the Killer** Elijah Butler.
2.00 **Murder Uncut**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered**
8.35 **King Arthur's Britain: The Truth Unearthed**
9.55 **Pirates: Behind the Legends** John Ward.
10.50 **Women Under Hitler's Flag** 2/2. Documentary.
11.50 **Iron Curtain: Living...**
1.00 PM **King Arthur's...**
2.10 **Pirates: Behind the...**
3.10 **Women Under Hitler's Flag** 2/2. Documentary.
4.10 **King Arthur's Britain: The Truth Unearthed**
5.30 **Iron Curtain: Living...**
6.35 **King Arthur's Britain: The Truth Unearthed**
7.55 **Pirates: Behind the Legends** John Ward.
8.50 **Women Under Hitler's Flag** Documentary.
9.50 **Iron Curtain: Living Under Soviet Occupation**
11.00 **Pirates: Behind the Legends** John Ward.
12.00 M'T **Women Under Hitler's Flag**
1.05 **to 2.00** AM **Weathered**

THURSDAY

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Great Lakes Wild**
- 7.00 **Monkey Life**
- 8.00 **Gladiators**
- 9.00 **Deep Dive Australia**
- 10.00 **Shark Squad**
- 11.00 **Africa's Hunters**
- 12.00 NOON **Airborne**
- 1.00 PM **Monkey Life**
- 2.00 **Gladiators**
- 3.00 **Deep Dive Australia**
- 4.00 **Shark Squad**
- 5.00 **Africa's Hunters**
- 6.00 **Airborne**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Extreme Africa**
- 9.00 **Wolves and Lions: Old Enemies** Direct battles and strategies to steal food.
- 10.00 **Airborne**
- 11.00 **Africa's Hunters**
- 12.00 M'T **Ocean Parks**
- 1.00 AM **Great Lakes Wild**
- 2.00 **Extreme Africa**
- 3.00 **Wolves and Lions: Old Enemies** As 9.00pm.
- 4.00 **Gladiators**
- 5.00 **to 6.00** AM **Deep Dive Australia**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **The Secret Nazi Expeditions**
- 9.00 **Iconic Combat Machines**
- 10.00 **History's Greatest Aircraft**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Disclosure Files**
- 2.00 **Celts: The Untold Story**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **Weird or What? With William Shatner** A heart patient who underwent a transformation.
- 6.00 **The Proof Is Out There**
- 7.00 **Iconic Combat Machines**
- 8.00 **History's Greatest Aircraft**
- 9.00 **Bomber: Terror of WWII** The V1 cruise missile and the V2 ballistic missile.
- 10.00 **Hitler's Handmaidens** An examination of the 'Nazi Woman' through a contemporary lens.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Disclosure Files**
- 2.00 **Celts: The Untold Story**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Savage Builds**
- 1.00 PM **Secrets Underground**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made** The making of orchids and unicycle wheel hubs. **6.30** How external hard drives and paper towels are made. **7.00** The making of artificial flowers and alloy wheels. **7.30** Featuring gel caps and frozen pancakes. **8.00** Paper umbrellas, aircraft seats and cremation urns. **8.30** Aluminium canoes and wooden stave bowls. **9.00** The making of Marseille soap and pocket knives. **9.30** Bamboo ceramic lights and asphalt compactors. **10.00** The making of asphalt pavers and basque espadrilles. **10.30** Focusing on wood panel canvases and shoelaces.
- 11.00 **How Do They Do It?**
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Court Cam**
- 11.00 **Nightmare in Suburbia**
- 2.00 PM **Accident, Suicide or...**
- 3.00 **Sunshine Slayings**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **Accident, Suicide or Murder?**
- 9.00 **Predator Files** New editions A woman posing as a 16-year-old helps the team entrap four male suspects. **9.30** Two cases collide in Shreveport when a suspect called the Mentor raises alarms.
- 10.00 **Ozark Law** New edition All three departments tackle unruly crowds, bizarre crashes and fleeing pick-ups.
- 11.00 **Homicide Hunter**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Bizarre Animal Friends**
- 10.00 **World's Weirdest**
- 11.00 **Africa's Deadliest**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Wild Yellowstone**
- 3.00 **Alaska Fish Wars**
- 4.00 **Critter Fixers: Country Vets**
- 5.00 **Snakes in the City**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo** A tiny loris and beloved iguana present strange mystery illnesses.
- 8.00 **Sky Sharks** Featuring aerial footage of sharks captured using advanced drones.
- 9.00 **World's Biggest Hammerhead** Scientists try to find the world's biggest hammerhead.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Something Bit Me**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

161/172 147 181

- 7.00 AM **World's Deepest Goldmine**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Scientists investigate whether there might be warm liquid water on Pluto.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **Truth Behind the Moon Landing** A look at claims about the US flag on the Moon.
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **World's Deepest Goldmine**
- 9.00 **Paranormal Declassified**
- 10.00 **How Do They Do It?**
- 11.00 **Salvage Hunters: The Restorers** Renovating an armchair and a railway clock.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Rise of the Nazis**
- 1.00 PM **Rise of the Nazis**
- 5.00 **Terry and June** 3/6. The couple erect their new tent in the garden, but June's plan to turn it into a luxury boudoir result in an encounter with the police. **5.40** 4/6. Terry takes some sleeping pills by mistake, which causes a stir at the sales conference he is attending. **6.20** 5/6. The Vicar allows Terry to be the auctioneer at a charity event – but the move proves to be one he regrets. **7.00** 6/6. An attempted robbery prompts the duo to think of securing their home and possessions. (S4) **7.35** 1/6. Terry's boss urges him to enter the world of politics, so he becomes a candidate for the East Purley Ward. **8.15** 2/6. Terry faces a dilemma during a golfing weekend when the company chairman asks him for a game. (S5)
- 8.55 PM **to 6.00** AM **Terry and June**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Murder Comes to Town**
- 9.00 **Still a Mystery**
- 11.00 **Diabolical: Deadly Love**
- 12.00 NOON **People Magazine Investigates** The death of NBA star Lorenzen Wright.
- 1.00 PM **Still a Mystery**
- 3.00 **People Magazine Investigates**
- 4.00 **Diabolical: Deadly Love**
- 5.00 **The 1980s: The Deadliest Decade** Double bill.
- 7.00 **Welcome to Killer Town** The case of Patricia Mills, who was killed in a house fire in Texas. **8.00** Focusing on the case of 23-year-old Sherry Leighty, who disappeared in 1999.
- 9.00 **How (Not) to Get Rid of a Body** A young Ohio man vanishes without a trace.
- 10.00 **A Body in the Basement**
- 11.00 **Cabin in the Woods**
- 12.00 M'T **Police 911: Michigan**
- 1.00 AM **Good Cop, Bad Cop**
- 2.00 **The 1980s: The Deadliest Decade** Double bill.
- 4.00 **to 6.00** AM **Welcome to Killer Town**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Big**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Garage Rehab**
- 2.00 **Ant Anstead Master Mechanic**
- 3.00 **Supertruckers**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Mike Brewer: Born Dealer**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Mike Brewer: Born Dealer** Mike heads to Poland to avoid the dreaded British 'Porsche Tax'.
- 9.00 **Roadworthy Rescues** Derek plans to turn an abandoned 1964 Ford Galaxie into a rally-tribute car.
- 10.00 **Supertruckers** The firm deal with two huge military moves.
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Mike Brewer: Born Dealer**
- 1.00 AM **Richard Hammond's Big**
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

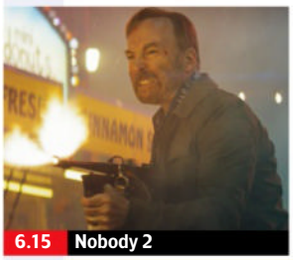
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.00 AM **Flavia** As 11.45am.
- 7.40 **On Swift Horses** Drama. (2024, 15, 119min) ★★★
- 9.45 **Final Destination: Bloodlines**
- 11.45 **Flavia** Family adventure. (2025, PG, 100min) ★★★
- 1.25 PM **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
- 3.25 **One Battle After Another** Thriller. (2025, 15) ★★★★★
- 6.15 **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. (2025, 15, 89min) ★★★



6.15 Nobody 2

8.00 Final Destination: Bloodlines Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. With Richard Harmon and Teo Briones. (2025, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Superman Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. (2025, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.20 AM **Materialists** Romantic comedy with Dakota Johnson. (2025, 15, 116min) ★★★★
- 2.20 **Man Finds Tape** Horror. (2025, 15, 84min) ★★★★
- 3.50 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
- 5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Box Set

303 303 403 503 517

- 7.40 AM **Police Academy 2: Their First Assignment** As 11.55pm.
- 9.20 **Police Academy 3: Back in Training** As shown at 1.35am.
- 11.00 **Jurassic World** Adventure. (2015, 12, 124min) ★★★★
- 1.15 PM **Jurassic World: Fallen Kingdom** Adventure sequel. (2018, 12, 128min) ★★★
- 3.25 **Jurassic World: Rebirth** Adventure. (2025, 12) ★★★
- 5.45 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★

10.05 Police Academy

8.00 The Equalizer 2 Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Ashton Sanders and Orson Bean. (2018, 15, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Police Academy Comedy starring Steve Guttenberg, Kim Cattrall and Bubba Smith. A city police force opens its doors to some very unlikely recruits. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
- 1.35 AM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
- 3.15 **Sky Cinema Preview**
- 4.15 **to 6.20** AM **Lethal Weapon** Action comedy thriller. (1987, 15, 110min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 6.10 AM **Sky Cinema Preview**
- 6.55 **The Cut** As shown at 5.40am.
- 8.35 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
- 10.10 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
- 12.20 PM **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
- 3.25 **Empire of the Sun** Director Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★
- 6.00 **The Post** Fact-based drama starring Meryl Streep and Tom Hanks. (2017, 12, 113min) ★★★★
- 8.00 **Legends of the Fall** Epic period drama set in early 20th-century Montana, starring Brad Pitt. (1994, 15, 133min) ★★★★
- 10.25 **Horizon: An American Saga – Chapter 1** Western directed by and starring Kevin Costner. A seasoned cowboy goes on the run with a prostitute and a young boy after killing a fellow gunman. (2024, 15, 181min) ★★★★
- 1.35 AM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
- 3.45 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
- 5.40 **to 7.30** AM **The Cut** Thriller. (2024, 12, 99min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.10 AM **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
- 9.35 **Mars Attacks!** Tim Burton's sci-fi spoof with Jack Nicholson. (1996, 12, 106min) ★★★★
- 11.25 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
- 1.10 PM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
- 2.30 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
- 4.10 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
- 5.40 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★
- 8.00 **Van Helsing** Fantasy adventure with Hugh Jackman, Richard Roxburgh and Kate Beckinsale. (2004, 12, 132min) ★★★
- 10.20 **Blade: Trinity** Adventure sequel starring Wesley Snipes, Ryan Reynolds and Jessica Biel. (2004, 15, 113min) ★★★
- 12.20 AM **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
- 1.55 **Die Alone** Horror thriller starring Carrie-Anne Moss. (2024, 15, 91min) ★★★★
- 3.30 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
- 5.10 **to 6.45** AM **The Damned** Horror starring Odessa Young. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.35 AM **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
8.25 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
9.55 **Smurfs** As 12.55am.
11.30 **The Bad Guys 2** As 6.00pm.
1.20 PM **The Karate Kid** Drama. (2010, PG, 140min) ★★★
3.45 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
6.00 **The Bad Guys 2** Animated sequel. (2025, PG) ★★★★

3.45 How to Train Your Dragon

8.20 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. With Richard Armitage, Andy Serkis and Cate Blanchett. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Spy Kids 2: Island of Lost Dreams** Sci-fi adventure comedy sequel starring Alexa Vega and Daryl Sabara. (2002, U, 100min) ★★★★
12.55 AM **Smurfs** Fantasy comedy featuring the voice of Rihanna. (2025, PG, 89min) ★★
2.40 **Madagascar: Escape 2 Africa** Animated sequel. (2008, PG, 89min) ★★★
4.25 **to 7.25** AM **The Hobbit: An Unexpected Journey** (2012)

Sky Cinema Action

306 306 407 507 521

6.10 AM **Blacklight** (2022, 15) ★
8.00 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
9.50 **Fast & Furious 6** Action thriller sequel. (2013, 12) ★★★
12.10 PM **xXx** Espionage action thriller. (2002, 12, 124min) ★★
2.20 **xXx: State of the Union** Action sequel. (2005, 12) ★★
4.05 **xXx: Return of Xander Cage** Action sequel. (2016, 12) ★★★
5.55 **The Long Kiss Goodnight** Action thriller. (1996, 18) ★★★

5.55 The Long Kiss Goodnight

8.00 **Gladiator II** Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. With Pedro Pascal and Denzel Washington. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld and John Cena. A teenager discovers and revives the battle-scarred Autobot Bumblebee in a junkyard. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Novocaine** Action comedy. (2024, 15, 80min) ★★★
2.20 **Jackie Chan's First Strike** Action thriller starring Jackie Chan. (1996, 12, 83min) ★★
3.55 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
5.45 **to 6.35** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **The First Wives Club** Comedy. (1996, PG) ★★★
9.00 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
11.00 **Ace Ventura Pet Detective**
12.35 PM **Ace Ventura: When Nature Calls** As 11.25pm.
2.15 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
4.20 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
6.10 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★

8.00 American Reunion

8.00 **American Reunion** Comedy sequel starring Jason Biggs and Alyson Hannigan. The group of friends get together some 13 years after leaving high school. With Jennifer Coolidge. (2012, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Ace Ventura Pet Detective** Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
1.05 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
2.40 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
4.20 **Cinema List: Risky Romance**
4.50 **to 6.45** AM **Superbad** Teen comedy starring Jonah Hill. (2007, 15, 113min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **Sky Cinema Preview**
7.00 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
9.25 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
11.45 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
1.55 PM **Cellular** Supsense thriller. (2004, 15, 94min) ★★★
3.40 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.40 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★

10.00 American Gangster

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. Former CIA assassin Jason Bourne tries to discover why his enemies want to kill him. With Brian Cox. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **American Gangster** Epic crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
3.15 **To Catch a Thief** Romantic Hitchcock comedy thriller. (1955, PG, 102min) ★★★★
5.10 **to 7.00** AM **Breakdown** Thriller. (1997, 15) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG) ★★★
12.45 PM **Playing with Fire** Action comedy. (2019, PG, 96min) ★★
2.40 **Spies in Disguise** Animation. (2019, PG, 98min) ★★★★
4.45 **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
6.50 **Central Intelligence** Action comedy with Dwayne Johnson. (2016, 12, 107min) ★★★

6.50 Central Intelligence

Central Intelligence (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Ghost Rider** Comic-book adventure starring Nicolas Cage and Eva Mendes. A motorcycle stuntman sells his soul to the Devil and leads a double life as a flaming vigilante skeleton. With Peter Fonda and Wes Bentley. (2006, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **The Unbearable Weight of Massive Talent** Comedy starring Nicolas Cage as himself. The actor accepts a $1 million offer to attend an obsessed fan's birthday, only to end up recruited by the CIA. (2022, 15, 107min) ★★★★
1.25 **to 3.45** AM **Smile** Horror thriller starring Sosie Bacon. (2022, 18, 115min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

7.40 AM **Bookworm** Comedy. (2024, 12, 103min) ★★★★
9.30 **Flavia** Family adventure. (2025, PG, 110min) ★★★
11.20 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★
1.20 PM **Batman** Adventure. (1989, 15, 121min) ★★★★
3.30 **Batman Returns** Adventure. (1992, 12, 121min) ★★★★
5.40 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
8.00 **Batman Forever** Adventure starring Val Kilmer, Tommy Lee Jones, Jim Carrey, and Chris O'Donnell. Black-cloaked vigilante Batman and his new partner Robin tackle psychotic criminals Two-Face and The Riddler. (1995, 12, 121min) ★★★
10.05 **Batman & Robin** Adventure with George Clooney, Chris O'Donnell and Arnold Schwarzenegger. (1997, PG, 125min) ★★
12.15 AM **Shazam!** Comedy adventure starring Zachary Levi. (2019, 12, 132min) ★★★★
2.30 **Aquaman** Superhero adventure. (2018, 12, 143min) ★★★
4.55 **to 7.00** AM **Venom** Fantasy adventure starring Tom Hardy. (2018, 15, 112min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.05 AM **Caddyshack** As 2.10am.
8.50 **Arthur** As shown at 4.40am.
10.35 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
12.35 PM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
2.35 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
4.45 **Blazing Saddles** Mel Brooks' wildly irreverent Western spoof. (1974, 12, 90min) ★★★★
6.20 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof police thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Spoof police thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
11.00 **The Golden Child** Adventure. (1986, PG, 93min) ★★
12.35 AM **Blazing Saddles** (1974)
2.10 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
3.50 **Sky Cinema Preview**
4.40 **to 6.20** AM **Arthur** Comedy. (1981, 15, 93min) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.35 AM **Teen Titans Go! to the Movies** Animated adventure. (2018, PG, 84min) ★★★
9.10 **The Bad Guys 2** As 8.40pm.
11.00 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
12.25 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.10 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
4.00 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
5.35 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
7.05 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
8.40 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
10.30 **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
12.00 M'T **Teen Titans Go! to the Movies** As shown at 7.35am.
1.30 AM **Rock Dog** Animation. (2016, PG, 90min) ★★★
3.05 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.35 **to 6.00** AM **Buffalo Kids** Animation. (2024, U) ★★★

Disney+ Cinema

305 305

6.00 AM **Ratatouille** As 5.40pm.
8.00 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
9.20 **Piglet's Big Movie** (2003, U) ★★
10.40 **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
11.55 **Bambi** Disney's classic cartoon. (1942, U, 69min) ★★★★★
1.10 PM **The Aristocats** Animation. (1970, U, 78min) ★★★★★
2.35 **Pocahontas** Animation. (1995, U, 81min) ★★★
4.00 **WALL-E** Animated adventure. (2008, U, 98min) ★★★★★
5.40 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
7.35 **Inspector Gadget** Live-action screen adaptation of the cartoon. (1999, U, 77min) ★★★
9.00 **Iron Man** Comic-book adventure starring Robert Downey Jr. (2008, 12, 120min) ★★★★
11.05 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
12.45 AM **Pirates of the Caribbean: Salazar's Revenge** Adventure sequel. (2017, 12, 129min) ★★★
2.55 **Flightplan** Suspense thriller. (2005, 12, 98min) ★★★★
4.40 **The Many Adventures of Winnie the Pooh** As 10.40am.
5.50 **to 6.00** AM **Bao**

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 9/24. (S2)
6.30 **Topper Returns** Fantasy. (1941, b/w, U, 88min) ★★★
8.20 **Father's Little Dividend** Comedy sequel to the *Father of the Bride*. (1951, b/w, U, 82min) ★★★
10.00 **The Professionals** Crime drama. (1960, b/w, 61min) ★★★
11.15 **Emergency** Suspense drama. (1963, b/w, U, 63min) ★★
12.30 PM **Adventures of Sir Lancelot**
1.00 **Blanche Fury** Melodrama. (1947, PG, 90min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **David Bailey: Four Beats to the Bar and No Cheating**
5.35 **Four Star Theatre** 19/41. (S4)
6.05 **What's On TPTV with Noel**
6.20 **Strange But True**
6.55 **The Brothers** 5/13. (S2)
8.00 **Mark Saber** 14/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **That Summer!** Drama. (1979, PG, 94min) ★★★
11.15 **The Haunted Strangler** Thriller. (1958, b/w, 12, 81min) ★★
12.55 AM **Doomwatch** 8/13. (S1)
1.55 **The Undertaker** Thriller. (2023, 15, 85min) ★★
3.45 **The Gentle Trap** (1960, PG) ★★
4.55 **Food Flash: Cod Liver Oil**
5.00 **to 6.00** AM **Burke's Law**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of day five of the ATP Monte-Carlo Masters, a clay-court tournament at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
1.00 PM LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open, both clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
2.00 LIVE **The Masters** Coverage of round one of the first Major of the year at Augusta National Golf Club in Georgia. Unlike other Majors, participation at this event is by invitation only with a set criteria in place for the invitees, and the final field selected to play is the smallest of the four championships. All past winners are among those invited, and this year will see veterans such as Fred Couples, Vijay Singh and Mike Weir join more recent winners such as Jon Rahm, Scottie Scheffler and last year's winner Rory McIlroy. *See feature, page 28.*
12.30 to **6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Gary Neville's Soccerbox**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years**
2.00 PM **PL Retro** Chelsea v Manchester United from 2006.
4.00 **Premier League Icons** A profile of Uruguayan footballer Luis Suarez, who plays for Inter Miami. **4.30** A profile of Dutch football manager Ruud Van Nistelrooy.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **The Big Interview** An interview with a top-flight footballer.
7.30 **Premier League Stories** With Nigerian player Victor Moses.
8.00 **Gary Neville's Soccerbox** The presenter talks to former teammate Wayne Rooney.
9.00 **The Big Interview** An interview with a top-flight footballer.
9.30 **Premier League Stories**
10.00 **Transfer 360** Double bill.
11.00 **Premier League Years**
1.00 AM **PL Retro** Chelsea v Manchester United from 2006.
3.00 **PL Greatest Games**
4.00 to **6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
1.00 PM **SPFL Round-Up**
1.15 **SPFL** Recent action.
1.45 **EFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **SPFL Round-Up**
3.45 **SPFL** Dundee v Celtic.
4.00 **Bundesliga Highlights Show**
5.00 **EFL Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights**
8.00 **SPFL Round-Up**
8.15 **SPFL** Recent action.
8.45 **EFL Highlights** Action from Watford v Charlton Athletic. **9.00** Highlights from Swansea City v Middlesbrough. **9.15** Hull City v Coventry City.
9.30 **Bundesliga Weekly**
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **There's Only One Sauzee**
12.30 AM **Best Scottish Premiership Goals 2023/24**
1.00 **Old Firm Derby Best Goals**
1.30 to **6.00** AM **SPFL Highlights**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Action from Rajasthan Royals v Mumbai Indians. **1.00** PM Action from Gujarat Titans v Rajasthan Royals. **1.55** Highlights of Delhi Capitals v Gujarat Titans.
2.50 LIVE **IPL** **Kolkata Knight Riders v Lucknow Super Giants.** Coverage of the T20 game at Eden Gardens.
7.00 **Best of ICC WT20** Highlights from England v India in 2007. **7.15** England v Sri Lanka in 2014. **7.30** Highlights from England v South Africa in 2016. **7.45** England v Sri Lanka in 2014.
8.00 **IPL** Delhi Capitals v Gujarat Titans from Arun Jaitley Stadium, Delhi. **9.00** Kolkata Knight Riders v Lucknow Super Giants in the T20 match staged at Eden Gardens. **10.00** Action from Rajasthan Royals v Mumbai Indians. **11.00** Kolkata Knight Riders v Lucknow Super Giants.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Kolkata Knight Riders v Lucknow Super Giants.
4.45 to **6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Masters Official Film 2024**
7.00 **The Masters** Highlights.
11.00 **Rory's 2025** Rory McIlroy.
12.30 PM **McGinley & Chamblee at The Masters** Round one preview.
2.00 LIVE **The Masters** Coverage of round one of the first Major of the year at Augusta National Golf Club in Georgia. Unlike other Majors, participation at this event is by invitation only with a set criteria in place for the invitees, and the final field selected to play is the smallest of the four championships. All past winners are among those invited, and this year will see veterans such as Fred Couples, Vijay Singh, and Mike Weir join more recent winners such as Jon Rahm, Scottie Scheffler, and last year's winner, Rory McIlroy. *See feature, page 28.*
12.30 AM **Masters: Faldo '96**
1.30 **The Masters Official Film – Lyle 1988** Archive action.
2.00 **The Masters Official Film – Weir 2003** A look back.
3.00 **The Masters** The first round.
4.30 **The Masters Official Film**
5.30 to **6.00** AM **Jordan Spieth – From Minor to Major**

TNT Sports 1

410 413 521 408 430

6.00 AM **Serie A – Full Impact**
6.30 **Sign Up – Into Football**
7.15 **AFL** Two match replays.
10.15 LIVE **AFL** **Adelaide Crows v Carlton Blues.** Coverage from Adelaide Oval. Bounce-up **10.40am**.
1.30 PM **Cycling** Highlights.
2.30 LIVE **Cycling** Coverage of the fourth stage of the men's Tour of the Basque Country.
4.45 **Men's Cycling Pro Series**
5.45 **The Gruppetto** Cycling news.
6.00 **Premier League Stories**
6.30 **Premier League: Big Interview**
7.00 LIVE **UEFA Europa League** **FC Porto v Nottingham Forest.** Coverage from the quarter-final first-leg staged at Estádio do Dragão. Kick-off **8.00pm**.
10.30 **UEFA Europa & Conference League Highlights**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **New York Mets v Arizona Diamondbacks.** Coverage of the National League match staged at Citi Field. Start-time **12.10am**.
3.00 AM **MLB Classic** Archive action.
3.30 **World Rally Raid Championship**
4.30 to **6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM **Ninja A-League Women Highlights** Recent action.
6.30 **The WRC Magazine**
7.00 **Men's Cycling** Highlights.
9.00 **Serie A – Full Impact** All the best moments from matchday 31 of the Italian top flight.
9.30 **UEFA Champions League**
1.00 PM **UEFA Europa League & Conference League Magazine** A round-up of all the latest action.
2.00 **Serie A – Full Impact**
2.30 **TNT Sports Reload**
3.00 **UEFA Champions League**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 LIVE **UEFA Europa League** **Bologna v Aston Villa.** Coverage of the quarter-final first-leg staged at Stadio Renato Dall'Ara. Kick-off **8.00pm**.
10.30 **UEFA Champions League Highlights Show** All the goals from the quarter-final first-leg.
11.30 **Miracle of Istanbul**
12.30 AM **The WRC Magazine**
1.00 **Snow League Highlights**
2.00 **AFL** A match replay.
3.30 **Men's Cycling** Highlights.
4.30 **Premier League Legends**
5.30 to **6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** New England Patriots v Los Angeles Chargers.
4.00 **Super League Highlights**
5.00 **NBC's Pro-Football Talk**
7.00 LIVE **Premier League Darts** Coverage of the 10th night of the tournament at Brighton Centre, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-final matches are Luke Humphries v Jonny Clayton, Gerwyn Price v Josh Rock, Luke Littler v Stephen Bunting, and Michael van Gerwen v Gian van Veen. Luke Littler won this night last year after he beat Nathan Aspinall 6-3 in the final.
11.00 **Super League Highlights** Wigan Warriors v Hull Kingston Rovers.
11.15 **Women's Super League** Action from St Helens v York Valkyrie in the 2024 Grand Final.
11.30 **Super League Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Women's Super League**
1.15 **Super League Highlights**
1.30 **Premier League Darts**
5.30 to **6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of day five of the ATP Monte-Carlo Masters, a clay-court tournament at Monte Carlo Country Club.
1.00 PM LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open.
3.45 LIVE **The Masters** Coverage of round one of the first Major of the year held at Augusta National Golf Club in Georgia. Unlike other Majors, participation at this event is by invitation only with a set criteria in place for the invitees, and the final field selected to play is the smallest of the four championships. All past winners are among those invited, and this year will see veterans join recent winners like last year's winner Rory McIlroy.
7.00 LIVE **Premier League Darts** Coverage of the 10th night of the tournament staged at Brighton Centre, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.00 **Sky Sports News**
12.00 M'T to **6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Coverage of day five of the ATP Monte-Carlo Masters, a clay-court tournament at Monte Carlo Country Club.
1.00 PM LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open, both clay-court tournaments held at Monte Carlo Country Club in Roquebrune-Cap-Martin, and Design Center Linz respectively.
6.00 LIVE **WTA Tennis** Coverage of day four of the WTA Linz Open.
9.00 **WTA Tennis** Recent action.
11.00 **ATP Tour This Week**
11.30 **Tennis** The Miami Open.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 to **6.00** AM **WTA Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **Ladies European Tour Golf**
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.15 **Men's T20 World Cup**
4.45 **Super League** Another chance to see St Helens v Wigan Warriors.
7.15 **Super League** A chance to see Hull Kingston Rovers v Hull FC.
10.00 **IPL** Highlights from Chennai Super Kings v Punjab Kings. **11.00** Action from Delhi Capitals v Mumbai Indians.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 to **6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Ultimate Pool**
7.30 **TNT Sports Reload**
8.00 **World Rally Raid Championship**
9.00 **Classic Premier League**
1.00 PM **MLB Highlights**
2.00 **Classic Premier League**
4.00 **Ally's Social Club**
4.45 **Sign Up – Into Football**
5.30 **World Rally Raid Championship**
6.30 **Serie A – Full Impact**
7.00 LIVE **Conference League** **Crystal Palace v Fiorentina.** The quarter-final first-leg staged at Selhurst Park. Kick-off **8.00pm**.
10.30 **Cycling** Event highlights.
11.30 **The Cycling Show**
12.00 M'T **Fight Week** UFC 327.
12.30 AM **UFC Countdown**
1.30 **UEFA Conference League**
2.00 **UEFA Europa League**
3.00 **UEFA Conference League**
3.30 **UEFA Europa League**
4.00 **UEFA Conference League**
5.00 to **6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 4

414 416 524 411 434

6.00 AM **European Football**
7.30 **UEFA Champions League**
9.30 **NWSL** Recent highlights.
11.30 **A-League Women Highlights**
12.00 NOON **Unbreakable: England**
1.30 PM **Formula E Unplugged**
2.30 **WRC: More Than Machine**
4.00 **The WRC Magazine**
4.30 **MLB Highlights**
5.30 **TNT Sports Reload**
5.45 LIVE **Conference League** **Rayo Vallecano v AEK Athens.** Coverage from the quarter-final first-leg. Kick-off **5.45pm**.
7.45 **TNT Sports Reload**
8.00 LIVE **UEFA Europa League** **SC Freiburg v Celta Vigo.** The quarter-final first-leg at Europa-Park Stadion. Kick-off **8.00pm**.
10.00 **AFL** A match replay.
11.30 **Ultimate Pool** Pairs Cup.
1.00 AM **TNT Sports Reload**
1.30 **A-League Women Highlights**
2.00 **UFC** Highlights and features.
5.30 to **6.00** AM **Formula E**

Premier Sports 1

419 551

6.00 AM **LaLiga** Girona v Villarreal.
8.00 **Eredivisie Highlights**
9.00 **Champions Cup Highlights**
10.00 **LaLiga Match Highlights**
11.30 **Champions Cup Show**
12.00 NOON **NHL Ice Hockey**
2.00 PM **NHL on the Fly**
3.00 **NASCAR Highlights**
4.00 **Champions Cup** Another chance to see Toulon v DHL Stormers.
6.00 **Sporting Countdowns**
6.30 **Champions Cup** Bordeaux Begles v Leicester Tigers.
8.30 **Champions Cup** Another chance to see Leinster v Edinburgh.
10.30 **Sporting Countdowns**
11.00 **NHL Specials** Florida Panthers' repeat victory in the Stanley Cup.
12.00 M'T **NHL Ice Hockey**
2.00 AM LIVE **NHL Ice Hockey** **Dallas Stars v Minnesota Wild.** Coverage of the Western Conference match from American Airlines Center. Face-off **2.00am**.
5.00 to **6.00** AM **NHL: This is Hockey**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **LaLiga** Getafe v Athletic Bilbao.
9.00 **Football's Greatest**
9.30 **GP Insights** The latest news.
10.00 **NHL Ice Hockey**
12.00 NOON **Football's Greatest**
12.30 PM **Champions Cup**
2.30 **LaLiga** Valencia v Celta Vigo.
4.30 **Football's Greatest**
5.30 **LaLiga Match Highlights**
6.00 **Champions Cup**
9.40 **LaLiga Match Highlights**
10.00 **Temples of Sport**
10.30 **Football's Greatest**
11.00 **Bike World** Motorcycling.
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** **Montreal Canadiens v Tampa Bay Lightning.** Coverage from Bell Centre. Face-off **12.00m't**.
3.00 AM **Temples of Sport**
3.30 to **6.30** AM LIVE **NHL Ice Hockey** **Los Angeles Kings v Vancouver Canucks.** Face-off **3.30am**.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
2.00 PM **Formula 1** Recent action.
5.00 **Ted's Notebook**
5.30 **Indycar** Alabama Grand Prix.
8.00 **Formula 1** Australian Grand Prix.
9.00 **Ted's Notebook**
9.30 **Formula 1** Chinese Grand Prix at Shanghai International Circuit. **11.30** The Japanese Grand Prix staged at Suzuka Circuit.
12.30 AM **Ted's Notebook**
1.00 **F1 Explained** The inner workings.
2.00 **The Best of Australia & China**
3.00 **F1 Explained** The inner workings.
4.00 **The Best of Australia & China**
5.00 to **6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

10 April

Evening Planner

Horror

Weapons
Sky Premiere, 9pm
Julia Garner stars in this horror, that has a hint of Stephen King about it, in which a group of children vanish into thin air.

OnDemand

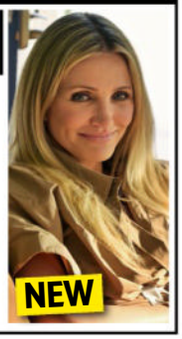
Disney+

Malcolm in the Middle: Life's Still Unfair
Available today
Malcolm (Frankie Muniz) and family are back on our TVs – 20 years on.

OnDemand

tv

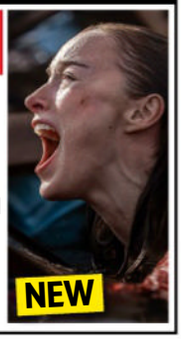
Outcome
Available today
Cameron Diaz and Keanu Reeves star in this comedy, in which a Hollywood star finds himself the target of a smear campaign.



OnDemand

NETFLIX

Thrash
Available today
Bridgerton's Phoebe Dynevor stars in this survival horror about a town under siege from a shiver of ravenous sharks.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Extraordinary... †	8.00 Beyond Paradise		9.00 Have I Got...	9.30 The Young...	10.00 News; Local News	10.40 Claudia...
	102 BBC2	7.00 Greatest...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Big Cats 24/7		10.00 Live at the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 It'll Be Alrigh... †	8.00 Emmerdale	8.30 Coronation...	9.00 I'm a Celebrity... South Africa		10.00 The Assembly	10.30 News
	104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Primark vs John Lewis: Battle of the...		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Building the Impossible with Rob Bell		9.00 Jane McDonald in Nashville		10.00 Some Mothers Do 'Ave 'Em: Secrets...	
	106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 James Acaster: Hecklers Welcome			10.30 Intelligence
ENTERTAINMENT	115 BBC3		7.20 Deadly 60	7.45 Film: Wallace & Gromit: Vengeance Most Fowl		9.00 Death in Paradise		10.00 Film: The Hunger Games: The Ballad...	
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1986	8.30 TOTP: 1991	9.00 Shania Twain at the BBC	9.45 Reel Stories: Shania Twain		10.30 Shania Twain...
	118 ITV2	◂ 6.40 I'm a Celebrity... South Africa		8.00 The 1% Club		9.00 Film: No Time to Die			
	136 MORE4	◂ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Blanca			
	135 E4	7.00 The Simpsons		8.00 Film: Top Gun: Maverick					10.30 Inbetweeners
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.45 House of the Dragon				9.00 DTF St Louis		10.00 The Miniature Wife	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 Not Going Out			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 McDonald & Dodds	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers		9.00 The 1% Club		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live from the West End			10.30 Whose Line...
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Grimm			
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown				9.00 Death in Paradise		10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Hendrix: Band of Gypsys			10.15 Jimi Hendrix at Woodstock
	132 U&W	7.00 DIY SOS: Million Pound Build for...		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition X		10.00 Conspiracies and Cover-Ups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 My Extreme Animal Phobia		9.00 Alaska: The Last Frontier		10.00 Alaska Gold Diggers	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Endurance				10.00 Lost on Everest	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Hitler's British Island				10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Australia with Simon Reeve		8.00 Porridge				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	◂ 6.55 Burden of Proof: Who Killed...		8.00 Kurt Cobain: Montage of Heck					10.30 Billy Joel...
FILMS - Sky Cinema	301 PREMIERE	◂ 6.45 Superman				9.00 Weapons			
	302 ADVENTURE	◂ 6.20 Flavia		8.00 The Lord of the Rings: The Fellowship of the Ring					
	303 BOX SET	◂ 5.45 Jurassic Park		8.00 The Lost World: Jurassic Park				10.10 Jurassic Park III	
	307 GREATS	◂ 6.00 Twister		8.00 Bad Boys				10.00 First Knight	
	312 ANIMATION	◂ 6.05 Cloudy with a Chance of...	7.45 Cloudy with a Chance of Meatballs 2				9.25 The Bad Guys 2		
	304 FAMILY	◂ 6.00 Stardust			8.20 The Hobbit: The Desolation of Smaug				
	306 ACTION	◂ 5.50 The Mummy Returns		8.00 Spider-Man					10.05 Indiana Jones and the Last Crusade
	308 COMEDY	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 Mamma Mia!				10.00 Mamma Mia! Here We Go Again	
	309 THRILLER	◂ 6.05 The Bourne Supremacy		8.00 The Bourne Ultimatum				10.00 Hannibal	
	310 DRAMA	◂ 6.10 Lost in Translation		8.00 Dunkirk				9.55 Escape to Victory	
	311 SCI-FI	◂ 6.30 Cloverfield		8.00 Interstellar					
	313 FILM4	◂ 6.50 Sister Act 2: Back in the Habit				9.00 The Great Wall			
SPORT	401 MAIN EVENT	◂ 2.00 The Masters...	7.30 FNF – Live: West Ham United v Wolverhampton Wanderers (Kick-off 8.00)					10.00 The Masters – Live: Round two	
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: West Ham United v Wolverhampton Wanderers (Kick-off 8.00)						
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: West Bromwich Albion v Millwall (Kick-off 8.00)						10.30 EFL Trophy...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 MLB – Live: Chicago Cubs v Pittsburgh Pirates (Start-time 7.20pm)						10.00 World Rally...	10.30 PL Big Interview
	411 TNT SPORTS 2		7.15 Inside Serie A	8.00 Classic Premier League		9.00 UEFA Magazine	9.30 Men's Cycling World Tour		10.30 Paris-Roubaix

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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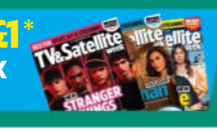

Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Farm 999** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Celebrity Homes Under the Hammer** With Alex Jones. (S)(R)
12.15 PM **Bargain Hunt** Series finale (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** *The Royal Visit:* 6/10. A royal visit is jeopardised when a body is found. (S10) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **I Made It at Market** New edition Revisiting blacksmith Alex. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

8.00 Beyond Paradise

7 PM

7.00 **The One Show** JB Gill and Alex Jones present the topical show. (S)
7.30 **Extraordinary Portraits with Bill Bailey** New edition 3/6. A wildlife sanctuary owner is matched to celebrity artist Ricky Wilson. (S)

8 PM

8.00 **Beyond Paradise** New episode 3/6. When the team attend a Dark Morris-dancing event, Margo finds herself at the centre of a crime when a member of her team collapses during their performance. (S4) (S)(AD)

9 PM

9.00 **Have I Got News for You** New edition 2/10. Monty Don hosts the quiz, with Helen Lewis and Chris McCausland. (S)
9.30 **The Young Offenders** New episode 2/6. The lads expand their empire. (S5) (S)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Claudia Winkleman Show** New edition 5/6. Claudia talks to comedian Michelle de Swarte and actors Ralph Fiennes, Anna Faris and Olivia Cooke about their latest projects. (S)
11.25 FILM PREMIERE **Something in the Water** Survival thriller starring Hiftu Quase and Natalie Mitson. A group of five friends must fight for their lives in open water after a dream wedding turns into a nightmare. With Nicole Rieko Setsuko and Ellouise Shakespeare-Hart. (S) (2023, 15, 80min) ★★
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **Just One Thing** (S)(R)(AD)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Just One Thing** (S)(R)
9.00 **BBC News** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Lightning** Quick-fire quiz. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** The newsreader explores his heritage. (S)(R)
3.30 **Nature's Epic Journeys** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Haywards Heath. (S)(R)
5.15 **Flog It!** From the Cotswolds. (S)(R)
6.00 **Richard Osman's House of Games** With guests Michael Ball, Jodie Prenger, Laurence Rickard and Snoochie Shy. (S)(R)
6.30 **Ronan Keating's Wild Atlantic** New edition Ronan explores the walls of Derry/Londonderry. (S)(AD)

9.00 Big Cats 24/7

7.00 NEW SERIES **Greatest Gardens with Diarmuid Gavin and Carol Klein** 1/6. A search for Northern Ireland's finest gardens. (S)(AD)
7.30 **Beechgrove Garden** New edition The team take a look ahead to the summer. (S)

8.00 **Gardeners' World** New edition Frances Tophill returns to Damson Farm, and shares research from the RSPB on how we can support garden birds, and Toby Buckland explains how to make the most of outdoor spaces. (S)

9.00 **Big Cats 24/7** Series finale 6/6. First-time lion mum Serami's tiny cubs surprise the crew, while Pobe the cheetah makes a welcome return with her surviving cub Bo. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Live at the Apollo** Gina Yashere introduces stand-up routines by Lost Voice Guy and Ed Gamble. (S)(R)
10.30 **Newsnight** (S)
11.00 FILM **Tenet** Christopher Nolan's action thriller starring John David Washington. Fighting for the survival of the world, a troubleshooter journeys through a twilight world of international espionage. (S) (AD) (2020, 12, 145min) ★★★★
1.25 AM **Sign Zone: Great British Menu**
2.25 **Sign Zone: Big Cats 24/7** (S)(R)
3.25 **Sign Zone: The Other Bennet Sister** 8/10. (S1) (S)(R)(AD)
3.55 **Sign Zone: Global Eye** (S)(R)
4.25 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
12.55 **Celebrity Lingo** *Emmerdale* stars Lisa Riley and Mark Charnock take on the Rev Richard Coles and comedian Tim Vine. (S)(R)
1.30 LIVE **Racing: Grand National Festival** Coverage of day two from Aintree, where the feature races are the 3.30 JCB Melling Chase and the 4.05 Randox Topham Chase. Races also take place at 1.45, 2.20, 2.55 and 4.40. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Green Party. (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 **It'll Be Alright on the Night** New edition Tom Allen presents a compilation of TV clangers, featuring Joe Lycett, will.i.am, Joel Dommett, Stacey Solomon, Will Best, Bill Bailey, Adam Peaty, Gary Neville and the King. (S)(AD)

8.00 **Emmerdale** Robert decides to come clean, Dawn feels shocked, while Kerry apologises. (S)(AD)
8.30 **Coronation Street** Sarah quizzes Danielle about Theo's violent streak, and George meets an estate agent. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 5/15. Two campmates must face their ultimate fears as they are literally dropped from a great height. Ant and Dec host. (S)

10.00 **The Assembly** New edition Nicola Sturgeon, the former First Minister of Scotland, is questioned by autistic and learning-disabled interviewers. (S)
10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 **The 1% Club Rollover** 5/5. Lee Mack hosts a special edition of the quiz show. (S)(R)(AD)
12.20 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As shown at 9.00pm. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** The hosts are joined by singer-songwriter Tanita Tikaram. (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 12-14/22. (S2) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S9) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Massachusetts. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** 2/4. The Bakers visit the Beamish Living Museum. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Chateau DIY** New edition Steve and Kathryn battle to revive their collapsing 14th-century kitchen at Château d'Azerat. (S)(AD)
6.00 **Jasmine Harman's Renovation in the Sun** The pair reach the final phase of their renovation as the basement nears completion. (S)(R)

10.00 First Dates

7.00 **News** (S)
7.30 **Unreported World** *Censored Film Queens of Nigeria:* Anja Popp reports on women risking their livelihoods and pushing boundaries in the Nigerian movie business. (S)(AD)

8.00 **Primark vs John Lewis: Battle of the Brands** New edition Exploring how department store John Lewis, famed for its wedding lists and Christmas ads, has recently found itself battling against cut-price upstart Primark. (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 NEW SERIES **First Dates** More hopefuls enter the restaurant looking to find the perfect match. Twenty-seven-year-old yoga instructor Nicole meets Matthew, a 24-year-old mindfulness coach. (S)(AD)
11.05 **Taskmaster** (S)(R)(AD)
12.10 AM FILM **Jerry & Marge Go Large** Fact-based comedy drama starring Bryan Cranston, Annette Bening and Rainn Wilson. (S) (2022, 12, 95min) ★★★★
1.45 **Ramsay's Kitchen Nightmares USA** From Manhattan. (S)(SL)(R)
2.35 **Four in a Bed** (S)(R)
4.55 **Kirstie's House of Craft** (S)(R)
5.15 **to 6.00** AM **Couples Come Dine with Me** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Hardacres** 4/6. Mary and Ma visit a place that holds painful memories from their past. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Londoner Carolyn prepares to trial a new menu at her Costa Del Sol restaurant. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at a species of auk called black guillemots. (S)
6.05 **Susan Calman's Grand Day Out** Exploring Somerset. (S)(R)
6.55 **News** (S)

8.00 Building the Impossible

7.00 **Motorway Cops: Catching Britain's Speeders** PCs Wade Cruse and Martin Leak join in with the pursuit of a motorcyclist who is refusing to stop. (S)(R)
7.55 **News** (S)

8.00 **Building the Impossible with Rob Bell** Series finale 6/6. Rob travels to New England, sailing in the slipstream of the pilgrims and landing in Boston Harbor to discover the allegedly cursed beacon, Boston Light. (S)

9.00 **Jane McDonald in Nashville** Series finale 2/2. The singer visits the famous Bluebird Café for open mic night, and explores the Grand Ole Opry, where she takes a backstage tour. (S)(AD)

10.00 **Some Mothers Do 'Ave 'Em: Secrets & Scandals** Documentary going behind the scenes of the classic sitcom, with writer Raymond Allen revealing how he created the show and how his own life and wardrobe choices inspired the character of accident-prone Frank Spencer. (S)(R)
11.05 **Piers Morgan: Uncensored** New edition Opinion-led debate show, blending journalism and cultural commentary. (S)
1.00 AM **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S3) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Shark with Steve Backshall** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 10/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *From Beer to Paternity:* Homer, Duffman and Lisa go on a road trip. (S)(R) **5.30** *The Heartbroke Kid:* Bart gets sent to fat camp. (S)(R)
6.00 **The Office (US)** 12/26. Dwight tries to get Jim fired. (S)(R) **6.30** 13/26. Andy's gifts for Erin prove unsuccessful. (S6) (S)(R)

10.30 Intelligence

7.00 **The Simpsons** *Step Brother from the Same Planet:* Grampa becomes a doting stepfather. (S)(R) **7.30** *When Nelson Met Lisa:* An episode set in the future in which Lisa and Nelson become a couple. (S)(R)

8.00 **An Idiot Abroad** 4/8. Karl Pilkington travels to Mexico and immerses himself in the country's culture, before heading for Chichen Itza, home to temples built between the ninth and 12th centuries. (S)(R)(AD)

9.00 **James Acaster: Hecklers Welcome** A stand-up special by the comedian in which he explores his love-hate relationship with performing by relinquishing control of his set and accepting a healthy dose of heckling. (S)(R)

10.30 **Intelligence** 6/6. An FBI agent shows up at GCHQ with an extradition order for Jerry, and the truth about his NSA past comes out, leading to Joseph and the team staging a wedding. (S1) (S)(R)(AD)

11.00 **Grimm** 12/22. Adalind returns to avenge her mother's death, and blackmails Renard into helping her. Juliette confesses to Nick that she has feelings for another man. (S2) (S)(R)
12.00 M'T **Police 24/7** A brawl breaks out between some bikers and locals. (S)(R)
1.00 AM **The Force: North East** (R)
3.00 **Hawaii Five-0** 8/23. (S2) (S)(R)
4.00 **S.W.A.T.** 10/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.25** A View from the Terrace (S)(R) **12.10am** FILM Something in the Water (S) (2023, 15, 80min) ★★ **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.00pm Rugby Union: Women's Six Nations Preview (S) **7.30-8.00pm** Flaming Feasts New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00-7.30pm The One Show (S)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.30** Heno **1.00** Bethesda: Pobol y Chwarel (AD) **1.30** Cegin Bryn: Y Dosbarth Meistr **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Deis **6.30** Garddio a Mwy **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Prosiect Pum Mil **8.55** Newyddion a'r Tywydd **9.00** Y Llais **10.00** Cariad Heb Ffiniau: Poliamori a Fi **11.00pm-12.05am** Eryri: Pobol y Parc

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **I Am Darren** Mockumentary about GB Paralympian Darren Silverstone.
7.20 **Deadly 60** Saltwater crocodiles in Australia.
7.45 FILM **Wallace & Gromit: Vengeance Most Fowl** Animated family adventure featuring the voices of Ben Whitehead, Reece Shearsmith and Peter Kay. (2024, U, 79min) ★★★★★
9.00 **Death in Paradise** *Your Number's Up:* 2/8. A game of bingo at a care home ends in murder. (S13)
10.00 FILM **The Hunger Games: The Ballad of Songbirds & Snakes** Sci-fi adventure prequel with Tom Blyth and Rachel Zegler. A young man who will one day become the tyrannical ruler of Panem mentors a contender in the 10th ritual games. (2023, 12, 165min) ★★★
12.25 AM **Boarders** 4-6/6. (S3)
2.45 **Long Story Short: Privileged** Short drama.
3.00 **to 4.00** AM **Top Gear**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Dope Smugglaz, Marvin & Tamara and Ricky Martin. **7.30** With DJ Jurgen Presents Alice Deejay, Five, Travis and Phats & Small.
8.00 **TOTP: 1986** Performances from Big Audio Dynamite, George Michael and A-Ha.
8.30 **TOTP: 1991** Performances by The Wonder Stuff, Dannii Minogue and The Shamen.
9.00 **Shania Twain at the BBC** A collection of archive appearances by the Canadian singer-songwriter.
9.45 **Reel Stories: Shania Twain** The singer reflects on pivotal moments in her life.
10.30 **Shania Twain at Glastonbury 2024** The Canadian singer-songwriter takes to the Pyramid Stage for the famous Glastonbury teatime Legends slot.
11.45 **TOTP: 1999** Double bill.
12.45 AM **TOTP: 1986** As 8pm.
1.15 **TOTP: 1991**
1.45 **Shania Twain at the BBC**
2.30 **to 3.20** AM **Reel Stories: Shania Twain**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition begins at B&B at No 3 in Market Bosworth, Leicestershire. **5.20** A visit to The Bull Hotel in Buckinghamshire. **5.20** From the Chequers Inn in Battle, East Sussex. **5.50** The final visit of the week is to Hastings House in St Leonards-on-Sea. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer head to Northern Ireland.
7.55 **Kirstie and Phil's Love It or List It** Helping Amy and Brian from Newtownards, Northern Ireland, decide whether to move or renovate their bungalow.
9.00 **Blanca** New episode *Deep Blue:* 4/6. Blanca is sent undercover on a course for blind divers to investigate whether a diving centre is the hub for a larger crime ring. Subtitled. (S1)
11.05 **24 Hours in A&E** A boy arrives by helicopter after a baseball accident.
12.10 AM **24 Hours in A&E**
1.15 **Emergency Helicopter Medics** Documentary.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons** Triple bill of the animated comedy.
5.00 **Dance Moms: A New Era** Series finale The Big Apple plays host to some big drama.
6.00 **The Simpsons** Four episodes, including at: **7.30** *Pray Anything:* Homer discovers the power of prayer.
8.00 FILM **Top Gun: Maverick** Action drama starring Tom Cruise. Pete 'Maverick' Mitchell gets called back to the Top Gun academy. (2022, 12, 130min) ★★★★
10.30 **The Inbetweeners** 1/6. The gang go on the infamous field trip to Swanage. **11.00** 2/6. Will is mistakenly given a work experience placement at a garage. (S2)
11.35 **Naked Attraction**
1.40 AM **Gogglebox**
2.40 **First Dates**
3.40 **The Goldbergs**
4.30 **Modern Family**
4.55 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
8.00 **Stop, Search, Seize**
9.00 **Caught on Dashcam**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 4&5/22. (S1)
1.00 PM **The Rookie** 21/22. Officer Nolan takes steps to become a training officer. **2.00** 22/22. Bradford and Chen go undercover. (S4)
3.00 **Law & Order: Criminal Intent** 3/23. Goren pleads on behalf of a killer. (S4)
4.00 **Nothing to Declare**

10.00 Fire Country

7 PM
7.00 **Police 24/7** A suspect barricades himself in his bedroom, and officers find drug paraphernalia inside a motel room.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Chicago Fire** *On the Hook:* 5/13. When a defibrillator malfunctions, Brett and Violet go looking for answers. (S12)

10 PM
10.00 **Fire Country** *You Know Your Dragon Best:* 13/22. The crew try to control a forest fire and save a group of environmentalists. (S1)
11.00 **Blue Bloods** 11/20. Danny pursues a con artist. (S12)
12.00 M'T **FBI** 1&2/22. (S1)
2.00 AM **FBI: International** (S1)
3.00 **Matlock** 17/19. (S1)
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 6&7/12. (S1)
12.10 PM **Billions** 7&8/12. (S1)
2.25 **My Brilliant Friend** (S1)
3.30 **Hacks** 6/8. Ava attempts to connect with her mother. **4.05** 7/8. Deborah heads to LA to pitch her new set as a comedy special. (S2)
4.40 **Billions** 7/12. A member of Axe's inner circle turns into an informant. Stars Paul Giamatti. **5.45** 8/12. A secret from Axe's past surfaces. (S1)

3.30 Hacks

7 PM
6.45 **House of the Dragon** *Driftmark:* 7/10. The families descend on Driftmark for a funeral. **7.50** *The Lord of the Tides:* 8/10. The succession plans for Driftmark become critical, and Rhaenyra tries to strike a bargain with Rhaenys. (S1)

8 PM

9 PM
9.00 **DTF St Louis** 6/7. Floyd's ego takes a hit after he fails to reconnect with Carol, leading Clark to help him use the DTF app.

10 PM
10.00 **The Miniature Wife** *Lady Tomato and Mr F Tomato-Head:* 1/10. A couple re-evaluate their relationship. (S1)
11.00 **Heated Rivalry** 5/6. Shane admits to Rose that he is gay. **12.00** M'T 6/6. Scott discusses his public coming out. (S1)
1.00 AM **House of the Dragon**
3.25 **Homicide: Life on the Street**
4.30 **Sort Of** 4/8. (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Sam and Billie: Sister Act**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Atlanta**
11.15 **Real Housewives of New...**
12.10 PM **Supermarket Sweep**
1.05 **I'm a Celebrity... South Africa**
2.25 **Catchphrase**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
5.55 **Catchphrase** Game show.

9.00 No Time to Die

7 PM
6.40 **I'm a Celebrity... South Africa** The two camps battle it out in an epic trial to decide who will win dinner that evening.

8 PM
8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM
9.00 **FILM No Time to Die** Action thriller starring Daniel Craig, Rami Malek and Léa Seydoux. James Bond sets off on the trail of an enigmatic villain armed with lethal new technology. (2021, 12, 163min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
12.15 AM **Family Guy** 4/20. Lois talks about a date with Peter that ended in disappointment. (S21) **12.45** 18/20. Chris goes to Canada with Peter to prove that his girlfriend exists. (S20)
1.10 **American Dad!** (S17)
2.05 **to 3.00** AM **Bob's Burgers**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *The Great and the Good.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Vixen's Run:* A dead aristocrat's will goes missing.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *An American in Aidensfield:* Tongues start wagging when Greengrass goes into business with a stranger.

8.00 Doc Martin

7 PM
6.55 **Heartbeat** *Bringing It All Back Home:* A new inspector arrives and Kate receives a job offer.

8 PM
8.00 **Doc Martin** *Midwife Crisis:* 6/8. The new midwife in the village proves unpopular with Martin.

9 PM
9.00 **Doc Martin** *Do Not Disturb:* 7/8. Pauline finds out about Martin's departure to London and confronts him. (S4)

10 PM
10.00 **McDonald & Dodds** *Belvedere:* 1/4. A young woman dies in a busy park and the uncovering of her identity leads Dodds to confront secrets in his own past. (S3)
11.50 **Lewis** *The Great and the Good:* The prime suspect in a rape presents an alibi supported by three pillars of the community.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **Magnum, PI**
7.20 **Kojak**
8.25 **Minder**
9.30 **Racing: The Opening Show**
10.30 **Boon**
11.35 **The Sweeney**
12.40 PM **BattleBots**
1.40 **Magnum, PI**
2.40 **Kojak**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *Arthur Is Dead, Long Live Arthur:* Arthur must pay a £20,000 tax bill immediately.

5.55 Minder

7 PM
7.00 **Aussie Pickers** Following pickers Lucas Callaghan and Adam McDonald as they earn a living by restoring forgotten relics.

8 PM
8.00 **Ice Road Truckers** Jack Jessee traverses mountain passes during a fuel delivery, and Lisa Kelly faces a big challenge.

9 PM
9.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

10 PM
10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.05 AM **Dark Side of the Ring**
1.00 **Minder**
2.00 **Two and a Half Men** (S1)
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene** Queen's Park v Ross County: Coverage of the Scottish Championship clash at The city Stadium. Kick-off is at 7.45.
10.00 **Still Game** 5/6. Jack and Victor try their best to get their hands on the last steak pie in the butcher's shop. (S8)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a sideways look of the latest in Scottish football.
11.15 **Two Doors Down** 2/6. Eric's patience is tested while he tries to recover from a bungled medical procedure. (S3)
11.45 PM **to 12.00** M'T **Growing Up Scottish** Comedians and entertainers offer their thoughts on Scottish art.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S6)
9.00 **Two Weeks to Live**
10.10 **Avenue 5** 7&8/9. (S1)
11.30 **American Auto** (S2)
12.30 PM **Will & Grace** (S8)
1.30 **Two Weeks to Live**
2.40 **Avenue 5** 7&8/8. (S2)
4.00 **Breeders** 5&6/10. (S2)
5.00 **Smothered**
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Community** 22/22. The students set up their own court to settle the dispute over the sandwich shop (S3) **8.30** 1/13. Pelton makes the students compete for a place in class. (S4)
9.00 **Alex Edelman: Just for Us** The stand-up takes to Broadway for his comedy special.
10.45 **The Comeback** *Valerie Faces Reality:* 3/8. (S3)
11.25 **Breeders** 5&6/10. (S2)
12.25 AM **Avenue 5** (S2)
3.00 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: Power of Love**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.05 **The Directors**
12.05 PM **Discovering**
1.05 **Tales of the...**
1.40 **FILM The Misfits** Arthur Miller's western drama. (1961, b/w, PG, 123min) ★★★★★
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** The Britpop era.
9.00 **Hendrix: Band of Gypsys** A 1970 concert.
10.15 **Jimi Hendrix at Woodstock** From 1969.
11.30 **Phil Lynott: Songs for While I'm Away**
2.00 AM **Music Legends**
3.00 **Women Who Rock**
4.15 **Discovering**
5.10 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 20/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Symbiosis:* 22/26. Sci-fi drama. (S1)
8.00 **Nothing to Declare**
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **The Swarm** (S1)
1.00 AM **The Force: North East** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family of five get their chance to win a bumper cash prize.
3.00 **Ant & Dec's Limitless Win** Married couple Arj and Charlotte are back to continue their game.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Chantel tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win a cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Floor** The 65 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Our Farm in the Dales**
11.00 **A New Life in the Sun**
12.00 NOON **Jasmine Harman's Renovation in the Sun** DIY series.
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **George Clarke's Amazing Spaces**
7.50 **Great Celebrity Bake Off for SU2C** With Ambika Mod, Alex Brooker, Vicky Pattison, Sam Thompson and Rose Ayling-Ellis.
9.00 **24 Hours in A&E**
11.05 **Gogglebox** Double bill.
1.10 AM **First Dates**
2.15 **Open House: The Great Sex Experiment**
3.15 **Ramsay's Kitchen Nightmares USA**
4.05 **to 5.00** AM **Grand Designs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 11/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 12/26. (S7)
2.00 **Warehouse 13** 9&10/13. (S3)
4.00 **Stargate SG-1** 8/22. (S4)
5.00 **Star Trek: Voyager** 14/26. Kim and Tuvok fall for the same holodeck character. (S3)
6.00 **Star Trek: The Next Generation** 11/26. Worf feels that reality is changing. (S7)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *The Emperor's New Cloak:* 12/26. Quark and Rom enter an alternative universe. (S7)
8.00 **Stargate SG-1** *The First Ones:* 8/22. Daniel is held prisoner by a Unas uncovered during an archaeological dig. (S4)
9.00 **Grimm** *Bad Moon Rising:* 3/22. Hank struggles with what he has seen as he helps a friend find his missing daughter.
10.00 **Grimm** *Quill:* 4/22. Nick investigates an accident, only to find a disease is spreading among the Wesen. (S2)
11.00 **The Walking Dead** 7/13. Glenn reveals to everyone that the barn is full of captured walkers – news that infuriates Shane, who decides they all need to be destroyed. (S2)
12.00 M'T **Warehouse 13** (S3)
2.00 AM **The Walking Dead** (S2)
3.00 **Reginald the Vampire** (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 2/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S16)
4.00 **The Mentalist** 2/23. (S2)
5.00 **Hudson & Rex** 14/16. Charlie and Rex have a run-in with a wanted criminal. (S1)
6.00 **My Life Is Murder** 3/10. A champion thoroughbred is blamed for the death of its handler at a stud farm. (S3)

10.00 Allegiance

7.00 **Father Brown** *Tower of Lost Souls:* The priest and Chief Inspector Valentine attempt to uncover a dark secret at Helmsley House.
8.00 **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuthing priest races to protect a valuable crown.
9.00 **Death in Paradise** *On the Sanctity of Children:* 5/8. A former children's home resident is found dead. (S12)
10.00 **Allegiance** *Pilot:* 1/10. A rookie police officer fights to exonerate her falsely-accused father as she serves her town. (S1)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S9)
1.00 AM **My Life Is Murder** (S3)
2.00 **Murdoch Mysteries** 14/24. Murdoch investigates the murder of a doomsayer. (S16)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **The Green Green Grass**
9.00 **Are You Being Served?**
9.40 **Last of the Summer Wine**
11.00 **Ever Decreasing Circles**
11.40 **Porridge**
12.20 PM **Keeping Up Appearances**
1.00 **Dad's Army**
2.20 **Ever Decreasing Circles**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

9.00 Not Going Out

7.00 **Porridge** First episode. Fletcher helps new inmate Godber settle in.
7.40 **Dad's Army** First episode. Bank manager George Mainwaring assembles a platoon of volunteers.
8.20 **Are You Being Served?** Mr Lucas feigns illness so he can visit his girlfriend.
9.00 **Not Going Out** Lee worries the woman of his dreams is drifting away. **9.40** Lucy is forced to look after her nine-year-old god-daughter.
10.20 **Men Behaving Badly** Gary and Dermot play chess.
10.55 **Mrs Brown's Boys** Agnes finds herself under the spell of a hypnotist.
11.30 **Not Going Out** Double bill.
12.50 AM **Men Behaving Badly**
1.25 **Mrs Brown's Boys**
2.00 **Hi-de-Hi!**
2.35 **Ever Decreasing Circles**
3.05 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Growing vegetables.
8.00 **Special Ops: Crime Squad UK**
10.00 **Train Rescue Down Under**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers Everyday Gourmets** Advice on how to make gourmet food cheaply.
6.00 **Rick Stein's Road to Mexico** The chef visit Oaxaca, home to Mexico's national cheese.

9.00 QI XL

7.00 **Would I Lie to You?** With Reginald D Hunter, Ken Livingstone, Stephen Mangan and Fern Britton.
7.40 **Richard Osman's House of Games** With Maisie Adam and Michelle Gayle. **8.20** With Darren Harriott, Charlie Brooks, Les Dennis and Melinda Messenger.
9.00 **QI XL** Josh Widdicombe, Katherine Ryan and Phill Jupitus join regular panellist Alan Davies and host Stephen Fry.
10.00 **Frankie Boyle's New World Order** With Sara Pascoe.
10.40 **Have I Got a Bit More News for You** Hosted by Alexander Armstrong.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
2.15 **Frankie Boyle's New World Order** As shown at 10.00pm.
2.50 **to 4.00** AM **Gadget Man's Guide to Christmas**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** Rural drama.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** Hetty looks into an apparent suicide.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Happy Valley

7.20 **Last of the Summer Wine** Foggy takes Compo and Clegg on a nostalgic day out to the Keighley and Worth Valley Railway.
8.00 **Father Brown** *The Dance of Death:* The priest uncovers a dark secret when a ballroom dancing contestant is murdered.
9.00 **Happy Valley** 6/6. Catherine's birthday party ends in an argument when Daniel reveals a few home truths. (S1)
10.20 **New Tricks** *Magic Majestic:* The team look into the death of a man thought to have been killed by his hypnotised wife.
11.40 **Dalziel & Pascoe** *A Clubbable Woman:* A rugby player's wife is murdered.
1.40 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.30 **Harry Wild** 1/8. (S4)
3.20 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
10.00 **NCIS** 17-19/24. (S9)
1.00 PM **Law & Order**
7.00 **NCIS** *Gone:* 8/24. The daughter of a US Navy commander is abducted. **8.00** *Devil's Trifecta:* 9/24. Gibbs teams up with FBI agent TC Fornell. **9.00** *You Better Watch Out:* 10/24. Tony's father visits for Christmas. (S10)
10.00 **Law & Order: Special Victims Unit** *Serendipity:* 5/25. A mother and her baby are murdered. **11.00** *Coerced:* 6/25. Stabler investigates an abduction. (S5) **11.55** *Zone Rouge:* 5/13. A cryptic message sends SVU on a new track to find Maddie. (S25)
12.50 AM **Law & Order: Special Victims Unit**
1.45 **NCIS: Los Angeles** (S3)
2.45 **Instinct** 11/11. (S2)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** There are no available beds in Barnsley Hospital's A&E department.
9.00 **999: Critical Condition** Trauma team leader Julie Norton juggles two life-threatening cases.
10.00 **999: Emergency Call Out** Documentary.
11.00 **Skin A&E**
12.00 M'T **Nightmare Tenants, Slum Landlords**
2.45 AM **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
11.55 **FILM** **Hondo** Western with John Wayne. (1953, PG, 84min) ★★★★
1.45 PM **FILM** **Chisum** Western drama. (1970, PG, 110min) ★★
4.00 **Mud Mountain Haulers**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Pursuing a vehicle with obscured number plates. **7.00** Units mobilise to stop a 185mph superbike.
8.00 **Motorway Cops: Catching Britain's Speeders** PC Joe Gorman races to try to catch a drink driver.
9.00 **FILM** **Big Jake** Western starring John Wayne. (1971, 15, 110min) ★★★
11.20 **The X-Files** 1/25. (S2)
12.20 AM **Banged Up Abroad**
1.20 **Outback Truckers**
2.20 **Trucking Hell**
3.20 **Winter Road Rescue**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Million Pound Build for Children in Need**
12.00 NOON **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
7.00 **DIY SOS: Million Pound Build for Children in Need**
8.00 **Inside the Ambulance** The crews have to go cross country following a teenager's bike crash.
9.00 **999 Rescue Squad**
11.00 **Gavin & Stacey**
12.55 AM **Louis Theroux Interviews... Dame Judi Dench** Louis meets the Oscar-winning actor.
1.45 **to 3.00** AM **Dangerous Breed: Crime. Cons. Cats**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **True Evil: The Making of a Nazi** Documentary.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **True Evil: The Making of a Nazi** Documentary.
6.00 **Antiques Roadshow**
7.00 **Australia with Simon Reeve** A visit to Perth.
8.00 **Porridge** Godber and Fletch face a long night. **8.40** The inmates face a day of hard labour. **9.20** Fletcher attempts to shirk his duties.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **American History's Biggest Fibs**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Rare coins.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** James Braxton and Izzie Balmer visit south Wales on their final outing.
9.00 **NEW SERIES** **Rock the Block** Four teams of design superstars must create impressive kitchens and living rooms.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Little House: Bless All the Dear Children**
10.00 **Little House on the Prairie** 19–21/23. (S3)
1.00 PM **The Waltons** (S6)
3.00 **Ballykissangel** (S5)
4.10 **Born and Bred** (S4)
5.20 **Bramwell** 6/8. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 19/25. Radar helps maintain morale by acting as a DJ. **8.00** 20/25. Hot Lips has a pregnancy scare. **8.30** 21/25. Mail call sparks a string of emotions in camp. (S6)
9.00 FILM **The Bone Collector** Crime thriller starring Angelina Jolie and Denzel Washington. (1999, 15, 117min) ★★★
11.30 **The Avengers** (S5)
12.30 AM **M*A*S*H** (S6)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **Bad Man's River** Spaghetti Western. (1972, 12, 90min) ★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM FILM **Deadly Voltage** Adventure. (2015, PG, 84min) ★★
3.50 **The Persuaders!**
4.50 **The Avengers** (S5)
6.50 FILM **The Duel** Western. (2016, 15, 110min) ★★
9.00 FILM **A Fistful of Dollars** Sergio Leone's Spaghetti Western with Clint Eastwood. (1964, 15, 96min) ★★★★★
11.15 FILM **Big Kill** Western starring Jason Patric. (2019, 15, 126min) ★★
1.50 AM **The Persuaders!**
2.50 **The Avengers** (S5)
4.20 **to 6.00** AM FILM **The Last Days of Frank and Jesse James** Western. (1985, PG) ★★★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM FILM **A Twist of the Knife** Murder mystery. (1993, PG, 100min) ★★
10.00 **In Plain Sight** 12/15. (S2)
11.00 **Castle** 12/22. (S8)
12.00 NOON FILM **Diagnosis Murder: Without Warning** Crime drama. (2002, PG, 90min) ★★
2.00 PM **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 13/22. (S8)
8.00 **Unforgettable** (S2)
9.00 **In Plain Sight** 13/15. (S2)
10.00 FILM **An Aurora Teagarden Mystery: Real Murders** Drama with Candace Cameron Bure and Marilu Henner. (2015, PG, 90min) ★★
11.55 **Hart to Hart**
1.50 AM FILM **Lies and Deception** Thriller. (2005, PG, 82min) ★
3.20 **to 5.00** AM FILM **Pretty Cheaters, Deadly Lies** Thriller. (2020, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **The Vows We Keep** Romantic drama. (2021, U, 84min) ★★
10.10 FILM **The Happiness Playbook** Comedy. (2023, U, 89min) ★★
12.10 PM FILM **Love By Accident** Drama. (2020, PG, 84min) ★★
2.10 FILM **A Summer Romance** Drama. (2019, PG, 90min) ★★
4.05 FILM **Aloha With Love** Comedy. (2022, PG) ★★
6.00 FILM **Love In Translation** Drama. (2021, U) ★★
8.00 FILM **The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
9.55 FILM **Baking All the Way** Drama. (2022, PG) ★★
11.50 FILM **A Very Country Christmas** Romance. (2017, PG, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Secret Ingredient** Comedy. (2020, PG) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **My Greek Kitchen**
4.00 **Garden Rescue**
5.00 **New Home DIY**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
10.00 FILM **Let's Get Laid!** Saucy comedy starring Robin Askwith. A former soldier is unwittingly drawn into the world of international espionage. (1977, 18, 120min) ★★
12.00 M'T FILM **Come Play with Me** Sex comedy starring Pat Ashley. (1977, 18, 90min) ★★
2.00 AM **Dartmoor Calling**
3.00 **Highclere: The Real Downton Abbey**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 14/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** 3/6. (S1)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 5/6. (S1)
1.40 **The Champions** (S1)
2.40 **Space 1999** 14/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 3/6. (S1)
6.30 **Agony** 5/6. (S1)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 FILM **Confessions of a Sex Maniac** Comedy. (1974, 18, 78min) ★★
11.35 FILM **Flesh for Frankenstein** Comedy. (1973, 18, 90min) ★★★
1.30 AM **Stereo Underground**
2.30 **The Rewind Jukebox**
3.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Mandy takes her first shift in heavy seas. **8.00** A supermoon storm wreaks havoc.
9.00 **Cops UK: Bodycam Squad** James is called to a man threatening to throw himself into a river in Nottingham.
10.00 **Street Cops UK**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Islands to Highlands**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **Great British Bake Off**
9.00 **Ottolenghi's Mediterranean Feast** Ottolenghi embarks on a culinary journey.
10.00 **Adam Richman Eats Italy** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 19/22. (S6)
9.00 **T.J. Hooker** 10/22. (S2)
10.00 **Six Million Dollar Man**
11.00 FILM **American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
1.00 PM FILM **Doctor Faustus** Fantasy. (1968, PG, 93min) ★★★
2.50 FILM **The Assassination Bureau** Black comedy. (1968, PG, 110min) ★★★
5.00 **Star Trek** 6/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 11/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 FILM **Money Train** Crime action comedy. (1995, 18, 110min) ★★
11.20 FILM **Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
1.20 AM FILM **Night Hunter** Thriller with Henry Cavill. (2018, 15, 88min) ★★
3.15 **to 5.00** AM FILM **The Jigsaw Man** Drama. (1983, 15, 91min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **The Fabulous Journey to the Centre of the Earth** Adventure. (1978, PG, 87min) ★★
11.00 **The Lost World** (S3)
12.00 NOON FILM **Age of the Dragons** Action fantasy. (2010, 12, 90min) ★
2.00 PM FILM **Geo-Disaster** Sci-fi action drama. (2017, 12, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 22/22. (S3)
9.00 FILM **The 13th Warrior** Medieval adventure. (1999, 15, 103min) ★★★
11.05 FILM **Dragon Blade** Historical adventure. (2015, 15, 101min) ★★
1.10 AM FILM **The 13th Warrior** As 9.00pm.
3.15 FILM **Arctic Apocalypse**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.05 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Road Wars** New editions
10.30 **The UnBelievable with Dan Aykroyd**
12.30 AM **Close Encounters**
1.00 **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Alaska.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Europe's Greatest Train Journeys** The Pyrenees.
6.00 **Sunken Warships: Secrets from the Deep**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets a Pembrokeshire family living on the side of a rugged mountain. **8.00** A former film-maker who has made a home in the highlands of eastern Iceland.
9.00 **Taggart** *Death Without Dishonour:* A war begins between rival taxi firms.
11.40 **The Most Embarrassing TV Guests** TV gaffes.
1.45 AM **Happy Campers: The Caravan Park**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **Lily Savage's Blankety Blank**
12.40 PM **Family Fortunes**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** A team from Cumbria compete.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With guests Jo Whiley, Jake Canuso, Georgia Taylor and Marcus Brigstocke.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill of the quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 19/24. Leonard runs against Sheldon to be president of the tenants' association. **8.30** 20/24. Sheldon takes the guys to meet a reclusive scientist. (S11)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Lisa finally comes clean to Daniel, Elise and Joshua get to know each other in person, while things get tense as Rick and Trish plan to meet her family.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 1–6/25. (S2)
1.00 PM **Friends** (S2)
7.00 **Friends** 21/24. Chandler and Ross face two bullies in the coffee shop. **7.30** 22/24. Rachel has a birthday party. **8.00** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel's former fiancé Barry gets married. (S2)
9.00 **Lee Evans Live from the West End** From London's Lyric Theatre.
10.30 **Whose Line Is It Anyway? USA**
12.00 M'T **8 Out of 10 Cats**
1.40 AM **Impractical Jokers**
2.10 **Jeff Dunham: Comedy Central Live**
2.40 **Reno 911!** (S4)
3.05 **Key & Peele** (S5)
3.50 **Utopia** 2/8. (S1)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Spin City** 19&20/26. (S4)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S3)
1.00 PM **Criminally Funny**
2.30 **Comedy Game Night**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 19&20/26. (S4)
7.00 **Everybody Loves Raymond** 1–4/25. (S2)
9.00 **Michael McIntyre's Big Show** Featuring music by industry veteran Rod Stewart and pop-rock singer James Morrison.
10.00 **Friends** 19–22/24. (S1)
12.00 M'T **Iain Stirling's Roast the Internet**
1.00 AM **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 6/14. (S6)
10.55 **Steptoe and Son** (S6)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S2)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 5/13. Drama. (S2)
2.45 **Minder** 2/6. (S7)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 4/7. Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.45 **Rising Damp** 5/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 6/10. (S10)
9.00 **Benidorm** 6/9. (S10)
9.55 **Shameless** 9/16. (S7)
11.00 **Man About the House**
11.30 **Rising Damp** 7/8. (S2)
12.00 M'T **Benidorm** (S10)
1.00 AM **Minder** 3/11. (S4)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Just Tattoo of Us**
9.00 **MTV Unplugged: Oasis** Oasis at London's Royal Festival Hall in 1996.
10.00 FILM **Hancock** Action comedy fantasy starring Will Smith as a drunken bum of a superhero who leaves disaster in his wake, until he meets a PR guru and his wife. (2008, 12, 92min) ★★★
12.00 M'T **Tattoo Fixers**
1.00 AM **Black Ink Crew**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **The Dino Hunters**
10.30 **Discovery Changed My Life**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.30** Making robotic hunting decoys and tinned tomatoes.
5.00 **Alaska: Homestead Rescue** The Raneys help a family in Tennessee's Smoky Mountains whose homestead is failing.

10.00 Conspiracies & Cover-Ups

7.00 **Wheeler Dealers** Elvis has to pick a TVR Griffith apart before restoring and testing the full impact of the iconic sports car.
8.00 **Gold Rush** Tony hunts for missed gold in the Hester Cut, and Rick returns to Vegas and gets a proposition from Parker.
9.00 **Expedition X** New edition Heather Amaro and Phil Torres explore Ocracoke Island, where locals still fear Blackbeard's ghost.
10.00 NEW SERIES **Conspiracies and Cover-Ups** The biggest government conspiracies and cover-ups.
11.00 **Expedition Bigfoot** The team's search culminates in a huge discovery after Russell films something shocking.
12.00 M'T **Border Control: Europe**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Conspiracies and Cover-Ups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** With Shaquille O'Neal.
11.00 **Animal Cops Houston**
1.00 PM **Must Love Cats**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A hyperactive cat collapses. **4.00** A good tempered-feline that turns nasty at night.
5.00 **Lone Star Law** Some reports of donkeys being shot.
6.00 **Dr Jeff: Rocky Mountain Vet** The team offer free veterinary care to poor families in Mexico.

8.00 My Extreme Animal Phobia

7.00 **Treehouse Masters** Pete builds an all-star speakeasy for basketball legend Shaquille O'Neal.
8.00 **My Extreme Animal Phobia** Roxanne will not enter the bathroom for fear of rats, and Laura tries to avoid cockroaches.
9.00 **Alaska: The Last Frontier** Atz Lee visits the forbidding Perl Island for a crash course in wilderness survival.
10.00 **Alaska Gold Diggers** SJ heads to Fairbanks, as he entrusts John and his men to continue the Gold Run operation.
11.00 **The Haunted** A spirit menaces a woman's tranquil home.
12.00 M'T **Must Love Cats**
1.00 AM **Richard E Grant's Seven Deadly Sins** Origins of pride.
2.00 **Treehouse Masters: Out on a Limb** Documentary.
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Yukon Rescue**
9.00 **Air Crash Investigation**
10.00 **Mystery of MH370: Drain the Oceans**
11.00 **Mysterious Islands**
12.00 NOON **Secret Nazi Science**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Planes that Changed History**
5.00 **Car S.O.S** A Mini Mayfair.
6.00 **Inside Sydney Airport** Security are on high alert as they await the imminent arrival of a high-profile visitor.

8.00 Endurance

7.00 **Air Crash Investigation** An investigation into the ValuJet Flight 592 catastrophe near Miami, Florida in 1996.
8.00 **Endurance** In an epic feat of leadership and perseverance, Antarctic explorer Ernest Shackleton kept his crew alive against all the odds. A century later, explorers search for his lost ship.
10.00 **Lost on Everest** A team of climbers search for the body of missing 1920s explorer Andrew Irvine.
11.00 **Air Crash Investigation** A plane that nosedived into the Indian Ocean.
12.00 M'T **Air Crash Investigation**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 6.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Great British Dig: History in Your Back Garden**
6.55 **Deadman's Curse**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **Ancient Aliens: Origins**
3.00 **Hardcore Pawn** Six editions of the series, including at: **5.30** Tensions mount when a man loses his temper over a mix-up with his gold chain.
6.00 **American Pickers** Mike is 'junk drunk' on a return visit to a Florida collector.

10.00 Ancient Aliens: Origins

7.00 **Forged in Fire** Four smiths face an enormous challenge when they must salvage steel from five tons of junk.
8.00 **Hitler's British Island** 1/2. How the Channel Island of Alderney became a pre-occupation of Adolf Hitler.
9.00 **Hitler's British Island** 2/2. On the orders of Hitler, more than 5,000 slave labourers were shipped to Alderney.
10.00 **Ancient Aliens: Origins** New edition Compilation of the most compelling mysteries featured on the *Ancient Aliens* series.
12.00 M'T **Alien Files Reopened** How physicist Paul Bennewitz crossed the US military. **12.55** AM Strange descending lights spotted in Suffolk. **1.50** Silent, hovering triangular objects witnessed over Belgium in the 1980s.
2.50 **Ancient Aliens: Origins**
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Ryan Gosling**
8.00 **The Directors**
9.00 **Edge of the Earth**
10.00 **Burden of Proof: Who Killed Jennifer Pandos?**
11.05 **The Seventies**
12.00 NOON **Bruno v Tyson**
1.40 PM FILM **When We Were Kings** Boxing documentary. (1996, PG, 87min) ★★★★★
3.20 **I Am Joe Frazier**
5.00 **David Frost Vs**
6.00 **The Directors**

10.30 Billy Joel: And So It Goes

6.55 **Burden of Proof: Who Killed Jennifer Pandos?** 4/4. Stephen learns about emerging persons of interest.
8.00 **Kurt Cobain: Montage of Heck** Filmmaker Brett Morgen explores the Nirvana frontman's childhood, career and tragic death, using material from the Cobains' personal archives.
10.30 **Billy Joel: And So It Goes** 2/2. The singer-songwriter reflects on his complicated reunion with his absent father and reveals why he chose to reinvent himself time and time again.
1.10 AM **Kings of Coke** The story of one of North America's most feared criminal organisations.
2.50 **Queen of Speed**
4.40 **My Icon: Rachel Yankey**
5.00 **to 6.00** AM **Discovering: Ryan Gosling**

Friday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **The Repair Shop** Items include a selection of carved angels and a wind-up bird cage. **10.00** Matt Nickels and Dom Chinea join forces to work on a decorative window panel.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Michael Lane.
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Truth About Blair: People Magazine Investigates** New edition A single mother vanishes.
10.00 **The Darkest of Nights: People Magazine Investigates**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder – Buried Alive** The story of Stephanie Slater, who vanished in Birmingham in 1992.
8.00 **UK Crime Files: Murder – Smoke and Lies** The case of Nikitta Grender, who was found dead after a flat fire.
9.00 **Britain's Countryside Killers** The murder of 18-year-old Lily Sullivan.
10.00 **Murder by the Sea** The case of Donald Hume.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murder – Buried Alive**
1.00 AM **UK Crime Files: Murder – Smoke and Lies** As 8.00pm.
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Killers: Caught on Camera** In Texas, a woman is found shot dead outside her home. **3.00** In Washington State, a man's vlogs reveal his dark plans.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Evidence is washed away from two victims in an irrigation canal. **5.30** Police discover the downside to profiling. **6.00** Blood evidence contradicts a man's story. **6.30** Finding the killer of a battered teenager.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Britain's Longest Road**
8.00 **Caught Red Handed**
10.00 **Brit Cops: Law & Disorder** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** True-crime.
1.00 PM **Forensics: Catching the Killer**
2.00 **Killing Mum and Dad**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **Britain's Most Evil Killers** Graham McGill.
9.00 **Murder Next Door**
10.00 **The Bambers: Murder at the Farm**
2.00 AM **What the Killer Did Next** Joy Morgan.
3.00 **Britain's Most Evil Killers**
4.00 **to 6.00** AM **Caught Red Handed**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered**
8.35 **10 Mistakes That Sank the Titanic**
9.40 **Pirates: Behind the Legends** Henry Morgan.
10.40 **A Final Landing on Iwo Jima** Documentary.
11.50 **Iron Curtain: Living...**
1.00 PM **10 Mistakes That Sank the Titanic**
2.05 **Pirates: Behind the...**
3.05 **A Final Landing on...**
4.20 **10 Mistakes That Sank the Titanic**
5.30 **Iron Curtain: Living...**
6.40 **10 Mistakes That Sank the Titanic**
7.50 **Pirates: Behind the Legends** Henry Morgan.
8.45 **A Final Landing on Iwo Jima** Documentary.
9.55 **Iron Curtain: Living Under Soviet Occupation**
11.00 **Pirates: Behind the Legends** Henry Morgan.
12.00 M'T **A Final Landing on Iwo Jima** Documentary.
1.15 **to 2.00** AM **Weathered**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Great Lakes Wild**
7.00 **Monkey Life**
8.00 **Gladiators**
9.00 **Deep Dive Australia**
10.00 **Shark Squad**
11.00 **Africa's Hunters**
12.00 NOON **Airborne**
1.00 PM **Monkey Life**
2.00 **Gladiators**
3.00 **Deep Dive Australia**
4.00 **Shark Squad**
5.00 **Africa's Hunters**
6.00 **Airborne**
7.00 **Monkey Life** Double bill.
8.00 **The Kimberley: Australia's Wild West** Documentary.
9.00 **Wildlife ER** The clinic deals with the aftermath of a flood.
10.00 **Airborne**
11.00 **Africa's Hunters**
12.00 M'T **Ocean Parks**
1.00 AM **Great Lakes Wild**
2.00 **The Kimberley: Australia's Wild West** Documentary.
3.00 **Wildlife ER** As 9.00pm.
4.00 **Gladiators**
5.00 **to 6.00** AM **Deep Dive Australia**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **The Secret Nazi Expeditions**
9.00 **Iconic Combat Machines**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Alien Disclosure Files**
2.00 **Celts: The Untold Story**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **Weird or What? With William Shatner** Whether humans could ever regenerate their limbs.
6.00 **The Proof Is Out There**
7.00 **Iconic Combat Machines**
8.00 **History's Greatest Aircraft** The story of the B-24 Liberator.
9.00 **The Third Antichrist** An attempt to identify the third antichrist.
10.00 **Holy Marvels with Dennis Quaid** The Hollywood actor investigates the stories of sacred and holy relics.
11.00 **Ancient Aliens**
1.00 AM **Alien Disclosure Files**
2.00 **Celts: The Untold Story**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **The Dino Hunters** Clayton and his team prepare to extract a 20,000lb carnivore fossil from the earth, while Mike hunts for a duckbill skull, and Jared uncovers an ancient reptile. **10.00** Clayton must haul his dinosaur fossil to a lab for analysis. The Harris-Bolan clan chase poachers off their land, and Jared launches a final bid to make money.
11.00 **Tesla's Death Ray: A Murder Declassified** After Aron's successful test of his Death Ray, Jack focuses on Tesla's potential murder. **12.00** M'T In Serbia, the team discover unseen documents drawn by Tesla himself.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Meet, Marry, Murder**
2.00 PM **Accident, Suicide or Murder?** Four editions.
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Accident, Suicide or Murder?**
9.00 **Fugitives Caught on Tape** New editions A suspect bolts across a highway. **9.30** A wanted man hurls chocolate milk at police.
10.00 **Court Cam** New editions A mother battles against her own son over family ashes. **10.30** A man is outraged after learning his bond amount.
11.00 **Ozark Law** A full moon brings out a special kind of chaos.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Africa's Lost Eden**
3.00 **Alaska Fish Wars**
4.00 **Critter Fixers: Country Vets**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** A newborn sea lion pup struggles to stay alive.
8.00 **Wild Hunters: Deadly Killers of Africa** A journey across Africa showcasing the continent's most iconic and deadliest predators.
9.00 **Born in Africa** A look at how wild animals learn to survive.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Predator Bloodlines**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

161/172 147 181

7.00 AM **Thai Cave Rescue**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Investigating the science of dark matter.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Thai Cave Rescue** Following the efforts of an international team of cave divers trying to save 12 boys and their football coach stranded in a flooded cave in Thailand in 2018.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Wilderness with Simon Reeve** Four editions.
1.00 PM **Wilderness with Simon Reeve** Four editions.
5.00 **One Foot in the Grave** 1/8. The Meldrews return from an overseas holiday to find their home has been demolished. **5.40** 2/8. Victor and Margaret agree to pet-sit a tortoise for a friend who ought to know better. **6.20** 3/8. Victor pens a sitcom script, and Margaret joins the local amateur dramatic society. **7.00** 4/8. An unending stream of junk mail threatens to push Victor over the brink into insanity. **7.40** 5/8. The Meldrews set off for a break by the seaside. Guest stars Stephen Lewis. **8.20** 6/8. Victor suffers a sleepless night. (S2)
9.00 **One Foot in the Grave**
4.25 AM **Wilderness with Simon Reeve** Exploring the Democratic Republic of the Congo.
5.15 **to 6.00** AM **One Foot in the Grave**

+1hour 266 376

ID

154 140 166

8.00 AM **The 1980s: The Deadliest Decade** Documentary.
9.00 **Still a Mystery**
11.00 **Diabolical: Deadly Love**
12.00 NOON **People Magazine Investigates** Documentary.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **On the Case with Paula Zahn**
7.00 **Boris Johnson: A Faking It Special** Analysing the former Prime Minister's colourful past.
8.00 **The Murder of Gabby Petito: A Faking It Special**
9.00 **A Killer Among Friends**
10.00 **Portals to Hell**
11.00 **Paranormal Lockdown with Nick Groff** Exporing the secrets of a Victorian mansion.
12.00 M'T **Kindred Spirits**
2.00 AM **On the Case with Paula Zahn** Double bill of editions.
4.00 **Boris Johnson: A Faking It Special** As shown at 7.00pm.
5.00 **to 6.00** AM **Murder of Gabby Petito: A Faking It Special**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Big**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **Supertruckers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike attempts to sell The Stig a nice little runaround.
9.00 **Roadworthy Rescues** Dave Chappelle helps Derek to revitalise a 1972 Jeep J2000.
10.00 **Hell Roads** Following the people who drive along the world's most dangerous highways.
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Hostages** Comedy thriller. (2025, 15, 90min) ★★★
7.40 **Flavia** As shown at 1.25pm.
9.20 **The Bad Guys 2** As 3.05pm.
11.10 **Superman** As 6.45pm.
1.25 PM **Flavia** Family adventure. (2025, PG, 100min) ★★★
3.05 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
5.00 **Nobody 2** Comedy thriller. (2025, 15, 89min) ★★★
6.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★

9.00 Weapons

Superman (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 PREMIERE Weapons Horror thriller starring Julia Garner, Josh Brolin and Amy Madigan. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Final Destination: Bloodlines** Supernatural horror thriller starring Kaitlyn Santa Juana. (2025, 15, 110min) ★★★★
1.15 AM **One Battle After Another** Oscar-winning action thriller starring Leonardo DiCaprio (2025, 15, 161min) ★★★★★
4.05 **Nobody 2** As 5.00pm.
5.40 **to 6.00** AM **The Cinema List: Video Games**

Sky Cinema Box Set

303 303 403 503 517

6.20 AM **Cinema List: Bingeable**
6.50 **Lethal Weapon 2** As 1.40am.
9.00 **Lethal Weapon 3** As 3.35am.
11.10 **Lethal Weapon 4** Action thriller sequel with Mel Gibson. (1998, 15, 128min) ★★★
1.25 PM **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
3.40 **The Equalizer 2** Action thriller sequel with Denzel Washington. (2018, 15, 121min) ★★★
5.45 **Jurassic Park** Monster thriller. (1993, PG, 127min) ★★★★★

1.25 The Equalizer

8.00 The Lost World: Jurassic Park Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Jurassic Park III Adventure sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Lethal Weapon** Action thriller. (1987, 15, 110min) ★★★★
1.40 AM **Lethal Weapon 2** Action thriller sequel. (1989, 15, 110min) ★★★★
3.35 **Lethal Weapon 3** Action thriller sequel. (1992, 15) ★★
5.35 **to 7.45** AM **Lethal Weapon 4**

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Beach Rats** Drama. (2017, 15, 98min) ★★★
9.20 **September 5** Thriller. (2024, 15, 95min) ★★★★
11.10 **Joker: Folie à Deux** Thriller. (2024, 15, 138min) ★★★★
1.30 PM **Legends of the Fall** Epic period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
3.45 **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
6.10 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
8.00 **Dunkirk** Christopher Nolan's wartime drama starring Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
9.55 **Escape to Victory** World War Two drama starring Sylvester Stallone and Michael Caine. (1981, PG, 111min) ★★
11.55 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
2.15 AM **Jungleland** Drama. (2020, 15, 90min) ★★★★
3.50 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
5.30 **to 7.15** AM **Night Call** Thriller. (2024, 15, 97min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **After Earth** Adventure. (2013, 12, 98min) ★★
8.35 **Gator Creek** As 3.55am.
10.05 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★
12.25 PM **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
1.55 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
4.10 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★
6.30 **Cloverfield** Offbeat disaster thriller. (2007, 15, 81min) ★★★
8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey, Anne Hathaway and Michael Caine. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★
10.50 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
12.20 AM **Men in Black 3** Sci-fi sequel. (2012, PG, 105min) ★★★★
2.10 **The Running Man** Adventure. (1987, 18, 101min) ★★★
3.55 **Gator Creek** Horror with Athena Strates. (2025, 15, 87min) ★
5.30 **to 6.55** AM **Sick** Horror thriller. (2022, 18, 83min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.25 AM **The Hobbit: The Desolation of Smaug** (2013)
10.15 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★
12.50 PM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
2.30 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
4.30 **Flushed Away** Animation. (2006, U, 85min) ★★★★
6.00 **Stardust** Fantasy comedy starring Michelle Pfeiffer. (2007, PG, 127min) ★★★★

6.00 Stardust

8.20 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure, the second part of his adaptation of JRR Tolkien's novel, starring Martin Freeman and Ian McKellen. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. With Richard Armitage and Benedict Cumberbatch. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Karate Kid: Legends** Martial arts drama sequel, starring Jackie Chan and Ben Wang. (2025, 12, 94min) ★★★
12.55 AM **The Wiz** Motown musical updating of *The Wizard of Oz*. (1978, U, 133min) ★★
3.20 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
4.55 **to 6.45** AM **Monster Trucks** Fantasy adventure with Lucas Till. (2016, PG, 104min) ★★★

Sky Cinema Action

306 306 407 507 521

6.35 AM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
8.40 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
11.00 **Gladiator II** Historical drama sequel. (2024, 15) ★★★
1.40 PM **Fast & Furious 6** Action thriller sequel. (2013, 12) ★★★
3.50 **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
5.50 **The Mummy Returns** Adventure. (2001, 12) ★★★★

5.50 The Mummy Returns

8.00 **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
2.05 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
3.55 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **Quartet** (2012, 12) ★★★★
8.30 **Arthur** (1981, 15) ★★★★
10.15 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
12.00 NOON **The Intern** Comedy. (2015, 12, 121min) ★★★★
2.05 PM **American Reunion** Comedy sequel. (2012, 15) ★★
4.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

8.00 Mamma Mia!

8.00 **Mamma Mia!** Musical starring Meryl Streep and Amanda Seyfried. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mamma Mia! Here We Go Again** Musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Hangover** Comedy. (2009, 15, 99min) ★★★★
1.45 AM **The Hangover Part II** Comedy sequel. (2011, 15) ★★
3.30 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
5.15 **to 6.45** AM **This Is Spinal Tap** Mock documentary. (1983, 15, 83min) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
9.25 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
11.25 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
1.45 PM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
3.45 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
6.05 **The Bourne Supremacy** Spy thriller sequel with Matt Damon. (2004, 12, 108min) ★★★★

6.05 The Bourne Supremacy

8.00 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. Former CIA assassin Jason Bourne strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
2.35 **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.45 **to 6.40** AM **Along Came a Spider** Crime thriller. (2001, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Kid Who Would Be King** Fantasy adventure. (2019, PG, 120min) ★★★
1.25 PM **Anne of the Thousand Days** Historical drama. (1969, PG, 145min) ★★★
4.20 **Deep Impact** Disaster movie. (1998, 12, 123min) ★★★★
6.50 **Sister Act 2: Back in the Habit** Comedy sequel starring Whoopi Goldberg and Maggie Smith. (1993, PG, 107min) ★★

11.05 Four Lions

8 PM **Sister Act 2: Back in the Habit** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.05** **Four Lions** Chris Morris's dark satirical comedy about a group of bungling suicide bombers who plan to blow themselves up in the midst of the London Marathon. Stars Riz Ahmed and Arsher Ali. (2009, 15, 97min) ★★★★
1.10 **to 3.20** AM **Not Okay** Comedy drama starring Zoey Deutch. (2022, 15, 100min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

7.00 AM **Batman** Adventure. (1989, 15, 121min) ★★★★
9.20 **Batman Returns** Adventure. (1992, 12, 121min) ★★★★
11.40 **Batman Forever** Adventure. (1995, 12, 121min) ★★★
1.50 PM **Batman & Robin** Adventure. (1997, PG, 125min) ★★
4.00 **Superman** Fantasy adventure starring David Corenswet. (2025, 12, 129min) ★★★★

6.20 **Flavia** Family adventure starring Molly Belle Wright. (2025, PG, 100min) ★★★
8.00 **The Lord of the Rings: The Fellowship of the Ring** Peter Jackson's epic fantasy adventure based on the novel by JRR Tolkien, starring Elijah Wood, Ian McKellen, Viggo Mortensen and Sean Astin. (2001, PG, 178min) ★★★★★
11.10 **Aquaman** Superhero adventure starring Jason Momoa. (2018, 12, 143min) ★★★

1.40 AM **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. (2018, 15, 112min) ★★★
3.40 **Bookworm** Comedy adventure. (2024, 12, 103min) ★★★★
5.30 **to 7.00** AM **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★

Sky Cinema Greats

307 307 404 504 518

6.20 AM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
8.05 **Jackie Chan's First Strike**
9.35 **Demolition Man** As 2.05am.
11.35 **Police Academy** Comedy. (1984, 15, 95min) ★★★
1.15 PM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
2.45 **Police Academy 3: Back in Training** Comedy. (1986, PG) ★

4.15 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
6.00 **Twister** Disaster movie. (1996, PG, 114min) ★★★
8.00 **Bad Boys** Action comedy with with Martin Lawrence and Will Smith. A bachelor cop and his married partner switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★
10.00 **First Knight** Romantic mythical drama starring Sean Connery, Richard Gere and Julia Ormond. (1995, PG, 134min) ★★★

12.15 AM **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
2.05 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
4.05 **The Cinema List: Sky Originals**
4.35 **to 6.10** AM **Jackie Chan's First Strike** Action thriller. (1996, 12, 83min) ★★

Sky Cinema Animation

312 315 405 500 514

6.00 AM **Fireheart** Animation. (2022, U, 92min) ★★★
7.35 **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.15 **Dragon Rider** As 5.15am.
10.55 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
12.30 PM **The Bad Guys 2** (2025)
2.20 **10 Lives** Animated comedy. (2024, U, 98min) ★★★

4.00 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
6.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
7.45 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
9.25 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
11.15 **Open Season: Scared Silly** Animation. (2015, PG) ★★★

12.45 AM **Buffalo Kids** Animation. (2024, U, 79min) ★★★
2.10 **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
3.45 **Super Charlie** (2025, PG) ★★★
5.15 **to 6.55** AM **Dragon Rider** Animation. (2020, PG) ★★★

Disney+ Cinema

305 305

6.00 AM **Lady and the Tramp** Classic animated musical. (1955, U, 76min) ★★★★★
7.20 **Pocahontas** Animation. (1995, U, 81min) ★★★
8.45 **Sleeping Beauty** Classic animated version of the fairy tale. (1959, U, 75min) ★★★★
10.05 **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
11.25 **The Princess Diaries** (2001)

1.20 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
3.00 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
5.25 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
7.05 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
9.00 **Alien: Romulus** Horror thriller sequel starring Cailee Spaeny. (2024, 15, 119min) ★★★★

11.00 **Aliens Vs Predator: Requiem** Sci-fi action adventure sequel. (2007, 15, 89min) ★★
12.45 AM **Let's Be Cops** (2014, 15) ★★
2.30 **Piglet's Big Movie** (2003, U) ★★
3.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.50 **to 6.00** AM **Bao**

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman** (S1)
6.30 **Fully Fitted Freight**
6.55 **Inside the Room** Thriller. (1935, b/w, 12, 66min) ★★★
8.15 **Autobiography of a Princess** Merchant-Ivory drama. (1975, PG, 58min) ★★★★
9.30 **Passport to Treason** Drama. (1956, b/w, PG, 80min) ★★
11.05 **Nowhere to Go** Suspense drama. (1958, PG, 87min) ★★

1.05 PM **Edgar Wallace Mystery Theatre** 2/6. (S3)
2.15 **The Adventures of Robin Hood**
2.45 **Laxdale Hall** Whimsical comedy. (1953, b/w, U, 77min) ★★
4.20 **What's On TPTV with Noel**
4.30 **The Cheaters** 6/12. (S1)
5.00 **Nobody Runs Forever** Crime thriller. (1968, PG, 101min) ★
7.00 **Z Cars** 10/42. (S2)
8.00 **Public Eye** 4/7. (S4)
9.00 **Night of the Demon** Occult chiller starring Dana Andrews. (1957, b/w, PG, 91min) ★★★★

11.00 **100 Years of Horror**
1.05 AM **Beat Girl** Melodrama. (1959, b/w, 12, 85min) ★
2.50 **Look at Life**
3.00 **The Naked Road** Crime drama. (1959, PG, 74min) ★★★
4.30 **Stagecoach West** 27/38. (S1)
5.30 **to 6.00** AM **Out of Town**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **The Masters**
7.30 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of day six of the ATP Monte-Carlo Masters, a clay-court tournament at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
12.00 NOON LIVE **WTA & ATP Tennis** Coverage of the ATP Monte-Carlo Masters and WTA Linz Open staged at Monte Carlo Country Club in Roquebrune-Cap-Martin, France, and Design Center Linz in Austria respectively.
2.00 PM LIVE **The Masters** Coverage of round two at Augusta National Golf Club. Justin Rose remained in the lead at the halfway stage last year on eight-under, with Bryson DeChambeau just one stroke behind him.
7.30 LIVE **FNF** **West Ham United v Wolverhampton Wanderers.** Coverage of the Premier League match staged at the London Stadium. Kick-off **8.00pm**.
10.00 LIVE **The Masters** Further coverage of round two at Augusta National Golf Club in Georgia.
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
8.30 **Premier League Stories**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 LIVE **FNF** **West Ham United v Wolverhampton Wanderers.** The Premier League match from the London Stadium. The visitors finally picked up their first league victory of the season in the reverse fixture in January, thanks to a 3-0 win at Molineux. Kick-off **8.00pm**.
10.45 **Transfer 360** The story of John Hartson's move to Celtic.
11.15 **Premier League Stories** The story of Victor Moses.
11.45 **Pep Guardiola: 1000 Club**
12.00 M'T **FNF** West Ham v Wolves.
12.30 AM **The Big Interview**
1.00 **PL Retro** Arsenal v Leicester.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL Highlights** Championship.
2.00 **SPFL Round-Up**
2.15 **SPFL** Livingston v Hearts.
2.30 Dundee v Celtic.
2.45 **EFL Highlights**
3.30 **Bundesliga Weekly**
4.00 **EFL League One Goals**
4.30 **EFL League Two Goals**
5.00 **EFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights** Championship.
7.30 LIVE **EFL** **West Bromwich Albion v Millwall.** Coverage of the Championship match staged at The Hawthorns, as the two teams at opposite ends of the table meet. Kick-off **8.00pm**.
10.30 **EFL Trophy** The semi-finals.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee Utd – Champions 83**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Capitals v Titans.
7.00 **IPL** Knight Riders v Super Giants.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Highlights from Delhi Capitals v Gujarat Titans.
1.00 PM Action from Rajasthan Royals v Mumbai Indians.
1.55 Highlights of Kolkata Knight Riders v Lucknow Super Giants.
2.50 LIVE **IPL** **Rajasthan Royals v Royal Challengers Bengaluru.** Coverage of the T20 match held at Barsapara Cricket Stadium, Guwahati. The visitors won this fixture last season thanks to an impressive nine-wicket victory.
7.00 **Best of ICC WT20** Brief highlights of four archive matches.
8.00 **IPL** Kolkata Knight Riders v Lucknow Super Giants highlights.
9.00 Rajasthan Royals v Royal Challengers Bengaluru.
10.00 The key moments from Delhi Capitals v Gujarat Titans.
11.00 Rajasthan Royals v Royal Challengers Bengaluru highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Rajasthan Royals v Royal Challengers Bengaluru.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Masters** Action from round one of this year's Major.
7.30 **Masters Official Film 1991**
8.30 **The Masters** Round one action.
10.00 **Masters Official Film 2025**
11.00 **McGinley & Chamblee at The Masters** Opening round review.
12.30 PM **The Masters** Highlights from the first round of the Major.
2.00 LIVE **The Masters** Coverage of the second round of the first Major of the year held at Augusta National Golf Club in Georgia.
12.30 AM **Jack Nicklaus 1986**
1.30 **Masters Official Film 2009**
2.45 **My Ryder Cup** Olazábal.
3.00 **The Masters** Round two action.
4.30 **Masters Official Film 2012**
5.30 **to 6.00** AM **Steel Magnolia: Willett's Masters**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Day six of the ATP Monte-Carlo Masters staged at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
12.00 NOON LIVE **WTA & ATP Tennis** The ATP Monte-Carlo Masters and WTA Linz Open.
6.00 PM LIVE **WTA Tennis** Coverage of day five of the WTA Linz Open at Design Center Linz in Austria.
8.00 **WTA All Access**
8.30 **ATP Tennis** Miami Open final.
8.45 **WTA Tennis** Miami Open final.
9.00 **ATP Tennis** Indian Wells Open.
10.00 **WTA & ATP Tennis**
3.00 AM **US Open Tennis Classics**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Europa League & Conference League Highlights**
7.00 **Classic Premier League**
8.00 LIVE **World Rally Championship** Special stages one and two of the Rally Croatia.
9.45 **Premier League: Big Interview**
10.15 **TNT Sports Cricket Reload**
10.30 LIVE **AFL** **Collingwood Magpies v Fremantle Dockers.** At Adelaide Oval. Bounce-up **10.40am**.
1.30 PM **Men's Cycling** Highlights.
2.30 LIVE **Cycling** Stage five of the men's Tour of the Basque Country.
4.45 **The Gruppetto** Cycling news.
5.00 **The Fantasy Show**
5.30 **MLB Highlights**
6.30 **Premier League Preview**
7.00 LIVE **MLB** **Chicago Cubs v Pittsburgh Pirates.** Start-time **7.20pm**.
10.00 **World Rally Championship**
10.30 **Premier League: Big Interview**
11.00 **UFC Countdown**
12.00 M'T **UFC** Moicano v Duncan.
3.00 AM **Fight Week** UFC 327.
3.30 **to 6.30** AM LIVE **AFL** **North Melbourne Kangaroos v Brisbane Lions.** From Barossa Park. Bounce-up **3.35am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Films**
6.30 **The Gruppetto** Cycling news.
6.45 **WRC: More Than Machine**
7.30 **The WRC Magazine**
8.00 LIVE **World Rally Championship** Rally Croatia.
9.45 **TNT Sports Reload**
10.00 LIVE **World Rally Championship** Rally Croatia.
11.45 **WRC: More Than Machine**
12.15 PM **Ultimate Pool**
1.45 LIVE **World Rally Championship** Rally Croatia.
4.00 **TNT Sports Reload**
4.15 LIVE **World Rally Championship** Rally Croatia.
5.45 **WRC: More Than Machine**
6.15 **Race Bikes** Mountain Bikes.
6.45 **The Cycling Show**
7.15 **Inside Serie A**
7.45 **TNT Sports Reload**
8.00 **Classic Premier League**
9.00 **Champions League Magazine**
9.30 **Cycling** Recent highlights.
12.30 AM **Isuzu UTE A-League**
1.30 **MLB Highlights**
2.30 LIVE **MLB** **Seattle Mariners v Houston Astros.** Coverage from T-Mobile Park. Start-time is at **2.40am**.
5.30 **to 6.00** AM **MLB Classic**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **NFL Highlights**
10.00 **Super League Highlights**
10.15 **Women's Super League**
10.30 **Super League Highlights**
11.00 LIVE **NRL** **Brisbane Broncos v North Queensland Cowboys.** Coverage from Suncorp Stadium in Brisbane. Kick-off **11.00am**.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Los Angeles Lakers v Los Angeles Clippers.
10.00 **NBA on Fire** The latest news.
10.30 **Super Bowl LX Bitesize**
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **to 6.00** AM LIVE **One Championship** **Regian Eersel v Rungrawee Sitsongpeenong.** Coverage of the MMA fight at ONE Fight Night 42 at Lumpinee Boxing Stadium in Bangkok, Thailand, plus the bouts on the show's undercard.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 LIVE **Super Rugby** **Highlanders v Brumbies.** From Forsyth Barr Stadium in Dunedin, New Zealand. Kick-off **8.05am**.
10.00 LIVE **ATP Tennis** The sixth day of the ATP Monte-Carlo Masters, a clay-court tournament staged at Monte Carlo Country Club in Roquebrune-Cap-Martin, France.
12.00 NOON LIVE **WTA & ATP Tennis** The ATP Monte-Carlo Masters and WTA Linz Open.
3.45 PM LIVE **The Masters** Coverage of the featured holes in round two of the Major, focusing on Amen Corner at Augusta National Golf Club in Georgia.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
3.00 AM LIVE **Super Rugby** **Moana Pasifika v Chiefs.** From Go Media Stadium in Auckland, New Zealand. Kick-off **3.05am**.
5.00 **EFL Greatest Games**
5.30 **to 7.30** AM LIVE **Super Rugby** **Drua v Western Force.** Coverage of the match at Churchill Park in Lautoka, Fiji. Kick-off **5.35am**.

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **The Masters** Round one action.
12.30 PM **Men's T20 World Cup**
1.00 **IPL** T20 highlights.
2.00 **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.30 **ATP Tennis** Recent finals.
6.30 **My Icon** Martin Offiah.
6.55 LIVE **Netball Super League** **London Pulse v London Mavericks.** Coverage of the match in the seventh round of fixtures staged at Copper Box Arena. Centre-pass **7.00pm**.
8.30 **PL Greatest Games**
9.00 **Ladies European Tour Golf** Aramco Championship USA.
10.00 **IPL** Tournament highlights.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **WTA Tennis** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
7.00 **UEFA Europa League**
9.00 **Cycling** Highlights and features.
10.30 LIVE **Isuzu UTE A-League** **Central Coast Mariners v Brisbane Roar.** Kick-off **10.35am**.
12.30 PM **Serie A – Full Impact**
1.00 **MLB Highlights**
2.00 **UEFA Champions League**
5.00 **UEFA Europa League**
6.00 **UEFA Conference League**
6.30 **UEFA Europa League**
7.30 **UEFA Conference League**
9.00 **The Club That George Built**
10.30 **A-League** Recent highlights.
11.30 **Champions League Highlights**
12.30 AM **UEFA Europa League & Conference League Highlights**
1.30 **Champions League Magazine**
2.00 **Men's Cycling** Event highlights.
3.00 **Race Bikes** Mountain Bike racing.
3.30 **World Rally Championship**
4.00 **to 7.00** AM LIVE **AFL** **Essendon Bombers v Melbourne Demons.** Bounce-up **4.15am**.

TNT Sports 4

414 416 524 411 434

6.00 AM **The Breakdown**
7.00 **Serie A – Full Impact**
7.30 **Ultimate Pool** Pairs Cup.
9.00 **AFL** Crows v Blues.
10.30 **UEFA Champions League**
1.30 PM **Inside Serie A**
2.00 **The Club That George Built**
3.30 **Supercars Championship**
5.30 **Ultimate Pool** Pairs Cup.
7.00 **The Gruppetto** Cycling news.
7.15 **A-League** Mariners v Roar.
8.15 **AFL** Replays of recent matches.
11.15 **World Rally Championship**
11.45 **Supercars Championship**
1.45 AM LIVE **V8 Supercars Championship** The ITM Taupo Super 440 eighth race at Taupo International Motorsport Park.
3.15 **TNT Sports Reload**
3.30 **UFC Countdown**
4.30 **Formula E Unplugged**
5.00 **to 6.00** AM LIVE **V8 Supercars Championship** The ITM Taupo Super 440 ninth race in Taupo, New Zealand.

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **Eredivisie Highlights**
8.00 **Scottish Football Social Club**
9.00 **LaLiga Match Highlights**
9.30 **Champions Cup Show**
10.00 **LaLiga** Real Sociedad v Levante.
12.00 NOON **NHL Ice Hockey** Dallas Stars v Minnesota Wild.
2.00 PM **NHL on the Fly** Catch up on all the latest NHL news.
3.00 **Sporting Greats**
4.00 **Champions Cup Highlights** The latest round-of-16 fixtures.
5.00 **The Rugby Pod** Latest news from the world of rugby union.
6.30 **Champions Cup Show** Action from the latest round-of-16 ties.
7.00 LIVE **Champions Cup** Coverage of the first quarter-final.
10.30 **Top 14 Rugby Union Highlights** The 20th round of fixtures.
11.00 **Sporting Greats**
11.30 **Champions Cup** A quarter-final.
1.30 AM **LaLiga** Real Madrid v Girona.
3.30 **to 6.00** AM **Eredivisie**

Premier Sports 2

420 552

6.30 AM **NHL Specials** The Florida Panthers celebrate their 2024/25 Stanley Cup success.
7.00 **Temples of Sport**
7.30 **LaLiga** Mallorca v Real Madrid.
9.30 **Football's Greatest**
10.00 **NHL Ice Hockey** Montreal Canadiens v Tampa Bay Lightning.
12.00 NOON **Temples of Sport**
12.30 PM **LaLiga** Alavés v Osasuna.
2.30 **Temples of Sport**
3.00 **NHL Ice Hockey** Los Angeles Kings v Vancouver Canucks.
5.00 **Football's Greatest** Top players discuss their careers.
6.00 **LaLiga** Alavés v Osasuna.
7.55 LIVE **LaLiga** **Real Madrid v Girona.** The Spanish top-flight match from the Bernabeu. Kick-off **8.00pm**.
10.00 **Football's Greatest**
10.30 **NASCAR O'Reilly Series**
1.30 AM **NHL Ice Hockey**
3.30 **to 6.00** AM **Elite Ice Hockey League**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action.
10.00 **Formula 3** Australian Grand Prix.
11.00 **Formula 2** From Australia.
12.30 PM **Formula 1** Another chance to see the Australian Grand Prix.
2.35 **Ted's Notebook**
3.05 **F1 Features**
3.30 **F1 Academy Highlights**
5.30 **Formula 1** Highlights from the Chinese Grand Prix sprint race.
6.30 **Ted's Notebook**
7.00 **Formula 1** Chinese Grand Prix.
9.20 **Ted's Notebook**
9.50 **Oscar Piastri**
10.00 **Formula 1** Japanese Grand Prix.
12.15 AM **Ted's Notebook**
12.45 **Brad Pitt x McLaren**
1.00 **The Best of Australia & China**
2.00 **F1 Explained** The inner workings.
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Odd Squad

Weekdays, 4.40pm, CBBC & BBC iPlayer

The UK branch of Odd Squad are back to investigate strange happenings in the kids' comedy, a continued spin-off of the original North American (Canadian and American) Emmy Award-winning show.

Agent Orli and partner Agent Ozzie (pictured), guided by their boss, Captain O – she's a former sea captain, as you can tell from her uniform! – use their problem-solving skills to get to the bottom of odd events, like giant blobs invading towns. Thank goodness for the Odd Squad!

Paramount+ School Spirits

Available now, Paramount+

The teenage supernatural drama was recently renewed for a fourth series, so now is a great time to get your teeth into seasons 1–3 on Paramount+.

Peyton List (pictured above) stars as Maddie Nears, who wakes one day as a spirit in her high school – with no memory of how she died. Stuck in a strange kind of purgatory with other teenage ghosts, Maddie tries to solve her 'murder' with the help of best friend, Simon, who she discovers she can still communicate with.

More great shows to watch this week...

Star Wars: Maul – Shadow Lord

From Easter Monday, Disney+

This latest set of adventures set in the *Star Wars* galaxy follows Sith Lord Darth Maul as he looks for a new apprentice after the Clone Wars.

Monster Makes NEW

Mon-Thu, CBeebies & BBC iPlayer

New episodes of the arty show for preschool kids continue, with CBeebies presenter Rebecca Keatley and her monster pal Murphi getting messy and sticky while creating some fun monster crafts.

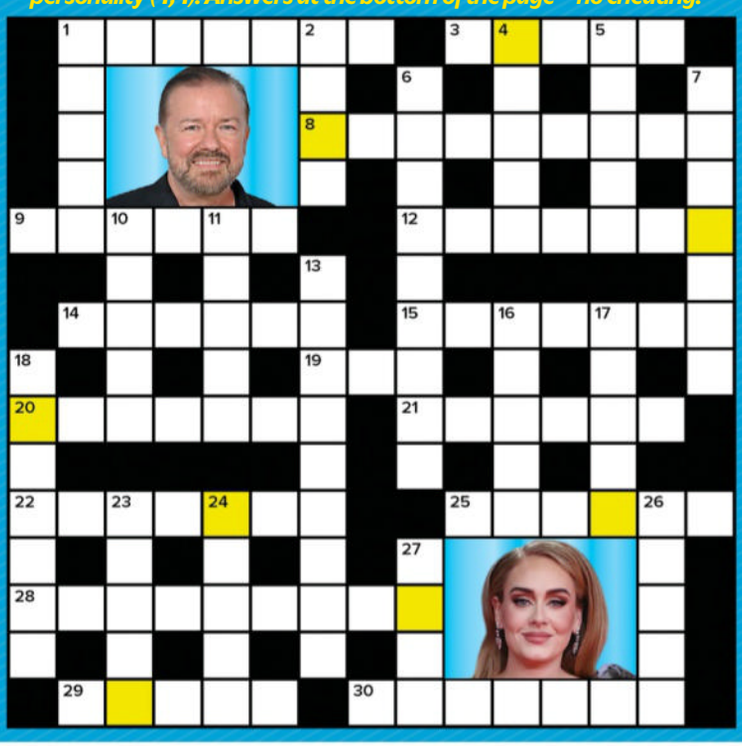
Frozen II

Available now, Disney+

With National Siblings Day on Friday, what better film to show the strong bond between sisters than the second *Frozen* – which we think is better than the original. Controversial!

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the letters in the shaded squares to spell out the name of a singer and TV personality (4,4). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: Star and co-creator of sitcom *The Office*, Ricky -------- (7)
3 Katie -----, entrepreneur and model formerly known as Jordan (5)
8 Former *EastEnders* actor who was Scarecrow on ITV1's *The Masked Dancer*, Tamzin ---------- (9)
9 British improv comedian, writer and actor, ------- Lloyd (6)
12 Ruth --------, late creator of *Inspector Wexford* (7)
14 Long-running BBC forensic drama starring Emilia Fox, ------- *Witness* (6)
15 Harrison Ford's iconic film character, -------- Jones (7)
19 Director of 2012's *Life of Pi* and 2003's *Hulk*, --- Lee (3)
20 Star of 1933's *I'm No Angel* (3,4)
21 Starred in 1984 romantic comedy *Splash*, Daryl ------- (6)
22 Fleetwood Mac album from 1977 (7)
25 Luc -------, director of 1997 sci-fi epic *The Fifth Element* (6)
28 Former ITV soccer show that aired as part of *World of Sport* (2,3,4)
29 Bruce -----, starred as DC Terry Perkins in iconic ITV police series *The Bill* (5)
30 -------- Locklear, actor who was in *Melrose Place* (7)

DOWN

1 Star of BBC drama *War & Peace*, ----- Scacchi (5)
2 Robert Downey Jr action adventure from 2008, ---- *Man* (4)
4 Star of the *Blackadder* series and *Mr Bean*, ----- Atkinson (5)
5 Journalist and presenter of *Mastermind*, ----- Myrie (5)
6 Lord Andrew Lloyd Webber musical, ---------- *Express* (9)
7 Actor in TV series *Leverage: Redemption*, Gina -------- (7)
10 Former *Call the Midwife* actor, Jessica ----- (5)
11 See picture clue: British singer (5)
13 *The New* ----------, political sitcom that starred Rik Mayall (9)
16 English *Game of Thrones* actor, Charles ----- (5)
17 Actor in 2021 movie *Dear Evan Hansen*, Amy ----- (5)
18 Late English progressive-rock keyboard player, Keith -------- (7)
23 ----- Barton, Moira Dingle's son in ITV1 soap *Emmerdale* (5)
24 1993 Nirvana album, *In* ----- (5)
26 2007 fantasy movie, *Harry Potter and the* ----- *of the Phoenix* (5)
27 1980 film starring Brooke Shields, *The* ---- *Lagoon* (4)

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CROSSWORD SOLUTION

ANSWER: Olly Murs **ACROSS:1** Gervais 3 Price 8 Outhwaite 9 Carlad 12 Rendell 14 Silent 15 Indiana 19 Ang 20 Mae West 21 Hannah 22 Rumours 25 Besson 28 On the Ball 29 Byron 30 Heather
DOWN:1 Greta 2 Iron 4 Rowan 5 Clive 6 Starlight 7 Bellman 10 Raine 11 Adele 13 Statesman 16 Dance 17 Adams 18 Emerson 23 Matty 24 Utero 26 Order 27 Blue

Coming soon

Possession

Gugu Mbatha-Raw stars in a supernatural drama about a dark legacy in Jamaica

Intrigue and mystery abound in Sky's spooky upcoming supernatural thriller *Possession*, following a young biracial lawyer as she uncovers her chilling roots in the Caribbean.

The five-part drama, airing later this year and penned by actor Karla Crome, stars Gugu Mbatha-Raw as Bristol-based Claudia, who journeys to Jamaica to try to challenge an inheritance claim being made on Hope Hill, the family estate of rich Oliver Connaught (Jonny Lee Miller).

But Claudia is stunned to discover that the former plantation site is one that has long haunted her, and as she and Oliver look into the case, they unravel horrifying connections between the house's sinister history and ongoing trauma.

SHADOWY PLOT

Sheldon Shepherd plays local man Cudjoe East, who is making the claim against Oliver, while Bel Powley, Nadean Rawlins, Sean Gilder, Olunike Adeliyi, Richard Dillane, Diveen Henry, Jack Bandeira, Shantol Jackson, Jeff Crossley and Safina Simpson also feature.

'The writing on this show is so bold and vivid. And there's a fresh Jamaican energy,' says Mbatha-Raw. 'Claudia is very ambitious and focused on accelerating her career, but she's disconnected from her heritage – she's half-Jamaican.

'There is a supernatural element to it as she goes on this personal journey of discovery to find out not just about the case that she's investigating, but also to connect with her identity.'

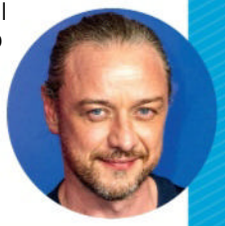
WHAT'S NEXT FOR...

Michael Sheen

The actor will host his first quiz show when he takes over from Richard Osman as the presenter of 100 new episodes of BBC2's **House of Games**, in which celebrities compete in several rounds of puzzles and questions.

James McAvoy

In Sky's six-part comic crime thriller **Meantime**, based on Frankie Boyle's novel, the actor will play an addict who becomes the prime suspect for the murder of his friend, then sets out on a mission to clear his name.



Coming Back

Tom Daley (pictured) will return to oversee another run of C4's competition **Game of Wool**, in which contestants head to the Yarn Barn to take part in knitting challenges, while a variety of special guests will also feature.

A second run of Sky Atlantic's steamy Canadian drama **Heated Rivalry** will find ice-hockey stars Ilya and Shane (Connor Storrie and Hudson Williams, both pictured) facing fresh troubles as they go public with their relationship.

Next week *On sale Tuesday 7 April*

Margo's Got Money Troubles

Michelle Pfeiffer and Elle Fanning star in Apple TV's comedy drama.

Missed Call

5's thriller centres on a mother (Joanna Scanlan) whose daughter disappears in France.

Zero Stars

In TLC's comic travelogue, Sara Pascoe and Roisin Conaty seek out locations with bad reviews.

Beef

Netflix's returning drama follows a country-club manager (Oscar Isaac). Carey Mulligan also stars.

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Spring is upon us and that means one thing: more frequent lawn maintenance. But fear not, Ryobi has created the perfect package to make this task a breeze. Say goodbye to tangled wires and messy petrol motors, and hello to the convenience of cordless battery-powered tools. With the Ryobi 18V Cordless 33cm Lawnmower and **FREE** 23cm Grass Trimmer, you'll have the perfect pair to keep your lawn looking pristine.

Effortless mowing with the cordless lawnmower

Imagine the freedom of mowing your lawn without being tethered to a power outlet. Ryobi's best-selling 18V lawnmower makes that dream a reality. Its cordless design means you can effortlessly navigate around your garden. No more tripping over wires or limited range of motion.

Weighing in at a lightweight 8.7kg, this mower is a breeze to push and maneouvre, reducing fatigue and making mowing a joy, not a chore. And its innovative EasyEdge™ feature trims right up to the edge, leaving no stray blades of grass behind. Your lawn will have that polished, professional look that will make your neighbours green with envy.

This mower boasts some impressive features, too! With its 5-position cutting height adjustment, you have full control over the length of your grass (from 25-65mm). The ergonomic handle design with three height positions ensures comfortable operation for users of all heights.

It's easy to empty, thanks to the mulching plug and generous 35L grass catcher bag. Plus, its clever collapsible design makes it so easy to store away, too.

Trustpilot ★★★★★ 4.5/5 'Rated Excellent'

FREE cordless trimmer for the perfect finish

As a bonus, you'll receive the Ryobi Cordless 23cm Grass Trimmer **absolutely free**. It effortlessly tackles fine grass and keeps your edges looking pristine. Switch between edging and trimming modes with Ryobi's innovative EasyEdge™ feature.

With its durable all-metal boom and ergonomic twin-handle set-up, this trimmer is designed to make your gardening experience more comfortable and efficient.

The Ryobi 18V Cordless 33cm Lawnmower with **FREE** 23cm Grass Trimmer offers the perfect combination of performance, versatility, and ease of use.

Say goodbye to the hassle of wires and petrol and hello to a perfectly manicured lawn with minimal effort. This fantastic offer from the garden experts at Ryobi also includes your 5.0Ah battery and charger starter kit.

Act now! FREE Grass Trimmer worth £61.99!
Order Ryobi's 18V Cordless 33cm Lawnmower today for just £199.99 and receive the 23cm Cordless Grass Trimmer absolutely FREE! Both products are covered by Ryobi's impressive 3-year guarantee and include fast, free GB mainland delivery.

What you get

- Ryobi 18V Cordless 33cm Lawnmower (RLM18X33B50LT23A)
- **FREE** 23cm Grass Trimmer
- ONE+ 5.0Ah Battery
- ONE+ 2.0A Charger
- 3-Year Guarantee*
- Free Delivery (GB mainland only)

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